

Ascension Medical Group-Orthopaedics & Sports Medicine
CONCUSSION INTAKE FORM

Appointment Date: _____

Name: _____ **DOB:** _____ **Age:** _____ **BMI:** _____

Primary Care Doctor: _____ **Referring Doctor:** _____

Primary Care Doctor Last Visit: _____

Red Flag Symptoms reported: Please see below:

- Seizure/Burning Pain/Tingling Yes or No
- Severe Headache Yes or No
- Focal Neurologic Deficits on Exam Yes or No
- Unequal pupils and Double Vision Yes or No
- Significant Drowsiness Yes or No
- Slurred Speech Yes or No
- Poor orientation Yes or No
- Neck Pain Yes or No
- Repeated Vomiting Yes or No

| <u>CONCUSSION HISTORY/HEAD INJURY HISTORY</u> | |
|--|--|
| Date of Injury: | Time of Injury: <input type="checkbox"/> AM <input type="checkbox"/> PM |
| How did it happen: | |
| Mechanism of Injury is result of: <input type="checkbox"/> Car Accident <input type="checkbox"/> Work Accident <input type="checkbox"/> Accident <input type="checkbox"/> Sports Injury | |
| Loss of Consciousness: <input type="checkbox"/> Yes or <input type="checkbox"/> No | |
| Duration of Loss of Consciousness: | (min/hours) <input type="checkbox"/> Not Applicable |
| Did you seek medical attention immediately: | |
| Did you complete the game / activity: <input type="checkbox"/> Yes or <input type="checkbox"/> No | |
| Amnesia Afterwards (couldn't remember): <input type="checkbox"/> Yes or <input type="checkbox"/> No | |
| Do you have any baseline concussion testing from your school or team: <input type="checkbox"/> Yes or <input type="checkbox"/> No | |
| Are you claiming Worker's Compensation, if work related? <input type="checkbox"/> Yes or <input type="checkbox"/> No | |

| <u>PREVIOUS CONCUSSION HISTORY</u> |
|--|
| <input type="checkbox"/> Not Applicable |
| How many have you had: |
| What years did they happen: |
| How did they occur: |
| |
| |
| Longest symptom duration: days/weeks/years |
| Pattern of less force causing concussion: <input type="checkbox"/> Yes or <input type="checkbox"/> No |
| Amnesia afterwards: <input type="checkbox"/> Yes or <input type="checkbox"/> No |

| <u>ARE YOU BEING TREATED FOR THE FOLLOWING</u> |
|--|
| History of Migraines: <input type="checkbox"/> Yes or <input type="checkbox"/> No |
| Learning Disability: <input type="checkbox"/> Yes or <input type="checkbox"/> No |
| ADHD: <input type="checkbox"/> Yes or <input type="checkbox"/> No |
| Developmental Delay: <input type="checkbox"/> Yes or <input type="checkbox"/> No |
| Anxiety/Depression: <input type="checkbox"/> Yes or <input type="checkbox"/> No |
| Diagnosed Sleep Disorder: <input type="checkbox"/> Yes or <input type="checkbox"/> No |
| School Grade: |

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Patient Name: _____

Date Completed: _____ (AM / PM)

Date of Injury: _____

Post Injury Day Number: # _____

| Symptom | None 0 | Mild 1 | Mild 2 | Moderate 3 | Moderate 4 | Severe 5 | Severe 6 |
|--------------------------|-----------|-----------|-----------|---------------|---------------|-------------|-------------|
| Headache | | | | | | | |
| Pressure in Head | | | | | | | |
| Neck Pain | | | | | | | |
| Nausea/Vomiting | | | | | | | |
| Dizziness | | | | | | | |
| Blurred Vision | | | | | | | |
| Balance Issues | | | | | | | |
| Light Sensitivity | | | | | | | |
| Noise Sensitivity | | | | | | | |
| Feeling Slowed Down | | | | | | | |
| Feeling "in a fog" | | | | | | | |
| Don't Feel Right | | | | | | | |
| Difficulty Concentrating | | | | | | | |
| Difficulty Remembering | | | | | | | |
| Fatigue / Low Energy | | | | | | | |
| Confusion | | | | | | | |
| Drowsiness | | | | | | | |
| More Emotional | | | | | | | |
| Irritability | | | | | | | |
| Sadness | | | | | | | |
| Nervous / Anxious | | | | | | | |
| Trouble falling asleep | | | | | | | |

