MEETING OUR COMMUNITY NEEDS

COMMUNITY HEALTH NEEDS ASSESSMENT IMPLEMENTATION PLAN
July 1, 2016 – June 30, 2019

Wheaton Franciscan
St. Joseph Campus
How Wheaton Franciscan is meeting the **NEEDS** of our community.
**Our mission**

Wheaton Franciscan Healthcare is committed to living out the healing ministry of Jesus by providing exceptional and compassionate health care that promotes the dignity and well being of the people we serve.

**About our organization**

Started by the Wheaton Franciscan Sisters more than 130 years ago, Wheaton Franciscan Healthcare is a Catholic, not-for-profit organization with nearly 100 health and shelter organizations in Wisconsin, Iowa, Colorado, and Illinois. Hospitals in Southeast Wisconsin include Wheaton Franciscan Healthcare—All Saints in Racine County; Wheaton Franciscan–St. Joseph Campus, Midwest Spine and Orthopedic Hospital and Wisconsin Heart Hospital Campus, Wheaton Franciscan Healthcare—St. Francis, Wheaton Franciscan Healthcare—Franklin, and Midwest Orthopedic Specialty Hospital in Milwaukee County; and Wheaton Franciscans—Elmbrook Memorial Campus in Waukesha County. The region also includes Wheaton Franciscan Medical Group with more than 350 physicians in more than 50 locations, a network of outpatient centers, two transitional and extended care facilities, Home Health, and Hospice. Our system employs nearly 11,000 associates in Southeast Wisconsin, making it one of the largest private employers in the area.

Wheaton Franciscan Healthcare is a member of the Milwaukee Health Care Partnership (www.mkehcp.org), a public private consortium dedicated to improving care for underserved populations in Milwaukee County. Through the Partnership, Milwaukee’s five health systems and the Milwaukee Health Department aligned resources to complete a shared community needs assessment (CHNA) in 2015. Supported by additional analysis from the Center for Urban Population Health, this robust community-wide CHNA includes findings from a community health survey of over 1,900 adults, significant key informant interviews, and a secondary source data analysis. This shared CHNA serves as the foundation for Wheaton Franciscan Healthcare’s implementation strategy to improve health outcomes and reduce disparities in Milwaukee County and the City of Milwaukee.

**Key distinctions of St. Joseph Campus**

At Wheaton Franciscan–St. Joseph Campus we offer everything you would expect from a large metropolitan hospital, and more. You’ll find expert physicians, advanced treatments and technology, subspecialty services, and a comprehensive team approach to health care. This is all delivered with the compassionate care that comes from being a Catholic-based community hospital.
**Summary**

Beyond working to fulfill our Mission on a daily basis, our values compel us to share our talents and resources in an even greater way to benefit the communities we serve. The 2016 Wheaton Franciscan–St. Joseph Campus Community Health Needs Implementation Plan includes information containing qualitative and quantitative data relating to the health needs for the City of Milwaukee and the surrounding community. Wheaton Franciscan Healthcare worked with the Milwaukee Health Care Partnership which consists of Aurora Health Care, Children’s Hospital of Wisconsin, Columbia St. Mary’s Health System, Froedtert Health, as well as local health departments, the Center for Urban Population Health, and JKV Research, LLC, to collaboratively conduct a community health needs assessment.

Through our assessment and planning, Wheaton Franciscan Healthcare has found opportunities for more focused efforts on key needs within the community that the St. Joseph Campus serves. This year, Wheaton worked on a strategic plan to address those needs. The Community Health Needs Assessment and Implementation Plan were adopted and approved by the hospital board.

