



CLINICAL PSYCHOLOGY PRACTICA

For doctoral students of Clinical or Counseling Psychology

Training Facility

As one of the largest health systems in Illinois, Ascension Illinois includes 19 hospitals, and over 150 sites of care. Ascension Alexian Brothers Behavioral Health Hospital, which is located in Hoffman Estates, is the 10th largest behavioral health hospital in the country offering specialized services for mental health and substance use disorders.

We take pride in our strong commitment to quality training, supervision and mentoring. Our highly experienced psychologists, social workers, counselors and expressive therapists work closely with students to ensure that your training experience at Ascension Alexian Brothers Behavioral Health meets all the requirements of your graduate program and educational goals.

Training Program Details

- Mandatory summer orientation: Two days in August; dates to be determined
- Training start date: The second week of August 2024
- Training end date: The second Friday in June 2025
- One-hour weekly individual supervision with a licensed psychologist

Weekly individual supervision, informal impromptu supervision, team meetings, and formal didactic training opportunities are provided. We are committed to providing quality training that emphasizes evidence-based practices and inter-professional collaboration.

All students are expected to be on-site three days per week for a total of 18-22 hours per week. The number of hours per week will be determined before training begins to ensure that you will meet your required hours of training by year's end.

Our didactic "Professional Seminar" is held on Wednesdays from 12–1 pm. During this seminar, students will receive training from staff throughout behavioral health on numerous clinical topics.

Clinical Training Opportunities

OUTPATIENT INDIVIDUAL PSYCHOTHERAPY (ADVANCED THERAPY PRACTICUM)

(5 positions)

This is a great opportunity for an advanced therapy practicum student to experience training in an outpatient group setting. Students will treat a caseload of 8–12 clients of all ages (5 years and up) with a wide range of diagnoses. Primary responsibilities will include conducting individual, family and couples therapy. Students will develop and implement at least one therapy group.

PEDIATRIC HEALTH PSYCHOLOGY (ADVANCED PRACTICUM)

(1 position)

This is a great opportunity for an advanced practicum student to experience training in health psychology at a pediatric medical setting. The primary training environment will be outpatient pediatric specialty clinics which include endocrinology, neurology, GI, pulmonology, and orthopedics. Students will treat children & adolescent clients with a wide range of medical diagnoses. The main focus will be on providing health psychology services, meaning utilizing psychological interventions to improve overall health. This may include helping patients adjust to a new diagnosis, effective health management, motivation for change & treatment compliance, support & education, distress tolerance and self management. Although the outpatient specialty clinics will be the primary training site, there will be opportunity for some inpatient experience at the Women & Children's hospital at St. Alexius Medical Center.

REHABILITATION HEALTH PSYCHOLOGY, ADULT (ADVANCED PRACTICUM)

(1 position)

This is a great opportunity for an advanced practicum student to experience training in health psychology at a medical rehabilitation setting. The primary training environment will be both inpatient and day rehab treatment settings at Ascension Alexian Brothers Rehabilitation Hospital. Patients are engaged in medical rehabilitation, often following acute care after an injury or illness. The presentations include stroke, traumatic brain injury, other neurological/cognitive impairment, movement disorders, amputation, or orthopedic injury. Patients engage in PT, OT, speech therapy and our psychologists - and students - provide health psychology services, meaning utilizing psychological interventions to improve overall health.

This may include helping patients adjust to a new diagnosis or disability, effective health management, motivation for change & treatment compliance, support & education, distress tolerance and self management.

Requirements

Interested applicants must currently be enrolled in an accredited graduate doctoral program in clinical or counseling psychology.

How To Apply

In order to apply for a training position at Ascension Alexian Brothers Behavioral Health, please submit the following materials:

- Ascension Alexian Brothers Behavioral Health Application Form
- Cover letter
- CV/Resume
- Two (2) letters of recommendation
- A copy of your unofficial graduate school transcripts
- Applications can be submitted starting December 15, 2023. We will continue to accept applications until all our positions are filled

Send your application materials in **one** email to:

Marie Duetsch, LCSW
Ascension Alexian Brothers Behavioral Health Hospital
Director of Student Training
Marie.Duetsch@ascension.org

Please email Marie with any questions about our training opportunities or our application process.