

Name (Last, First, Middle)	Social Security No.	Date of Birth	Age	Sex <input type="checkbox"/> M <input type="checkbox"/> F	Date of Exam
Home Address	Home Phone No.	Work Phone No.	Cell Phone	Email Address	
Job Title	Department				
Name of Emergency Contact	Address of Emergency Contact	Phone No. of Emergency Contact	Relationship		
Name of Personal Physician (PCP)	Address of Personal Physician	Phone No. of Personal Physician			

Please check this box if you will be using the Wellness Center as your Primary Care

The information in this form will be kept strictly confidential and no identifiable medical information about you will be released without your written authorization, except in cases of a medical emergency or as required by law.

Allergies

Are you allergic to any of the following? No Known Allergies

- | | | |
|---|-----------------------------------|----------------------------------|
| <input type="checkbox"/> Medications? | <input type="checkbox"/> Foods? | <input type="checkbox"/> Pollen? |
| <input type="checkbox"/> Dust or molds? | <input type="checkbox"/> Animals? | <input type="checkbox"/> Latex? |
| <input type="checkbox"/> Other? | | |

Please Specify? _____

Please include all prescription meds, over the counter meds, supplements and/or vitamins.

Medications	Dose	Reasons for Use

HEALTH CONDITION	SELF	FAM HX	M P		HEALTH CONDITION	SELF	FAM HX	M P	
			FAMILY MEMBER					FAMILY MEMBER	
Anxiety					Cardiovascular Disease				
Depression					Heart Murmur				
Mental Illness					Arrhythmia				
Alcoholism					Heart Attack				
Other Addiction					High Blood Pressure				
Migraines					High Cholesterol				
Seizures					Diabetes, Type 1 or 2				
Head Injury					Hepatitis				
Stroke					Gout				
Sleep Apnea					Gallbladder Issues				
Alzheimer Disease					Kidney Disease/Stones				
Anemia					Thyroid Disease				
Arthritis					Cataracts				
Asthma					Glaucoma				
Emphysema					Cancer, What Kind?				
Ulcers					Skin Cancer				
Acid Reflux					Back/Disk Problems				
Sexual Trans. Disease					Hereditary Disorders				

ADOPTED

For any **Yes** answer, indicate diagnosis, any current limitation.

Surgical History

Surgery

Date

Personal History

Do you drink/use caffeine? Yes No
 What kind/How much? _____

Do you use tobacco? Yes No
 If Yes,
 Packs per day: _____ Years: _____
 Type: Cigarettes Cigars
 Chewing tobacco Pipes

Have you used tobacco in the past? Yes No
 If so, when did you quit? _____

Do you want help or information about quitting?
 Yes No

Do you use sunscreen? Yes No

Do you wear a seatbelt? Yes No

Do you drink alcohol? Yes No

If Yes,
 Beer _____ per day _____ per week
 Wine _____ per day _____ per week
 Liquor _____ per day _____ per week

Do you or have you used recreational drugs? Yes No

Do you have any concerns with drugs or alcohol that you would like to discuss? Yes No

Do you exercise? Yes No
 What activities? _____
 How often? _____

Occupational History

Are you or have you ever served as a member of the armed forces? Yes No

If so, when? _____

What branch? _____

For how long? _____

Are you currently employed? Yes No

If yes, do you work full time or part time (circle one)?

If no, are you retired, currently out of work, on medical leave, homemaker, disabled or other (please circle one)?

What is your current marital status? _____

Females only: Are you pregnant? Yes No If Yes, how many weeks? _____
What form of birth control do you use? Condoms Pill Monogamy Abstinence
 IUD Tubal Ligation/Vasectomy Nuva Ring Other: _____

HEALTH MAINTENANCE

INFLUENZA VACCINE: Date of last vaccine: _____

TETANUS VACCINE: Date of last vaccine: _____

PNEUMONIA VACCINE: date of last vaccine: _____

COLON CANCER SCREENING:

- Date of last screening _____
- Type of screening _____
- Result of screening: _____ normal _____ abnormal _____
- Facility it was performed at _____

MAMMOGRAM:

- Date of last mammogram _____
- Result of screening: _____ normal _____ abnormal _____
- Facility it was performed at _____

PAP SMEAR:

- Date of last pap smear _____
- Result of screening: _____ normal _____ abnormal _____
- Facility it was performed at _____

I certify that this form was completed by me. I certify that the information on the Medical History form is true, complete and correct.

Patient name (Please print): _____

Signature of Patient or Patient/Guardian: _____

Date: _____