

We are so excited to invite our Mother/Baby visitors back to our campuses!

Effective March 7, 2022, Ascension Saint Thomas Mother/Baby units have updated visitation policies. Please see the updated policy specific to the unit below. A delivering mom may allocate her visitor wristbands as she chooses. Having guests is a mother's personal decision.

Labor & Delivery

- Ascension Saint Thomas Hospital Midtown: Up to 5 visitors at one time.
- Ascension Saint Thomas Rutherford: Up to 4 visitors at one time.
- Ascension Saint Thomas River Park: Up to 3 visitors at one time.
- Visitors may take turns with other family members or significant others.
- Non-siblings over the age of 2 are allowed to visit in Labor & Delivery.

NICU

- Ascension Saint Thomas Hospital Midtown: NICU visitor wristbands will be distributed.
- 2 visitors at a time with limited visitation during the following hours: 6:00 a.m. - 7:30 a.m. & 6:00 p.m. - 7:30 p.m.
- Ascension Saint Thomas Hospital Midtown: Limited visiting hours on Wednesdays from 8:30 a.m. - 10:30 a.m. Baby Band Holders (BBH) are allowed at this time.
- Siblings must be under the direct supervision of an adult parent or family member at all times while in the NICU
- No children under the age of 12 are allowed to visit the NICU other than the patient's siblings.

Postpartum

- The number of visitors must not impede patient care.
- Visitation of children under the age of 12 must be arranged in advance with the patient's nurse.