

COVID-19 Vaccine

COVID-19 Vaccine tawh kisai mipi theihhuai FAQs (a kidongmun thu) te

03/01/2021

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Ascension's Mission in eite "mimal khatciat leh kipawlna community cidamna thapia ding leh a khangto sak ding" ahi, "lungsimlam bulphuh, a bucing kep leh khoina" ah ih vekin hong zawn hi. Natna kidalna zatui kisutna in ei leh ei i kikhualna bek hilo in, i innkuanpih te leh i-kiim-i-pam i khualna zong hipah hi. Hih a kidongmun dotna (FAQs), te pen kakiapna uh ah a kihel hi a, lauhna, patautna te a noptuam nang bek thamloh in mimalkim zatakna leh vangpiakna tawh kong bawl khiat uh a hihi.

COVID-19 Vaccine Kidalna Zatui Zangte Tuahkhak A Kidong Mun Thute

COVID-19 kidalna zatui piakna tawh kisai dotnop pawlkhat na nei kha ding hi. A kidong thei zel dotna pawlkhatte dawnkiknate. Na theihnop uh thute leh na lunghimawhnate uh, na doctor te leh na cidamna hong don pih te kiang ah na kikap ding uh kong hanthawn uh hi Siavuan ahi a, cidamna hong kem ahi zongin, na neih keileh, <https://healthcare.ascension.org/doctors> ah pai in.

Covid-19 kidalna zatui vaccine tawh kisai Ascension i ngaihsutdan thute koi mun ah ka ngah thei diam?

Natna ngahte a ding Ascension's COVID-19 kidalna zatui Vaccine Resource Center site pen a nuai a te mek lecin na muding hi. [hitak](#) (Zolai in)

Ascension's COVID-19 kidalna zatui Vaccine Resource Center site pen a nuai a te mek lecin na muding hi. [hitak](#) (Zolai in) .

Associates te a ding Ascension's COVID-19 kidalna zatui Vaccine Resource Center site pen a nuai a te mek lecin na muding hi. [hitak](#) (Zolai in).

COVID-19 kidalna zatui a lauhuai loh lam koici theih ding?

Kidalna zatui khempeuh in a phattuumna leh a lauhuai lohna khentat nadingin nakpitak kantelna (extensive research), lai sungah gelhcianna (documentation) leh zatui tawh kisai limtak etciknate zatui bawl companyte in phalna a nget ma in kisam hi. U.S. Food and Drug Administration (FDA) in United States gam sungah kidalna zatuite (vaccines) a lauhuai lohna, a phattuumna leh a kizattheihnate sitcian ding tavuan mawhpauk nei hi. Mipi tungah zatttheih dingin a kivaihawm ma in a lauhuai loh nading leh a piangthei thuhoihlohte a omloh nadingin zatui bawlte in nakpitak sitcianna FDA in kisamsak hi.

Kidalna zatui khat in lauhuai lohna leh phattuumna ciangtannate kicingin nei ci'in FDA in a khentat leh, phalna ahihkeileh Emergency Use Authorization (EUA) tungtawnin kidalna tua kidalna zatui (vaccines) te United States gam sungah zatttheih dingin kibawl thei hi.

Emergency Use Authorization (EUA) pen FDA phalna tawh koici kilamdang hiam?

the Centers for Disease Control and Prevention (CDC), the U.S. Food and Drug Administration (FDA) ten zatui khat phalna pia cihciang in a mau lam pan a kimuthei teci pawl khat tungtawn in hih zatui pen a kizat na ding ah

hoihtakin nasem in zatuit tung a a kikipsak zuihuaite dan in I zat leh tua zatui i hoihna in zatui hang a ong piang kha thei hoihlohna sang tam zaw cih na ahihi.

Mipi cidamna thukin thuphamawh tawh kisai ah, phalna piakna paizia khempeuh a man ma-in, FDA in Emergency Use Authorization (EUA) pia thei hi. COVID-19 natna pan kidal nading hanciamna nuai-ah COVID-19 vaccines kidalna zatuite, leitung pilnalam scientific evidence omthei khempeuh ngaihsun in, FDA in khat khit khatin sittelna nei ding hi. Kicingtak leh hohtakin a kinei zatui sitciannate, tua banah tua kidalna zatui (vaccine) hoihna phattuumna in a piangthei lauhuaina lian sak hi cih sittelna zong kihel hi.

