



Ascension

# COVID-19 Safety Expectations and Guidelines for Volunteers

The health and safety of all of our volunteers, associates, patients and visitors remains our top priority. Ascension reviews guidance and requirements from the Centers for Disease Control and Prevention (CDC), the Occupational Health and Safety Administration (OSHA) and other agencies to ensure the protection of the health and well-being of all our volunteers.

These requirements and expectations in response to COVID-19 have been created for your health and safety, as well as those around you.



## **SELF-SCREENING**

Given the evolving nature of the COVID-19 pandemic, Ascension recognizes the need to take every step possible to protect the health of our associates, volunteers and the patients under their care. As such, you are asked to self-screen for any of the following symptoms before determining if you can report for volunteering.

The following symptoms include:

- Fever of 100.4 or greater
- Symptoms of respiratory illness (nasal drainage, congestion, cough, shortness of breath)
- New loss of taste or smell
- Diarrhea more frequent than usual
- Chills
- Fatigue
- Muscle or body aches
- New headache
- New sore throat
- Nausea or vomiting
- Positive COVID-19 test in the last 10 days

If you have any of these symptoms, do not report for duty. Any volunteer who begins to feel ill while on duty will immediately inform their coordinator and will be sent home.



### **MASK**

You are expected to wear a medical grade face mask, which is available at the entrance. You are welcome to wear your own, clean medical grade mask, put on the hospital-issued face mask, or you may wear it over your personal mask. No cloth masks or bandanas are permitted. A mask is mandatory and must cover your nose and mouth at all times while you are inside the hospital. Masks should only be removed if you are in an enclosed office area by yourself or if you are eating or drinking. Eating and drinking should only be done in designated break areas or the cafeteria.

Protect yourself



Please stay  
6 feet apart

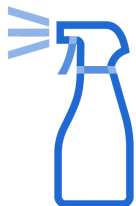
### **SOCIAL DISTANCING**

You will remain socially distant (six feet or more) from others. This includes, but is not limited to, the volunteer and other offices, sign-in areas, breakrooms, cafeterias, elevators and other public areas. Be on the lookout for capacity restriction signs posted outside of rooms/offices. We also ask that you refrain from handshakes, hugs, fist bumps or other forms of skin-to-skin contact. Please do not move furniture closer than six feet apart and use stairs when you can.



### **HAND HYGIENE**

You will perform hand hygiene frequently throughout the day with hand sanitizer or soap and water. Avoid touching eyes, nose and mouth. Be mindful of what you touch, particularly items that are high-touch areas such as handrails, doorknobs, elevator buttons, copy machine buttons, etc.



### **SANITIZE**

Disinfect your workspace frequently, wiping down high touch areas such as phones, computer keyboards and mouse, chairs, desks and drawer handles.

As always, volunteers are not permitted in any Isolation Room.