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Mission Vision and Values

Our Mission, Vision and Values provide a strong foundation and guidance for the work we do in transforming healthcare in the United States. It serves as a framework that expresses our priorities in responding to the care of those most in need.

**Mission** – Rooted in the loving ministry of Jesus as healer, we commit ourselves to serving all persons with special attention to those who are poor and vulnerable. Our Catholic health ministry is dedicated to spiritually centered, holistic care, which sustains and improves the health of individuals and communities. We are advocates for a compassionate and just society through our actions and our words.

**Vision** – We envision a strong, vibrant Catholic health ministry in the United States which will lead to the transformation of healthcare. We will ensure service that is committed to health and well-being for our communities that responds to the needs of individuals throughout the life cycle. We will expand the role of laity, in both leadership and sponsorship, to ensure a Catholic health ministry of the future.

**Values** – We share a common vision and are called to act upon the following ideas and beliefs

*Service of the Poor* – Generosity of spirit, especially for persons most in need

*Reverence* – Respect and compassion for the dignity and diversity of life

*Integrity* – Inspiring trust through personal leadership

*Wisdom* – Integrating excellence and stewardship

*Creativity* – Courageous innovation

*Dedication* – Affirming the hope and joy of our ministry

**Guiding Principles** – Healthcare that Works, Healthcare that is Safe, Healthcare that Leaves No One Behind.
Executive Summary

Ascension Alabama and its member hospitals conducted the previous Community Health Needs Assessment (CHNA) in fiscal year 2016. This current CHNA for fiscal years 2020-2022 (beginning July 1, 2019) will continue efforts to address health needs of Blount County and prioritize needs of the community served by St. Vincent’s Blount hospital. The assessment of unmet health needs will provide a basis for addressing the health needs of the county served and serve as a reference for the facility’s implementation strategy, ensuring it is aligned with the community needs and the ministry goals of Ascension Alabama. The mission, vision, and values of Ascension Alabama are the key factors influencing the approach and commitment to addressing community health needs through community benefit activity.

Ascension Alabama and St. Vincent’s Blount facilitated the CHNA for its hospital in Blount County, with system leadership from Advocacy, Mission Integration, and Strategy providing coordination and oversight. Additionally, representation from system Senior Leadership, Finance, Wellness and the facility president’s from each of the hospital facilities were involved in the process and in developing the subsequent implementation strategies.

The community served for purposes of this CHNA was defined as Blount County. The primary rationale for selecting this geography included: area served by collaborating entities; areas of populations that included the underserved, low-income and minority groups; potential for collaboration/partnering with other organizations; and availability of health information for the area selected. The process included a review of secondary health data, interviews of community health leaders, a survey of community members and several focus groups with representatives from communities served, with special attention to the vulnerable populations in the service area.

The objectives of the CHNA and subsequent facility specific implementation strategies are:

1.) To provide an unbiased comprehensive assessment of Blount County’s health needs;
2.) Use the CHNA to prioritize St. Vincent’s Health System’s Community Benefit Program strategy; and
3.) Fulfill Internal Revenue Service regulations related to 501 (c)(3) non-profit hospital status for federal income taxes.

The process included a review of secondary health data, interviews of community representatives and leaders, a survey of community members and a community focus group meeting. The results of the secondary health data and community input considered in determining the needs for Blount County are outlined in the following summary.
**Health Data Summary**

**Health Outcome Ranking**

- Of Alabama’s 67 counties, Blount County is ranked 14th in health outcomes according to the 2018 Robert Wood Johnson County Health Rankings. This has declined from 8th in the state from the 2016 rankings.

**Demographic/Socioeconomic**

- Population growth has increased at a slower rate than the state over the last several years
- 15.63% of the population in Blount county live in poverty, which is lower than the state but higher than the national percentage
- 92% of students are receiving their high school diploma within four years, which is higher than the state and national percentage

**Access to health care**

- There is 1 acute care hospital within Blount County
- Primary care provider levels are lower than the state and the national average
- The ratio of population to mental health providers is lower than state and national levels
- 11% of adults and children within Blount County do not have health insurance

**Health status**

- Top two leading causes of death in Blount County are Heart Disease and Cancer; incidence rates do not differ by race or gender
- Heart Disease (Medicare population) and Asthma prevalence is lower in Blount county than in the state
- Mortality rates for suicide and drug poisoning are higher than both the state and nation, which is an indicator of poor mental health
- The average reported poor mental health days per month were 4.7 days
- 14% of the population experience frequent mental distress

**Risk factor behaviors**

- Current percentage of smokers is 22.4% which is higher than the state and national percentage
- 34.6% of adults aged 20 and older self-report that they have a Body Mass Index (BMI) greater than 30.0 (obese)

**Child health**

- Infant mortality is less than the State and National rates
- More mothers in Blount County are receiving adequate prenatal care
- Teen pregnancy rates in Blount county are higher than the state and national average
Infectious diseases

- Chlamydia has highest incidence rate compared to other sexually transmitted diseases
- STI incidence rates are higher than state and national averages
- HIV prevalence in Blount County is lower than both the State and U.S.

Natural Environment

- Air quality impacts health and is a regional issue

Social Environment

- Violent crime rate is lower than state and U.S.
- The number of households with no motor vehicle is lower than the state and nation
- 24.93% of the population experienced food insecurity; 14% of children experienced food insecurity

Interviews of Community Leaders and Representatives

- An interview was conducted with the Blount County Board of Education Health Coordinator
- Result highlights:
  - Lack of mental health services
  - Health and wellness education
  - Increased diagnosis of diabetes in children – need for healthy habits for adults and children
  - Increase wellness services and preventive care
  - Lack of school nurses/county resources to address health needs in the schools

Focus Groups

- Two community focus groups were held on November 28, 2018
- Result highlights:
  - Access to primary and specialty care physicians
  - Lack of resources for mental health needs
  - Inpatient psychiatric/drug treatment
  - Increase in senior services
  - Increased diagnosis of cancer – limited treatment options/local resources
  - Transportation
  - Affordable medication

Paper Survey

- 49 surveys were completed by residents of Blount County
- The top 5 health issues identified for Blount County included:
  - Access to proper healthcare
  - Cancer
Identified Community Health Needs

Prioritization of the community health issues was a multi-step process that included:

- Review and discussion of the identified top health concerns and associated health indicator data
- Identification and discussion of consequences of not addressing the issue
- Consideration of key criteria for impacting change

Through the process described above, the top priority health needs identified for Blount County by this CHNA are:

- Access to care
- Mental Health
- Healthy Living

The CHNA report will be made available to the public through the hospital website and will be used to guide in the development of implementation strategies. The completed CHNA and Implementation Strategies will be approved by the Board of Directors and Health System leadership.
Introduction

Background

A Community Health Needs Assessment (CHNA) is conducted to provide an overview of the state of health of a community and social factors contributing to and influencing health. The CHNA may then be used as a guide for community health improvement strategies. Periodic updating of assessments note changes in health status and factors over time and help ensure current improvement efforts are based on current needs of the community.

With the passing of the Affordable Care Act (ACA) in 2010, new requirements for non-profit hospitals were introduced. One of the requirements is for non-profit hospitals to conduct community health needs assessments. The assessments, performed at least every three years, should include input from the community and influence the hospital’s implementation strategy for community health improvement.

Health System Information

Ascension Alabama is comprised of St. Vincent’s Health System with five acute-care facilities located in Jefferson, St. Clair, Blount, and Chilton counties, as well as an outpatient multispecialty clinic and Ambulatory Surgery Center in Shelby County; and Providence Hospital located in Mobile county. Ascension Alabama is a member of Ascension Health, a Catholic organization that is the largest not for profit health system in the United States. At the foundation of Ascension Health is a commitment to care for the poor and vulnerable in all of the communities they serve.

St. Vincent’s Blount, formerly known as Medical Center Blount, opened in January 1999, replacing the previous Blount Memorial Hospital facility. Due to its rural location, St. Vincent’s Blount is designated as a Critical Access Hospital, which consists of 25 acute care beds and includes ten swing beds. St. Vincent’s Blount provides 24/7 emergency care as well as a wide range of outpatient services.

Providing a high level of sophisticated technology and design, St. Vincent’s Blount offers specialized services that include an advanced emergency and trauma services, pediatric services, nephrology, cardiovascular services, and women’s health programs. The Outpatient Center at St. Vincent’s Blount has specialists in Cardiology, Dermatology, Gastroenterology, General Surgery, Gynecology, Nephrology, Neurology, Neurosurgery, Ophthalmology, Orthopedics, Otolaryngology, and Urology. The physicians and staff at St. Vincent’s Blount are dedicated to meeting the growing health needs of individuals and families in Blount County.
**Purpose/Objective**

The objective for the CHNA and Implementation Strategy are:

- Provide and unbiased comprehensive assessment of Blount county’s health needs and assets, which include: input from the community and public health experts with special attention to the poor, vulnerable, underserved, low income and minority groups.
- Use the CHNA to prioritize the St. Vincent’s Blount (SVB) community outreach activities, which is aligned with our ministry and community’s needs, resulting in implementation strategies for SVB that are guided by the Blount County CHNA.
- Fulfill IRS regulations related to 501(c)(3) not for profit hospital status for federal income taxes.