[COVID-19 Dalna Ding Kidalna Zatuite Thukin Zat Theihna](#) (Zolai in)

COVID-19 vaccines kidalna zatuite in koici bangin nasem hiam?

CDC ii genna tawh kizui-in, COVID-19 vaccines kidalna zatuite in pumpi sungah antibodies paikhia sakin, cinatna om loin COVID-19 a piangsak virus lungnote thuakzawhna khangsak hi. Tua banah, kidalna zatui (vaccine) in pumpi sungah “memory” lymphocytes kici mailamah tua virus dozia ding a phawksak a theisak ding khat piangsak hi.

Kidalna zatui kisut khit ciangin, pumpi sungah antibodies leh pumpi thuakzawhna a piang nading nipikal tawmno khat sung sawt thei hi. Tua ahih manin, kidalna zatui sut madeuh ahihkeileh sut khit deuh in COVID-19 natna a piangsak lungno ngah in, tua khit teh tua kidalna zatui (vaccine) in a dal ding hun kicing ngah manlo ahih manin kicina thei cih pen a hi thei thu a hihi.

FDA pan Emergency Use Authorization (EUA) ading a kipuak kidalna zatui nam nih (Pfizer leh Moderna) in a kibang mRNA technology thak zangin, pumpi cell te in coronavirus tawh a kivalaak protein dat ngah nadinga a zat genetic material neu nono thun hi. Tua protein dat tawh kisai en leng, pumpi in tua lungno a do dinga kikoih antibodies te piang sak hi.

FDA (Janssen- Johnson & Johnson) pan EUA dinga a kipuak a thumveina kidalna zatui pen a kilawh thei lungno a kizang kidalna zatui khat ahi hi. A kilawh thei lungno a kizang kidalna zatuite in ih sazangte (cells) ah a thupi lamlahnate piak nadingin lungno tuamdang khat (a kilawh thei lungno) zang hi. Janssen (Johnson & Johnson) COVID-19 natna kilawh thei lungno kidalna zatui, a kilawh thei lungno (COVID-19 a piangsak lungno hilo, ahih hangin a tuamdang, a lauhuai lo lungno, huihdiikna zawi a susia lungno) ih pumpi sunga cell sazang sungah lutin, cell ii nasepna zangin COVID-19 natna a piangsak a lauhuai lo lungno khat piangsak hi. Tua pen coronavirus lungno pualamah dawkkhia-in cell-te natna a lawh (spike protein) zong kici a, COVID-19 a piangsak lungno tung bekah kimu hi. Sazang (cell) in a tungtham ah spike protein dawkkhiasak in, ih pumpi thuakzawhna amah tawh kisai lo hi ci hi. Tua in ih pumpi thuakzawhna pen natna a dal pumpi sung vante piangsak ding leh, natna kilawhsak khat hi ci'n a upmawhte do kik ding nasep kipan sak hi.

Kidalna zatui kisut khit ciangin khatveivei, antibodies piankhiatzia leh pumpi thuakzawhna kilamhzia te in nattun cihbang natna kilangkhia (symptoms) te piangsak thei hi. Tua natna kilangkhia (symptoms) te a om ngeina leh pumpi in thuakzawhna nei cih a lak (sign) khat a hihi.

[COVID-19 Vaccines Kidalna Zatuite in Koici Bangin Nasem cih Theihnelna](#) (Zolai in)

Kisitna positive ka hih a, COVID-19 pan ka damkik khith leh, kidalna zatui kisut ding a kism lai hiam?

Clinical trials pan kingah khia data (thute) ten MRNA COVID-19 kidalna zatui pen SARS-CoV-2 a kilawh ngeisa mite a ding lauhuai nawnlo cih lak khia hi. Kidalna zatui pen SARS-CoV-2 kilawhna pan natna symptom om ngei om ngei lo tawh kisai lo in mimalkim in kisut huai hi. Kidalna zatui khensatna bawl theihna ding bek hang in viral testing tawh SARS-CoV-2 infection etkakna ahizong in aerologic testing tawh a ma a natnakilawhna nei ngeimaw cih sit ding pen tha kipia lo hi.

