



Orthopaedic Hospital of Wisconsin
Community Health Improvement Plan
Prepared by Ascension Wisconsin

2019-2022



Community Health Improvement Implementation Strategy for Orthopaedic Hospital of Wisconsin

Introduction

In 2016, Columbia St. Mary's and Wheaton Franciscan Healthcare were brought together as part of Ascension Wisconsin. For the purposes of this document, we will be using the current names of the hospitals and campuses, several of which now incorporate the Ascension brand.

In Milwaukee County, Wisconsin, Ascension Wisconsin operates, owns or has a joint venture relationship with seven hospitals. Ascension Wisconsin owns and operates Ascension Columbia St. Mary's Hospital Milwaukee, Ascension St. Francis Hospital, Ascension SE Wisconsin Hospital - Franklin Campus, Ascension SE Wisconsin Hospital - St. Joseph Campus, and Ascension Sacred Heart Rehabilitation Hospital. Additionally, the Orthopaedic Hospital of Wisconsin, LLC, is a joint venture between Columbia St Mary's, Inc. and Orthopaedic Group Joint Venture, LLC, and Midwest Orthopedic Specialty Hospital, LLC, is a joint venture between Wheaton Franciscan Healthcare - Southeast Wisconsin, Inc. and TS Ortho, LLC. The community health needs assessment (CHNA) was conducted collaboratively on behalf of these seven hospitals in 2018 and focused on the needs of individuals in Milwaukee County.

This community health improvement implementation strategy report encompasses Orthopaedic Hospital of Wisconsin (OHOW).

Separate community health improvement implementation (CHIP) strategy reports have been prepared as follows:

1. Midwest Orthopedic Specialty Hospital
2. Ascension Wisconsin Milwaukee County Hospital Campuses
 - Ascension Columbia St. Mary's Hospital Milwaukee
 - Ascension St. Francis Hospital
 - Ascension SE Wisconsin Hospital - Franklin Campus
 - Ascension SE Wisconsin Hospital - St. Joseph Campus
 - Ascension Sacred Heart Rehabilitation Hospital

These CHNA and CHIP reports may be found on their respective hospital or campus websites.

About Orthopaedic Hospital of Wisconsin

Orthopaedic Hospital of Wisconsin (OHOW) was established in 2001 as a partnership between a group of physician owners and Ascension Columbia St. Mary's, part of Ascension Wisconsin. After eight years in its initial location, OHOW opened its current facility in 2009. This new, state-of-the-art campus was meticulously designed and constructed to support the delivery of superior orthopedic patient care and comfort.

Today, OHOW is nationally recognized for the exceptional quality of care it provides to patients. Perhaps just as important, the hospital, its physicians and staff continue to garner rave reviews from those who have experienced OHOW's uncommon focus on every aspect of patient care.

Physician-Owned Hospital Disclosure

Orthopaedic Hospital of Wisconsin is partially owned by physicians and meets the federal definition of a "physician-owned hospital." A list of physician owners is available upon request and we are happy to answer any questions you may have.

About Ascension Wisconsin

Ascension Wisconsin (ascension.org/wisconsin) operates 24 hospital campuses, more than 100 related healthcare facilities and employs more than 1,300 primary and specialty care clinicians from Racine to Eagle River. Serving Wisconsin since 1848, Ascension is a faith-based healthcare organization committed to delivering compassionate, personalized care to all, with special attention to persons living in poverty and those most vulnerable. As one of the leading non-profit and Catholic health systems in the U.S., Ascension operates 2,600 sites of care – including 151 hospitals and more than 50 senior living facilities – in 21 states and the District of Columbia.

Our Mission as a Catholic healthcare system: Rooted in the loving ministry of Jesus as healer, we commit ourselves to serving all persons with special attention to those who are poor and vulnerable.

Our Catholic health ministry is dedicated to spiritually-centered, holistic care which sustains and improves the health of individuals and communities. We are advocates for a compassionate and just society through our actions and our words.

Ascension is continuing the long and valued tradition of addressing the health of the people in our community, following in the footsteps of legacy Wheaton Franciscan Healthcare and legacy Columbia St. Mary's. This flows directly from our Catholic Identity. In addition to the community health improvement efforts guided by our CHNA process, we contribute to other needs through our broader community benefit program.

Prioritized Significant Health Needs

Orthopaedic Hospital of Wisconsin conducted a community health needs assessment (CHNA) in 2018 in collaboration with Milwaukee Health Care Partnership (MHCP). For the purposes of the CHNA, the Ascension Wisconsin hospitals and hospital campuses listed above focused on the needs of Milwaukee County. Our “community served” was defined as such because (a) most community health data is available at the county level; (b) many of our assessment partners define their service area at the county level; (c) most of our service area is in Milwaukee County; (d) many of our service lines span multiple campuses within Milwaukee County.

Based on this CHNA process, Orthopaedic Hospital of Wisconsin will focus on the following priority health need in 2019-2022:

- Chronic Disease Prevention

Implementation Plan

The implementation strategy outlined below describes the efforts to be taken by OHOW to address this priority health need. Where noted, the hospital will collaborate with other key partners in the community. OHOW's long-term performance indicators align with local, state and national priorities. Recognizing that no one organization can affect substantial community change alone, the long-term outcomes identified in this plan can only be achieved when many community organizations work together for collective impact.

