

# Ascension Seton Williamson

Celebrating Nursing Excellence



**Ascension**

## 68 Associates receive Ascension Texas Nurse Scholarships

The Ascension Texas Nurse Scholarship Program awarded \$405,000 to 68 associates this year. These associates are pursuing degrees in nursing to enhance their skills and wisdom to benefit the patients in their care. The scholarships were made possible thanks to the Ascension Texas Foundations and the generosity of associate and community donors dedicated to developing the next generation of nursing professionals in our community.

**Why it matters:** The scholarships help build a well-educated nursing force that is vital for quality patient care. For many recipients, further education would not be possible without this assistance.

**Details:** Since 2005, 868 associates have received more than \$3.9 million in scholarships thanks to generous associate and community donations.

**Congratulations to the following Ascension Seton Williamson associates who were awarded the nursing scholarship and notified in July 2024:**

- Emma Leigh Emery, Ascension Seton Williamson, student nurse intern, Cardiology
- Esther Iwuchukwu, Ascension Seton Williamson, clinical nurse, ICU
- Christine Visgaitis, Ascension Seton Williamson, Nurse Manager, Float Pool & House Supervisors
- Kenza Larabi, Ascension Seton Williamson, clinical nurse, SICU
- Laurie Rhyne, Ascension Seton Williamson, clinical nurse, float pool
- Josephine Okeh, Ascension Seton Williamson, clinical nurse, medical surgical unit

## DAISY Awards

June 2024

Briana Foster, RN

ICU

Ascension Seton Medical Center Williamson

Round Rock, TX United States

Briana Foster is such a great nurse. It's obvious that she cares deeply about her patients. Other night nurses often come into the room loudly and flip on the lights, but she comes in as quietly as possible and with minimal lights so that the patient can sleep. Her care is first-rate and gentle. She seems to always take extra steps to make things better and more comfortable for her patients. She tries to get to know her patients, listens and pays attention to what they are saying. Bri arranged on a later morning for a patient to get into the chair and go down to the lobby to watch the sunrise. That was such a treat for the patient to get her mind on positive things and was something that took extra effort but was not required; the extra effort that makes so much difference in how a patient feels, which speeds their recovery.

***Her care is first-rate and gentle. She seems to always take extra steps to make things better and more comfortable for her patients.***



**Joseline (Josie) Navarro, RN**

July 2024

Joseline (Josie) Navarro, RN

Cardiology

Ascension Seton Medical Center Williamson

Round Rock, TX United States

Joseline Navarro was caring for a patient who was experiencing anxiety due to his current health status and hospitalization. This patient was not sleeping, almost near a panic attack, when Josie asked permission to lay her hands on him and do meditative rhythmic breathing together. She sat in the chair next to him, walking him through this technique for 30 minutes despite knowing she needed to chart and complete additional tasks. During this period of time, the patient relaxed, fell asleep, and slept the remainder of the night. Josie exemplified the true meaning of nursing compassion and dedication to her patients by taking this time during her busy shift to identify and prioritize the necessary reassurance and teach a new relaxation technique. Too often, the solution is to call the MD for sleep aid, but Josie focused on this patient to provide reassurance and to teach him a coping technique that he can continue to utilize.

***Josie exemplified the true meaning of nursing compassion and dedication to her patients.***



August 2024

Margaret Miller, RN

Emergency Dept

Ascension Seton Medical Center Williamson

Round Rock, TX United States

I came to the ER following a fall from the ceiling of my attic. I was in significant pain upon arrival. I had lost consciousness, bowel, and bladder during the incident. I was truly scared that something major was wrong. As soon as I arrived at the emergency room, many staff members, including Maggie, began assessing me. This nurse cared for me and helped distract me from the pain I was experiencing. She immediately made a connection with me. She made me feel that I was truly being cared for. Her care and sweet demeanor helped tremendously during my time at the ER. Maggie should be commended for her outstanding care and bedside manner. This experience gave me confidence in Seton, and I will return here when needed.

***Maggie should be commended for her outstanding care and bedside manner.***



Ascension Seton Williamson supported the attendance of 3 clinical nurses plus 3 nursing leaders to attend the 2024 Magnet and Pathway to Excellence conference to gain additional insight and knowledge on how to improve both the work environment and quality patient care.



## Texas Nursing Excellence Celebrated



*In photo: Joe Impicciche, Eduardo Conrado, Sally Deitch, Maureen Chadwick, and the Ascension Texas Nurse Executive Council.*

On Nov. 6, the Texas market was celebrated at the Nursing Executive Retreat in Nashville for their exceptional performance in all four of Ascension's strategic objectives. Ascension Texas was the only nursing program recognized across all categories.

- **Quality & Safety: Nurse Sensitive Indicators**
  - FY25 Q1 Clinical Priority Goal Glycemic Control Top Performance
- **Operational Rigor: Regulatory Operations**
  - Condition Level Deficiency Top Performance (FY24)
  - TJC Significant Findings Most Improved (FY23 to FY24)
- **Operational Rigor: Sterile Processing Department (SPD)**
  - SPD Introspection Top Performance (FY24 to FY25)
- **Talent: Nurse Retention**
  - 90-day Nurse Retention Top Performance
  - 1-year Nurse Retention Top Performance
- **Consumer Experience**
  - Inpatient Nursing Top Performance
  - Emergency Department Most Improved

### What they're saying:

- "This national recognition is a testament to the leadership of our Ascension Texas Chief Nursing Officers in driving high performance. We will continue to improve quality, patient safety, nurse retention and consumer experience as we serve together with our respective teams." **Mona Gaw, DNP, MPA, RN, NEA-BC, FACHE, CPHQ, Vice President & Chief Nursing Officer, Ascension Seton Hays; Chair, Ascension Texas Nurse Executive Council**

- "I am very proud of the work from our teams and our nursing executives who received the recognition on behalf of our staff. In addition, Ascension Chief Clinical Officer Dr. Fogel shared our experience with staff stopping the line as an example to follow. Our nurses across Ascension Texas should be proud." **Samson Jesudass, MD, MBA, Chief Clinical Officer, Ascension Texas**

This recognition underscores the dedication and excellence demonstrated by our nursing teams. Congratulations to our nursing teams for their hard work, dedication and unwavering commitment to our patients and families.