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**Defining Our Community**

**Milwaukee County at a glance**

<p>| | |</p>
<table>
<thead>
<tr>
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<tbody>
<tr>
<td>Population:</td>
<td>953,401</td>
</tr>
<tr>
<td>Median household income:</td>
<td>$43,485</td>
</tr>
<tr>
<td>Individuals below poverty level:</td>
<td>21.9%</td>
</tr>
<tr>
<td>Median age:</td>
<td>34.0</td>
</tr>
<tr>
<td>High school graduate or higher:</td>
<td>86.2%</td>
</tr>
<tr>
<td>Unemployed:</td>
<td>6.9%</td>
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**City of Milwaukee at a glance**

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<table>
<thead>
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<tbody>
<tr>
<td>Population:</td>
<td>598,078</td>
</tr>
<tr>
<td>Median household income:</td>
<td>$35,489</td>
</tr>
<tr>
<td>Individuals below poverty level:</td>
<td>25.3%</td>
</tr>
<tr>
<td>Median age:</td>
<td>30.8</td>
</tr>
<tr>
<td>High school graduate or higher:</td>
<td>81.8%</td>
</tr>
<tr>
<td>Unemployed:</td>
<td>8.5%</td>
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There were several key pieces to help create an assessment that Wheaton Franciscan Healthcare felt was necessary to assess the needs of the community our hospitals serve.

**Health telephone survey**
Wheaton Franciscan Healthcare collaborated with The Milwaukee Health Care Partnership to conduct a survey of Milwaukee County as well as the City of Milwaukee as comparable to state and national benchmarks. The survey evaluated lifestyles and health qualities of community respondents as well as behaviors related to their health. General questions regarding disease and health management were also included in the survey.

**Key informant interviews and focus groups**
In collaboration with the Milwaukee Health Care Partnership, Wheaton Franciscan Healthcare conducted several interviews with key stakeholders that represent the broader interests of the community. These include public health officers, free clinic representatives, non-profit organizations, public safety representatives, and others. The data was compiled and analyzed in partnership with the Center for Urban Population Health.

**Secondary research**
In collaboration with the Milwaukee Health Care Partnership, Wheaton Franciscan Healthcare enlisted the Center for Urban Population Health to develop a report highlighting demographics, socio-economic status, and other key learnings. Information from the 2010 U.S. Census Bureau, County Health Rankings, and Healthy People 2020 were a few of the reliable resources contributing to the report.

**Key expert research**
Wheaton Franciscan Healthcare’s leaders contributed their expertise in analyzing data, research and other studies related to the community health needs. Leaders took into account trends of their surrounding communities, hospital utilization data, findings based on recent studies, and the voice of the community into account when analyzing the assessment and finalizing our strategy.

**Impacting our community**
Wheaton Franciscan Healthcare is devoting resources and expertise to tackle our community’s toughest health issues. With a focus on well-defined strategies, we expect to have a positive impact on specific health concerns and the overall health of our community.

**How will we evaluate progress?**
Wheaton Franciscan Healthcare is committed to tracking all efforts through internal evaluation processes as well as including progress in our Mission Integration Plan on a semi-annual basis. That plan is reviewed and approved by Wheaton’s Board of Directors in Southeast Wisconsin.

**To meet all of the needs identified, we will partner with:**
- United Way
- Milwaukee Health Care Partnership
- Public Health Departments
- Fetal Infant Mortality Review
- Milwaukee Infant Mortality Hospital Collaborative
- Safe Sleep Task Force
- Parenting Network
- Family Research Connection
- Growing Power
- Educational systems
Evaluation

Wheaton Franciscan Healthcare 2013 Implementation Plan

At the time of publishing this report, evaluations were made on the timeframe of July 1, 2013 through December 31, 2015.

