

Perioperative Surgical Home at Ascension Seton

Perioperative Surgical Home

Perioperative Surgical Home (PSH) is an innovative program that seamlessly coordinates and integrates care for the patient through every phase of the surgical experience - from preoperative, intraoperative, postoperative to post-discharge from the hospital. Our clinical services are available for hospital-based surgeries, ambulatory surgical-based procedures, as well as pre-operative COVID-19 testing. The PSH program here at Ascension Seton is designed to enhance surgical clearance by increasing the quality and safety of surgical care, reducing the cost of healthcare, and improving the overall patient and provider experience.



Services provided

- Anemia management program
- Cardiac testing and clearance
- Coordination with referring provider and care teams
- Diabetes management
- Management of high-risk patients post-discharge
- Preoperative labs and imaging
- Remote patient monitoring
- Sleep studies
- Smoking cessation
- Telehealth visits
- Transitional care management
- Weight loss management



Multidisciplinary care team

The Perioperative Surgical Home at Ascension Seton is made up of an expert team of clinicians that work collaboratively to provide highly coordinated and efficient surgical care. Our multidisciplinary care team includes:

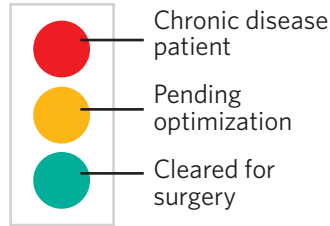
- Anesthesiologists
- Internal medicine clinicians
- Medical assistants
- Medical weight loss physician
- Nurse practitioners
- Nurse navigators
- Patient care coordinators
- Respiratory therapists
- Social workers



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Surgical optimization and clearance

The Perioperative Surgical Home (PSH) clinic will clear patients for surgery or anesthesia through optimizing the patient's health status in preparation for the surgical procedure. Optimization typically begins 2-3 weeks prior to surgery and our PSH team will manage the entire continuum of care and maintain close communication with the surgeon until surgery clearance is achieved. In addition, we offer transitional care management (TCM) as an available post-discharge service to ensure that patients remain on track for recovery and avoid hospital readmission or utilization of the emergency room.



Patient journey

Once a patient has been referred to our clinic, you can count on us to provide the highest level of quality and safety to ensure a positive patient and provider experience.

- Optimization includes an in-depth preoperative questionnaire, risk stratification, care coordination, education and navigation
- An "At-a-Glance" summary is provided in a preoperative dashboard
- Able to manage (assess and optimize) any and all coexisting medical conditions
- Patients with co-morbidities are further assessed and optimized in a timely manner, then the patient can proceed with planned surgery

Patient and provider benefits

- A simplified pre-op process where our PSH clinic coordinator will make the appointments for the patients, manage the entire insurance authorization process, and maintain communication with the surgical care team
- Surgical care teams will see less same day surgery cancellations as well as decreased LOS, SSIs, and readmission rates
- One source and typically, one location for evaluation and treatment prior to surgery
- All patient medical records will be housed within one EHR system across our clinic and Ascension hospitals
- Patient deductibles will frequently be met by the cost of the procedures and the clinic experience is an added service (the cost of which helps meet the deductible with no additional cost)
- Optimization clinics near or at the site where the procedure will be performed for optimal patient experience



For questions about patient scheduling or referrals, please call 512-324-1105 and fax forms to 512-324-3415.



Locations

For convenient access to care, we operate four separate, full-service optimization clinics that support central, north, and south Austin. Patients are cleared for surgery at a location nearest to their home or in close proximity to their planned surgical site of care.

Ascension Seton Medical Center Austin
1201 W. 38th Street
Austin, TX 78705

Ascension Seton Northwest
11113 Research Boulevard
Austin, TX 78759

Ascension Seton Southwest
7900 Farm to Market Rd 1826
Austin, TX 78737

Ascension Seton Williamson
201 Seton Parkway
Round Rock, TX 78665

Ascension Seton Hays
6001 Kyle Parkway
Kyle, TX 78640

**Dell Seton Medical Center at
The University of Texas**
1500 Red River St.
Austin, TX 78701



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