**Methodology**

The CHNA process for St. Vincent’s Blount was a collaborative project with representation from all areas of the Health System which included Senior Leadership, Advocacy, Mission Integration, Strategy, Finance, Case Management, and leadership from each hospital facility. The process included a review of publicly available secondary health data for the following health indicator topics recommended by the Catholic Health Association: demographics and socioeconomic status, access to health care, health status, risk factor behaviors, child health, infectious diseases, natural environment, and social environment. Input was also received by a paper survey distributed and collected through St. Vincent’s Access to Care program participants; and through conducting community focus groups with individuals who represented broad interests of the community and local/state health leaders, with special attention to the vulnerable populations in the area served.

- Interview was conducted with the Blount County School System Health Coordinator
- A paper survey was distributed and collected through St. Vincent’s Access to Care program participants; 49 surveys were completed by residents of Blount County
- Two focus group sessions were held on November 28, 2018 and participants included community members, health care professionals, educators, and representatives from governmental, non-profit and other agencies serving Blount County residents. The focus groups were conducted to obtain more detailed information about resident perceptions of quality of life, including the assets, strengths, and weaknesses of Blount County.
**Health Status Indicators**

Quantitative data was obtained from county, state, and national sources to develop a social, economic, and health assessment of Blount County. The indicators included public health surveillance data, such as deaths and births. Data sources included, but were not limited to:

- Alabama Department of Public Health
- County Health Rankings Model, University of Wisconsin Population Health Institute (Robert Wood Johnson Foundation)
- United States Census Bureau
- United States Bureau of Labor Statistics
- Health indicators for Blount County were compared to those for the state and nation. In addition, local data was compared to previous years’ data from Blount County, highlighting improvements and statistical trends.

**Community Served**

The community served for purposes of this CHNA is Blount County. In defining the CHNA, St. Vincent’s Health System chose to select a geographic county/region to focus the assessment. This geographic region is considered to fairly represent the immediate community served by St. Vincent’s Blount. This includes the underserved in these locations such as uninsured, underinsured, unemployed, individuals accessing public assistance, and barriers to assistance such as language and immigration status.

In order to define the geographic region, the assessment team looked at inpatient and outpatient case volumes and emergency department visits for fiscal year 2018 (July 1, 2017 – June 30, 2018) to determine the areas patient origin for St. Vincent’s Blount. Case volumes were aggregated by county and by zip code. This method reveals that the largest number of patients who sought care at St. Vincent’s Blount originated in Blount County. County level analysis indicates that 83.4% of all patients (inpatient and outpatient) originated from Blount County in FY18.
St. Vincent’s Blount Patient Origin – Inpatient and Outpatient Cases – FY 2018
Health Needs - Data Analysis and Key Findings

In order to understand the health needs of Blount County, the team reviewed publicly available secondary data for the following health indicator topics, recommended by the Catholic Health Association (CHA): demographics and socioeconomic status, access to health care, health status, risk factor behaviors, child health, infectious diseases, natural environment and social environment.

Input was received from individuals and groups who represented broad interests of the community and/or have special knowledge or expertise in public health through community surveys and interviews with community representatives.

Demographics and Socioeconomic Status

Current population demographics and changes in demographic composition over time play a determining role in the types of health and social services needed by communities.

A. Community Overview

Blount County is one of sixty-seven counties within the state of Alabama, located in the Central Alabama region. A total of 57,704 people live in the 644.81 square mile area, according to the U.S. Census Bureau American Community Survey 2012-2016, 5-year estimates. The population density for Blount County, estimated at 89.49 persons per square mile, is less than the national average population density of 90.19 persons per square mile and the state average population density of 95.59 persons per square mile.

Blount County is less racially diverse than both the state and nation, with 87.5% of the population noted as White Alone. The median age of the county is 40.8 years, which is older than the state (38.6) and nation (37.7). When considering education attainment levels in Blount County, 92.7% of students graduate from high school within four years which is higher than the state level of 87% and national level of 86%.

The population in Blount County is estimated to grow at rate of 1.2% from 2010 - 2017, which is slower population growth compared to the state and nation. As seen in the figures below, population characteristics, income, and educational attainment differ by location within the county.

- Population Density

<table>
<thead>
<tr>
<th>Report Area</th>
<th>Total Population</th>
<th>Total Land Area (Square Miles)</th>
<th>Population Density (Per Square Mile)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blount County</td>
<td>57,704</td>
<td>644.81</td>
<td>89.49</td>
</tr>
<tr>
<td>Alabama</td>
<td>4,841,164</td>
<td>50,646.44</td>
<td>95.59</td>
</tr>
<tr>
<td>United States</td>
<td>318,558,162</td>
<td>3,532,068.58</td>
<td>90.19</td>
</tr>
</tbody>
</table>

Population, Density (Persons per Sq Mile) by Tract, ACS 2012-16

- Over 5,000
- 1,001 - 5,000
- 501 - 1,000
- 51 - 500
- Under 51
- No Data or Data Suppressed
- Report Area


• Population Growth

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Blount County</td>
<td>57,324</td>
<td>58,013</td>
<td>1.2%</td>
</tr>
<tr>
<td>Alabama</td>
<td>4,780,135</td>
<td>4,874,747</td>
<td>2.0%</td>
</tr>
<tr>
<td>United States</td>
<td>308,758,105</td>
<td>325,719,178</td>
<td>5.5%</td>
</tr>
</tbody>
</table>


Population Change, Percent by Tract, US Census 2000 - 2010

- Over 10.0% Increase
- 1.0 - 10.0% Increase
- Less Than 1.0% Change
- 1.0 - 10.0% Decrease
- Over 10.0% Decrease
- No Population or No Data
- Report Area

• **Total Population by Race Alone**

<table>
<thead>
<tr>
<th>Report Area</th>
<th>White</th>
<th>Black</th>
<th>Asian</th>
<th>Native American/Alaska Native</th>
<th>Native Hawaiian/Pacific Islander</th>
<th>Some Other Race</th>
<th>Multiple Races</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blount County</td>
<td>55,045 (95.45%)</td>
<td>915 (1.59%)</td>
<td>84 (0.15%)</td>
<td>212 (0.37%)</td>
<td>0</td>
<td>425 (0.74%)</td>
<td>986 (1.71%)</td>
</tr>
<tr>
<td>Alabama</td>
<td>3,325,037 (68.7%)</td>
<td>1,282,053 (26.5%)</td>
<td>60,744 (1.3%)</td>
<td>23,919 (0.5%)</td>
<td>2,008 (0.04%)</td>
<td>61,991 (1.3%)</td>
<td>85,412 (1.8%)</td>
</tr>
<tr>
<td>United States</td>
<td>233,657,078 (73.4%)</td>
<td>40,241,818 (12.6%)</td>
<td>16,614,625 (5.2%)</td>
<td>2,597,817 (0.8%)</td>
<td>560,021 (0.8%)</td>
<td>15,133,856 (0.2%)</td>
<td>9,752,947 (3.1%)</td>
</tr>
</tbody>
</table>


• **Hispanic Population**

The estimated population that is of Hispanic, Latino, or Spanish origin in the report area is 5,036. This represents 8.73% of the total report area population, which is less than the national 17.33% rate but higher than the state (4.0%). Origin can be viewed as the heritage, nationality group, lineage, or country of birth of the person or the person's parents or ancestors before their arrival in the United States. People who identify their origin as Hispanic, Latino, or Spanish may be of any race.

<table>
<thead>
<tr>
<th>Report Area</th>
<th>Total Estimated Population, 2016</th>
<th>Hispanic or Latino Population</th>
<th>Percent Population Hispanic or Latino</th>
<th>Non-Hispanic Population</th>
<th>Percent Population Non-Hispanic or Latino</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blount County</td>
<td>57,704</td>
<td>5,036</td>
<td>8.73%</td>
<td>52,668</td>
<td>91.27%</td>
</tr>
<tr>
<td>Alabama</td>
<td>4,841,164</td>
<td>193,503</td>
<td>4.0%</td>
<td>4,647,661</td>
<td>96.0%</td>
</tr>
<tr>
<td>United States</td>
<td>318,558,162</td>
<td>55,199,107</td>
<td>17.33%</td>
<td>263,359,055</td>
<td>82.67%</td>
</tr>
</tbody>
</table>


**Population, Hispanic or Latino, Percent by Tract, ACS 2012-16**

- Over 10.0%
- 5.1 - 10.0%
- 2.1 - 5.0%
- Under 2.1%
- No Hispanic Population Reported
- No Data or Data Suppressed
- Report Area

• Median Age

<table>
<thead>
<tr>
<th>Report Area</th>
<th>Total Estimated Population, 2016</th>
<th>Median Age</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blount County</td>
<td>57,704</td>
<td>40.8</td>
</tr>
<tr>
<td>Alabama</td>
<td>4,841,164</td>
<td>38.6</td>
</tr>
<tr>
<td>United States</td>
<td>318,558,162</td>
<td>37.7</td>
</tr>
</tbody>
</table>


• High School Graduation Rate (EdFacts)

Within the report area 92.7% of students are receiving their high school diploma within four years, which is higher than the state and national percentage. Data represents the 2015-16 school year.

