



**healthy families
new york**

An Affiliate of Healthy Families America™

607-778-2874

607-778-3909

This is a **Home Visiting Program**
FREE to eligible families,
services provided by:



**BROOME COUNTY
HEALTH DEPARTMENT**



Ascension Lourdes

*Your child deserves
the brightest future!*



Funds provided by:



**Office of Children
and Family Services**

HEALTHY FAMILIES BROOME



Baby on the way?

*Looking for new ways
to give your baby
a great start?*

Healthy Families Broome
and **PACT**

(Parents And Children Together)
are here to support you.



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What our program has to offer families in Broome County:

Support & guidance with the changes that come with pregnancy & the birth of a baby

Connection to local community resources & programs like WIC, parenting classes and more

Strength based voluntary home visiting services

Education, activities & games surrounding child growth & brain development



Some participants have had increased success with:

- * Healthier babies through education
- * Positive parenting strategies
- * Enhanced parent & child interactions
- * Bonding & attachment
- * Preparing for school readiness
- * Supporting parenting roles in the family unit



FACTS:

- * All parents are teachers. You are your child's first and most important teacher.
- * Starting in pregnancy, through the early years in life, your child will learn more and faster than at any other time.
- * Healthy Attachments result in increased self-esteem for your child.
- * Its never too early to start teaching because the first years last forever.

To learn more, please contact our Family Resource Specialist at

(607) 778-2874



Healthy Families Broome-PACT