SARS-CoV-2 ngah in a omlaitak mimal te pen a thuk natna a dam siang mateng kidalna zatui sutna pan kipengsak huai phot hi (Tua mimal in symptom a neih leh) Tua ciang in kitangkoihna khawl bawl thei nang [criteria](#) (Zolai in) te tawh a ki tuah kul hi. Hih recommendation (Ki theihsakna) te pen SARS-CoV-2 ngah kha in zatui a ngah nai vetlo mimal te leh SARS-CoV-2 ngah in Zatui khatveina a ne khin in a nihveina a ngah nailo mimal te a ding a hihi. Natna ngah leh kidalna zatui kisut kikal ah a tawm pen hun bang zah bang ngah cih kigenna a om loh hang, [tulaitak a kimukhia](#) (Zolai in) thu te tungtawn in khatveina natna ingah khith pan ni 90 sung natna ngah kik cih pen om khol lo hi. Tua ahihman in, SARS-CoV-2 natna ngah in a kiciamteh mimal ten a hih leh ni 90 a cing ma dong kidalna zatui kisut pen hih loh phot theih a hihi.

Kidalna zatui bangzah vei kisut kul ding, tua khith teh kidalna zatui a sut nih in company kibang pan ahih kul hamtang hiam?

CDC genna tawh kizui in, tulaitak United States gamah Phase 3 na zatui sittelnate sunga COVID-19 vaccines kidalna zatuite sung pan khat lobuang kidalna zatui khempeuh nihvei sut tawh kicing hi. **Nihvei sut ding a kism kidalna zatuite (vaccines), a sut nih in a bawlna kibang pan hi hamtang di hi.**

Pfizer BioNTech BNT162b2 kidalna zatui (vaccine) in ni 21 kihaln, 2 vei sut ding kism hi. A 17 ni na ahihkeileh a 17 ni na khith teh kisut te pen a man hi ci in ki kipsak hi. Pfizer vaccine kidalna zatui tawh kisai theihbeh ding thute, a nuai-a link ah en in:

[Coronavirus COVID-19 Scientific Research and Resources](#) (Zolai in)

The Moderna mRNA-1273 vaccine kidalna zatui in ni 28 kihaln, 2 vei sut ding kism hi. 24 ni na khith teh kisut te pen a man hi ci in ki ngaihsun hi. Moderna vaccine kidalna zatui tawh kisai theihbeh ding thute, a nuai-a site ah en in:

[COVID-19 Vaccine Teelding tawh kisai Moderna' Mapanna](#) (Zolai in)

Kidalna zatui a sutnih in a bawlna company kibang pan ahih kul hi. Na kidalna zatui kisut pen hong ciapteh sak ding zato kilahna laite na ngah ding hi. Kidalna zatui tawh kisai ah banghun ciang kisut ding gel cih leh a nihveina bang hunah kisun ding cihte tawh kisai zatui hong pia dingte tawh kizop ding kong hanthawn uhi. A khatveina na kisut ciangin, na kidalna zatui kisut ciaptehna lai na ngah ding a hihi. Tua ciaptehna lai kem inla, a nihveina na kisut kik ding teh tawi in (a kispah leh).

Janssen (Johnson & Johnson) COVID-19 kidalna zatui pen sut 1 bek sut ding kisam hi. Janssen (Johnson & Johnson) kidalna zatui tawh kisai a kicingzaw aa theih nadingin, a nuai-a site ah lut in: [Janssen's \(Johnson & Johnson\) COVID-19 Kidalna Zatui Leitungbup Theihsakna](#) (Zolai in)

Kidalna zatui (vaccine) ii a lauhaina bang teng om hiam?

FDA ii limtak sittelna in kidalna zatuite (vaccines) lungmuanhuai leh nakpitak phattuumna om cih hoihtakin hong thei sak hi. Ahizongin, kidalna zatuite a kipan, zatui khempeuh ah a hoihlohna themno ta om. A hoihlohna a tamzaw pen kidalna zatui phalna ngah ma in zatui sitciannate ah kilakkhia hi, ahizongin tua zatuite ahihkeileh kidalna zatuite a tangzai zaw in a kingah dong hoihlohna a tawmzaw kimu lo ding hi. Tua hangin kidalna zatuite phalna license ngakhit na ngawnah a hoihlohna tatsatlo leh limtakin a ki-encik tawntung a hihi.

Bukkhuh dalna zatui in COVID-19 zong a dal hiam?