In 2013, Wheaton Franciscan – St. Joseph Campus carefully evaluated the data that was collected and focused on health needs that would be greatly benefited by the resources available. Those key health needs were:

- Access to Health Care
- Reducing Infant Mortality
- Promoting a Healthy Lifestyle with a focus on:
  - Obesity
  - Diabetes

Access to care

Over the three years that this plan was in place for the community surrounding the St. Joseph Campus, several strategies were used to show a positive impact on the community. Specifically for access to care, strategies included continuing to educate the community on the resources available to those who are underserved, uninsured, and underinsured by participating in the Milwaukee Health Care Partnership Emergency Department Care Coordination Initiative to ensure that patients within the community were scheduled for follow-up care. Wheaton Franciscan – St. Joseph Campus also participated in the establishment of a community-wide practice standard for meeting specialty needs for low-income, uninsured emergency department patients. The site also made additions to its medical staff by adding primary care physicians to increase access for the population surrounding the facility. These efforts showed improvement in the need over the three years the plan was in place. Although the data continues to show that efforts are meeting the needs of the community’s access to care, strategies will continue for another three years to ensure that health care services are meeting the needs of the populations surrounding the facility.

Reducing infant mortality

Another goal that Wheaton Franciscan – St. Joseph Campus clearly had a positive impact on was reducing infant mortality. St. Joseph Campus has been known by the community as the “Baby Hospital” for several years and the facility has done an outstanding job
meeting the needs of the families within the community. The facility has increased coverage in its Emergency Department to care for expectant mothers who would otherwise not have that care. Those mothers are also provided with assistance to arrange future appointments through MyHealth Direct. Upon referral, mothers in need are provided pack and plays with instructions for use. The Women’s Outpatient Center has also expanded its services to include ultrasounds. Those timely and convenient appointments now decrease any transportation and childcare concerns that mothers had prior to this change.

**Healthy lifestyle**
The third goal that Wheaton Franciscan – St. Joseph Campus focused on was a healthy lifestyle, specifically focusing on obesity and diabetes. Since 2013, St. Joseph Campus has taken several steps to impact the community in a positive way when it comes to the healthy lifestyle of the communities we serve. Healthy eating and cooking classes continue to be offered at least three times a week in the facility’s teaching kitchen. Healthy cooking also remains a focused topic in all exercise classes that are offered at the site. In 2015, the Family Care Center shared a garden space with Clara Barton School, St. Anthony’s School, and Villard Street Library grand-family housing. Each group visits the site to plant vegetables and children are given a plant to grow at home to offer experience in gardening and healthy eating that they may not have previously been exposed to. Additionally, continued sponsorship of the Milwaukee Tennis Education Foundation and the ReNew You program has impacted the community through our provided resources. After a 2015 evaluation, results showed significant improvement to the community involved in the programs.

**Results**
After a thorough evaluation of the impact that St. Joseph Campus made in the community, we found that there were changes in the Milwaukee County data as received by the community health telephone surveys:

<table>
<thead>
<tr>
<th>Implementation Plan Health Concern</th>
<th>2012</th>
<th>2015</th>
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<tbody>
<tr>
<td>Access (Unmet care)</td>
<td>11%</td>
<td>12%</td>
</tr>
<tr>
<td>Infant Mortality</td>
<td>21%</td>
<td>7%</td>
</tr>
<tr>
<td>Overweight</td>
<td>66%</td>
<td>69%</td>
</tr>
<tr>
<td>Diabetes</td>
<td>10%</td>
<td>11%</td>
</tr>
</tbody>
</table>

This data only confirmed the importance of continuing our efforts in meeting these health needs. While we do believe that our support in these community-wide efforts has made a positive impact on these needs, we still feel that continued focus will only help change the health outcomes moving forward. After careful consideration and the reality of a negative trend in some of the survey results, St. Joseph will continue to focus on efforts for the next three years in meeting these specific needs of the community as well as support other efforts in a secondary capacity as needed.
Select Key Findings
from the Milwaukee County Community Health Survey Report.

