

Journey Forward: Cancer Survivorship Wellness Day

*Illuminating the path from
surviving to thriving*



January 31st, 2026
10a.m. - 3p.m.
201 N. Mayfair Rd., Wauwatosa

Celebrate healing and wellness at Journey Forward: Cancer Survivorship Wellness Day — a free event for cancer patient, survivors and supporters. **Registration is required.** Space is limited, early sign-up is encouraged by scanning the QR code below.

What to expect

- **Engage with experts:** Learn from healthcare professionals and survivors about thriving during and beyond treatment.
- **Experience wellness:** Enjoy interactive sessions in movement, nutrition, and integrative care.
- **Shine together:** Conclude with a candlelight reflection honoring resilience and renewal.

*Any questions, reach out to Kayla Kalbacken,
Survivorship RN Coordinator at (414)212-5171.*