<table>
<thead>
<tr>
<th>Report Area</th>
<th>Total Student Cohort</th>
<th>Estimated Number of Diplomas Issued</th>
<th>Cohort Graduation Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blount County</td>
<td>699</td>
<td>648</td>
<td>92.7</td>
</tr>
<tr>
<td>Alabama</td>
<td>55,629</td>
<td>48,380</td>
<td>87</td>
</tr>
<tr>
<td>United States</td>
<td>3,135,216</td>
<td>2,700,120</td>
<td>86.1</td>
</tr>
</tbody>
</table>

B. Poverty

The median household income in 2016 was $54,434 and the average household income was $64,508. Both the median and average household income amounts are lower compared to the state and nation.

Poverty is considered a key driver of health status. Within the report area 16.5% or 9,521 individuals are living in households with income below the Federal Poverty Level (FPL). This indicator is relevant because poverty creates barriers to access including health services, healthy food, and other necessities that contribute to poor health status. Poverty is more pronounced in some geographic areas of Blount County.

When reviewing poverty by age, it is noted that 19% of the population 18 and under are living in poverty, which is lower than the state and nation (25%, 20%). Similar to the general population, poverty is experienced differently based on location within the county, with some census tracts experiencing poverty over 20%. 11.5% of households receive Supplemental Nutrition Assistance Program (SNAP) benefits, which is less than the state (15.6%) and the national percentage of 13%. This indicator is relevant because it assesses vulnerable populations which are more likely to have multiple health access, health status, and social support needs. When combined with poverty data, this information can be used to identify gaps in eligibility and enrollment.

The county unemployment rate in 2016 was 6%. This rate is similar to state and national unemployment levels.
• **Median Family Income**

<table>
<thead>
<tr>
<th>Report Area</th>
<th>Total Family Households</th>
<th>Average Family Income</th>
<th>Median Family Income</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Blount County</strong></td>
<td>15,439</td>
<td>$64,508</td>
<td>$54,434</td>
</tr>
<tr>
<td><strong>Alabama</strong></td>
<td>1,232,880</td>
<td>$74,189</td>
<td>$56,828</td>
</tr>
<tr>
<td><strong>United States</strong></td>
<td>77,608,829</td>
<td>$90,960</td>
<td>$67,871</td>
</tr>
</tbody>
</table>


• **Population Below 100% Federal Poverty Level (FPL)**

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Blount County</strong></td>
<td>57,704</td>
<td>9,521</td>
<td>16.5%</td>
</tr>
<tr>
<td><strong>Alabama</strong></td>
<td>4,841,164</td>
<td>868,666</td>
<td>18.4%</td>
</tr>
<tr>
<td><strong>United States</strong></td>
<td>318,558,162</td>
<td>46,932,225</td>
<td>15.1%</td>
</tr>
</tbody>
</table>


Population Below the Poverty Level, Percent by Tract, ACS 2012-16

- Over 20.0%
- 15.1 - 20.0%
- 10.1 - 15.0%
- Under 10.1%
- No Data or Data Suppressed
- **Children in Poverty, Percent, Blount County, AL, US 2002 to 2016**

![Children in Poverty Chart](image)


- **Population Receiving SNAP Benefits (ACS)**

<table>
<thead>
<tr>
<th>Report Area</th>
<th>Total Households</th>
<th>Households Receiving SNAP Benefits</th>
<th>Percent Households Receiving SNAP Benefits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blount County</td>
<td>20,619</td>
<td>2,376</td>
<td>11.52%</td>
</tr>
<tr>
<td>Alabama</td>
<td>1,851,061</td>
<td>288,494</td>
<td>15.59%</td>
</tr>
<tr>
<td>United States</td>
<td>117,716,237</td>
<td>15,360,951</td>
<td>13.05%</td>
</tr>
</tbody>
</table>

Access to Health Care

A lack of access to care presents barriers to good health. The supply and accessibility of facilities and physicians, the rate of uninsurance, financial hardship, transportation barriers, cultural competency, and coverage limitations affect access.

Blount County has 1 hospital, with a total of 40 staffed medical-surgical beds. The ratio of primary care medical doctors to population is 20.76 physicians per 100,000 for Blount County is less favorable than the ratio for the state (73.5) and the national (87.8) benchmark.

A. Provider Availability

- Access to Primary Care

This indicator reports the number of primary care physicians per 100,000 population. Doctors classified as "primary care physicians" by the AMA include: General Family Medicine MDs and DOs, General Practice MDs and DOs, General Internal Medicine MDs and General Pediatrics MDs. Physicians age 75 and over and physicians practicing sub-specialties within the listed specialties are excluded.
### Access to Mental Health Providers

This indicator reports the rate of the county population to the number of mental health providers including psychiatrists, psychologists, clinical social workers, and counsellors that specialize in mental health care. According to County Health Rankings, on average in Blount County, residents reported an average of 4.7 poor mental health days per month, which is higher than the U.S. average of 3.1 and the state average of 4.6. It is also noted that 14% of adults in Blount County experienced frequent mental distress each month, which is just slightly less than the state average of 15%. The mental health provider rate (per 100,000 population) for Blount county, as well as Alabama, is much lower than the US.

<table>
<thead>
<tr>
<th>Report Area</th>
<th>Total Population</th>
<th>Number of Mental Health Providers</th>
<th>Ratio of mental Health Providers to Population (1 Provider per X Persons)</th>
<th>Mental Health Provider Rate (per 100,000 population)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blount County</td>
<td>57,692</td>
<td>3</td>
<td>19,230.8</td>
<td>5.2</td>
</tr>
<tr>
<td>Alabama</td>
<td>4,768,923</td>
<td>4,044</td>
<td>1,179.3</td>
<td>84.7</td>
</tr>
<tr>
<td>United States</td>
<td>317,105,555</td>
<td>643,219</td>
<td>493</td>
<td>202.8</td>
</tr>
</tbody>
</table>

*Note: This indicator is compared with the state average.*

*Data Source: University of Wisconsin Population Health Institute, County Health Rankings, 2018. Source geography: County*

### B. Insurance Coverage

The State Health Facts from the Kaiser Family Foundation summarized the type of health insurance coverage of the total population by State as of 2017. In Alabama 46% of the population had employer-provided health insurance; while Medicaid and Medicare together account for 35%. However, 10% in Alabama remained without health insurance. Enroll America noted a 4% increase in the percent of the Blount County population that had health insurance from 2016 to 2017.

The lack of health insurance is considered a key driver of health status. Lack of insurance is a primary barrier to healthcare access including regular primary care, specialty care, and other health services that contributes to poor health status. The uninsured population within Blount County remains less than the state and national percentage rate.
Health Status

Rates of morbidity, mortality, and emergency hospitalizations can be reduced if community residents access services such as health screenings, routine tests, and vaccinations. Prevention indicators can call attention to a lack of access or knowledge regarding one or more health issues and can inform program interventions.

A. Leading Causes of Death

According to the Alabama Department of Public Health 2016 county health profile for Blount County, the top two leading causes of death were Heart Disease and Cancer, respectively, with Lung cancer having the highest incidence rate. The pattern of heart disease and cancer as the leading cause of death is true for subpopulations, whether stratified by gender or race. Chronic Lower Respiratory Disease, which includes COPD and Asthma, is the third leading cause of death among men and women, as well as among white and black population groups.

• Mortality - Heart Disease

Within Blount county the rate of death due to heart disease per 100,000 population is 211.9. Figures are reported as crude rates, and as rates age-adjusted to year 2000 standard. This indicator is relevant because heart disease is a leading cause of death in the United States.