From 2012-2015 there was a statistical change in the overall percentage of respondents who reported:

- Not currently covered by health insurance: from 14% to 4%
- Their health as fair or poor: from 20% to 19%
- High blood pressure: from 30% to 29%
- Diabetes: from 10% to 11%
- Overweight: from 66% to 69%

Respondents were asked to rate the top community health issues out of eight listed and reported:

- Chronic disease: 66%
- Alcohol or drug use: 55%
- Violence: 42%
- Mental health or depression: 31%
- Teen pregnancy: 23%
- Infectious disease: 19%
- Infant mortality: 7%
- Lead poisoning: 2%

City of Milwaukee:
- Chronic disease: 66%
- Violence: 55%
- Alcohol or drug use: 54%
- Mental health or depression: 31%
- Teen pregnancy: 28%
- Infectious disease: 21%
- Infant mortality: 10%
- Lead poisoning: 2%

Our value of Stewardship calls us to focus our efforts and resources on health needs where we are most able to have a significant impact. Wheaton Franciscan – St. Joseph Campus has chosen to address access to care, reducing infant mortality, and a healthy lifestyle with a focus on obesity, high blood pressure, and diabetes. Wheaton Franciscan Healthcare is committed to supporting other health care components in a secondary capacity when necessary.

Top health needs
While our organization understands the importance of meeting all of the needs of the community, an in-depth assessment was completed in which the key leaders within the St. Joseph facility were able to identify needs that would be most impacted by the site. The top health needs identified by the St. Joseph leadership team through the community health needs assessment that were not a part of the current implementation plan were as follows:

- Coverage
- Violence
- Mental and behavioral health

The team leading the implementation process found that not only were some of these needs being addressed through other aspects of the plan, but that they were also being addressed by other programs within the community with more of an expertise on the issues as well as a capacity of resources available to focus on those efforts. Wheaton Franciscan - St. Joseph Campus is committed to supporting those other health care components in a secondary capacity when necessary.
Summary of Significant Needs

Wheaton Franciscan Healthcare market presidents appointed key leaders in the organization to analyze data that was gathered, determine resource availability of the facility, and identify the needs that would be addressed at this time. Several meaningful meetings were held with sub-committees in each of the top areas identified prior to setting the priority needs to address in our initial plan.

Top community needs
Through our assessment and review of all of the findings from the research, our summary of the top community needs are:

• Access to care
• Coverage
• Alcohol and drug use
• Violence
• Chronic disease
• High blood pressure
• Infant mortality
• Nutrition and obesity
• Mental and behavioral health

Wheaton Franciscan Healthcare has assessed the resources available at the Wheaton Franciscan – St. Joseph facility when choosing the following priorities to address at this time. Please see the full 2016 Implementation Plan for ways in which we are addressing the following needs:

• Access to care
• Reducing infant mortality
• Promoting a healthy lifestyle with a focus on obesity, high blood pressure and diabetes

Additional top health needs
While our organization understands the importance of meeting all of the needs of the community, an in-depth assessment was completed in which the key leaders involved with work within the St. Joseph facility were able to identify the needs that would be most impacted by the site. The top health needs identified by the St. Joseph leadership team through the community health needs assessment that were not a part of the current implementation plan were as follows:

• Coverage: Wheaton Franciscan – St. Joseph Campus feels that this significant need is outside of our scope of services. We are committed to focusing efforts on providing access to care to those within our community regardless of their coverage. We will continue to support other initiatives regarding this need in a secondary capacity when necessary.
• **Alcohol and Drug Use:** While Wheaton Franciscan – St. Joseph Campus understands this growing concern, at the time of assessment, the resources and expertise were not available to address and make a meaningful impact on alcohol use. During the community health needs assessment process, the Milwaukee Health Care Partnership was made aware of several existing strategies through our key informants. Key informants indicated a number of organizations across sectors are already addressing these issues by providing services, and education is in place within the schools. Specific strategies named include needle exchange and sharps collection programs, public campaigns and media coverage of the issues, prescription drug drop off locations, the Wisconsin Prescription Drug Monitoring Program (PDMP), medication lock boxes sold at cost, the Community Health Improvement Plan, and community capacity building. We are committed to supporting these efforts in a secondary capacity as necessary.

