



**Ascension**

## **Welcome to the Pre-operative Medicine Clinic (POMC)**

**Our clinic is designed to meet your preoperative needs for your upcoming orthopedic or spine/neurosurgery procedure.**

The goal is to ensure you are well prepared for your upcoming surgery. We work closely with your surgeon and anesthesia team. During your pre-operative appointment you can expect to see a dedicated team of clinical professionals who will guide you through your appointment.

Your appointment will include testing, education and thorough health assessment by the POMC care team.

You will be set up with an appointment to be seen in our POMC clinic. Prior to your pre-op visit someone from the nursing team will attempt to call you to complete a medical history over the phone. You can eat and drink as normal as our appointment does NOT require fasting for blood work.