

Inspired by *You*



CALL TO ACTION

Healthcare That Works
Healthcare That Is Safe
Healthcare That Leaves
No One Behind For Life

CORE VALUES

Service of the Poor
Reverence
Integrity
Wisdom
Creativity
Dedication





CHAIRMAN'S LETTER

AS CHAIRMAN OF THE CANCER COMMITTEE, I am pleased to present the 2016 Annual Report summarizing the 2015 Cancer Program at St. Vincent's Birmingham. St. Vincent's Bruno Cancer Center diagnosed and managed 1,896 total cancers in 2015 with primary sites consisting of breast, prostate, lung, colon and bladder.

The Radiation Oncology program performed 8,361 treatments in 2015. The radiation oncologists managed more than 2,200 follow-up patients' post-treatment and 400 new patients were seen.

The Medical Oncology Center program also remained strong in clinical activities and clinical research during 2015. Medical Oncology had 17,519 total office visits with 1,388 new patients, and 6,664 treatments were given during the course of the year.

New services and treatments have been added this past year at the Bruno Cancer Center, including a lung nurse navigator, a genetic counselor and stereotactic radiosurgery.

St. Vincent's Bruno Cancer Center continues to meet high standards of practice and is designated as a Commission on Cancer facility from the American College of Surgeons. This designation improves patient outcomes across all domains of care: access and service, satisfaction and well-being, quality of care and cancer outcomes.



Best regards,

Sheldon Black, MD
Chairman

CANCER COMMITTEE 2016

Sheldon Black, MD

Cancer Committee Chairman and Surgeon

Edina von Rottenthaler, MD

Cancer Liaison Physician and Palliative Care

Courtney Truett

Quality Improvement Coordinator

Joan Baucom, MBA, CTR

Quality of Cancer Registry Data

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Pathologist

Ellen Blackmon, MD

Radiologist

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Medical Oncologist

Susan Salter, MD

Radiation Oncologist and

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Brittany White

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Jamie Thacker, PT

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Natalie Hooks

Patient Navigator

Meredith Young

Pastoral Care Representative

Anna Lisa Weigel

American Cancer Society Representative

LUNG CANCER SCREENING CENTER OF EXCELLENCE

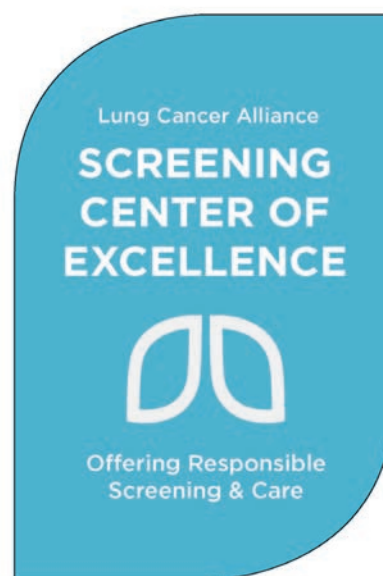
COC STANDARD 1.5

ST. VINCENT'S BIRMINGHAM has been named a Screening Center of Excellence by the Lung Cancer Alliance for its ongoing commitment to responsible lung cancer screening. Low-dose CT screening for lung cancer carried out safely, efficiently and equitably saves tens of thousands of lives a year.

“St. Vincent’s Birmingham is dedicated to providing patients with the highest quality care. Low-dose CT screening has shown to be the only proven method to detect lung cancer at an early and treatable stage. We are thrilled to be part of this elite group, setting an example for responsible screening practices across the country,” says Dr. Susan Salter, Radiation Oncologist at St. Vincent’s Bruno Cancer Center.

Designated Screening Centers of Excellence are committed to provide clear information based on current evidence on who is a candidate for lung cancer screening, and to comply with comprehensive standards based on best practices developed by professional bodies such as the

American College of Radiology (ACR), the National Comprehensive Cancer Network (NCCN) and the International Early Lung Cancer Action Program (I-ELCAP) for controlling screening quality, radiation dose and diagnostic procedures within an experienced, multi-disciplinary clinical setting.



