Birthing Center Tour

Ascension Providence Hospital, Southfield Campus



Information and Resources

Entrance:

- Enter main hospital entrance from 5:00 a.m. to 8:00 p.m.
- Enter through the ER prior to 5:00 a.m. and after 8:00 p.m.

Registration:

- Make sure you bring your ID and insurance card, and leave all valuables at home.
- Upon arrival, go to the information desk or the ER after hours and you'll be directed appropriately.

Private Rooms & Infant Security:

- All rooms are private.
- Due to COVID-19 restrictions, one person can stay with you throughout your stay.
- After you've recovered, you'll be transferred to a private postpartum room.
- We provide a specialized electronic tag for baby (HUGS) and mom (KISS) to make sure your baby is kept within the secured
 area.

Infant Care and NICU:

- We practice rooming-in for our families to assist in teaching parents how to care for their newborn.
- For infants who require observation or support, we have a neonatal intensive care unit (NICU) to care for very sick babies born as early as 24 weeks. The NICU is staffed by neonatologists, neonatal nurse practitioners (NNPs) and nurses who specialize in neonatal nursing.



Information and Resources

Items Provided for Baby:

• We provide diapers, wipes, undershirt, sleep swaddler, receiving blanket, baby wash for bath and formula if you choose to formula feed.

Items Provided for Mom:

We provide a gown, peripads and underwear, breastpads, breast pump to be used while in the hospital if needed and a
postpartum booklet with information and educational tips regarding care for you and your baby.

Staff:

- Our in-house obstetrician is available 24 hours a day, as needed or for emergencies.
- Our in-house anesthesiologist is available 24 hours a day.
- NICU staff and providers are available 24 hours a day.
- The lactation consultant is available most days of the week. All nurses have received specific training to assist with breastfeeding.

Outpatient Pharmacy, Cafeteria & Gift Shop:

- We have an outpatient pharmacy and will have prescriptions delivered to your private room.
- Our cafeteria is available for full service from 6:30 a.m. to 7:00 p.m. Vending machines are located in the 3rd floor DePaul waiting area and on the ground floor by the cafeteria.
- Our gift shop, which offers a sophisticated atmosphere with fresh and unique items, is open Monday through Friday: 9:00 a.m. to 7:00 p.m., Saturday: 10:00 a.m. to 6:00 p.m. and Sunday: 11:00 a.m. to 5:00 p.m.













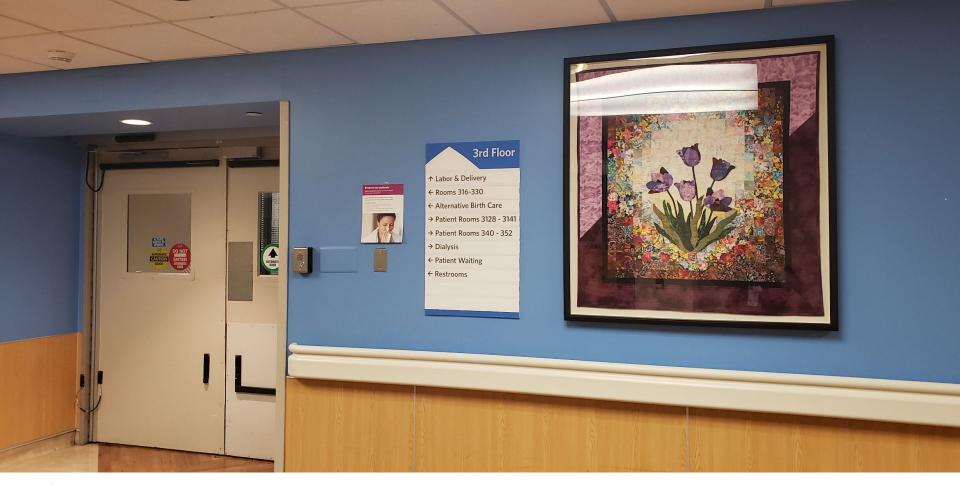
















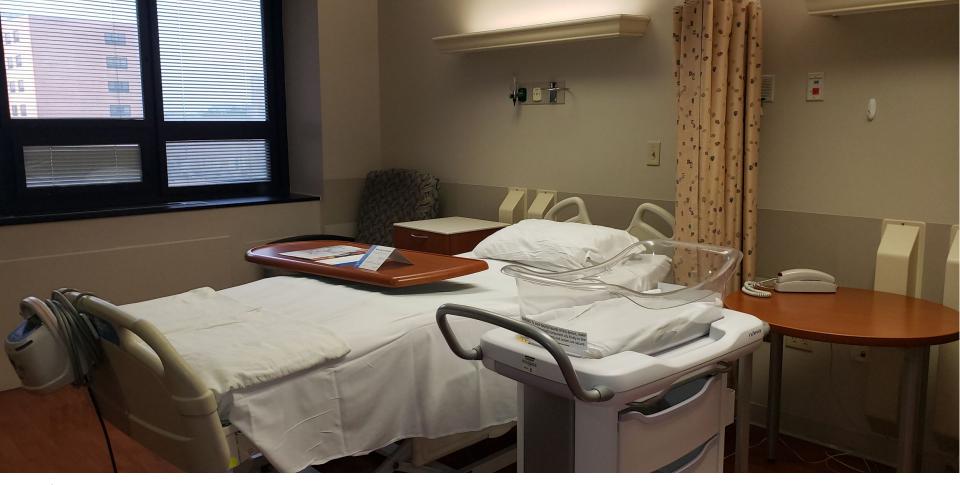






















Online Classes to Help Prepare for the Birth of Your Baby

Studies show that parents who take classes to prepare for the birth of their child feel more empowered, educated and at ease when the time comes. Having a baby is a big responsibility and we're here to help you prepare.

Due to COVID-19 restrictions, in-person classes have been suspended. For your convenience, we're offering e-classes or virtual classes in the areas of childbirth, breastfeeding and infant care. For more information and to register for our classes, please click here.



LOCATIONS

Ascension Providence Hospital Southfield Birthing Center



For more information regarding our birthing center, please call 248-849-3000 or go to <u>Ascension Providence Hospital Southfield Birthing Center</u>.

For information regarding our Alternative Birthing Center, please call 248-849-3919 or go to <u>Ascension Providence Hospital Alternative Birthing Center</u>.



