



## AMITA Health Alexian Brothers Behavioral Health Hospital Hoffman Estates

Community Health Needs Assessment Service Area Overview





## **Executive Summary**

AMITA Health Alexian Brothers Behavioral Health Hospital (ABBHH) Hoffman Estates and members of the Alliance for Health Equity, a collaborative of over 30 hospitals, 7 health departments, and 100 community partners, have worked together over the last 12 months to build this comprehensive Community Health Needs Assessment (CHNA) in Chicago and Cook County. Using the Mobilizing for Action through Planning and Partnerships (MAPP) model for the CHNA, the Alliance engaged diverse groups of community residents and stakeholders and gathered robust data from various perspectives about health status and health behaviors.

Together with our community stakeholders, we have identified the following prioritized health needs in our community:

**Social and Structural Determinants of Health**, including policies that advance equity and promote physical and mental well-being, and conditions that support healthy eating and active living.

Access to Care, Community Resources, and Systems Improvements, consisting of timely linkage to appropriate care, and resources, referrals, coordination, and connection to community-based services.

Mental Health and Substance Use Disorders, especially reducing stigma, increasing the reach and coordination of behavioral health services, and addressing the opioid epidemic.

Chronic Condition Prevention and Management, focusing especially on metabolic diseases such as diabetes, heart disease, and hypertension, and on asthma, cancer, and complex chronic conditions.

To be successful, ABBHH will continue to partner with local public health departments across Chicago and suburban Cook County to adopt shared and complimentary strategies and leverage resources to improve efficiencies and increase effectiveness for overall improvement. Data sharing across the local public health departments was instrumental in developing this CHNA and will continue to be an important tool for establishing, measuring, and monitoring outcome objectives. The shared leadership model driving the CHNA will be essential to continue to balance the voice of all partners in the process including the hospitals, health departments, stakeholders, and community members.

ABBHH has developed a Community Health Implementation Plan for the next three years that describes the programs we are undertaking to address these prioritized health needs in our community.





## Our Hospital and Community

#### **AMITA** Health

AMITA Health is an award-winning health system committed to delivering compassionate care to nearly 6.6 million residents in Chicago and its surrounding suburbs.

As a faith-based health system in the respective Catholic and Adventist traditions, AMITA Health is committed to delivering inclusive and compassionate care, communicating clearly with patients and their families, respecting the faith traditions of all people, and honoring the dignity of everyone we serve. When people come to AMITA Health, they can expect to receive the very best care — and to be treated like family.

In keeping with the faith-based traditions of its legacy health systems, AMITA Health treats the whole person, including the physical, emotional, mental and spiritual needs of the people it serves. The system continually works to identify and to address community health needs, with a special focus on serving the needs of the poor, vulnerable and marginalized. AMITA Health annually provides more than \$82 million in community health and transformation programs and \$48 million in financial assistance.

# AMITA Health Alexian Brothers Behavioral Health Hospital Hoffman Estates

AMITA Health Alexian Brothers Behavioral Health Hospital Hoffman Estates is the 10th largest behavioral health hospital in the United States and has 141 licensed beds. AHABBHHHE services the 51,567 residents living in the village of Hoffman Estates. Many patients served by AHABBHHHE are non-Hispanic White and Asian American. In 2018 AMITA Health Alexian Brothers Behavioral Health Hospital Hoffman Estates won the Illinois Health and Hospital Association Quality Innovation Achievement Award in Behavioral Health. AHABBHHHE also specializes in eating disorders, self-injury, anxiety and addictions and is one of the largest professional education programs in the Midwest.

## Alliance for Health Equity

In 2018 and 2019, AMITA Health Alexian Brothers Behavioral Health Hospital Hoffman Estates participated in the Alliance for Health Equity (AHE), facilitated by the Illinois Public Health Institute. Together, the Alliance developed a collaborative Community Health Needs Assessment (CHNA) for Cook County. This cover document for that CHNA provides more information about the service area of ABBHH, its existing programs, and its specific needs within the context of the needs identified and prioritized in its service area.

## **ABBHH Community**

The ABBHH community consists of greater Cook County, since the hospital draws from patients throughout northeastern Illinois.





#### Prioritized Health Needs

These prioritized health needs were selected in coordination with community residents and stakeholders through dedicated workgroups, focus groups, and 5,934 survey responses. They represent where ABBHH will focus its community health efforts over the next three years, although it also offers programs serving health needs beyond these four prioritized issues. For more information on the process of selecting these community needs, please refer to the full CHNA ("Primary Data").

#### Social and Structural Determinants of Health

Goal: Improving social, economic, and structural determinants of health while reducing social, racial, and economic inequities.