<table>
<thead>
<tr>
<th>Report Area</th>
<th>Total Population</th>
<th>Average Annual Deaths, 2010-2014</th>
<th>Crude Death Rate (Per 100,000 Pop.)</th>
<th>Age-Adjusted Death Rate (Per 100,000 Pop.)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blount County</td>
<td>57,759</td>
<td>144</td>
<td>249.3</td>
<td>211.9</td>
</tr>
<tr>
<td>Alabama</td>
<td>4,845,480</td>
<td>12,556</td>
<td>259.14</td>
<td>225.91</td>
</tr>
<tr>
<td>United States</td>
<td>318,689,254</td>
<td>618,853</td>
<td>194.2</td>
<td>168.2</td>
</tr>
</tbody>
</table>


• Mortality - Cancer

This indicator reports the rate of death due to malignant neoplasm (cancer) per 100,000 population. Figures are reported as crude rates, and as rates age-adjusted to year 2000 standard. This indicator is relevant because cancer is a leading cause of death in the United States.
### Mortality - Lung Disease

This indicator reports the rate of death due to chronic lower respiratory disease per 100,000 population. Figures are reported as crude rates, and as rates age-adjusted to year 2000 standard. This indicator is relevant because lung disease is a leading cause of death in the United States.  

<table>
<thead>
<tr>
<th>Report Area</th>
<th>Total Population</th>
<th>Average Annual Deaths, 2010 - 2014</th>
<th>Crude Death Rate (Per 100,000 Pop.)</th>
<th>Age-Adjusted Death Rate (Per 100,000 Pop.)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blount County</td>
<td>57,759</td>
<td>124</td>
<td>215</td>
<td>169.5</td>
</tr>
<tr>
<td>Alabama</td>
<td>4,845,480</td>
<td>10,333</td>
<td>213.24</td>
<td>178.81</td>
</tr>
<tr>
<td>United States</td>
<td>318,689,254</td>
<td>590,634</td>
<td>185.3</td>
<td>160.9</td>
</tr>
<tr>
<td><strong>HP 2020 Target</strong></td>
<td></td>
<td></td>
<td></td>
<td><strong>&lt;= 160.6</strong></td>
</tr>
</tbody>
</table>


### Mortality - Suicide

This indicator reports the rate of death due to intentional self-harm (suicide) per 100,000 population. Figures are reported as crude rates, and as rates age-adjusted to year 2000 standard. This indicator is relevant because suicide is an indicator of poor mental health.  

<table>
<thead>
<tr>
<th>Report Area</th>
<th>Total Population</th>
<th>Average Annual Deaths, 2010-2014</th>
<th>Crude Death Rate (Per 100,000 Pop.)</th>
<th>Age-Adjusted Death Rate (Per 100,000 Pop.)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blount County</td>
<td>57,759</td>
<td>10</td>
<td>18</td>
<td><strong>17.5</strong></td>
</tr>
<tr>
<td>Alabama</td>
<td>4,845,480</td>
<td>740</td>
<td>15.26</td>
<td>14.83</td>
</tr>
<tr>
<td>United States</td>
<td>318,689,254</td>
<td>42,747</td>
<td>13.4</td>
<td>13</td>
</tr>
<tr>
<td><strong>HP 2020 Target</strong></td>
<td></td>
<td></td>
<td></td>
<td><strong>&lt;= 10.2</strong></td>
</tr>
</tbody>
</table>


### Mortality – Drug Poisoning

This indicator reports the rate of death due to drug overdose per 100,000 population. Figures are reported as crude rates, and as rates age-adjusted to year 2000 standard. Rates are resummarized for report areas from...
county level data, only where data is available. This indicator is relevant because suicide is an indicator of poor mental health.

<table>
<thead>
<tr>
<th>Report Area</th>
<th>Total Population</th>
<th>Average Annual Deaths, 2010-2014</th>
<th>Crude Death Rate (Per 100,000 Pop.)</th>
<th>Age-Adjusted Death Rate (Per 100,000 Pop.)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blount County</td>
<td>43,917</td>
<td>5</td>
<td>12.3</td>
<td>12.9</td>
</tr>
<tr>
<td>Alabama</td>
<td>4,845,480</td>
<td>675</td>
<td>13.93</td>
<td>14.35</td>
</tr>
<tr>
<td>United States</td>
<td>318,689,254</td>
<td>49,715</td>
<td>15.6</td>
<td>15.6</td>
</tr>
<tr>
<td><strong>HP 2020 Target</strong></td>
<td>&lt;= 10.2</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>


- **Depression (Medicare Population)**

This indicator reports the percentage of the Medicare fee-for-service population with depression.

<table>
<thead>
<tr>
<th>Report Area</th>
<th>Total Medicare Beneficiaries</th>
<th>Beneficiaries with Depression</th>
<th>Percent with Depression</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blount County</td>
<td>5,258</td>
<td>910</td>
<td>17.3%</td>
</tr>
<tr>
<td>Alabama</td>
<td>686,830</td>
<td>108,148</td>
<td>15.7%</td>
</tr>
<tr>
<td>United States</td>
<td>34,118,227</td>
<td>5,695,629</td>
<td>16.7%</td>
</tr>
</tbody>
</table>

Note: This indicator is compared with the state average.
Data Source: Centers for Medicare and Medicaid Services. 2015. Source geography: County

- **Heart Disease (Adult)**

1,597, or 3.3% of adults aged 18 and older have ever been told by a doctor that they have coronary heart disease or angina. This indicator is relevant because coronary heart disease is a leading cause of death in the U.S. and is also related to high blood pressure, high cholesterol, and heart attacks.

<table>
<thead>
<tr>
<th>Report Area</th>
<th>Survey Population (Adults Age 18)</th>
<th>Total Adults with Heart Disease</th>
<th>Percent Adults with Heart Disease</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blount County</td>
<td>48,382</td>
<td>1,597</td>
<td>3.3%</td>
</tr>
<tr>
<td>Alabama</td>
<td>3,629,058</td>
<td>201,204</td>
<td>5.5%</td>
</tr>
<tr>
<td>United States</td>
<td>236,406,904</td>
<td>10,407,185</td>
<td>4.4%</td>
</tr>
</tbody>
</table>

Data Source: Centers for Disease Control and Prevention, Behavioral Risk Factor Surveillance System. Additional data analysis by CARES. 2011-12. Source geography: County

- **Asthma Prevalence**

This indicator reports the percentage of adults aged 18 and older who self-report that they have ever been told by a doctor, nurse, or other health professional that they had asthma. This indicator is relevant because asthma is a prevalent problem in the U.S. that is often exacerbated by poor environmental conditions.
B. Rates of preventable hospitalizations

This indicator reports the discharge rate (per 1,000 Medicare enrollees) for conditions that are ambulatory care sensitive (ACS). ACS conditions include pneumonia, dehydration, asthma, diabetes, and other conditions which could have been prevented if adequate primary care resources were available and accessed by those patients. This indicator is relevant because analysis of ACS discharges allows demonstrating a possible “return on investment” from interventions that reduce admissions (for example, for uninsured or Medicaid patients) through better access to primary care resources.

---

**Preventable hospital stays in Blount County, AL**

Preventable Hospital Stays: County, State and National Trends

- **Blount County**
- **Alabama**
- **United States**

![Graph showing preventable hospital stays](image-url)

- **Blount County** is getting better for this measure.

---

**Data Source:** Dartmouth College Institute for Health Policy Clinical Practice, Dartmouth Atlas of Health Care. 2014. Source geography: County
Risk Factor Behaviors

A. Tobacco and Alcohol Use

- Tobacco Usage - Current Smokers

Each year approximately 480,000 premature deaths can be attributed to smoking. Cigarette smoking is identified as a cause of various cancers, cardiovascular disease, and respiratory conditions, as well as low birthweight and other adverse health outcomes. Measuring the prevalence of tobacco use in the population can alert communities to potential adverse health outcomes and can be valuable for assessing the need for cessation programs or the effectiveness of existing programs. According to the CDC, adult smoking is the percentage of the adult population who both report that they currently smoke every day or most days and have smoked at least 100 cigarettes in their lifetime. In Blount County an estimated 8,899, or 20% of adults age 18 or older self-report currently smoking cigarettes some days or every day. This indicator is relevant because tobacco use is linked to leading causes of death such as cancer and cardiovascular disease.

<table>
<thead>
<tr>
<th>Report Area</th>
<th>Total Population Age 18+</th>
<th>Total Adults Regularly Smoking Cigarettes</th>
<th>Percent Population Smoking Cigarettes (Age-Adjusted)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blount County</td>
<td>44,495</td>
<td>8,899</td>
<td>20%</td>
</tr>
<tr>
<td>Alabama</td>
<td>3,777,928</td>
<td>831,144</td>
<td>22%</td>
</tr>
<tr>
<td>United States</td>
<td>232,556,016</td>
<td>32,557,842</td>
<td>14%</td>
</tr>
</tbody>
</table>

Data Source: Centers for Disease Control and Prevention, Behavioral Risk Factor Surveillance System. Accessed via County Health Rankings, 2016. Source geography: County

- Alcohol Consumption

Excessive drinking is a risk factor for a number of adverse health outcomes, such as alcohol poisoning, hypertension, acute myocardial infarction, sexually transmitted infections, unintended pregnancy, fetal alcohol syndrome, sudden infant death syndrome, suicide, interpersonal violence, and motor vehicle crashes. Approximately 80,000 deaths are attributed annually to excessive drinking, and it is the third leading lifestyle-related cause of death in the United States. Excessive Drinking measures the percentage of a county’s adult population that reports binge or heavy drinking in the past 30 days.
### B. Obesity Rates

#### Overweight

37.1% of adults aged 18 and older self-report that they have a Body Mass Index (BMI) between 25.0 and 30.0 (overweight) in the report area. Excess weight may indicate an unhealthy lifestyle and puts individuals at risk for further health issues.