Shine A Light on Lung Cancer

St. Vincent’s Bruno Cancer Center hosted a *Shine A Light on Lung Cancer* Event on November 1, 2016 in conjunction with the Lung Cancer Alliance to raise awareness about lung screening and treatment. Community members and those affected by lung cancer, including survivors, their loved ones and current patients were invited to attend this free event. The program consisted of speakers who shared updates on lung screening, education, and treatment options and offered support information for lung cancer survivors and caregivers.

ST. VINCENT'S BRUNO CANCER CENTER SUPPORT SERVICES

ST. VINCENT'S BRUNO CANCER CENTER offers extensive complementary support programs to educate and support patients and their families who are facing one of life's most difficult challenges. Designed to improve outcomes and survivorship, these programs and services address a range of medical, social and emotional needs. Some of the resources available to patients and their families include ongoing cancer support groups, access to our patient navigator, nutritional counseling, art therapy and a camp for cancer survivors.

GENERAL CANCER SUPPORT GROUP

Cancer patients, survivors and their families are invited to attend a cancer support group meeting, which meets the first Tuesday of every month in the Bruno Conference Center from noon–1:30 p.m.

BREAST CANCER SUPPORT GROUP

This group provides education and support for those living with breast cancer and the significant people in their lives. Participants are encouraged to attend at any point in the diagnosis and treatment journey. The group meets the second Tuesday of every month in the Bruno Conference Center from noon–1:30 p.m.

PROSTATE CANCER SUPPORT GROUP

If you're a man living with prostate cancer, it's important to know that you're not alone in your fight. Participants learn and share information about prostate cancer, side effects, treatment and coping strategies. The group meets the second Tuesday of every month in the Cancer Center from noon–1:30 p.m.

SUPPORT FOR PEOPLE WITH ORAL AND HEAD & NECK CANCER SUPPORT GROUP (SPOHNC)

St. Vincent's Birmingham is proud to be the first in the state to have this type of program to support people with oral and head and neck cancer. Topics for the meeting include nutrition support, staying active, dental and oral hygiene, speech pathology, managing fatigue and other side effects of treatment, etc. that are very specific to oral, head and neck cancer patients. The group meets the third Tuesday of every month in the Bruno Conference Center from noon–1:30 p.m.

LEUKEMIA AND LYMPHOMA SUPPORT GROUP

St. Vincent's Birmingham partners with The Leukemia and Lymphoma Society to provide support for people with leukemia, lymphoma, myeloma and other blood cancers. The group meets the first Wednesday of every month in the Bruno Cancer Center from noon–1:30 p.m.

ART THERAPY

Art therapy is intended to integrate physical, emotional and spiritual care by facilitating creative ways for patients to respond to their cancer experience. In our program, you have the chance to express yourself, treat yourself to a relaxing and restorative activity, and even connect with others going through cancer treatment and recovery. No prior art experience is required. The class meets on the first and third Thursdays of every month from 9:30 a.m.–1:30 p.m. in the Bruno Cancer Center.



CAREGIVER SUPPORT GROUP

The challenges of caring for a loved one with cancer can often result in the caregiver ignoring their own physical and emotional health. This group allows caregivers to share their experiences, exchange information, discuss how to manage fatigue and stress and find available resources specific for those diagnosed with cancer. The group meets the second Wednesday of every month in the Cancer Center from noon–1:30 p.m.

BEREAVEMENT SUPPORT GROUP

It is not easy to understand or accept the loss of a loved one. Many emotions surface that take time to sort out, to understand and finally to resolve. By sharing with others, you will learn that you are experiencing natural and normal grief responses. This bereavement support group provides insights about the grief process and what you might expect to happen during your period of adjustment. The group meets the first Monday of every month at 10 a.m. in the Bruno Cancer Center. For more information or to register for a session, call 205-939-7897.