| | |
|---|------------|
| Total Number of Symptoms | ___ Of 22 |
| Symptom Severity Score | ___ Of 132 |
| Worse with physical activity | Yes or No |
| Worse with mental activity | Yes or No |
| If 100% is feeling perfectly normal, what do % do you feel? | ___ % |

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| HISTORY OF PRESENTING ILLNESS |
|---|
| Timing of Symptoms: <input type="checkbox"/> Morning, <input type="checkbox"/> Evening, <input type="checkbox"/> Night Time, <input type="checkbox"/> None/NA |
| Imaging of Injury within last 2 months: <input type="checkbox"/> XR <input type="checkbox"/> Ultrasound <input type="checkbox"/> CT <input type="checkbox"/> MRI <input type="checkbox"/> MRI-Arthrogram <input type="checkbox"/> None |
| Physical Therapy: <input type="checkbox"/> Currently Enrolled, <input type="checkbox"/> Not Enrolled, <input type="checkbox"/> Completed Already, if so Date: _____ |
| What Makes it Better: <input type="checkbox"/> Tylenol, <input type="checkbox"/> Motrin, <input type="checkbox"/> Opioid, <input type="checkbox"/> Physical Therapy, <input type="checkbox"/> Rest, <input type="checkbox"/> Ice, <input type="checkbox"/> Heat, <input type="checkbox"/> Bracing, <input type="checkbox"/> Steroid Injections, if so how many times in the past: _____, <input type="checkbox"/> None |
| What makes it worse: <input type="checkbox"/> Bending, <input type="checkbox"/> Squatting, <input type="checkbox"/> Stairs, <input type="checkbox"/> Running, <input type="checkbox"/> Jumping, <input type="checkbox"/> Twisting, <input type="checkbox"/> Lifting, <input type="checkbox"/> Walking, <input type="checkbox"/> Physical Therapy Exercises, <input type="checkbox"/> None/NA |

| GENERAL REVIEW OF SYSTEMS |
|--|
| Constitutional: <input type="checkbox"/> Fever, <input type="checkbox"/> Chills, <input type="checkbox"/> Night Sweats, <input type="checkbox"/> None |
| Head/Ears/Nose/Throat: <input type="checkbox"/> Migraines, <input type="checkbox"/> Nosebleeds, <input type="checkbox"/> Visual Disturbances, <input type="checkbox"/> None |
| Neck: <input type="checkbox"/> Swollen Glands, <input type="checkbox"/> Pain, <input type="checkbox"/> Stiffness, <input type="checkbox"/> None |
| Respiratory: <input type="checkbox"/> Cough, <input type="checkbox"/> Chest Pain, <input type="checkbox"/> Shortness of Breath, <input type="checkbox"/> None |
| Cardiovascular: <input type="checkbox"/> Chest pain, <input type="checkbox"/> Syncope, <input type="checkbox"/> Palpitations, <input type="checkbox"/> None |
| Gastrointestinal: <input type="checkbox"/> Nausea, <input type="checkbox"/> Vomiting, <input type="checkbox"/> Constipation, <input type="checkbox"/> Diarrhea, <input type="checkbox"/> Reflux, <input type="checkbox"/> Incontinence, <input type="checkbox"/> None |
| Genitourinary: <input type="checkbox"/> Urinary Frequency, <input type="checkbox"/> Burning, <input type="checkbox"/> Pain, <input type="checkbox"/> Hematuria/Blood, <input type="checkbox"/> Retention, <input type="checkbox"/> None |
| Hematological: <input type="checkbox"/> Anemia, <input type="checkbox"/> Low Blood Counts, <input type="checkbox"/> Bleeding Problems, <input type="checkbox"/> Blood Clots, <input type="checkbox"/> None |
| Dermatological: <input type="checkbox"/> Rash, <input type="checkbox"/> Bruising, <input type="checkbox"/> Abnormal Moles, <input type="checkbox"/> None |
| Musculoskeletal: <input type="checkbox"/> Swelling, <input type="checkbox"/> Pain, <input type="checkbox"/> Aches, <input type="checkbox"/> Deformity, <input type="checkbox"/> Decreased Range of Motion, <input type="checkbox"/> Fracture, <input type="checkbox"/> Joint Pain, <input type="checkbox"/> As per HPI, <input type="checkbox"/> None |
| Neurological: <input type="checkbox"/> Headaches, <input type="checkbox"/> Numbness, <input type="checkbox"/> Tingling, <input type="checkbox"/> Weakness, <input type="checkbox"/> None |

