

**Inclusion Criteria:**

Consider using this pathway for patients with the following:

- Generalized edema
- Pleural effusion
- Ascites

1

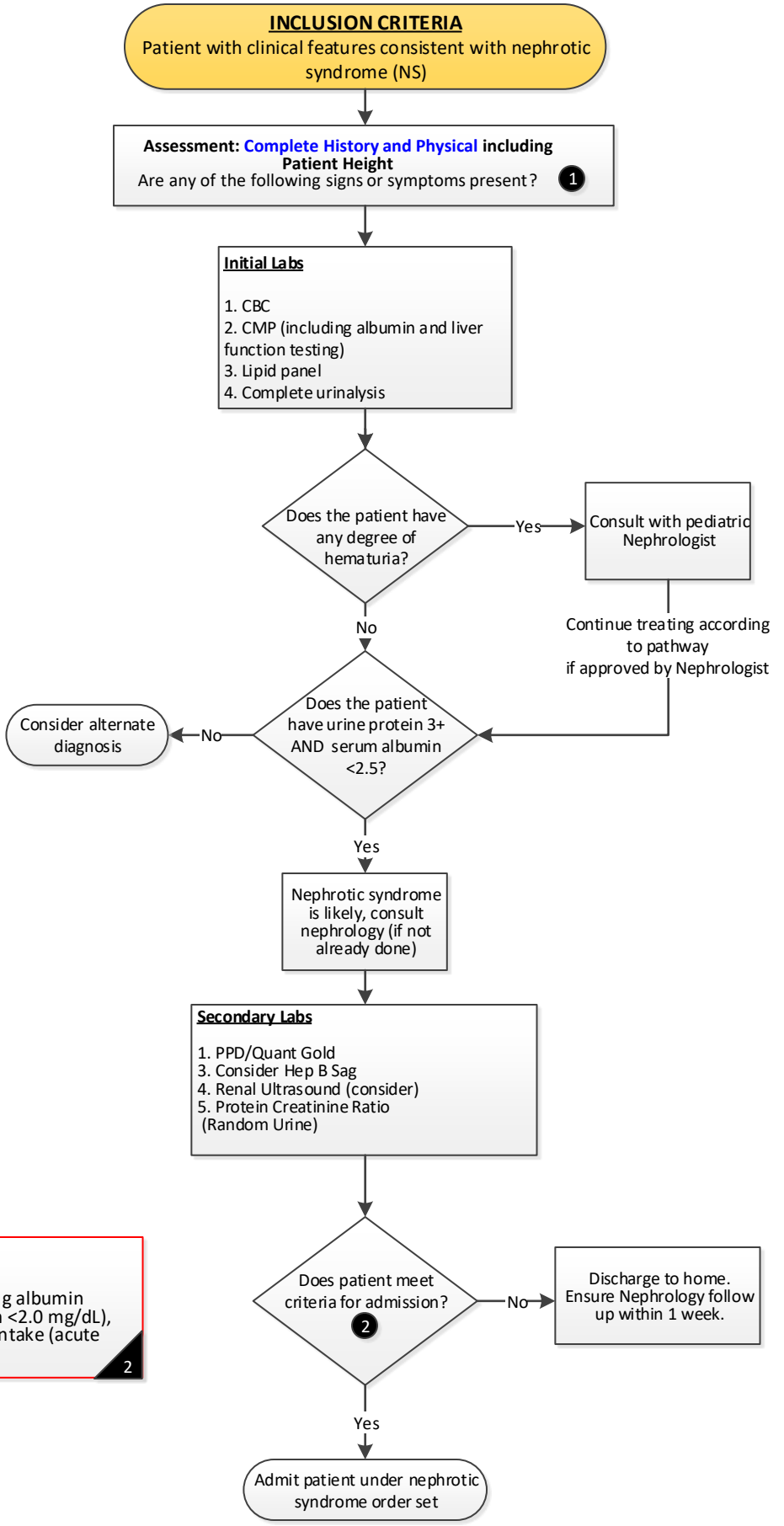
**Exclusion Criteria:**

- Patients with a prior known diagnosis of Nephrotic syndrome
- Patients with congenital heart disease
- Patients already taking systemic corticosteroids for another illness (e.g., asthma, chronic lung disease)
- Signs of shock at presentation after initial fluid resuscitation
- Signs of malignant hypertension or thromboembolic disease (i.e., renal vein or cerebral venous thrombosis) at presentation

**Admission Criteria:**

Gross anasarca, requiring albumin infusion (serum albumin <2.0 mg/dL), unable to tolerate oral intake (acute kidney injury (AKI))

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**Inclusion Criteria:**

Consider using this pathway for patients with the following:

- Generalized edema
- Pleural effusion
- Ascites
- Proteinuria and Hypoalbuminemia