ANIMAL-ASSISTED THERAPY— HAND IN PAW

Hand in Paw began visiting St. Vincent's Bruno Cancer Center to help patients reduce the stress of procedures such as radiation therapy and chemotherapy. This animal-assisted therapy provides patients and family members with a distraction from suffering, helps combat loneliness and provides professional staff a more relaxed patient and family with which to work.

CAMP BLUEBIRD

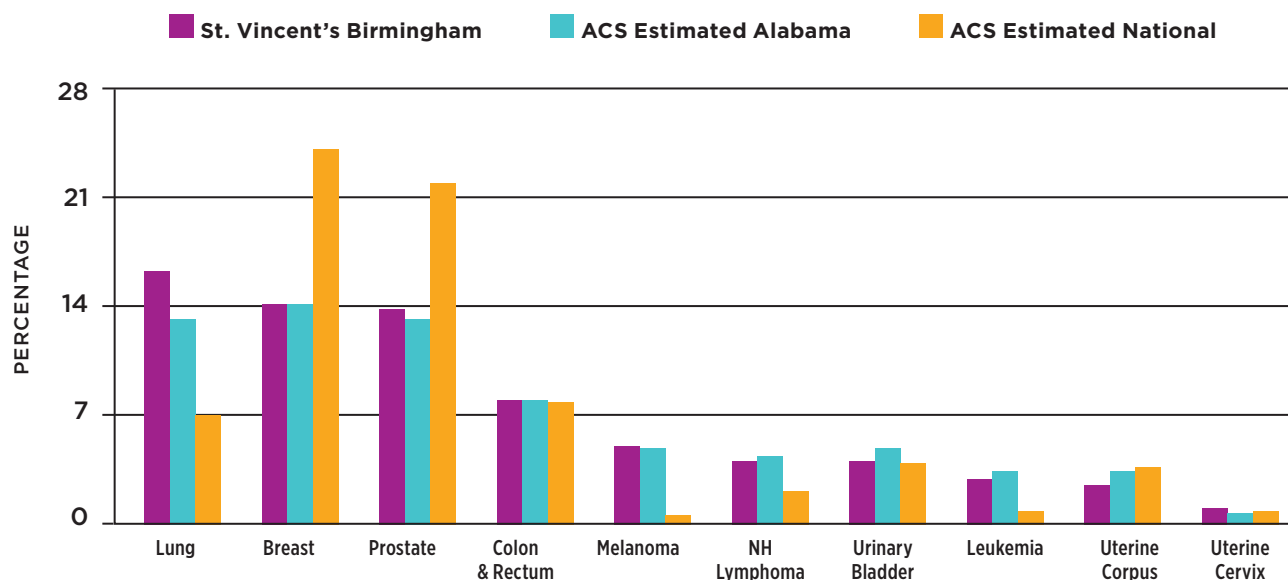
Camp Bluebird offers recreation, relaxation, crafts, activities and the opportunity to openly discuss the experiences and emotions associated with cancer with other survivors. Camp Bluebird is open to adults, ages 18 and older, who have been diagnosed or treated for cancer. Surrounded by woods, mountains, lakes and streams, away from the problems and interruptions of everyday life, survivors can rest their burdens, gaining inspiration from the beautiful peace of the natural setting.