The social and structural determinants of health such as poverty, unequal access to community resources, unequal education funding and quality, structural racism, and environmental conditions are underlying root causes of health inequities. Additionally, social determinants of health often vary by geography, gender, sexual orientation, age, race, disability, and ethnicity. The strong connections between social, economic, and environmental factors and health are apparent in Chicago and suburban Cook County, with health inequities being even more pronounced than many national trends.

#### Access to Care, Community Resources, and Systems Improvements

Goal: Increasing access to care and community resources.

Healthy People 2020 states that access to comprehensive healthcare services is important for achieving health equity and improving quality of life for everyone. Disparities in access to care and community resources were identified as underlying root causes of many of the health inequities experienced by residents in Cook County.

#### Mental Health and Substance Use Disorders

Goal: Improving mental health and decreasing substance abuse.

Community mental health issues are exacerbated by long-standing inadequate funding as well as recent cuts to social services, healthcare, and public health. The World Health Organization (WHO) emphasizes the need for a network of community-based mental health service, and has found that the closure of mental health facilities is often not accompanied by the development of community-based services, leading to a service vacuum. In addition, research indicates that better integration of behavioral health services, including substance use treatment, into the healthcare continuum has a positive impact on overall health outcomes.

#### **Chronic Condition Prevention and Management**

Goal: Preventing and reducing chronic conditions, with a focus on risk factors.

The number of individuals in the U.S. who are living with a chronic disease is projected to continue increasing well into the future. In addition, chronic diseases account for approximately 64% of deaths in Chicago . As a result, it will be increasingly important for the healthcare system to focus on prevention of chronic disease and the provision of ongoing care management.





### Evaluation of Impact: Previous CHNA Implementation Strategy

An important piece of the three-year CHNA cycle is revisiting the progress made on priority needs set forth in the preceding CHNA. By reviewing the actions taken to address the prioritized needs and evaluating the impact those actions have made in the community, it is possible to better target resources and efforts during the next CHNA cycle.

The table below describes actions taken from the AMITA Health Alexian Brothers Behavioral Health Hospital's Implementation Strategy to address each priority need including any indicators for improvement. Included is any community input received from the previous 2016 CHNA and corresponding Implementation Strategy.

Mental Health		
Action Taken	Status of Action(s)	Results
Behavioral Health Resource Call Center	Ongoing	Approximately 15,000 members of the community are assisted per year in the Emergency Access Department.

Upon review of the actions taken since the previous CHNA, greater need for outcome-based reporting was noted. As such, further refinement of the next Implementation Strategy and the reporting of outcomes will be a focus.





## **Implementation**

#### **Community Assets**

AMITA Health Alexian Brothers Behavioral Health Hospital Hoffman Estates will continue working with organizations and stakeholders in its community to address its prioritized health needs, including:

Eckhart Center for Mental-Streamwood Center for Enriched Living

Keeneyville School District 20 Get Covered Illinois

Shelter, Inc. Child Advocacy Center of

The Wings Program, Inc.

North/Northwest Cook County

Schaumburg Public Library ClearBrook

Hamdard Healthcare Feed My Starving Children

Willow Creek Care Center Goodwill

Northwest CASA Arlington Cares, NFP

Aging Care Connections Willow Creek Community Church

#### Implementation Plan and Collaborative Action

Driven by a shared mission and a set of collective values that have guided the CHNA process and decision making, ABBHH and its community partners will work together to develop implementation plans and collaborative action targeted to achieving the shared vision of improved health equity, wellness, and quality of life across our community. Engaging in this collaborative CHNA process has developed a solid foundation and opened the door for many opportunities moving forward. The Regional Leadership Teams and Stakeholder Advisory Teams look forward to building on the momentum, working in partnership with diverse community stakeholders at regional and local levels to address health inequities and improve community health in our communities.

#### Publication

AMITA Health Alexian Brothers Behavioral Health Hospital Hoffman Estates will share this document and related Implementation Strategies to address the needs identified in this document with all internal stakeholders including employees, volunteers and physicians. This Community Health Needs Assessment is available at <a href="mailto:amitahealth.org/about-us/community-benefit">amitahealth.org/about-us/community-benefit</a> and is also broadly distributed within our community to stakeholders including community leaders, government officials, and service organizations.





We welcome feedback on this Community Health Needs Assessment and its related Implementation Strategy. Kindly send any feedback you have to the following address:

AMITA Health Attn: Community Health 200 S Wacker Dr. FL 11 Chicago, IL 60606

The Board of Directors of AMITA Health has reviewed and approved this plan in 2019.