Dal lo. A diakin tulaitak coronavirus natna kilawh hun sungah, bukkhuh dalna zatui in bukkhuh hong dal sak ding thupi mahmah hi, ahizongin COVID-19 natna hong dalsak lo hi. Bukkhuh dalna zatui leh COVID-19 dalna zatui anih a kisutna in cidam nadingin thupi mahmah hi. Coronavirus natna kilawh hun sungah, bukkhuh hong dal ding bukkhuh dalna zatui thupi mahmah hi, ahizongin COVID-19 natna hong dalsak lo hi. COVID-19 kidalna zatui kisutna in nang hong dal in, coronavirus natna kilawhna khaktan hi.

Ascension facilities sungah muktuumna a kisam lai ding hiam?

Naseppihte, dammawhte leh hong hawh hong leengnate ading patauhna omlo, a cidamhuai kiimlehpaam ahihtheih nading ka hanciam uhhi. Tulaitak pautauh lauhaina a omloh nading muktuumna kisam hi. Tua banah khutsil zelzel ding leh khat leh khat kigamla a om ding kisam hi. Hih bitna ding gamtatziate kizui lai ding hi. Mun a zai semsem ciangin muktuum ih kisapna ih sittel toto lai ding hi.

Ka kisut ding kidalna zatui pen nihvei sut ding a kisap leh, ka kidalna zatui kisut a nihveina pen a khatveina kisut khit teh ni 21 ahihkeh ni 28 lian a phak kul ding hiam?

Na kisut COVID-19 kidalna zatui tungtawnin, a nihvei kisutna pen natna kilawhzo kiuhkeuhlo dinga hong om ding kisam hi. A nihveina zatui kisut ding pen a kiciangtan sa hun kihal tan ding tawh a kinai thei pen hi ding hi. A nihveina kisut ding ciangtan ni sangin manlang zaw in, ni 4 sungin a kisun a nihveina zatui kisutte pen a kingah lai-in kiciamteh hi. Tua hun sangin manlang zaw a kisunte kisun thuah nawnlo ding hi. Ahi zongin, ciangtan sa a kihal hun tan ding tawh kituakin sut ding a lem keileh, a nihveina Pfizer-BioNTech leh Moderna COVID-19 kidalna zatui kisut pen a khatveina kisut khit nipikal 6 (ni 42) dongah a hun kisotto thei ding hi. Tulaitakin mRNA COVID-19 kidalna zatuite ii phattuumna tawh kisai data kiciangtan om hi. A nihveina kisut pen kihal tan ding khengvalin a kisut leh, a banbanin kipat kik kul lo hi.

Kidalna zatui ka kisut khit ciang bang dan side effect (deihhuai loh thu te) ka tuak kha thei tam?

A kigen phadeuh side effect te pen kisutna mun nasakna leh ni nih sung bang cisanat dan tuak n ate a hihi. Kum 55 nuai mimal i 50% val bang in gimkeeina leh lutangnatna, 33% in khuadam cisikna leh thagui tahtang nasakna tuak in, a dang 16% bang in a nihveina a kisut khit uh the cisanat ngah uh hi ahihhang in a kumtamzaw mimal a 5 lakah 7

hih leh bel tua dan side effect tuak cih report om lo hi. Allergies leh anaphylaxis a nei khin sa te leh zatuidawwna pan hitaleh nektheih pawl khat hang hitaleh allergic nasiatak in a ngah thei te pen side effect ngah theih hamtang zaw uh hi. Natna kidalna Zatui kisutna (vaccine) ah a kihelmi a tam zaw in tua side effect te anihveina a kisut khit uh nai pawlkhat a pai khit ciang ka tuak kha uh ci a hih man in a nihveina kidalna zatui kisut khit the nasep pan ni khat bang off la in tawlngak ding gelsa in neih huai hi.

Kidalna Zatui khatveina ka kisut khit teh side effect a tauk maw ahihkeileh COVID-19 a ngah, koi dan a ka khen thei tam?

Kidalna zatui kisut khit teh khatveivei, pumpi thuakzawhna (immunity) kilamhzia sungah, nattun, cilehsa golh, lutangna leh thazaw cihbang natna kilangkha (symptoms) te piang thei hi. [CDC ii genna tawh kizui in](#) (Zolai in) , hih natna kilangkha (symptoms) te aom ngeina leh pumpi in thuakzawhna a kipat laitak a lak (sign) khat a hihi. COVID-19 natna kilawhna hih natna kilangkha (symptoms) te bang lian in piang thei a, adang a kician zaw COVID-19 natna kilangkha (symptoms) te sungah bukkhuh, husamh, nakbing/naptui, leh a lim leh a nam zalo cihte kihel hi. Side effect dan natna te ong suk sem sem in nai 72 sung ong bei pak kei leh, cidam na tawh kisai huhna ong pia ding na primary care physician te hopih in. A lunghihmawh huai thu khat na tuak a leh, cidam na tawh kisai ong huh thei ding na primary care physician (Sia Wan) a manglang thei pen in hopih in.