<table>
<thead>
<tr>
<th>Report Area</th>
<th>Survey Population (Adults Age 18)</th>
<th>Total Adults Overweight</th>
<th>Percent Adults Overweight</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blount County</td>
<td>47,838</td>
<td>20,182</td>
<td><strong>42.2%</strong></td>
</tr>
<tr>
<td>Alabama</td>
<td>3,511,380</td>
<td>1,219,008</td>
<td>34.7%</td>
</tr>
<tr>
<td>United States</td>
<td>224,991,207</td>
<td>80,499,532</td>
<td>35.8%</td>
</tr>
</tbody>
</table>

Data Source: Centers for Disease Control and Prevention, Behavioral Risk Factor Surveillance System. Additional data analysis by CARES. 2011-12. Source geography: County

#### Obesity

36% of adults aged 20 and older self-report that they have a Body Mass Index (BMI) greater than 30.0 (obese) in the report area. Excess weight may indicate an unhealthy lifestyle and puts individuals at risk for further health issues.

<table>
<thead>
<tr>
<th>Report Area</th>
<th>Total Population Age 20</th>
<th>Adults with BMI &gt; 30.0 (Obese)</th>
<th>Percent Adults with BMI &gt; 30.0 (Obese)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blount County</td>
<td>42,682</td>
<td>14,768</td>
<td><strong>36%</strong></td>
</tr>
<tr>
<td>Alabama</td>
<td>3,567,164</td>
<td>1,198,253</td>
<td>34%</td>
</tr>
<tr>
<td>United States</td>
<td>231,417,834</td>
<td>63,336,403</td>
<td>27.5%</td>
</tr>
</tbody>
</table>

Data Source: Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion. 2015. Source geography: County

Physical Inactivity

Within Blount County, 11,954 or 27.1% of adults aged 20 and older self-report no leisure time for activity, based on the question: "During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?". This indicator is relevant because current behaviors are determinants of future health and this indicator may illustrate a cause of significant health issues, such as obesity and poor cardiovascular health.


<table>
<thead>
<tr>
<th>Report Area</th>
<th>Total Population Age 20</th>
<th>Population with no Leisure Time Physical Activity</th>
<th>Percent Population with no Leisure Time Physical Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blount County</td>
<td>42,693</td>
<td>11,954</td>
<td>28%</td>
</tr>
<tr>
<td>Alabama</td>
<td>3,565,626</td>
<td>1,045,394</td>
<td>29%</td>
</tr>
<tr>
<td>United States</td>
<td>231,341,061</td>
<td>53,415,737</td>
<td>23%</td>
</tr>
</tbody>
</table>

Data Source: Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion. 2015. Source geography: County
Child Health

A. Infant Mortality Rate

According to the Centers for Disease Control and Prevention, infant mortality is “the death of an infant before his or her first birthday”. The infant mortality rate is the number of infant deaths for every 1,000 live births. The infant mortality indicator reports the rate of deaths to infants less than one year of age per 1,000 births. This indicator is relevant because high rates of infant mortality indicate the existence of broader issues pertaining to access to care and maternal and child health. Blount County’s 2015 infant mortality rate per 1,000 (8.4) is higher than the state’s (7.4) and the nation’s (5.8).

<table>
<thead>
<tr>
<th>Report Area</th>
<th>Total Live Births</th>
<th>Total Infant Deaths</th>
<th>Infant Mortality Rate (Per 1,000 Births)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blount County</td>
<td>715</td>
<td>6</td>
<td>8.4</td>
</tr>
<tr>
<td>Alabama</td>
<td>58,936</td>
<td>435</td>
<td>7.4</td>
</tr>
<tr>
<td>United States</td>
<td>3,978,497</td>
<td>22,335</td>
<td>5.8</td>
</tr>
</tbody>
</table>

B. Low Birth Weight Rates

This indicator reports the percentage of total births that are low birth weight (Under 2500g). This indicator is relevant because low birth weight infants are at high risk for health problems. This indicator can also highlight the existence of health disparities.

### C. Proportion of women who received less than adequate prenatal care

This indicator reports the percentage of women who did not obtain adequate prenatal care during their pregnancy. This indicator is relevant because engaging in prenatal care decreases the likelihood of maternal and infant health risks. This indicator can also highlight a lack of access to preventive care, a lack of health knowledge, insufficient provider outreach, and/or social barriers preventing utilization of services. In Blount County, the total number of mothers who received less than adequate prenatal care was 19.4%, which is lower than the state rate of 24.9%. ([http://adph.org/healthstats/index.asp?id=1507](http://adph.org/healthstats/index.asp?id=1507))

### D. Teen pregnancy/birth rate

This indicator reports the rate of total births to women age of 15 - 19 per 1,000 female population age 15 - 19. This indicator is relevant because in many cases, teen parents have unique social, economic, and health support services. Additionally, high rates of teen pregnancy may indicate the prevalence of unsafe sex practices.
Infectious Diseases

A. Sexually transmitted infectious incidence rates

- Chlamydia Incidence

This indicator reports incidence rate of chlamydia cases per 100,000 population. This indicator is relevant because it is a measure of poor health status and indicates the prevalence of unsafe sex practices.

<table>
<thead>
<tr>
<th>Report Area</th>
<th>Total Population</th>
<th>Total Chlamydia Infections</th>
<th>Chlamydia Infection Rate (Per 100,000 Pop.)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blount County</td>
<td>57,872</td>
<td>72</td>
<td>124.41</td>
</tr>
<tr>
<td>Alabama</td>
<td>4,834,113</td>
<td>28,937</td>
<td>598.60</td>
</tr>
<tr>
<td>United States</td>
<td>316,128,839</td>
<td>1,441,789</td>
<td>456.08</td>
</tr>
</tbody>
</table>


- Gonorrhea Incidence

This indicator reports incidence rate of Gonorrhea cases per 100,000 population. This indicator is relevant because it is a measure of poor health status and indicates the prevalence of unsafe sex practices.

<table>
<thead>
<tr>
<th>Report Area</th>
<th>Total Population</th>
<th>Total Gonorrhea Infections</th>
<th>Gonorrhea Infection Rate (Per 100,000 Pop.)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blount County</td>
<td>57,872</td>
<td>6</td>
<td>10.37</td>
</tr>
<tr>
<td>Alabama</td>
<td>4,834,113</td>
<td>7,677</td>
<td>158.8</td>
</tr>
<tr>
<td>United States</td>
<td>316,128,839</td>
<td>350,052</td>
<td>110.73</td>
</tr>
</tbody>
</table>


B. HIV Incidence Rate

- HIV Prevalence

This indicator reports prevalence rate of HIV per 100,000 population. This indicator is relevant because HIV is a life-threatening communicable disease that disproportionally affects minority populations and may also indicate the prevalence of unsafe sex practices.

<table>
<thead>
<tr>
<th>Report Area</th>
<th>Total Population (age 13 +)</th>
<th>Population with HIV / AIDS</th>
<th>Population with HIV / AIDS, Rate (Per 100,000 Pop.)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blount County</td>
<td>48,013</td>
<td>46</td>
<td>95.81</td>
</tr>
<tr>
<td>Alabama</td>
<td>4,043,744</td>
<td>12,025</td>
<td>297.37</td>
</tr>
<tr>
<td>United States</td>
<td>263,765,822</td>
<td>931,526</td>
<td>353.16</td>
</tr>
</tbody>
</table>

Natural Environment

- **Air Quality**

According to the University of Wisconsin County Health Rankings, “The relationship between elevated air pollution – particularly fine particulate matter and ozone – and compromised health has been well documented. The negative consequences of ambient air pollution include decreased lung function, chronic bronchitis, asthma, and other adverse pulmonary effects.” For the air quality measure noted by the County Health Rankings, Blount County has higher average density of the particulate matter than the state and nation.


Social Environment

**A. Violent Crime Rate**

This indicator reports the rate of violent crime offenses reported by law enforcement per 100,000 residents. Violent crime includes homicide, rape, robbery, and aggravated assault. This indicator is relevant because it assesses community safety.

