

Childbirth Classes at Ascension Saint Agnes

- **Virtual birthing center tours** - To register, please contact Janis Spinak at jspinak@ascension.org
- **In-person birthing center tours** - To register, please contact the call center at 888-806-6292. In-person tours meet in the main lobby of Ascension Saint Agnes Hospital and last one hour.
- **Virtual evening childbirth education class with virtual birthing center tour** - This is a 2-day virtual class held for two hours each day. To register, please contact the call center at 888-806-6292. **Class fee: \$50**
- **Virtual childbirth education class with virtual birthing center tour** - This is a 4 hour virtual class offered on weekdays and weekends. To register, please contact the call center at 888-806-6292. **Class fee: \$50**
- **In-person childbirth education class and birthing center tour** - This is a half day (4 hours) in-person class with a certified childbirth educator and includes a tour of the birthing center. Bring 2 pillows and a blanket with you. To register, please contact the call center at 888-806-6292. **Class fee: \$50** .
- **Breastfeeding class - In-person only** - 3 hour class with a certified lactation consultant. This class is offered monthly on a Saturday morning at 9:00 a.m. To register, please contact the call center at 888-806-6292. **Class fee: \$25**
- **Infant care In-person** - 3 hour class with a certified childbirth educator. This class is offered monthly, from 9 a.m. to 12:00 p.m. To register, please contact the call center at 888-806-6292. **Class fee: \$25**
- **Virtual Infant care** -3 hr monthly class, 10am to 1pm. Call the call center to register. 888-806-6292.
- **BMS clinic - Free Spanish and English classes** - To register, please contact Soledad at 667-234-3285.
- **Childbirth education refresher with tour OR Cesarean birth education with tour - Virtual or In-person** - To register, please contact Janis Spinak at jspinak@ascension.org with your preferred day and time directly.

Bundle classes and save! To register for multiple classes, please call 888-806-6292 to receive the discount.

- Register for the childbirth education class with tour, the breastfeeding class and infant care for \$75 (\$25 savings).
- Register for the childbirth education class with tour and the breastfeeding class OR the infant care class for \$60 (\$15 savings).
- Saint Agnes Associates receive a 50% discount on all classes.

If you have any problems, questions or financial concerns, please email contact

Janis Spinak at jspinak@ascension.org



**Ascension
Saint Agnes**

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