St Vincent's
Camp Bluebird 2016
Photos Donated by
Lloyd Beard

TOP SITE COMPARISONS

American Cancer Society (ACS) Top Site Comparison 2014



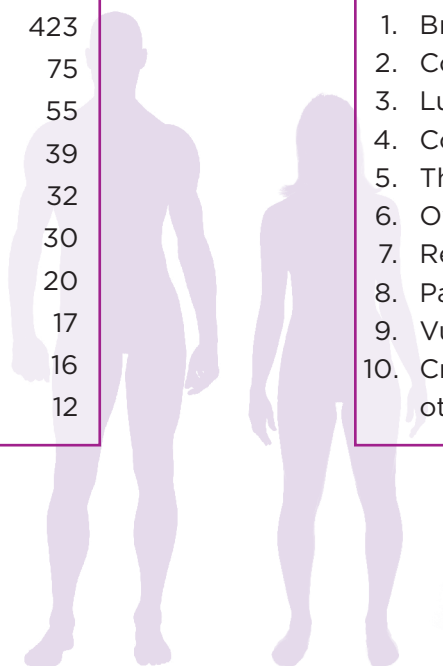
St. Vincent's Birmingham — Top 10 Cancer Sites by Sex

MALE

1. Prostate	423
2. Lung	75
3. Bladder	55
4. Colon	39
5. Kidney	32
6. Rectum and rectosigmoid	30
7. Non-Hodgkin lymphoma	20
8. Pancreas	17
9. Tongue	16
10. Larynx	12

FEMALE

1. Breast	458
2. Corpus and uterus	69
3. Lung	66
4. Colon	50
5. Thyroid	40
6. Ovary	35
7. Rectum and rectosigmoid	30
8. Pancreas	28
9. Vulva	28
10. Cranial nerves and other nervous system	24



St. Vincent's Bruno Cancer Center Adds Genetic Counselor

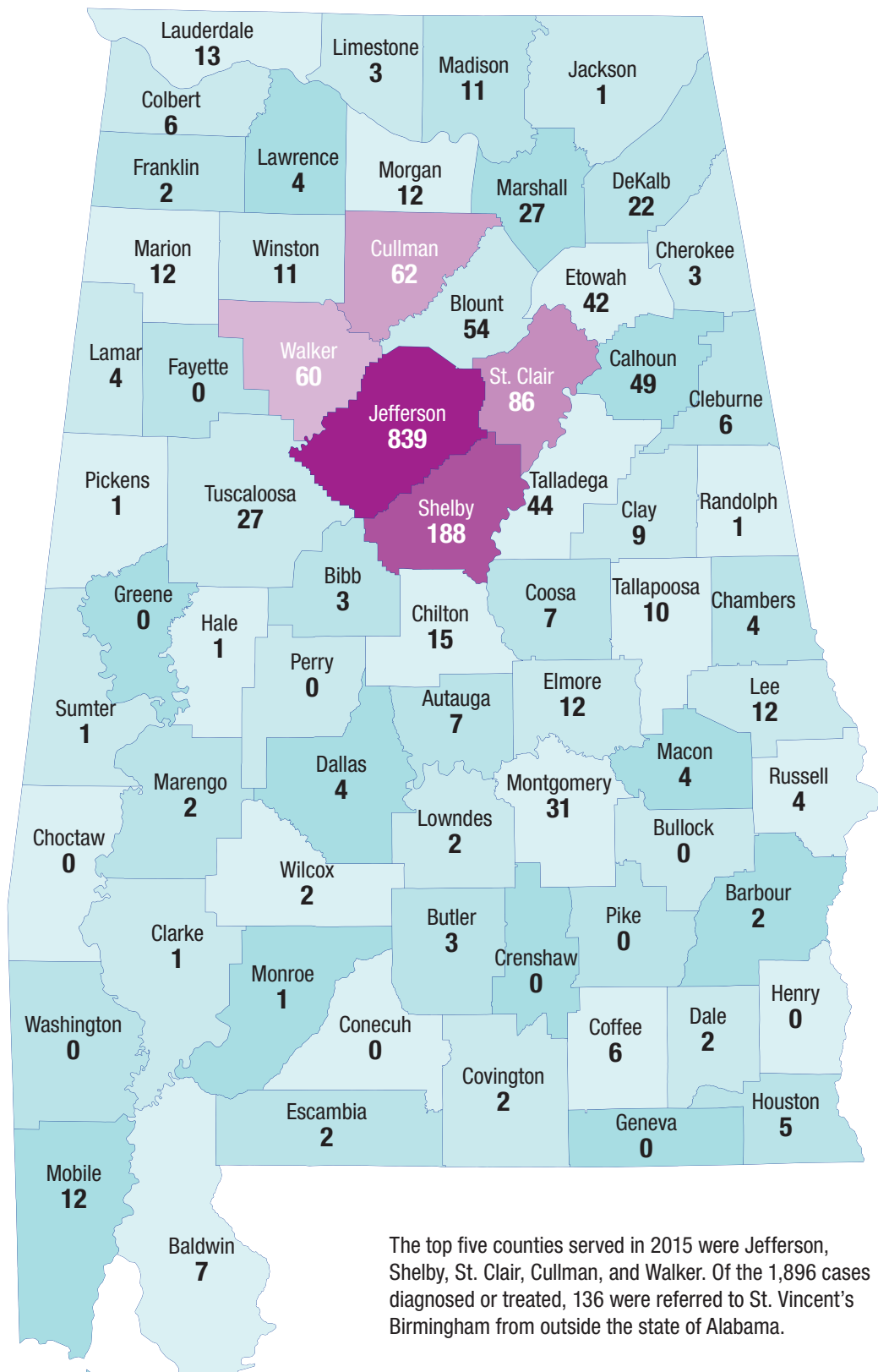
Genetic counseling is now available to help people understand and adapt to the medical, psychological and familial implications of genetic contributions to disease. Chandrika Kurpad is the new genetic counselor in the Bruno Cancer Center. She counsels people on how inherited diseases and conditions might affect them or their families and which genetic tests may or may not be right for them. Some common indications for genetic counseling include being diagnosed with breast cancer before age 50, ovarian cancer diagnosed at any age in the patient or first degree relative, colorectal cancer diagnosed before age 50, etc. Appointments can be made by calling 205-939-7260.



