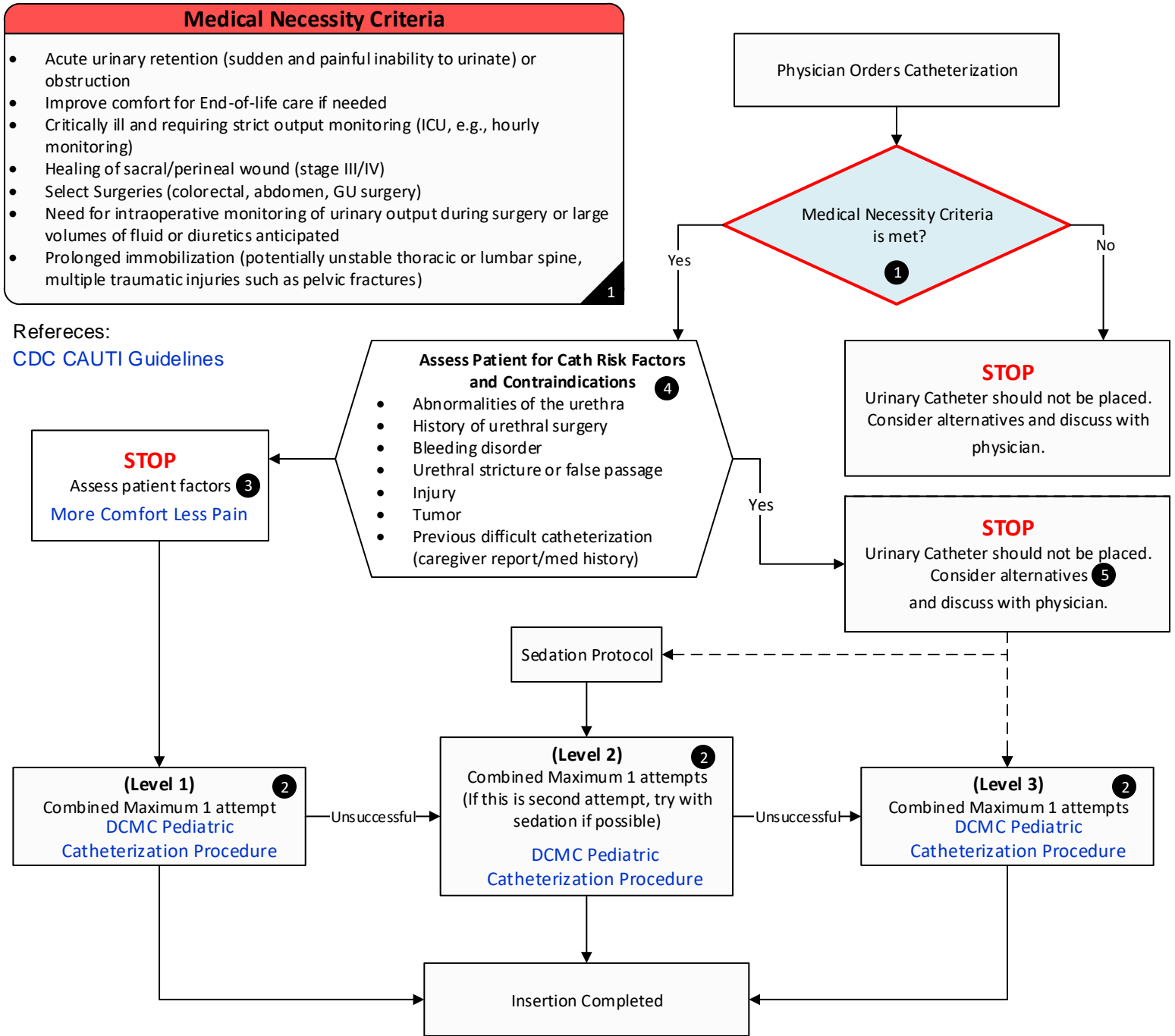


Algorithm for guiding decision making during difficult urinary catheterization (DUC) cases.



Refereces:  
CDC CAUTI Guidelines

Escalation Levels for UC insertion attempts
<b>Level 1:</b> RN, Charge Nurse
<b>Level 2:</b> Sedation team, Pedi Transport
<b>Level 3:</b> Urology, Surgery/OR, Anesthesia

Alternatives to Indwelling Urinary Catheter:
Intermittent catheterization Suprapubic catheter

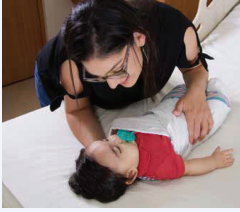











More Comfort, Less Pain
Urinary catheter insertion: Use comfort, pain control, and distraction technique measures on every child and with every attempt. Ensure appropriate orders are entered.
1. Numbing
2. Sucrose
3. Positioning
4. Distraction

Contraindications
Indwelling Urinary Catheters are contraindicated in patients with abnormalities of the urethra, including false passages, severe strictures, injury or tumor, history of hypospadias repair, exstrophy/epispadias repair, bladder reconstruction.
These condition should prompt urology consultation prior to attempted catheterization

Criteria for when to use an Indwelling Urinary Catheter instead of an Intermittent Catheter in ED

- Urinary retention with estimated bladder volume >150% expected capacity
- History of renal transplantation and concern for UTI/rejection
- Recent inpatient urologic surgery
  - ureteral reimplantation
  - pyeloplasty
  - reconstructive bladder surgery

# MORE comfort, LESS pain

Age	Pain Management	Comfort Positions with Example Procedures	
<b>Infant</b> 0-12 months	<p>Breastfeeding 2-5 minutes prior to procedure</p> 	 <p>IV/blood draw, heel stick, NG tube placement/removal</p>	 <p>vitals, IM injection, IV/blood draw</p>
<b>Toddler</b> 1-3 years	 <p>use ice if <math>\geq 18</math> months</p>	 <p>IV/blood draw, catheter placement/removal, NG tube placement/removal</p>	 <p>head laceration repair, C-collar care</p>
<b>Preschool</b> 3-5 years		 <p>IV/blood draw, IM injection, epidural removal</p>	 <p>IV/blood draw, port access, PICC dressing change</p>
<b>Schoolage</b> 6-11 years		 <p>IV/blood draw, IM injection, epidural removal</p>	 <p>IV/blood draw, dressing change, NG tube placement</p>
<b>Adolescent</b> 12-18 years		 <p>all procedures</p>	 <p>distraction kits available on all units</p>



Apply at least 30 minutes prior to procedure.



Administer 2 minutes prior to, and during, procedure.



Place on site for 30-60 seconds prior to procedure. Move above site, between the pain and brain, during procedure.



Spray site continuously 4-10 seconds immediately before procedure.

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