



# Mental Health Awareness

Mental Health treatment is on the rise, with more and more people recognizing that mental health is just as important as physical health. It is never too soon to seek treatment for your mental health. Getting help early saves lives.

Make an appointment at the Kohl's Wellness Clinic to start the conversation today.

## Health & Wellness Services and Hours



MAY

Corp Wellness Room
  Kohl's Wellness Center
  The Studio

Monday	Tuesday	Wednesday	Thursday	Friday
 <p><b>Kohl's Wellness Center</b>            N165W5595 Creekwood Crossing            Menomonee Falls            t 262-252-1050  <a href="http://employerwellness.ascension.org/kohls">employerwellness.ascension.org/kohls</a></p>		<b>1 HEALTH COACH:</b> 8:00 a.m.-12:00 p.m. <b>EAP:</b> 9:00 a.m.-6:00 p.m.	2	3
6	<b>7 HEALTH COACH:</b> 8:00 a.m.-12:00 p.m. <b>EAP:</b> 9:00 a.m.-6:00 p.m.	<b>8 HEALTH COACH:</b> 8:00 a.m.-12:00 p.m. <b>EAP:</b> 9:00 a.m.-6:00 p.m.	9	10
13	<b>14 HEALTH COACH:</b> 8:00 a.m.-12:00 p.m. <b>EAP:</b> 9:00 a.m.-6:00 p.m.	<b>15 HEALTH COACH:</b> 8:00 a.m.-12:00 p.m. <b>EAP:</b> 9:00 a.m.-6:00 p.m.	16	17
20	<b>21 HEALTH COACH:</b> 8:00 a.m.-12:00 p.m. <b>EAP:</b> 9:00 a.m.-6:00 p.m.	<b>22 HEALTH COACH:</b> 8:00 a.m.-12:00 p.m. <b>EAP:</b> 9:00 a.m.-6:00 p.m.	23	24
27	<b>28 HEALTH COACH:</b> 8:00 a.m.-12:00 p.m. <b>EAP:</b> 9:00 a.m.-6:00 p.m.	<b>29 HEALTH COACH:</b> 8:00 a.m.-12:00 p.m. <b>EAP:</b> 9:00 a.m.-6:00 p.m.	30	31