

# Behavioral Health ECT services

At Ascension Medical Group Behavioral Health — Austin, we want our patients to feel empowered to play an active role in their treatment. This starts with them gaining a better understanding of the therapies and services we offer. Electroconvulsive therapy (ECT) is a therapeutic option we offer for patients who are struggling with severe mental health concerns that have not responded to other forms of treatment. We encourage you to check out the resources below to learn more about these services.



**ECT Outpatient Consultation Clinic**  
**Ascension Medical Group Behavioral Health**  
1301 W. 38th St. Suite 700, Austin, TX 78705  
t 512-324-3380 f 512-324-3379  
ECT@ascension.org



**ECT Treatment Clinic**  
**Ascension Seton Medical Center Austin**  
North Entrance: Surgery Check-In Pod-E  
Complimentary valet parking at North Entrance  
1201 W. 38th St., Austin, TX 78705  
t 512-324-2034 f 512-324-2086  
ECT@ascension.org



## Patient education resources

### Electroconvulsive therapy (ECT)

ECT is a safe, effective procedure that is performed under general anesthesia. It involves passing small electric currents through the brain to intentionally trigger a brief seizure.



[ECT overview](#)

