

## What sets us apart?

Jane Phillips Medical Center Inpatient Rehab is housed within a CMS 4-Star Acute Care Facility\*, and is well-equipped to focus on your unique needs to meet your long-term goals. When your recovery requires individualized, focused care and attention, you can expect:

- An interdisciplinary team that monitors your progress and adjusts your therapy as needed
- Specialty physicians on call 24/7
- Easy access to enhanced diagnostic imaging
- 3-4 hours of therapy per day
- Lower patient/nurse ratio than a skilled nursing facility
- Enhanced services, including infusion therapy
- Advanced therapy equipment and technology
- Your family is encouraged to stay with you and participate in your therapy

**With a discharge to home rate over 90%, the Jane Phillips Inpatient Rehabilitation Unit is your number one choice in the region.**

\*Based on the Centers for Medicare & Medicaid Services terms of quality star rating system.



**Ascension  
St. John**

**Contact us for more information,  
to arrange a tour or initiate service.**

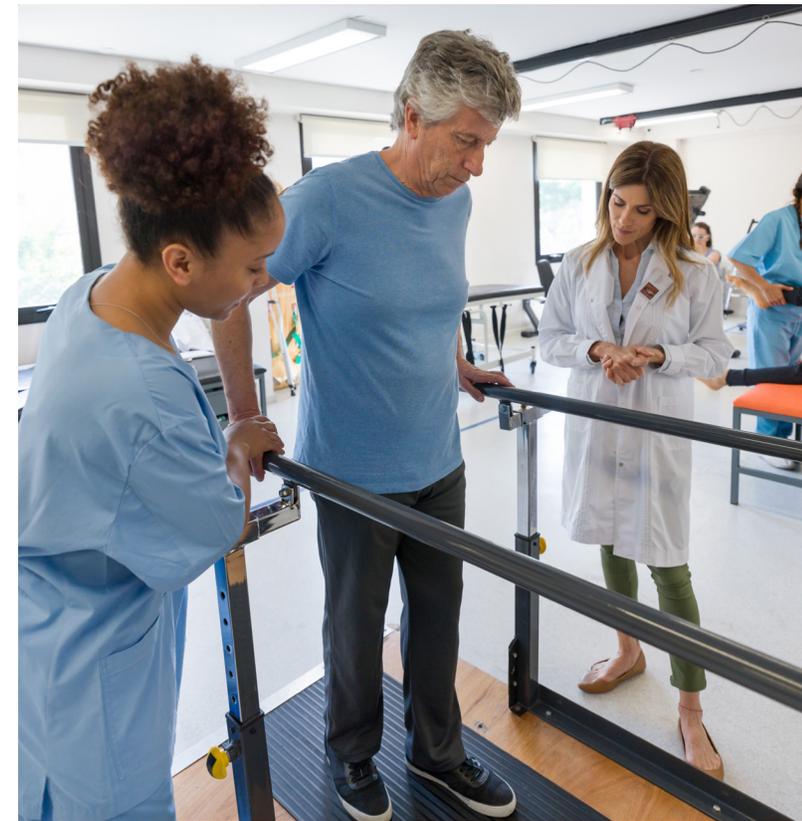
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Inpatient Rehabilitation Unit**  
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[ascension.org/StJohn](https://ascension.org/StJohn)



**Scan to learn more  
or call today.**

## Getting you back to what matters most



**Jane Phillips Inpatient Rehab Unit**

 **Ascension  
St. John**

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# Your rehabilitation is tailored for your unique needs to safely and quickly return home.

At Jane Phillips Medical Center Inpatient Rehabilitation Unit, your therapy will be adapted to your individual circumstances, to help you regain the level of function needed for you to return home safely.

**Our care team can treat a variety of diagnoses, including, but not limited to:**

- Amputation
- Balance disorders
- Burn injuries
- Brain injuries
- Major trauma
- Neurological/neuromuscular disorders
- Orthopedic injuries
- Parkinson's disease
- Spinal cord injuries
- Stroke\*
- Weakness or deconditioning from acute illness



## Preparing for your stay

### The admissions process

If you meet these criteria, you may be a candidate for inpatient rehabilitation:

- Require at least two therapy disciplines with one being either physical therapy or occupational therapy
- Require an intense therapy program to recover your prior level of function
- Have the ability to participate and benefit from intensive rehab that is at least 3 hours a day, 5 days a week; or 15 hours over 7 days
- Require supervision from a doctor
- Require an interdisciplinary approach to care
- Have an identified discharge disposition

Family members and caregivers are encouraged to attend therapy sessions, which generally occur between 8 a.m. and 4:30 p.m. Individual schedules change daily

\*The advantage of IRF at Ascension St. John Jane Phillips is that it is located within the acute care hospital with quick access to diagnostic testing and referrals to in-house specialty physicians.

## What to bring with you

During your stay at Ascension St. John Jane Phillips Inpatient Rehabilitation Unit, you will receive individualized medical care while working toward improved physical independence.

To prepare for your time with us, please bring the following items:

- Clothing — comfortable, casual clothes and walking shoes
- Personal grooming items — assistive devices (e.g., braces, CPAP, hearing aids, prosthetics)
- Bring a family member or friend\*
- Medicare and/or insurance cards

Please leave valuables and tobacco products at home. All Ascension facilities and properties are tobacco-free.

Whether you're needing help from a sudden stroke or injury, recent surgery, or even generalized weakness after hospitalization for acute illness, we look forward to serving you at Ascension St. John Jane Phillips Inpatient Rehabilitation Unit and helping you return to your normal life.

\*Family members or friends need to be over the age of 18 and are welcome to stay overnight and participate in therapy and discharge planning.