• **Violence:** Wheaton Franciscan – St. Joseph Campus feels that this significant need is outside of our scope of services. During the community health needs assessment process, the Milwaukee Health Care Partnership was made aware of several existing strategies through our key informants. Existing strategies to address injury prevention include home assessment, injury prevention programs for seniors, newsletters, car seat checks and car safety programs, bicycle rodeos, messages in school planners, promotion of helmet use, and pedestrian safety messaging. Related to crime, validated risk assessment tools, addressing poverty, community policing, the Community Justice Council, hotspotting, Project Ujima, the Medical College of Wisconsin Injury Research Center, and the Milwaukee Peace Summit were existing strategies named. Regarding family violence and child abuse, Sojourner Family Peace Center’s programs; the Hmong American Women’s Association’s programs, services, and support within the clan system; the Safe and Sound Collaborative; family support services; implementing trauma-informed care principles; Denim Day and other awareness campaigns; and mindfulness programs were named as existing strategies to address violence. Due to the lack of resources and expertise within Wheaton Franciscan – St. Joseph Campus in this area, we have committed to supporting this need in a secondary capacity as necessary.
Mental and Behavioral Health: While Wheaton Franciscan – St. Joseph Campus understands this growing concern, at the time of assessment, the resources and expertise were not available to address and make a meaningful impact on Mental and Behavioral Health. During the community health needs assessment process, the Milwaukee Health Care Partnership was made aware of several existing strategies through our key informants. Key informants named the following existing strategies in the county to address mental health: inpatient and outpatient mental health services; increased bullying awareness; housing first strategy; community behavioral health redesign (underway); Milwaukee Center for Independence programming that manages medication and re-integrates people with mental health issues into the community, jobs, and housing; crisis intervention training for employees; efforts within schools and school-community partnerships; mental and behavioral health task forces; implementing trauma informed care; and more mental health providers being added in the community.

As noted, the team leading the implementation process found that not only were some of these needs being addressed through other aspects of the plan, but that they were also being addressed by other programs within the community with more of an expertise on the issues as well as a capacity of resources available to focus on those efforts. Wheaton Franciscan – St. Joseph Campus is committed to continue to support those other health care components in a secondary capacity when necessary.
PRIORITY:

Access to care.

Finding appropriate access to comprehensive health care is a growing community need.

Wheaton Franciscan – St. Joseph Campus identified an opportunity to address the issue of access to health care for those who are uninsured and underinsured.
Wheaton Franciscan – St. Joseph Campus identified an opportunity to address the issue of access to health care for those who are uninsured and underinsured.

Findings based on the 2012 Milwaukee County Community Health Survey Report compared to 2015:
- Unmet Medical Care in last 12 months: from 11% to 12%
- Personally not covered currently: from 14% to 4%
- Personally not covered in past 12 months: from 19% to 12%

Findings based on the 2012 City of Milwaukee Community Health Survey Report compared to 2015:
- Unmet Medical Care in last 12 months: from 13% to 14%
- Personally not covered currently: from 17% to 6%
- Personally not covered in past 12 months: from 22% to 14%

**Lack of access creates big risks**
According to Healthy People 2020, access to care impacts:
- Overall physical, social, and mental health status
- Prevention of disease and disability
- Detection and treatment of health conditions
- Quality of life
- Preventable death
- Life expectancy

Barriers to accessing health care could lead to unmet health needs, delays in getting appropriate care, hospitalizations that could have been avoided, and lack of knowledge about preventive care.

**How we’ll respond to the need:**
- Ensure appropriate follow-up care for underserved patients using Wheaton Franciscan Emergency Department for primary care.
- Continue to participate in the Milwaukee Healthcare Partnership Emergency Department Care Coordination Initiative.
- Specialty Access for Uninsured Partnership (SAUP) Program.
- Actively screen uninsured patients for financial assistance programs, including Wheaton Franciscan Healthcare’s Community Care, our financial assistance program for patients in need.
- Primary care physicians and community health workers to increase access to health care for population.

