

Providing Age-Friendly Care in Changing Times

Hosted by Ascension St. Vincent Medical Group Center for Healthy Aging in Indianapolis, Indiana

32nd Annual Conference on Aging

Friday, March 12, 2021

Conference will be Virtual



Ascension

Ascension St. Vincent Medical Group Center for Healthy Aging (CHA) is a premier patient and family focused center of interdisciplinary geriatric and gerontological clinical practice, applied research, and education that disseminates research findings and best practice information from local to international levels, and serves as an authentic voice in public discourse on aging.

Conference Description:

"Oh, the Places You'll Go!" (by Dr. Suess) or not go. Because in 2021 we will not be able "to go" to our yearly event, the Center for Healthy Aging conference will be virtual.

The main priority of this conference has always been and will continue to be consideration of the evolving needs of our aging population. In the past few years we have begun to mainstream the framework of Age-Friendly care and will continue to use this theme until it becomes routine in older adults.

Weaknesses in healthcare have been uncovered during the COVID-19 pandemic. We will look at some predictions for understanding how future Age-Friendly healthcare systems may evolve. We will also explore biases that affect our care of older adults, health literacy, alcohol use, and depression. As we deal with the downstream consequences of a prolonged pandemic, these are all important issues that can't be ignored. We will also discuss evolving topics including concern for firearms in homes with dementia patients, potential new pharmacologic treatment for dementia, immunizations, and anticoagulation recommendations. We hope you will join us for this innovative, thought provoking day.

This conference is meant to enhance the knowledge base and skills of physicians, nurses, pharmacists, psychologists, dietitians, allied health and rehabilitation therapists, social workers, health facility administrators, and other interested health care professionals.

Conference Objectives:

1. Understand why some outcomes for older adults are unintended.
2. Recognize the changing healthcare landscape and its impact on older adult care
3. Describe components of Age-Friendly Healthcare.

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Disclosures: All Faculty have reported no relevant financial disclosures. Dr. Staci Hollar has disclosed that her presentation will include a non FDA approved medication Adcanumab.. All Ascension planners and reviewers report no relevant financial relationships as defined by the ACCME

Commercial Interest: No commercial interest was received for this ICPE activity

Faculty/Course Director/Planners: Ascension has selected all faculty participating in this activity. It is the policy of Ascension that all CME/CE planning committees, faculty, authors, editors, and staff disclose relationships with commercial interests upon nomination or invitation of participation. Disclosure documents are reviewed for potential conflicts of interest and if relevant, they are resolved prior to confirmation of participation. Only those participants who have no conflict of interest or who agreed to an identified resolution process prior to their participation were involved in this activity.

Conflict of Interest: In accordance with the ACCME Standards for Commercial Support, it is the policy of Ascension/St. Vincent's Health to ensure balance, independence, objectivity and scientific rigor in all CME/CE activities. Full disclosure of conflicts and conflict resolution will be made in writing via handout materials or syllabus.

Target Audience:

This activity is designed for the interdisciplinary audience including physicians, nursing, pharmacy, PA & Social Workers. Credit will also be provided for Health Facility Administrators, Occupational Therapists, Allied Health Care Workers, Physical Therapists, Respiratory Therapists, Dietitians, and Case Managers.

Gap in Knowledge:

- *Lack of knowledge about the problem(s)
- *Lack strategies to apply knowledge to practice (competence)

Accreditation Statements:

Credit Designation:



In support of improving patient care, Ascension/St. Vincent's Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



This activity was planned by and for the healthcare team, and learners will receive 6 IPCE credits for learning and change.



FOR PHYSICIANS: The Ascension designates this Live Activity for a maximum of 6 credits *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



FOR NURSING: This activity is awarded 6 contact hours. (based on 60 minutes per contact hour)



FOR PHYSICIAN ASSISTANTS: Ascension has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 6 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.



FOR PHARMACY: This knowledge-based activity qualifies for 6 contact hours of continuing pharmacy education credit. Pharmacy CE credits will be submitted electronically to the NABP upon successful completion of the activity.