<table>
<thead>
<tr>
<th>Report Area</th>
<th>Total Population</th>
<th>Violent Crimes</th>
<th>Violent Crime Rate (Per 100,000 Pop.)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blount County</td>
<td>57,971</td>
<td>123</td>
<td><strong>211.6</strong></td>
</tr>
<tr>
<td>Alabama</td>
<td>4,715,536</td>
<td>20,604</td>
<td><strong>436.9</strong></td>
</tr>
<tr>
<td>United States</td>
<td>311,082,592</td>
<td>1,181,036</td>
<td><strong>379.7</strong></td>
</tr>
</tbody>
</table>

B. Housing Affordability Rate

This indicator reports the percentage of the households where housing costs exceed 30% of total household income. This indicator provides information on the cost of monthly housing expenses for owners and renters. The information offers a measure of housing affordability and excessive shelter costs. The data also serve to aid in the development of housing programs to meet the needs of people at different economic levels. In Blount County, 20.07% of households are cost burdened, which is less than both the state and national percentage.

<table>
<thead>
<tr>
<th>Report Area</th>
<th>Total Households</th>
<th>Cost Burdened Households (Housing Costs Exceed 30% of Income)</th>
<th>Percentage of Cost Burdened Households (Over 30% of Income)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blount County</td>
<td>20,619</td>
<td>4,139</td>
<td>20.07%</td>
</tr>
<tr>
<td>Alabama</td>
<td>1,851,061</td>
<td>504,976</td>
<td>27.28%</td>
</tr>
<tr>
<td>United States</td>
<td>117,716,237</td>
<td>38,719,430</td>
<td>32.89%</td>
</tr>
</tbody>
</table>


C. Transportation

- **Households with No Motor Vehicle**

This indicator reports the number and percentage of households with no motor vehicle based on the latest 5-year American Community Survey estimates. There are 3.96% of households in Blount County without a motor vehicle, which is less than the state (6.45%) and nation (8.97%).
### D. Access to Healthy Foods

The U.S. Department of Agriculture (USDA) defines food insecurity as a lack of consistent access to enough food for a healthy, active lifestyle. When reviewing the Feeding America website, it is noted that 12.2% of individuals experienced food insecurity in 2014.

#### Food Insecure Children

The food insecure metric for children indicates the estimated percentage of the population under age 18 that experienced food insecurity at some point during the report year. The Child Food Insecurity rate in Blount County was 24.93%, which is slightly lower than the state rate of 26.49% but higher than the national percentage of 23.49%.

#### Food Insecure Population Ineligible for Assistance

Assistance eligibility is determined based on household income of the food insecure households relative to the maximum income-to-poverty ratio for assistance programs (SNAP, WIC, school meals, CSFP and TEFAP). The estimated percentage of total population that experienced food insecurity at some point during the report year but was ineligible for State or Federal nutrition assistance was 18% in Blount County, which is less than the state percentage of 28% and the national rate of 29%.
<table>
<thead>
<tr>
<th>Report Area</th>
<th>Food Insecure Population, Total</th>
<th>Percentage of Food Insecure Population Ineligible for Assistance</th>
<th>Food Insecure Children, Total</th>
<th>Percentage of Food Insecure Children Ineligible for Assistance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blount County</td>
<td>6,290</td>
<td>18%</td>
<td>2,870</td>
<td>14.01%</td>
</tr>
<tr>
<td>Alabama</td>
<td>908,770</td>
<td>28%</td>
<td>294,060</td>
<td>24%</td>
</tr>
<tr>
<td>United States</td>
<td>48,770,990</td>
<td>29%</td>
<td>17,284,530</td>
<td>31%</td>
</tr>
</tbody>
</table>

Data Source: Feeding America; Food Insecure Population by County, 2016. Source geography: Tract
Community Survey

A paper survey is offered to all patients who utilize the Access to Care program offered through St. Vincent’s Health System, which provides primary care to over 500 uninsured adults at nine St. Vincent’s Family Care clinics and Christ Health Center (FQHC). The survey questions are designed to understand the community members’ perception of unmet health needs in the markets where we serve. A total of 49 surveys were collected from residents of Blount County.

The community respondents identified the following as the top five health issues that are a problem for Blount county:

1) Access to proper healthcare
2) Cancer
3) Diabetes
4) Heart Disease
5) Alcohol/Drug addiction

Community Representative/Leader Interviews

Community representatives and leaders, who represented broad interests of the community, were identified by the St. Vincent’s Health System leadership group. Interviews were conducted using a set of guiding questions. There was one interview conducted with a health care representative from Blount County’s Board of Education. The interview identified the greatest health needs for Blount County as:

- Lack of mental health services
- Health and wellness education
- Increased diagnosis of diabetes in children – need for healthy habits for adults and children
- Increase wellness services and preventive care
- Lack of school nurses/county resources to address health needs in the schools
Focus Group Results

Two focus groups were held at St. Vincent’s Blount in November of 2018 and were open to the community. Participants included community members, health care professionals, educators, and representatives from governmental, non-profit and other agencies serving Blount County residents. Questions were asked from the established protocol and the focus groups were facilitated by Wellness Educators from the STVHS Wellness Department.

Focus group participants said that the most important health issues facing Blount county include:

- Access to primary and specialty care physicians
- Lack of resources for mental health needs
- Inpatient psychiatric/drug treatment
- Increase in senior services
- Increased diagnosis of cancer – limited treatment options/local resources
- Transportation
- Affordable medications

Conclusions

Identified Needs and Prioritized Needs

The Ascension Alabama community benefit and CHNA leadership team reviewed the results of the county demographics and secondary health data results, community surveys, and focus group results, and determined the following areas of overlap:

- Access to care (specialists, preventative, women’s health, and elderly care)
- Obesity/physical activity
- Diabetes
- Cancer
- Drug and alcohol consumption
- Mental health
- Suicide/drug-overdose
- Education
- Preventive Health
The leadership team considered the needs from highest priority to lowest priority based on the following criteria:

1) Alignment with health system high priority strategies
2) Availability of resources to address the issue
3) Alignment with community or state initiatives
4) Need among vulnerable populations
5) Availability of evidence-based solution and measurable outcomes

The top three unmet health needs identified for Blount County, AL, by this Community Health Needs Assessment are:

1. Access to Healthcare
2. Mental Health and Substance Abuse
3. Healthy Living

Limitations of the CHNA

The objective of the CHNA was to provide a comprehensive assessment of the health needs of Blount County. The assessment took into account many aspects affecting health, including the social determinants of health, however not all health process and outcome measures available through secondary health data were reviewed due to the broad focus of the assessment. In some cases, comparable benchmarking was not available due to timeframe and measurement definition differences between data sources.

Interview limitations – Interview questions were not administered in prior years to see change over time and some interview questions were open-ended. Responses were grouped by topic for summarization.

The assessment was designed to provide a prioritized list of health needs, but not to provide an in-depth understanding of barriers to health for each identified need nor specific interventions to address the identified health needs.
Health Assets

Community health assets are the resources of the community that can be used to improve the community life. It can be a person, a physical structure or place. It can be a community service, a business – everyone in the community are potential health assets. While there are health needs in Blount County, the county and surrounding area is also rich with many assets. Alabama 2-1-1 is a service for community members to find and access resources within their community, which is accessible by calling 2-1-1 or at www.211connectsalabama.org.

Available community resources to address the identified health needs include:

**Alabama Office of Women’s Health** – Advocates for women’s health issues in state of Alabama.

**Alzheimer’s Research and Care Society** - Dedicated to raising funds and awareness for Alzheimer’s research.

**A. G. Gaston Boys and Girls Club** – To inspire and enable young people in the Birmingham metro area to realize their full potential as productive, responsible and caring adults.

**American Lung Association** – Promoting lung health and preventing lung disease.

**ARC of St. Clair Co** – Advocates for individuals with intellectual and developmental disabilities.

**Cahaba Valley Healthcare** – Provides access to dental and vision care for underserved families in Jefferson and Shelby Counties

**Camp Bluebird** - Camp for adult cancer patients.

**Christ Health Center** – Provides primary care services to community.

**Down Syndrome Alabama** – Dedicated to awareness, acceptance and advocacy for individuals with Down Syndrome of all ages.

**The Exceptional Foundation** – Meets the social and recreational needs of mentally challenged individuals

**Gardendale Miracle League** – Serves athletes with special needs.

**Girl Scouts of North Central AL** – Provides a positive, nurturing environment for girls to learn and grow.

**KidOne Transport** – Provides transportation for women, children to needed medical care.

**La Casita** – Provides social services, immigration assistance and other resources to Spanish speaking community.

**Ladies of Charity** – Focused on serving the needs of the poor and vulnerable with humility, in the spirit of St. Vincent de Paul.

**Magic City Harvest** – Dedicated to food recovery and addressing issues of food security. Host Empty Bowls event.

**Mitchell’s Place** – Social and therapeutic services for individuals affected by Autism Spectrum Disorders and other developmental disabilities.

**MS Society of Alabama** – Mission is to mobilize people and resources to drive research for a cure and to address the challenges of those affected by multiple sclerosis.