| PAST MEDICAL HISTORY |
|--|
| Check if you have history of: <input type="checkbox"/> Heart Disease, <input type="checkbox"/> Heart Attack/MI, <input type="checkbox"/> High Blood Pressure, <input type="checkbox"/> High Cholesterol, <input type="checkbox"/> Stroke, <input type="checkbox"/> TIA, <input type="checkbox"/> Epilepsy, <input type="checkbox"/> Cancer, <input type="checkbox"/> Bleeding Disorders, <input type="checkbox"/> Clotting Disorder, <input type="checkbox"/> DVT, <input type="checkbox"/> HIV/AIDS, <input type="checkbox"/> HepC, <input type="checkbox"/> Hepatitis B, <input type="checkbox"/> Anemia, <input type="checkbox"/> Diabetes, Last A1C: _____, <input type="checkbox"/> Kidney Disease, <input type="checkbox"/> Thyroid Disease, <input type="checkbox"/> Asthma, <input type="checkbox"/> COPD, <input type="checkbox"/> Pulmonary Embolism, <input type="checkbox"/> Frequent Infections, <input type="checkbox"/> Recurrent Urinary Tract Infection, <input type="checkbox"/> Depression, <input type="checkbox"/> Anxiety, <input type="checkbox"/> Eating Disorder, <input type="checkbox"/> Rheumatoid Arthritis, <input type="checkbox"/> Osteoarthritis, <input type="checkbox"/> Lupus, <input type="checkbox"/> Polio <input type="checkbox"/> Ulcerative Colitis, <input type="checkbox"/> Crohn's Disease, <input type="checkbox"/> Gastric Ulcer, <input type="checkbox"/> Migraines, <input type="checkbox"/> Fibromyalgia, <input type="checkbox"/> Other: _____ <input type="checkbox"/> None/NA |

| PAST SURGICAL & HOSPITALIZATION HISTORY | | | |
|---|-------------------|--|---------------------------------|
| <input type="checkbox"/> Denies Surgeries | | <input type="checkbox"/> Denies Hospitalizations | |
| | | <input type="checkbox"/> Denies Admissions | |
| Major Surgeries: <input type="checkbox"/> Cardiac, <input type="checkbox"/> Bariatric, <input type="checkbox"/> Pulmonary (PE), <input type="checkbox"/> Neuro, <input type="checkbox"/> Abdominal, <input type="checkbox"/> DVT | | | |
| Surgeries or Hospitalized/Admitted | Year (MM/DD/YYYY) | Reason for Surgery or Hospitalization | Complications (if any occurred) |
| | | | |
| | | | |
| | | | |
| | | | |