FOR SOCIAL WORKERS: As a Jointly Accredited Organization, Ascension is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Ascension maintains responsibility for this course. Social workers completing this course receive 6 continuing education credits.

Indiana State Board of Health Facility Administrators: Approved by the Indiana State Psychology Board to present the continuing education program for 6 hours

Indiana State Board of Occupational Therapists: Approved by the Indiana State Board of Occupational Therapists to present the continuing education program for 6 hours.

Indiana State Board of Health Facility Administrators: Approved by the Indiana State Board of Health Facility Administrators to present the continuing education program for 6 hours.

Allied Health Care Workers: Those attending the entire day will receive a certificate of attendance of 6 hours.

Physical Therapists: 6 contact hours are being planned and pending approval.

Dietitians: This program will provide 6 CPEUs.

Case managers: This program has been pre-approved by The Commission for Case Managers to provide continuing education credit to CCM Board Certified Case Managers. 6 contact hours are being planned. After participating in this program, a program evaluation must be completed for continuing education credit to be given. Participants should claim only the credit commensurate with the extent of their participation in this activity.

Respiratory Therapists: This program meets the Indiana Health Professions Bureau guidelines to provide 6 continuing education credit for Respiratory Therapists.

Agenda

Ascension

All times listed are EST

7:30-8:00 Virtual Exhibits

8:00-8:15 Introduction/Invocation

8:15-8:30 Age-friendly Care: Is it Spreading?
Diane Healey, MD

8:30-9:00 Future of Payment Systems for Healthcare
for Older Adults
Richard Fogel, MD, FACC, FHRS.

9:00-9:10 Q & A

9:10-9:25 Use of Telehealth with Geriatrics
Kathleen Carroll, AGNP-BC

9:25-9:40 Improving Health Literacy for Older Adults
Cherie Warriner,, LCSW, CSW-G

9:40-10:05 How Do Biases Affect Older Adult
Healthcare
Kevin McNulty, DO

10:05-10:20 Clarifying Goals of Care in changing
Environments
Sarah Farmer, MSN, FNP-C

10:20-10:30 Q& A

10:30-11:00 Virtual Exhibits

11:00-11:15 The Effects of Social Isolation on the
Elderly
Beverly Tiller, RN, BSN

11:15-12:00 Future of Long Term Care Post Covid
19 *Mike Wasserman, MD*

12:00-12:15 Q & A

12:15-1:15 Break and Virtual Exhibits

1:15-1:30 Motivating Older Adults to Move
Ashleigh McAfee

1:30-1:45 Update on Immunizations
Kacey Carroll, PharmD, BCGP, BCACP

1:45-2:00 To Thin or Not to Thin: Do We
Anticoagulate the Elderly?
Lynn Collins, MSN, FNP-G

2:00-2:15 Alcohol Use and Overuse in Older Adults
Danielle Davis, APRN

2:15-2:30 Q & A

2:30-2:45 Why Depression Therapy May Not Always
Work
C. Andrew Class, MD

2:45-3:00 Aducanumab: What is It & What Should
We Know About It?
Staci Hollar, MD

3:00-3:15 Firearms Safety and Dementia
Jennifer Albright, RN, BSN

3:15-3:30 Putting the 4 M's to Practice
Patrick Healey, MD

3:30-3:45 Q & A

3:45-4:00 Instructions regarding evaluations and
CE Distribution

Registration

Ascension St. Vincent Medical Group
Center for Healthy Aging
32nd^l Annual Conference
March 12, 2021

Go to healthyagingconference2021.eventbrite.com
(For best results, we suggest using Chrome or Firefox)

*If you are unable to register online, please contact the Center for Healthy Aging office at 317-338-7780. Please note: An e-mail address will be required for all registrations. Notification of future conferences will be sent to the e-mail address given. It is suggested a permanent email address, instead of a business email be used to ensure receipt of future notifications.

Registration fee: \$50, includes continuing education credit for registered participants

Presentation slides: The slides for speakers' presentations will be available online at stvincent.org/presentations beginning March 9, 2021. No CD or hard copy of the slides will be provided. The slides may be downloaded or printed prior to the conference and will be available online for 90 days following the conference.