**M-Power Ministries** – Provides opportunities for people to break the cycle of poverty through faith
in the greater Birmingham area.

**Nat’l Alliance on Mental Illness** — Provides support, education and advocacy for persons with mental illnesses, their families and others whose lives are affected.

**Oasis Counseling for Women and Children** — Assists women and children by providing affordable mental health counseling and educational programs.

**Pathways** – Shelter for women and children

**Red Cross Blood Drives** - Assists with promoting blood and platelet donation.

**Royal Family Kids Camp** – Provides summer camp week for foster care children.

**Sickle Cell Foundation** – Attempt to reduce morbidity and mortality associated with sickle cell disease through education and advocacy

**Tot Shots** - Offers free walk-in immunizations to children in Birmingham area.

**United Cerebral Palsy** – Provides programs and services for adults and children with disabilities living in Birmingham and surrounding 10 counties.

**WellHouse** – Rescue and recovery of women being sexually exploited.

**YWCA** - Strives to promote a caring community through child care, domestic violence services and affordable housing.

### Commitment to Community Outreach

Congruent with STVHS’ annual strategic Priorities and the prior CHNA, certain organizations, projects and events have been designated to receive monetary or personnel resource support from STVHS. These are areas in which St. Vincent’s Health System encourages associate volunteerism in keeping with the Vision, Mission, and Values of our organization and from which the System receives no direct financial benefit.

Organizations that are included in the STVHS Community Outreach program, of which STVHS maintains direct accountability and organizational authority with employed personnel include:

**Access to Care Program** – Temporary primary care assistance for individuals who find themselves temporarily without health insurance. Patients are seen at one of the St. Vincent’s Family Care Centers or East Family Practice Resident Clinic.

**Jeremiah’s Hope Academy** - Health care career training school subsidized by St. Vincent’s Birmingham. Training for Patient Care Assistant, Phlebotomist, Medical Administrative Assistant, Sterile Processing Technician, Billing and Coding Specialist, Mental Health Technician, and Electronic Health Records Specialist.

**Dispensary of Hope** - Physicians donate pharmaceutical samples which are then distributed to uninsured patients in need of medication assistance.
Hispanic Outreach – Assistance and outreach with preventive health and access to health care for Spanish speaking community members through cooperation with local faith communities.

Wellness Services Outreach Events – Health fairs and other health services in the community for groups who would otherwise not have access to these services, including disaster relief.

Cristo Rey – Provides college preparatory education to qualified students in a Christian environment.

Community School Athlete Safety Outreach – Covers cost of sports trainers at local middle and high schools to assist with prevention and treatment of sports injuries.

Sponsored Organizations

These are system-wide projects encouraging full participation by all associates, including financial support and/or solicitation; leadership; broad publicity. The list is reviewed annually and additions/deletions may be made based on progress and/or changes in CHNA priorities.


Komen Race for the Cure – Raises awareness and education on breast cancer.

Leukemia and Lymphoma Society – Helps patients with blood cancers live longer, healthier lives. Sponsors Light the Night event.

March of Dimes – Helps mothers have full-term pregnancies and researches problems that threaten health of babies.
Update from Previous CHNA (FY2017-2019)

The previous CHNA determined three priorities for St. Vincent’s Blount within Blount County:

1) Access to Healthcare and Mental Healthcare
2) Cancer Awareness/Prevention/Education
3) Cardiovascular Disease Awareness/Prevention/Education

Appendix B includes a detailed evaluation of impact for each of these identified priorities.
Appendix

Appendix A – Community Health Survey
Appendix B – Evaluation of Impact, FY17-FY19 CHNA Priorities
Appendix C – Focus Group/Community Stakeholder Questions
Appendix A – Community Health Survey

Community Health Survey

St. Vincent’s Health System, a member of Ascension Health, is committed to working together to create a healthier community for all. We hope you will take the time to complete and return this anonymous survey. Your input will help us create a healthy North Central Alabama.

Health Issues

1. Circle the 3 health issues below that you think are the most important to address in North Central Alabama:

   - Access to proper healthcare
   - Alcohol/Drug addiction
   - Cancer
   - Communicable diseases (TB, STDs, etc)
   - Diabetes (“sugar problems”)
   - Healthy eating/good nutrition
   - Heart Disease
   - Hypertension (High Blood Pressure)
   - Injury/Accidents (falls, car accidents)
   - Mental health
   - Oral/Dental health
   - Physical activity/ exercise
   - Reproductive and Sexual Health
   - Tobacco/Smoking/Secondhand Smoke
   - Unemployment
   - Violence and Safety
   - Other: ________________________________

2. Thinking about your own physical health: for how many days during the past 30 days was your physical health not good?

   ________

3. Now thinking about your mental health (stress, depression, and problems with emotions) for how many days during the past 30 days was your mental health not good?

   ________

What is the one thing you feel that St. Vincent’s Health System could do to improve the health of the community:

________________________________________________________________________________________
________________________________________________________________________________________
Demographics
Please tell us a little about yourself. This information will help us to see how different people feel about local health issues. (*Note: This information is anonymous.*)

1. a. Female   b. Male
2. How old are you?
   a. 18-28
   b. 29-39
   c. 40-50
   d. 51-61
   e. 62-72
   f. 73+
3. Which group best represents you? (*Circle all that apply*)
   a. Caucasian/White
   b. Asian/Asian American
   c. Native Hawaiian and other Pacific Islander
   d. African American/Black
   e. American Indian or Alaskan Native
   f. Hispanic or Latino
   g. Other: _______________________
4. What is the highest grade of school you completed?
   a. Middle school
   b. High school
   c. Technical college/two year college
   d. 4 year college
   e. Graduate studies
5. How many adults live in your household?
   a. 1
   b. 2-3
   c. 4-6
   d. 7+
6. How many children 18 and under live in your household?
   a. 0
   b. 1
7. What is your current employment status? (*Circle all that apply*)
   a. Employed full-time
   b. Employed part-time
   c. Self-employed
   d. Out of work less than 1 year
   e. Out of work 1+ years
   f. Homemaker or stay home parent
   g. Student
   h. Retired
   i. Unable to Work
   j. Other
8. Your annual household income from all sources is
   a. Less than $10,000
   b. Between $10,001-$25,000
   c. Between $25,001-$50,000
   d. Between $50,001-$75,000
   e. More than $75,001

YOUR ZIP CODE: ___________________
COUNTY OF RESIDENCE:
Blount    Jefferson    St. Clair
Shelby    Chilton

OTHER: _______________________

Thank you for your participation!
If you have any questions, please contact:

Jessica Estrada
205-939-7233
chnaafeedback@stvhs.com
Encuesta sobre la salud de la comunidad

St. Vincent’s Health System, miembro de Ascension Health, está comprometido con trabajar juntos para que toda la comunidad goce de una mejor salud. Esperamos que se tome un momento para completar y devolver esta encuesta anónima. Sus comentarios nos ayudarán a lograr que los habitantes de la región central y norte de Alabama gocen de buena salud.

Problemas de salud

4. De los problemas de salud a continuación, encierre en un círculo los 3 que considere que son los más importantes que se deben abordar en la región central y norte de Alabama:

- Acceso a atención de salud adecuada
- Cáncer
- Diabetes (“problemas con el azúcar”)
- Enfermedades cardíacas
- Lesiones/accidentes (caídas, accidentes automovilísticos)
- Salud bucal/dental
- Salud sexual y reproductiva
- Desempleo
- Otro: ___________________________________________________________________

5. Considerando su propia salud física, en los últimos 30 días, ¿durante cuántos días su salud física no fue buena?

________

6. Si piensa ahora en su salud mental (estrés, depresión y problemas emocionales), en los últimos 30 días, ¿durante cuántos días su salud mental no fue buena?

________

Indique una cosa que considere que St. Vincent’s Health System podría hacer para mejorar la salud de la comunidad:

________________________________________________________________________
________________________________________________________________________

Datos demográficos

Por favor, cuéntenos un poco de usted. Esta información nos ayudará a ver qué opiniones tienen las distintas personas en cuanto a los problemas locales de salud. (Nota: esta información es anónima).