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| <u>FAMILY PAST MEDICAL HISTORY</u> |
|---|
| Father: <input type="checkbox"/> Alive, <input type="checkbox"/> Deceased, <input type="checkbox"/> Unknown |
| Father Medical History: <input type="checkbox"/> HTN, <input type="checkbox"/> HLD, <input type="checkbox"/> DM, <input type="checkbox"/> Stroke, <input type="checkbox"/> MI, <input type="checkbox"/> TIA, <input type="checkbox"/> Other, <input type="checkbox"/> None |
| Mother: <input type="checkbox"/> Alive, <input type="checkbox"/> Deceased, <input type="checkbox"/> Unknown |
| Mother Medical History: <input type="checkbox"/> HTN, <input type="checkbox"/> HLD, <input type="checkbox"/> DM, <input type="checkbox"/> Stroke, <input type="checkbox"/> MI, <input type="checkbox"/> TIA, <input type="checkbox"/> Other, <input type="checkbox"/> None |
| Sibling: <input type="checkbox"/> Alive, <input type="checkbox"/> Deceased, <input type="checkbox"/> Unknown |
| Sibling Medical History: <input type="checkbox"/> HTN, <input type="checkbox"/> HLD, <input type="checkbox"/> DM, <input type="checkbox"/> Stroke, <input type="checkbox"/> MI, <input type="checkbox"/> TIA, <input type="checkbox"/> Other, <input type="checkbox"/> None |
| Maternal Grandmother: <input type="checkbox"/> Alive, <input type="checkbox"/> Deceased, <input type="checkbox"/> Unknown |
| Past Medical History: <input type="checkbox"/> HTN, <input type="checkbox"/> HLD, <input type="checkbox"/> DM, <input type="checkbox"/> Stroke, <input type="checkbox"/> MI, <input type="checkbox"/> TIA, <input type="checkbox"/> Other, <input type="checkbox"/> None |
| Maternal Grandfather <input type="checkbox"/> Alive, <input type="checkbox"/> Deceased, <input type="checkbox"/> Unknown |
| Medical History: <input type="checkbox"/> HTN, <input type="checkbox"/> HLD, <input type="checkbox"/> DM, <input type="checkbox"/> Stroke, <input type="checkbox"/> MI, <input type="checkbox"/> TIA, <input type="checkbox"/> Other, <input type="checkbox"/> None |
| Paternal Grandmother: <input type="checkbox"/> Alive, <input type="checkbox"/> Deceased, <input type="checkbox"/> Unknown |
| Past Medical History: <input type="checkbox"/> HTN, <input type="checkbox"/> HLD, <input type="checkbox"/> DM, <input type="checkbox"/> Stroke, <input type="checkbox"/> MI, <input type="checkbox"/> TIA, <input type="checkbox"/> Other, <input type="checkbox"/> None |
| Paternal Grandfather <input type="checkbox"/> Alive, <input type="checkbox"/> Deceased, <input type="checkbox"/> Unknown |
| Medical History: <input type="checkbox"/> HTN, <input type="checkbox"/> HLD, <input type="checkbox"/> DM, <input type="checkbox"/> Stroke, <input type="checkbox"/> MI, <input type="checkbox"/> TIA, <input type="checkbox"/> Other, <input type="checkbox"/> None |