CDC’s V-safe ah koici kihel thei tam leh tua ciang tua pen bang dan a hiam?

CDC te tungtawn in,V safe cih pen smarphone tawh a kizang van khat hi a text messaging zang in web surveys bawlna hi a COVID-19 kidalna zatui kisut khit ciang cidamna tawh kisai mimal tuah thute lamlahna leh huhna piakna khat hi. COVID-19 kidalna zatui na kisut khit ciang side effect na tuah khak leh V-safe tawh CDC te kiang a manglang in thu kipuak thei hi. Na dawn na tawh kizui in, CDC pan panmunlenkhat in ong sam in ong sittel ding a, atheihnop a om leh zong thu ong dot beh ding hi. Tuakhit ciang in, COVID-19 kidalna Zatui anihveina kisut ding na kisap a leh zong V-safe in ong phawksak ding hi.

V-safe ah minkhum dan leh zat dan na theihnop leh a nuai a link na hong in.
<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/safety/vsafe.html> (Zolai in)

V-safe tawh kisai a kidong mun thute na et nop leh a nuai a link hong in;
<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/safety/faq.html> (Zolai in)

Thulehla kicing theih nading

COVID-19 vaccine kidalna zatui tawh kisai kantel nadingin cidam kepna hong pia dingte hopih in, or utilize our

Ascension Tawh Kizopna COVID-19 Hotline te

Vanzuakna	Sum-Beilo Phone Nambat
Ascension Tawh Kizopna Nambat Thupipen	(833) 978-0649

Baltimore/Binghamton/DC	(833) 980-0692
Birmingham	(833) 980-0690
Florida & Gulf Coast	(833) 981-0712
Illinois (AMITA)	(224) 273-3900
Indiana	(833) 981-0733
Kansas and Oklahoma	(855) 782-1039
Michigan	(833) 981-0738
Tennessee	(833) 981-0626
Texas	(833) 919-1680
Wisconsin	(833) 981-0711

Adang kantel nading munte

- CDC - [Coronavirus Disease 2019 \(COVID-19\) Vaccines Kidalna Zatuite](#) (Zolai in)
- FDA - [FDA COVID-19 Vaccine Kidalna Zatu Thu](#) (Zolai in)
- HHS Operation Warp Speed - [Thulehlate Ciaptehna Lai: Nasepzia Manlangna Genna](#) (Zolai in)
- FDA - [Zatui angah te leh a kem te ading Pfizer-BioNTech COVID-19 Vaccine theihuai a tuamtuam.](#) (Zolai in)
- FDA - [Zatui a vaihawm siavuan leh siana te ading Pfizer-BioNTech COVID-19 Vaccine theihuai a tuamtuam.](#) (Zolai in)
- FDA - [Pfizer-BioNTech COVID-19 Vaccine EUA te thukim pihna lai](#) (Zolai in)
- FDA - [Zatui angah te leh a kem te ading Moderna COVID-19 Vaccine theihuai atuamtuam.](#) (Zolai in)
- FDA - [Zatui a vaihawm siavuan leh siana te ading Moderna COVID-19 Vaccine theihuai a tuamtuam](#) (Zolai in)
- FDA - [Moderna COVID-19 Vaccine EUA te thukim pihna lai](#) (Zolai in)
- FDA - [Zatui Ngahdingte leh Zatui Piadingte Tawh Kisai Janssen \(Johnson & Johnson\) COVID-19 Kidalna Zatui Ciaptehna Lai](#) (Zolai in)
- FDA - [Kidalna Zatui Pia Cidamna Kemte Tawh Kisai Janssen \(Johnson & Johnson\) COVID-19 Kidalna Zatui Ciaptehna Lai](#) (Zolai in)
- FDA - [Janssen \(Johnson & Johnson\) COVID-19 Thuphamawh Zatheihna \(EUA\) Lai](#) (Zolai in)