



Ascension

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FAQ: Sports Medicine

What is the difference between a sports medicine physician and an orthopedic surgeon?

Sports medicine physicians specialize in non-operative treatment of musculoskeletal conditions. Orthopedic surgeons are trained in the operative treatment of these conditions.

However, approximately 90% of all musculoskeletal injuries are non-surgical.

- Common examples of non-surgical musculoskeletal problems include:
- Acute/Chronic injuries to muscles, tendons, bones, or joints.
- Non-Surgical Modalities include: Ultrasound guided procedures (Steroids, PRP, BMAC) and Tenex, among other conservative measures.

Do sports medicine physicians only treat athletes?

No. Sports Medicine Physicians are ideally suited to provide comprehensive musculoskeletal medical care for non-athletes as well and are excellent resources for those who wish to become active. For the 'weekend warrior' who experiences an injury, the same expertise used for professional athletes will be applied to return the individual as quickly as possible to full function. Not sure if Sports Medicine is for you? Give us a call & find out!

Call to assist your patients of all ages (Pediatric to Adult) with:

- Arthritis / Apophysitis
- Avulsion Injuries
- Bursitis
- Cartilage injuries
- Casting / Splinting / Crutch Training
- Concussion Management
- Dislocations
- DME application
- Expedited referrals - orthopedic surgery
- Fracture Management (Non-Operative)
- Injuries to joints
- Knee / Hip / Back / Foot / Ankle Injury
- Ligament injuries
- Musculoskeletal Assessments
- Overuse injuries
- Preparticipation Physical Exams
- Rotator Cuff Injuries
- Return To Play / Return To Learn in
- Sprains and Strains
- Stress Fractures Management
- Scoliosis Evaluation and Management
- Sports Physicals
- Tendonitis / Tendinosis
- Unique conditions of the athlete with special needs
- Ultrasound guided injections/therapies (In Office)
- XRay in office