



Ascension Alexian Brothers Behavioral Health Hospital
Family Night/Aftercare/Community Support Groups
(Revised June 2025)

MONDAY

ANAD (Open)

6:00pm – 8:00pm

Room 1217

Pat 847-544-9601 text or call

Women's Evening Big Book Meeting Resumed 8/8/22 (Closed)

6:00pm -7:00pm

Room 1212

Debbie 847-612-9722

TUESDAY

Beginner's Big Book Study

6:00pm - 7:00pm

Room 1212

John 847-814-2740

WEDNESDAY

S.A.A. Sex Addicts Anonymous (Closed)

5:30pm - 6:30pm

Room 1212

Tom K - ndirish1030@comcast.net
847-707-9761

1st Wednesday of the Month only

Women's AA (Closed)

6:00pm - 7:00pm

Room 1217

Bonnie E - bonnieemmons@yahoo.com
847-754-0079

Anxiety Education Meeting (Open)

6:30pm - 8:00pm

Virtual Zoom

ocdanxiety@ascension.org

(1st, 3rd & 5th Wednesdays of the month)

Parent/Caregiver Support Group Virtual Zoom
(2nd & 4th Wednesdays of the month)

melissa.katz@ascension.org
jose.alcantara@ascension.org

2 NE A.A. - 3 VOLUNTEERS 2NE

THURSDAY

Al-Anon Resumed 8/11/22 (Open)

7:30pm . - 8:30pm

Room 1205/1206

Tom 847-436-3612

FRIDAY

SATURDAY

Alcoholics Anonymous Resumed 8/6/22 (Closed)

8:00am. - 9:30am

Cafeteria

Paul 630-559-6738

Codependent Anonymous Resumed 7/23 (Open)

10:00am -11:30am

Room 1205/1206

Anne Marie 847-650-2038

Alcoholics Anonymous Resumed 5/6/23

7:00pm. - 8:00 p.m.

Cafeteria

Paul 630-559-6738

SUNDAY

Alcoholics Anonymous Resumed 8/7/22

9:30 a.m. - 11 a.m.

Room 1212

Ed 224-535-0571