

About Studer Family Children's Hospital Pediatric Rehabilitation

At Studer Family Children's Hospital Pediatric Rehabilitation, our pediatric rehabilitation team is dedicated to promoting age-appropriate play and development. Our pediatric rehabilitation centers are staffed by highly trained and compassionate physical, occupational, and speech therapists that treat patients from infancy to adulthood. The centers feature private treatment rooms, a large gym, and specialized pediatric therapy areas.

Therapeutic programs

Recognizing that each patient we serve has unique needs and goals, Studer Family Children's Hospital Pediatric Rehabilitation offers personalized therapeutic programs designed to address a variety of health issues. To better serve patients with multiple needs, our team implements an interdisciplinary or team approach to care that integrates speech, physical and occupational therapy into one treatment plan.

Studer Family Children's Hospital Pediatric Rehabilitation provides therapeutic programs for a variety of health issues, including:

- Articulation/speech disorders
- Auditory processing disorders
- Autism spectrum disorder
- Cerebral palsy
- Feeding/swallowing disorders
- Developmental delays
- Down syndrome
- Gross motor deficits
- Sensory integration disorders
- Language disorders
- Stuttering
- Torticollis



For more information about Studer Family Children's Hospital Pediatric Rehabilitation or to discuss any potential developmental delays in your child that might benefit from one of our therapeutic programs, please call one of the following locations:

**Studer Family Children's Hospital
Pediatric Rehabilitation - Santa Rosa Beach**
179 Mack Bayou Loop, Suite 302
Santa Rosa Beach, FL 32459
850-278-3398

**Studer Family Children's Hospital
Pediatric Rehabilitation - Panama City Beach**
120 Richard Jackson Blvd., Suite 180
Panama City Beach, FL 32407
850-235-6360

**Studer Family Children's Hospital
Pediatric Rehabilitation - Port St. Joe**
3871 U.S. Highway 98, Suite 100
Port St. Joe, FL 32456
850-229-5752

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Interdisciplinary rehabilitation for children and families with special needs



Specialized pediatric services

Our pediatric rehabilitation team strives to provide the most appropriate pediatric therapy services to maximize each child's developmental potential.

Your child's developmental milestones

Although each child learns and develops in his/her own unique way, a general developmental timeline is below that shows actions with corresponding ages.

3 months

- Begins to babble and imitate some sounds
- Brings hands to mouth
- Coos and enjoys touch
- Holds hand in a fist
- Pushes up head and chest when on belly
- Smiles
- Turns head toward sounds

6 months

- Able to move hands from one object to another
- Able to sit with help and hold head straight
- Babbles a few sounds
- Begins mouthing and exploring toys
- Imitates familiar actions
- Opens mouth in anticipation of spoon during meals
- Rolls over from stomach to back
- Smiles at reflections

9 months

- Able to begin pulling self up to stand
- Able to pick up some small finger foods and feed self
- Crawls or scoots around
- Imitates some simple sounds

- Picks up and throws toys and objects
- Sits without support

12 months

- Begins walking on own or holding a hand
- Drinks from a cup with help
- Follows simple directions
- Looks for hidden toys
- Responds to music
- Responds to own name
- Says some simple words like "mama" or "dada"
- Stands alone with some assistance
- Understands "no"
- Uses first finger to poke or point
- Waves "hi" and "bye-bye"

15 months

- Begins to crawl up stairs
- Helps to dress by holding out arms or legs
- Holds and drinks from a cup
- Points to some toys during play
- Shows some anxiety when separated from parent
- Stands alone
- Throws a ball
- Uses 5-10 words
- Walks without assistance

18 months

- Asks for something by pointing or by using one word
- Begins saying "I" and "my"
- Begins to pretend play
- Can identify familiar things and people
- Feeds self with fingers

- Laughs at silly actions
- Seeks attention
- Scribbles with crayons
- Stacks two blocks
- Uses approximately 15 words
- Walks well and may be running and climbing

24 months

- Begins to ask questions
- Feeds self with utensils
- Identifies body parts on self or doll
- Jumps in place
- Plays some simple turn-taking games
- Points and names familiar pictures in books
- Walks backwards
- Walks up steps without help
- Understands "in," "out," "on top" and other simple prepositions
- Uses plural endings on words ("balls," "cookies" etc.)
- Uses 2-3 words together

36 months

- Asks questions
- Can pedal a tricycle
- Dresses self with some help
- Enjoys playing with other children
- Knows his/her own name
- Participates in imaginative play
- Says 3- or 4-word sentences
- Understands how things are "the same" and "different"
- Uses the present progressive verb form ("I am running" or "We are walking")