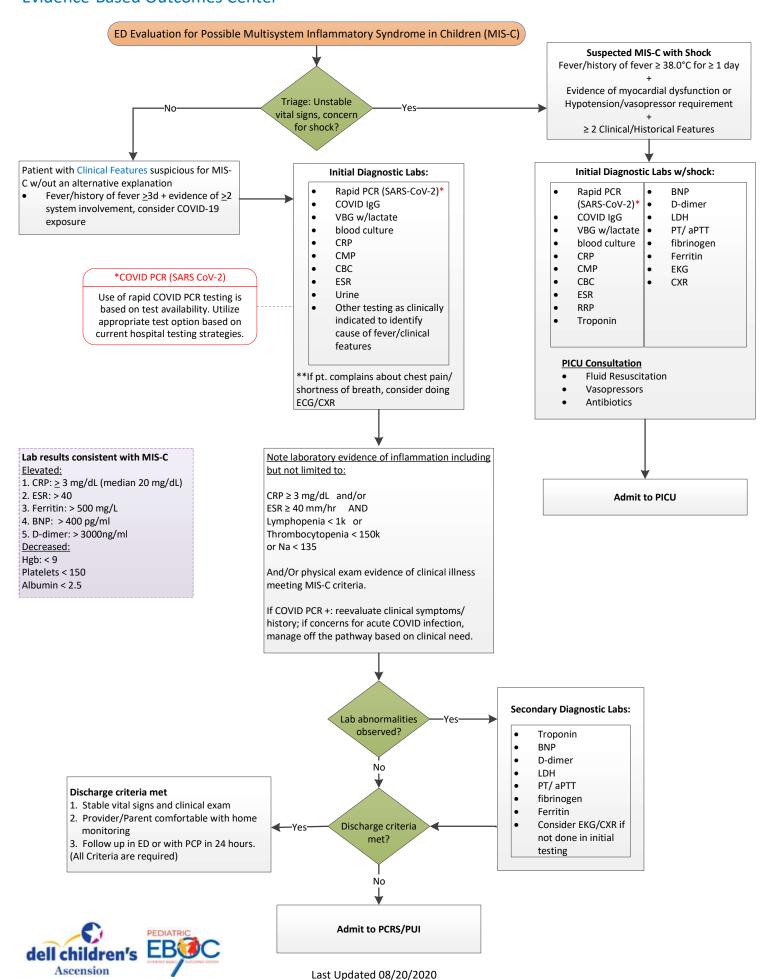
#### **Evidence-Based Outcomes Center**



# Multisystem Inflammatory Syndrome (MIS-C)

## **Evidence-Based Outcomes Center**



## **MIS-C Clinical Features:**

- Fever > 38.0 \*\* AND
- No other plausible explanation for presentation AND
- Evidence of > 2 systems of involvement:
  - **GI:** abdominal pain, nausea/vomiting, diarrhea
  - Neuro: headache, vision changes, altered mental status
  - Cardiac: unexplained tachycardia, signs of acute heart failure, cardiogenic shock
  - Renal: Oliguria
  - Mucocutaneous: mimic typical or atypical KD
  - Skin: polymorphic, petechial, maculopapular exanthem, eythroderma
  - Mucosa: red/cracked lips, strawberry tongue
  - Eye: bulbar, non-purulent conjunctivitis
  - Extremity: palmar/plantar erythema, edema
  - Lymph: Cervical adenopathy > 1.5cm
  - Other: severe sore throat, arthralgias
  - \* Respiratory complaints less common, should prompt investigation of other causes or cardiac/pulmonary embolism as a source
  - \* Consider more detailed evaluation if prior history of COVID or close contact with known positive COVID case in past 4 weeks
  - \*\* CDC Criteria is > 38.0 for > 24 hours, but fevers typically persist > 3 days







EBOC Project Owner: Dr. Lynn Thoreson

Approved by the Multisystem Inflammatory Syndrome (MIS-C) Workgroup Team

#### **Revision History:**

Date Approved:

MIS-C ED: June 24, 2020, Revised August 20, 2020

MIS-C Inpatient: August 26, 2020

Next Review Date: As needed

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