Chronic Disease Prevention

Goal: To decrease the incidence of chronic diseases in people living in Milwaukee County

Long-Term Performance Indicators:

- By June 30, 2027, increase the percentage of respondents who report eating three or more servings of vegetables per day, from 30 percent to 31 percent
- By June 30, 2027, increase the percentage of respondents who report eating two or more servings of fruit per day, from 56 percent to 58 percent

(Source: Milwaukee Community Health Survey)

Strategy 1: Increase Access to Fruits and Vegetables

Orthopaedic Hospital of Wisconsin understands the impact that a healthy diet has on chronic disease prevention and management. In Milwaukee County, OHOW is invested in increasing access to fresh fruits and vegetables in a variety of ways that meet the needs of the community.

Healthcare providers at the Ascension All Saints Family Health Center (Villard Ave.) participate in a Produce Prescription Program, which provides patients with a "prescription" that they can redeem for produce home delivery.

Orthopaedic Hospital of Wisconsin will:

- Provide financial support to the Produce Prescription Program at Ascension All Saints Family Health Center (Villard Ave.)

Collaborative Partners:

- Imperfect Produce
- Ascension All Saints Family Health Center (Villard Ave.)

Resources Committed:

- Financial support

Intended Impact:

- Decrease food insecurity and increase consumption of fruits and vegetables

Medium-Term Indicator:

- By June 30, 2022, 75 percent of the individuals who participate in the produce prescription program at Ascension All Saints Family Health Center (Villard Ave.) will indicate that they have increased their weekly fruit and vegetable intake. (Source: Participant survey) (Baseline: not previously measured)

Strategy 2: Community Education

Maintaining physical activity is important for overall health and wellness. For seniors, muscle strength, balance and endurance are vital to being able to continue to perform daily activities and maintaining an independent lifestyle. Participating in regular physical activity can improve balance. OHOW physical therapists provide community education that assists seniors in determining their risk of falling and teaching exercises to help them improve their balance.

Orthopaedic Hospital of Wisconsin will:

- Provide community education on increasing physical activity and balance at least twice per year

Collaborative Partners:

- Ascension Wisconsin Urban Church
Wellness Partners

Resources Committed:

- Staff time

Intended Impact:

- Improve overall health through increased physical activity and reduced falls

Medium-Term Indicator:

- By June 30, 2022, 75 percent of the individuals who participate in the community education session will indicate that they have gained new knowledge.

Plan to Evaluate the Strategies

OHOW is committed to making a positive, measurable impact on the health of the people in the communities we serve. To that end, we evaluate the strategies we implement to address the health needs of the community.

We use a logic model, an approach that is nationally recognized for program evaluation. Logic models provide methods for documenting the following:

- **Inputs:** Resources needed to implement the strategies
- **Outputs:** Actions taken, the number of programs/tactics implemented and the number of people reached
- **Outcomes:** Measures of the impact of the programs/strategies, such as changes in learning, actions or conditions

To be specific about the outcomes for which we will be accountable, we set SMART metrics – metrics that are Specific, Measurable, Achievable, Realistic and Time-related.

Evaluation Schedule/Process

At the beginning of the three-year cycle:

- Establish SMART metrics for medium-term (three-year) indicators for each strategy
- Establish SMART metric for long-term (beyond three years) indicators for each priority area

At the beginning of each fiscal year in the three-year cycle:

- Establish SMART metrics for short-term (fiscal year) indicators for each strategy
- Establish action steps and output indicators for each strategy

Quarterly each fiscal year:

- Report actions completed
- Report the status of each strategy/priority

At the end of each fiscal year:

- Report on results for short-term and output indicators
- Describe accomplishments and analyze results

At the end of the three-year cycle:

- Report on results for medium-term indicators for each strategy
- Describe and analyze results
- Incorporate results into next Community Health Needs Assessment

Health Needs Not Selected for this Plan

OHOW understands the importance of all the health needs of the community and is committed to playing a role in improving the health of the people in the communities we serve. For the purposes of this plan, we have chosen to focus our efforts on the priority listed above.

The following health needs were not selected to be included in this plan for the reasons described below.

- Access to Care: Recognizing the importance of providing care for all, OHOW relies on its referring partners to assure that patients are assisted in seeking and obtaining healthcare coverage and services.
- As an orthopedic hospital serving a target patient population, the following needs or health factors are outside the scope of the services we provide and will not be addressed in our Community Health Improvement Plan:
 - Alcohol and Substance Use
 - Infant Mortality
 - Mental Health
 - Violence
 - Sexually Transmitted Infections

Next Steps

This implementation plan outlines a three-year community health improvement process. Each year within this timeframe, we will:

- Create an annual action plan with specific steps for that year
- Set and track annual performance indicators for each strategy
- Track progress toward medium-term performance indicators
- Report progress toward the performance indicators to the Orthopaedic Hospital of Wisconsin Board of Directors
- Share actions taken to address the health needs with the community at large

Approval

This implementation plan report was adopted by Ascension Wisconsin Board on August 22, 2019 and the Orthopaedic Hospital of Wisconsin Board of Directors on August 30, 2019.

To learn more about Orthopaedic Hospital of Wisconsin, visit ohow.com

To learn more about Ascension Wisconsin, visit ascension.org/wisconsin



475 W. River Woods Parkway
Glendale, WI 53212

400 W. River Woods Parkway
Glendale, WI 53212