**Anticipated impact**
Continuing these efforts over the next three years in conjunction with insurance enrollment efforts that have been rolled out at a national level, we expect that the rate of individuals personally not covered will continue to decrease. As noted earlier, Milwaukee County dropped from 14% to 4% over the last three years and the City of Milwaukee from 17% to 6% of individuals personally not covered for medical insurance. We anticipate that this remarkable increase in individuals now covered will only continue in the years to come, creating even more opportunity for their access to care.
PRIORITY:

Reducing Infant Mortality.

In Milwaukee from 2009–2011, there were 205 stillbirths and 318 infant deaths.

Reducing infant mortality remains a top priority for Wheaton Franciscan – St. Joseph Campus. Milwaukee is plagued by a high infant mortality rate and our hospital is committed to reducing the number of infant deaths in our community. It’s just one way we strive to meet the needs of the community.
**The problem**

In Milwaukee from 2009-2011, there were 205 stillbirths and 318 infant deaths in Milwaukee (Source: 2013 City of Milwaukee Fetal Infant Mortality Review Report).

In 2010, the city of Milwaukee had 15% of Wisconsin births, 25% of all Wisconsin infant deaths, and 20% of all stillbirths in Wisconsin. (Source: 2013 Milwaukee Fetal Infant Mortality Review Report).

Complications of prematurity: **53.7%**
Sudden Infant Death Syndrome (SIDS): **18%**
Congenital abnormalities related to complications: **19%**

The area where St. Joseph Campus is located has one of the highest rates of infant mortality in Milwaukee. In fact, according to the 2013 Fetal Infant Mortality Review Report, which focused on infant deaths per 1,000 live births from 2009-2011, rates are high for the populations living in several of the ZIP codes we serve:

<table>
<thead>
<tr>
<th>ZIP Code</th>
<th>Rate (12.9 - 16.3)</th>
</tr>
</thead>
<tbody>
<tr>
<td>53210</td>
<td>12.9 - 16.3</td>
</tr>
<tr>
<td>53206</td>
<td>9.0 - 12.8</td>
</tr>
<tr>
<td>53209</td>
<td>9.0 - 12.8</td>
</tr>
<tr>
<td>53212</td>
<td>12.9 - 16.3</td>
</tr>
<tr>
<td>53216</td>
<td>12.9 - 16.3</td>
</tr>
<tr>
<td>53233</td>
<td>4.0 - 6.8</td>
</tr>
</tbody>
</table>

Of those responding to the 2015 Milwaukee Community Health Survey, 7% in the County and 10% in the City said that infant mortality was a community health concern.

**A threat that can’t be ignored**

Many women who are pregnant and have low socioeconomic status are unable to access health care. That means they may not get prenatal vitamins, education on parenting, and necessary checkups for a healthy pregnancy. The threat is real:

- Risky pregnancy resulting in premature delivery
- Complications of pregnancy that can affect the unborn child
- Mothers do not receive the education on how to properly care for a child
- Mothers are unable to get items needed for safe and healthy care of their babies

**How we’ll respond to the need:**

- Promote early, high-quality prenatal care for all residents in Milwaukee with a specific focus in the zip codes near St. Joseph that have a high infant mortality rate.
- Ensure that pregnant women with a history of preterm birth are offered and receive the highest quality of care.
- Create culturally sensitive, comprehensive safe sleep programs that are shared with the women and families in our sites and within our communities.
- Assure that women of childbearing age have resources to get the care they need before conception to reduce the risks of medical conditions that affect pregnancy outcomes in our community.
- Utilize the St. Joseph Women’s Outpatient Center to:
  - Provide care to women regardless of their ability to pay.
  - Collaborate with partners on reducing disparities in birth outcomes.
  - Offer more scheduling options for appointments to improve access to care.
  - Offer Progesterone.

**Anticipated impact**

Although we have already seen a significant reduction in infant mortality rates since 2012, as the “Baby Hospital”, Wheaton Franciscan – St. Joseph Campus continues to focus on the efforts made to address this need. Our anticipated impact will be to continue to see the mortality rates drop while increasing the rates of prenatal care that mothers may currently have limited access to. We are committed to making a positive impact throughout our community as well as an impact with the patients we serve in our hospitals.
**Priority:**

Left untreated, diabetes can lead to heart disease, kidney failure, and nerve damage.