| <u>SOCIAL HISTORY</u> |
|--|
| Work History: <input type="checkbox"/> Employed, <input type="checkbox"/> Unemployed, <input type="checkbox"/>N/A |
| Current/Previous Occupation if applicable: <input type="checkbox"/>N/A |
| If off work, date you last worked: <input type="checkbox"/>N/A |
| Do you Live Alone: <input type="checkbox"/> Yes, <input type="checkbox"/> No, <input type="checkbox"/> N/A Can you care for yourself at home: <input type="checkbox"/> Yes, <input type="checkbox"/> No, <input type="checkbox"/>N/A |
| Are you housebound: <input type="checkbox"/> Yes, <input type="checkbox"/> No |
| Can you complete activities of daily living unassisted, (eat, bathe, dress, groceries): <input type="checkbox"/> Yes, <input type="checkbox"/> No |
| Can you do heavy/strenuous activities (moving furniture, shoveling snow, mowing grass): <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Do you have children: <input type="checkbox"/> Yes, <input type="checkbox"/> No, <input type="checkbox"/> N/A How many: _____ |
| Type of exercise you do or sports played: <input type="checkbox"/> Running, <input type="checkbox"/> Elliptical, <input type="checkbox"/> Rower, <input type="checkbox"/> Bike, <input type="checkbox"/> Weight Lifting <input type="checkbox"/> Recreational Gym, <input type="checkbox"/> Golf, <input type="checkbox"/> Organized Sports (<input type="checkbox"/> Football, <input type="checkbox"/> Soccer, <input type="checkbox"/> Hockey, <input type="checkbox"/> XC, <input type="checkbox"/> VB, <input type="checkbox"/> Baseball, <input type="checkbox"/> Softball, <input type="checkbox"/> Track, <input type="checkbox"/> Basketball, <input type="checkbox"/> Wrestling, <input type="checkbox"/> Swim, <input type="checkbox"/> Dance <input type="checkbox"/> Golf), <input type="checkbox"/>None |
| Special Diet: <input type="checkbox"/> Yes, <input type="checkbox"/> No, <input type="checkbox"/> N/A , <u>If So Describe:</u> _____ |
| Do you live in a threatening environment: <input type="checkbox"/> Yes, <input type="checkbox"/> No, <input type="checkbox"/> N/A, If Yes Explain: _____ |
| Do you have history of abuse: <input type="checkbox"/> Yes, <input type="checkbox"/> No, <input type="checkbox"/> N/A, If Yes Explain: _____ |
| Do you currently Smoke: <input type="checkbox"/> Yes, <input type="checkbox"/> No, <input type="checkbox"/> N/A, Frequency: _____ |
| If you smoke or used to, How many packs per day: _____ and for how long: _____ |
| Do you Chew, Dip, Rub, or Use E-Cigarette: <input type="checkbox"/> Yes, <input type="checkbox"/> No, <input type="checkbox"/> N/A, <input type="checkbox"/> Chew, <input type="checkbox"/> Dip, <input type="checkbox"/> Rub, <input type="checkbox"/> E-cigarette |
| Alcohol Consumption: (Wine, Beer, Liquor): <input type="checkbox"/> Daily, <input type="checkbox"/> 1-2 per week, <input type="checkbox"/> 1-2 per month, <input type="checkbox"/> 1-2 per year, <input type="checkbox"/> socially/holidays, <input type="checkbox"/> Never/NA |
| Any problems with reading or eye sight: <input type="checkbox"/> Yes, <input type="checkbox"/> No, If Yes Explain: _____ |
| Any hearing problems: <input type="checkbox"/> Yes, <input type="checkbox"/> No, If Yes Explain: _____ |
| Illicit Drug Use: <input type="checkbox"/> Yes, <input type="checkbox"/> No, <input type="checkbox"/> N/A, If Yes Explain: _____ |
| Controlled Substance agreement with PCP or Pain Clinic: <input type="checkbox"/> Yes, <input type="checkbox"/> No, <input type="checkbox"/> N/A |
| If on an agreement please elaborate (what medication, for what condition, and for how long): _____ |

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ALLERGIES

Medication Allergy: Yes, No, **If Yes what medication and what happens:**

Metal Allergy: Yes, No, **If Yes what medication and what happens:**

Seasonal Allergy: Yes, No, **If Yes Explain:**

MEDICATIONS

Are you on Blood thinners: Yes, No, N/A, **If Yes Explain:**

Examples of Blood Thinners/Antiplatelets: Aspirin, Coumadin/Warfarin, Eliquis, Xarelto,
Heparin, Lovenox, Arixtra, Plavix, Pradaxa, Effient, Brilinta

Controlled Substances: Norco, Vicodin, Morphine, Fentanyl, Dilaudid, Percocet
Ambien, Gabapentin, Lyrica, Tramadol, Xanax, Amphetamines

List all your medications to the best of your ability:

| |
|--|
| |
| |
| |
| |