Pet Therapy Program Earns Recognition

St. Vincent's Bruno Cancer Center was honored to receive the Tweety Lasker Community Service Award. The beautiful bronze statuette is presented each year to an organization that partners with Hand in Paw Animal Assisted Therapy to serve the community. Jim and Katie Lasker's \$10,000 gift ensures Hand in Paw programs will continue for many years to come. A special thank you to Frank and Philippa Bainbridge for their dedication and service to our cancer patients, families and staff and for sharing Pippa the dog with the cancer center each week.

COUNTY AT DIAGNOSIS



The top five counties served in 2015 were Jefferson, Shelby, St. Clair, Cullman, and Walker. Of the 1,896 cases diagnosed or treated, 136 were referred to St. Vincent's Birmingham from outside the state of Alabama.

PRIMARY SITE TABULATION

PRIMARY SITE	TOTAL	SEX		STAGE						
		M	F	0	I	II	III	IV	N/A	UNK
ORAL CAVITY & PHARYNX	66	51	15	1	16	5	12	24	1	3
Lip	2	1	1	0	2	0	0	0	0	0
Tongue	22	16	6	0	11	2	3	5	0	1
Salivary Glands	11	8	3	0	1	1	5	4	0	0
Floor of Mouth	2	1	1	0	1	1	0	0	0	0
Gum & Other Mouth	6	6	0	0	1	1	1	1	0	1
Tonsil	11	8	3	1	0	0	2	8	0	0
Oropharynx	9	8	1	0	0	0	0	6	0	1
Hypopharynx	2	2	0	0	0	0	1	0	0	0
Other Oral Cavity & Pharynx	1	1	0	0	0	0	0	0	1	0
DIGESTIVE SYSTEM	255	114	141	2	73	42	44	49	4	20
Esophagus	13	10	3	0	1	3	1	3	0	2
Stomach	15	7	8	0	3	4	2	4	0	2
Small Intestine	9	4	5	0	2	0	3	1	0	2
Colon Excluding Rectum	89	39	50	1	29	15	19	19	0	2
Rectum & Rectosigmoid	60	30	30	1	19	12	14	6	0	3
Anus, Anal Canal & Anorectum	13	2	11	0	1	3	3	1	1	3
Liver & Intrahepatic Bile Duct	4	3	1	0	1	0	1	1	1	0
Gallbladder	1	1	0	0	0	0	0	1	0	0
Other Biliary	2	1	1	0	1	0	0	0	0	1
Pancreas	45	17	28	0	16	5	1	13	0	4
Retroperitoneum	1	0	1	0	0	0	0	0	0	1
Other Digestive Organs	3	0	3	0	0	0	0	0	2	0
RESPIRATORY SYSTEM	159	89	70	2	26	24	27	64	2	6
Nose, Nasal Cavity & Middle Ear	1	1	0	0	0	0	0	0	1	0
Larynx	16	12	4	1	3	3	5	2	0	0
Lung & Bronchus	141	75	66	1	23	21	22	62	0	6
Trachea, Mediastinum & Other Resp. Organs	1	1	0	0	0	0	0	0	1	0
SOFT TISSUE (including Heart)	1	1	0	0	1	0	0	0	0	0
SKIN EXCLUDING BASAL & SQUAMOUS	15	6	9	2	3	1	0	0	2	2
BASAL & SQUAMOUS SKIN	1	1	0	0	0	0	0	0	0	0
BREAST	461	3	458	101	173	115	39	11	0	7
FEMALE GENITAL SYSTEM	156	0	156	8	69	9	30	15	1	2
Cervix Uteri	16	0	16	0	7	2	3	3	0	0
Corpus & Uterus, NOS	69	0	69	0	47	2	10	5	0	0
Ovary	35	0	35	0	7	4	16	4	0	1
Vagina	6	0	6	1	0	1	0	0	1	0
Vulva	28	0	28	7	7	0	0	3	0	1
Other Female Genital Organs	2	0	2	0	1	0	1	0	0	0
MALE GENITAL SYSTEM	430	430	0	1	16	274	88	27	0	1
Prostate	423	423	0	0	11	274	87	27	0	1
Testis	6	6	0	0	5	0	1	0	0	0
Penis	1	1	0	1	0	0	0	0	0	0
URINARY SYSTEM	128	90	38	40	44	14	9	11	1	1
Urinary Bladder	70	55	15	33	13	12	3	6	0	0
Kidney & Renal Pelvis	52	32	20	6	29	2	6	5	0	0
Ureter	3	0	3	1	1	0	0	0	0	1
EYE & ORBIT	2	0	2	0	0	0	0	0	0	0
BRAIN & OTHER NERVOUS SYSTEM	54	19	35	0	0	0	0	0	50	0
Brain	22	11	11	0	0	0	0	0	21	0
Cranial Nerves Other Nervous System	32	8	24	0	0	0	0	0	29	0
ENDOCRINE SYSTEM	58	12	46	0	27	5	9	3	7	5
Thyroid	51	11	40	0	27	6	9	3	0	5
Other Endocrine including Thymus	7	1	6	0	0	0	0	0	7	0
LYMPHOMA	46	23	23	0	10	6	10	6	0	8
Hodgkin Lymphoma	7	3	4	0	1	2	1	2	0	0
Non-Hodgkin Lymphoma	39	20	19	0	9	4	9	4	0	8
MYELOMA	16	11	5	0	0	0	0	0	16	0
LEUKEMIA	17	11	6	0	0	0	0	0	11	0
Lymphocytic Leukemia	9	7	2	0	0	0	0	0	3	0
Myeloid & Monocytic Leukemia	7	3	4	0	0	0	0	0	7	0
MESOTHELIOMA	1	1	0	0	0	0	1	0	0	0
MISCELLANEOUS	30	21	9	0	0	0	0	0	28	0
Total	1,896	883	1,013	157	458	496	269	210	123	55



BRUNO CANCER CENTER
CANCER PROGRAM

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