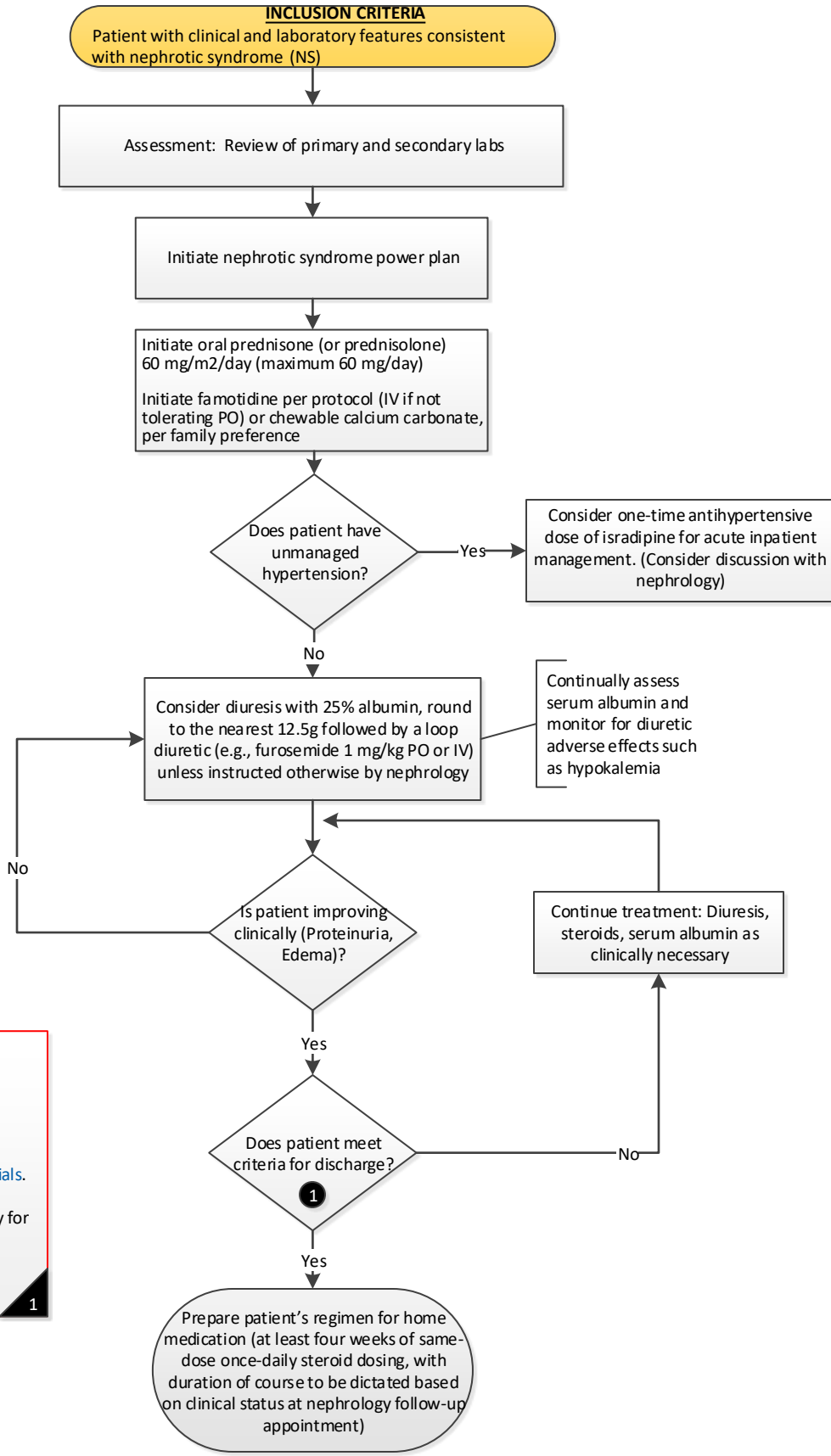
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**Criteria for Discharge:**

- Albumin improving (from initial labs)
- Blood pressure < 95%ile for sex/age/height
- Improving edema
- Improving oral intake
- Family has received and reviewed [educational materials](#).
- Follow up with nephrology as outpatient has been coordinated (appointment scheduled with nephrology for follow up)
- Tolerating fluid and sodium restriction

1



**History and Physical:**

Patients predisposed to nephrotic syndrome may have underlying conditions that require concomitant medical management in addition to management of their nephrotic syndrome .

Consider the following underlying or secondary diagnosis during your initial history taking and physical exam :

- Pneumonia
- Asthma
- Viral upper/lower respiratory tract infection
- Acute gastroenteritis
- Urinary Tract Infection
- Complete vaccination history
- Family history of nephrotic syndrome or kidney disease (congenital)
- Autoimmune issues

**Systolic Blood Pressure Parameters - female**

Age	50%	95%	> 15% above 95%	> 20% above 95%
1–4 years	90	111	128	133
5 years	94	113	130	136
6-10 years	96	121	139	145
11–18 years	105	131	151	157
> 18 years	110	140	161	168

**Systolic Blood Pressure Parameters - male**

Age	50%	95%	> 15% above 95%	> 20% above 95%
1–4 years	90	112	129	134
5 years	95	113	130	136
6-10 years	96	121	139	145
11–18 years	105	140	161	168
> 18 years	110	140	161	168