We found that a healthy lifestyle is an important need to address in the community surrounding Wheaton Franciscan – St. Joseph Campus. Our research showed that specific actions and lifestyles of the respondents were affecting the quality of their health. The three of the top areas of focus that St. Joseph Campus is committed to addressing are obesity, high blood pressure, and diabetes.
Dramatic rise in obesity
Based on findings from the Health County Rankings in 2015, 31% of the Wisconsin population was obese. The 2015 Milwaukee Community Health Survey Report found that 69% of respondents in Milwaukee County are overweight and 74% in the city of Milwaukee are overweight. (The Health Survey Report stated that the “overweight” percentages also included “obese” respondents.)

Obesity has big risks
Obesity is a major health crisis in our country. There are several obesity-related health conditions that are associated with obesity. These conditions often lead to a decreased quality of health and life of those affected. Below are a few examples of conditions that obesity can lead to:
• Cancer
• Diabetes
• Gallbladder disease
• Heart disease
• High blood pressure
• Osteoarthritis
• Depression
• Sleep apnea
• High cholesterol
• Stroke

High Blood Pressure on the rise
High blood pressure is another serious condition that has become a major health crisis in our country that can lead to coronary heart disease, heart failure, stroke, kidney failure, and other health problems. We are committed to improving outcomes in the community surrounding St. Joseph Campus.

The 2015 Milwaukee County Community Health Survey Report showed high blood pressure remained relatively flat since the last survey.

Community members reporting high blood pressure:
• 2012: 30% (Milwaukee County)
  29% (City of Milwaukee)
• 2015: 29% (Milwaukee County)
  30% (City of Milwaukee)

Trend is a big risk
Left untreated, high blood pressure can cause disabilities, poor quality of life, a heart attack, or even death.

It’s typically a chronic condition that causes damage gradually over many years. In some cases, though, blood pressure rises so quickly that it turns into a medical emergency requiring hospitalization.

In extreme cases, high blood pressure can cause:
• Problems with your brain, marked by memory loss, personality changes, trouble concentrating, irritability, or progressive loss of consciousness
• Stroke
• Severe damage to your body’s main artery
• Seizures in pregnant women
• Unstable chest pain
• Heart attack
• Sudden impaired pumping of the heart, leading to fluid backup in the lungs and shortness of breath
• Sudden loss of kidney function
• Aneurysms
• Heart failure
DID YOU KNOW?

Left untreated, diabetes can lead to heart disease, kidney failure, and nerve damage.

Diabetes remains a major concern
Diabetes continues to be a health concern in the community surrounding St. Joseph Campus. According to the 2015 Milwaukee County Community Health Survey Report, diabetes affects 11% of people surveyed. It has steadily increased since 2003. Weight, age, and ethnicity are contributing factors.

How we’ll promote a healthy lifestyle:
• Promote and educate the community on healthy eating habits.
• Educate school-age children and young adults on the importance of a healthy lifestyle.
  Participate in the One Milwaukee Summit Health Collaboration.
• Offer the National Diabetes Prevention Program to the community.

Anticipated impact
Socially, Wheaton Franciscan Healthcare has seen an increase in our community’s focus on efforts to live a healthy lifestyle, but we still see the importance of promoting that kind of living in our community. We anticipate that through the programs and services we are involved in, we will continue to see a change not only amongst the members in our community but in the patients and families we serve.

A healthy lifestyle is an important need to address in the community surrounding Wheaton Franciscan—St. Joseph Campus.
We are committed to improving the outcomes in the community surrounding our facility.

The health of our community has always been important to those of us at Wheaton Franciscan Healthcare. We would like to thank the many people who contributed to this important research, and we are committed to doing our part to address the needs identified. Together, we will make our community stronger, healthier, and better.