



**CONSOLIDATED
LABORATORY SERVICES**
St. Vincent's HealthCare

SEMEN ANALYSIS INSTRUCTIONS

(Specimens accepted Monday-Friday from 6:30 a.m. to 1 p.m. only. No specimens will be accepted on holidays, including day after Thanksgiving and Good Friday)

A. Instructions for the collection and delivery of semen sample.

1. Refrain from sexual intercourse and masturbation for at least 2 days but not more than 7 days.
2. Produce the sample by masturbation without artificial lubrication. If masturbation is not possible, a specialized condom may be obtained from physician. Specimen collected in regular condom is not acceptable.
3. Collect the sample in a clean, wide-mouth container (glass or plastic) provided by the physician. It is important that the whole ejaculate is collected. If not, the sample should be labeled incomplete on part B below.
4. Label the specimen with name, date and time of collection, and complete part B listed below.
5. **Within 1 hour of collection**, bring the sample to main laboratory at St Vincent's Medical Center (located on the third floor above the Emergency Room at 1 Shircliff Way, Jacksonville, FL 32204). Facilities are not available to collect the sample at the Medical Center. Specimens must be brought to the main lab; specimens brought to Patient Service Centers will be rejected.
6. Keep the sample warm in a pocket near to your body. Along with the sample, you must bring this form **and the test request from your physician office**. This form cannot substitute for the actual test order.

B. Record form for semen analysis. **To be completed by patient prior to bringing specimen to lab.**

NAME: _____ DATE _____ COLLECTION TIME _____

METHOD OF COLLECTION: () Masturbation () Other _____

SPECIMEN CONTAINER TYPE: () Glass () Plastic

DAYS OF ABSTINENCE: _____ Days

COMPLETENESS OF EJACULATE: () Complete () Incomplete / Spilled

TRANSPORT TEMPERATURE: () Normal Temperature () Extreme Temp