9. a. Femenino       b. Masculino
10. ¿Cuántos años tiene?  
   a. Entre 18 y 28  
   b. Entre 29 y 39  
   c. Entre 40 y 50  
   d. Entre 51 y 61  
   e. Entre 62 y 72  
   f. 73 o más  

11. ¿Cuál de los siguientes grupos lo representa mejor? (Encierre en un círculo todas las opciones que correspondan).  
   h. Caucásico/blanco  
   i. Asiático/asiático americano  
   j. Nativo de Hawái u otras islas del Pacífico  
   k. Afroamericano/negro  
   l. Nativo americano o de Alaska  
   m. Hispano o latino  
   n. Otro: ________________________  

12. ¿Cuál es el nivel más alto que completó en la escuela?  
   o. Escuela media  
   p. Escuela secundaria  
   q. Estudios superiores técnicos/de 2 años  
   r. Estudios superiores de 4 años  
   s. Estudios universitarios  

13. ¿Cuántos adultos viven en su hogar?  
   a. 1  
   b. 2 o 3  
   c. Entre 4 y 6  
   d. 7 o más  

14. ¿Cuántos niños de 18 años de edad o menos viven en su hogar?  
   a. 0  
   b. 1  
   c. b. 2-3  
   d. Entre 4 y 6  
   e. 7 o más  

15. ¿Cuál es su condición de empleo actual? (Encierre en un círculo todas las opciones que correspondan).  
   k. Empleado a tiempo completo  
   l. Empleado a tiempo parcial  
   m. Autónomo  
   n. Sin trabajo desde hace menos de 1 año  
   o. Sin trabajo desde hace 1 año o más  
   p. Ama de casa o padre/madre que queda al cuidado de los hijos  
   q. Estudiante  
   r. Jubilado  
   s. Incapacitado para trabajar  
   t. Otro  

16. Los ingresos familiares anuales provenientes de todas las fuentes son los siguientes:  
   f. Menos de $10,000  
   g. Entre $10,001 y $25,000  
   h. Entre $25,001 y $50,000  
   i. Entre $50,001 y $75,000  
   j. Más de $75,001  

SU CÓDIGO POSTAL: ________________________  
CONDADO DE RESIDENCIA:  
Blount  Jefferson  St. Clair  
Shelby  Chilton  
OTRO: ________________________  
¡Gracias por su participación!  
Si tiene alguna pregunta, comuníquese con:  
Jessica Estrada  
205-939-7233  
chnafeedback@stvhs.com
Appendix B – Evaluation of Impact, FY17-19 CHNA Priorities

Community Health Needs Assessment Implementation Update- St. Vincent’s Blount Hospital

The identified community health needs for the defined service area of St. Vincent's Blount for FY17 – FY19:

1. Access to Healthcare and Mental Healthcare
2. Cancer Awareness/Prevention/Education
3. Diabetes Awareness/Prevention/Education

Prioritized Need: Improved Access to Healthcare including Mental Healthcare

GOAL 1: Increase proportion of persons with health insurance coverage

St. Vincent's Health system has a long history of working with individuals who are uninsured to be able to provide healthcare and mental healthcare services. The Access to Care program is a primary care provider program for individuals living less than 200% income over the federal poverty level WHO HAVE NO OTHER ACCESS TO HEALTH COVERAGE. In partnership with Enroll Alabama, St. Vincent's encouraged individuals to sign up for healthcare exchanges and publicized benefits of the Affordable Care Act. To address this need in FY18, STVHS heavily advocated for Medicaid expansion in the state of Alabama at the legislative level. Efforts were made to assist individuals in the community with connecting to coverage through the open enrollment period of healthcare exchange in collaboration with Enroll Alabama.

GOAL 2: Increase proportion of persons reporting medical home (primary care provider)

STVHS hosted community health screenings including documentation on primary care provider and follow up includes referral and assistance with locating appropriate services for the patient who is unattached. A document was developed and is being distributed to the community on the levels of care and importance of a primary care home. During a medical mission event with Project Homeless Connect, patients were given PCP appointments to follow up with a local free clinic. Follow up is being provided both inpatient and outpatient to assist individuals with connecting to a primary care provider. Transportation services have been established with Lyft to assist patients in getting to follow up and primary care appointments. Project Access, a community collaborative for specialty care, works with individuals who are in need of a primary care provider but also have specialty care needs. Patient navigators have been actively connecting patients without a PCP to possible primary care. Unattached patients at STVHS Urgent Care are being followed up by STVHS Dial-A-Nurse to ensure they are given appropriate options for a medical home.

GOAL 3: Increase proportion of adults with mental health disorders who receive treatment

The addition of the Outpatient Bridge clinic at St. Vincent's East provides the entire region a quick linkage to individuals in need of urgent mental health services as they wait to be connected with a more permanent provider. In FY18, the Bridge Clinic provided services to 172 unique patients who did not have a mental healthcare provider. A mental healthcare provider roundtable of community organizations/agencies meets regularly to identify gaps in service and provide updates and information on services available in the community. A mental health provider resource is available to youth through the establishment of the referral center at Children's Hospital. Similar resource for adults is being coordinated through the state's 2-1-1 service at United Way. A SPOE (single point of entry) for mental health is being evaluated at the local and state level. A physician CME class was provided on depression and suicide to recognize signs and symptoms in patients as well as practitioners. A CME on opioid abuse was held in FY18 as well. Two CME offerings covered issues around workplace violence and mental health. a pharmacy conference was held including sessions related to mental health and medication.

GOAL 4: Increase depression screening for adults by primary care providers
All Ascension Medical Group (AMG) physician practices have implemented the PHQ-9 depression/anxiety screening for new and annual patient visits. Individuals with a qualifying score are referred for services. Other affiliated practices are providing PHQ-9 screenings as well. In CY17 and 18, this resulted in 1290 new screenings and education regarding depression and anxiety.

Prioritized Need: Improve education/awareness/prevention of cancer

**GOAL 1:** Increase proportion of adults who were counseled by their providers about cancer screenings based on current guidelines

Plans are currently underway to provide more physician education regarding cancer screening guidelines. Clinical prompts are part of the Electronic Health Record. CME topics for education of physicians specific to cancer are upcoming in FY19.

**GOAL 2:** Increase proportion of adults who receive breast, lung, prostate, colorectal and skin cancer screening

St. Vincent's clinic patients had a baseline colorectal cancer screening rate of 36.5% and this was increased in FY17 to 47.4%. Specifically, for Medicaid patients, the baseline began at 43% and increased to 49.7% in FY17. In 2018, St. Vincent's provided free colorectal cancer screenings to the uninsured community. Of those, 39 colonoscopies were performed.

**GOAL 3:** Increase mental and physical health-related quality of life indicators of cancer survivors

St. Vincent's participation and close partnership with Forge provides support and services to individuals who have experienced breast cancer. A 24-HOUR support line has been established to provide counseling and referrals, support groups and activities that promote healthy living have engaged survivors. Patient advocates/navigators assist patients with supportive services. A resource library is available to individuals in need of additional information. A clinician advisory committee provides clinical feedback to survivor network.

Between January 1, 2017 and December 31, 2017 Forge Staff case managed 87 unique clients through providing regular follow-up, distress assessment and resource referrals. In addition, Forge provided support to over 1056 breast cancer survivors and co-survivors in the community through community outreach, education and presentations.

Prioritized Need: Improve education/awareness/prevention of Diabetes

**GOAL 1:** Increase proportion of persons with diabetes whose condition has been diagnosed

St. Vincent's Wellness services provides community and corporate glucose screenings. In FY17, St. Vincent's provided 483 free glucose screenings to the community, especially areas where access to healthcare is a barrier. Of individuals screened, all are provided counseling and abnormal results are referred to Dial-A-Nurse for follow-up. In FY18, St. Vincent's Wellness department provided free glucose screenings to the community - especially focused on areas where healthcare access is a barrier. These individuals were provided counseling and abnormal results were called by a nurse from Dial-A-Nurse to discuss the results and assistance with locating a provider who could provide continued care and treatment.

**GOAL 2:** Increase proportion of adults diagnosed with diabetes who receive formal diabetes education

In FY18, St. Vincent's health system provided 4,688 diabetes education patient encounters. This is up approximately 12% from the previous year where FY17 recorded 4,185 encounters.
Appendix C – Focus Group / Community Stakeholder Questions

FOCUS GROUP PROTOCOL

Part I. Session Details – Sign-In/Greet Participants

Part II. Overview of Focus Group - Verbal Explanation of why we are here today

St. Vincent’s Health System is conducting a Community Health Needs Assessment to better understand community health needs. Tax-exempt hospitals conduct these assessments to also comply with federal regulations. Leaders from St. Vincent’s Health System will review the information and thoughts you share during this session and work to develop programs and services to help meet those needs.

Our goal today is to gather your opinions and understanding of the health needs of << COUNTY>> and the surrounding area.

Part III. Focus Group Questions

MANDATORY QUESTIONS:

1. What do you believe are the most significant health related needs in your community?

2. Which group of people in this community is most affected by these health issues?

3. Which group of people in this community has the most difficulty accessing needed health services?

4. If you could create various health program(s) to address these top 3-5 community health needs, what would it/they be?

OPTIONAL QUESTIONS:

1. What are some of the best things about living in your community?

2. If you could improve your community, what area(s) would you focus upon?

3. Why do you believe these health needs exist?

4. Which health care services are most difficult to access?

5. What do you believe are the main barriers to accessing these services? What gets in the way of seeking care? Receiving care?

6. Let’s take another look at the community health needs that have been identified during our discussion. Let’s attempt to list them in order of importance.
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