



MEETING OUR COMMUNITY NEEDS

COMMUNITY HEALTH NEEDS ASSESSMENT IMPLEMENTATION PLAN

July 1, 2016 – June 30, 2019



Wheaton Franciscan Healthcare
All Saints

How
Wheaton Franciscan
Healthcare
is meeting
the **NEEDS**
of our
community.

ANSWERING
THE CALL



Our mission

Wheaton Franciscan Healthcare is committed to living out the healing ministry of Jesus by providing exceptional and compassionate health care that promotes the dignity and well being of the people we serve.

About our organization

Started by the Wheaton Franciscan Sisters more than 130 years ago, Wheaton Franciscan Healthcare is a Catholic, not-for-profit organization with nearly 100 health and shelter organizations in Wisconsin, Iowa, Colorado, and Illinois. Hospitals in Southeast Wisconsin include Wheaton Franciscan Healthcare–All Saints in Racine County; Wheaton Franciscan–St. Joseph Campus, Midwest Spine and Orthopedic Hospital and Wisconsin Heart Hospital Campus, Wheaton Franciscan Healthcare–St. Francis, Wheaton Franciscan Healthcare–Franklin, and Midwest Orthopedic Specialty Hospital in Milwaukee County; and Wheaton Franciscan–Elmbrook Memorial Campus in Waukesha County. The region also includes Wheaton Franciscan Medical Group with more than 350 physicians in more than 50 locations, a network of outpatient centers, two transitional and extended care facilities, Home Health, and Hospice. Our system employs nearly 11,000 associates in Southeast Wisconsin, making it one of the largest private employers in the area.

Wheaton Franciscan Healthcare is a member of the Milwaukee Health Care Partnership, a public/private consortium dedicated to improving care for underserved populations in Milwaukee County. Through the Partnership, five health systems aligned resources for the funding and design of a community health needs assessment (CHNA) in 2015, conducted in collaboration with the Milwaukee, Waukesha, and Racine Health Departments as well as other municipal health departments. Supported by analysis from the Center for Urban Population Health, the Racine County CHNA Report includes findings from a community health survey of 400 adults in Racine County and 400 adults in the City of Racine, significant key informant interviews, and a secondary data report. This shared CHNA serves as the foundation for Wheaton Franciscan Healthcare’s implementation strategy to improve health outcomes and reduce disparities in Racine County and the City of Racine.

Key distinctions of All Saints

At Wheaton Franciscan Healthcare–All Saints, we offer everything you would expect from a large metropolitan hospital, and more. You’ll find expert physicians, advanced treatments and technology, subspecialty services, and a comprehensive team approach to health care. This is all delivered with the compassionate care that comes from being a Catholic-based community hospital.





Summary

Beyond working to fulfill our Mission on a daily basis, our values compel us to share our talents and resources in an even greater way to benefit the many communities we serve. The 2016 Wheaton Franciscan Healthcare–All Saints, Spring Street Campus Community Health Needs Implementation Plan includes information containing qualitative and quantitative data relating to the health needs for Racine and the surrounding community. Wheaton Franciscan Healthcare partnered with Aurora Health Care and Children’s Hospital of Wisconsin as well as the Center for Urban Population Health, JKV Research, LLC, and public health departments to collaboratively conduct a community health needs assessment.

Through our assessment and planning, Wheaton Franciscan Healthcare has found opportunities for more focused efforts on key needs within the community that All Saints serves. This year, Wheaton is working on a strategic plan to implement efforts to address those specific needs. The Community Health Needs Assessment and Implementation Plan were adopted and approved by the hospital board.

Defining Our Community

Racine County at a glance

Population:	195,080
Median household income:	\$ 55,055
Individuals below poverty level:	13.3%
Median age:	39.5
High school graduate or higher:	87.9%
Unemployed:	9.4%

City of Racine at a glance

Population:	78,065
Median household income:	\$39,623
Individuals below poverty level:	22.4%
Median age:	33.5
High school graduate or higher:	81.2%
Unemployed:	13.2%

(Source: United States Census Bureau. American Fact Finder, July 2014). Estimates from 2015.





How did we assess the health needs of the community?

There were several key pieces to help create an assessment that Wheaton Franciscan Healthcare felt was necessary to assess the needs of the community our hospitals serve.

Health telephone survey

Wheaton Franciscan Healthcare collaborated with Aurora Health Care and Children's Hospital of Wisconsin to conduct a survey of Central Racine County as well as the City of Racine as comparable to state and national benchmarks. The survey evaluated lifestyles and health qualities of the respondents as well as behaviors related to their health. General questions regarding disease and management were also included in the survey.

Key informant interviews and focus groups

In collaboration with Aurora Health Care and Children's Hospital of Wisconsin, Wheaton Franciscan Healthcare conducted several interviews with key stakeholders that represent the broader interests of the community. These include public health officers, free clinic representatives, non-profit organizations, public safety representatives, and others. The data was compiled and analyzed in partnership with the Center for Urban Population Health.

Secondary research

In collaboration with Aurora Health Care and Children's Hospital of Wisconsin, Wheaton Franciscan Healthcare enlisted the Center for Urban Population Health to develop a report highlighting demographics, socio-economic status, and other key learnings. Information from the 2010 U.S. Census Bureau, County Health Rankings, and Healthy People 2020 were a few of the reliable resources contributing to the report.

Key expert research

Wheaton Franciscan Healthcare's leaders contributed their expertise in analyzing data, research, and other studies related to the community health needs. Leaders took into account trends of their surrounding communities, hospital utilization data, findings based on recent studies, and the voice of the community into account when analyzing the assessment and finalizing our strategy.

Impacting our community

Wheaton Franciscan Healthcare is devoting resources and expertise to tackle our community's toughest health issues. With a focus on well-defined strategies, we expect to have a positive impact on specific health concerns and the overall health of our community.

How will we evaluate progress?

Wheaton Franciscan Healthcare is committed to tracking all efforts internally through evaluation processes as well as including progress in our Mission Integration Plan on a semi-annual basis. That plan is reviewed and approved by Wheaton's Board of Directors in Southeast Wisconsin.

To meet all of the needs identified, we will partner with:

- City of Racine Health Department
- Racine Police Department
- United Way
- Racine County Home Visiting Network
- The Johnson Foundation
- Community Mental Health Centers
- National Alliance on Mental Illness - Racine Chapter
- Local health care organizations
- Local churches

Select Key Findings

from the Central Racine County Community Health Survey Report

From 2003–2015 there was a statistical change in the overall percentage of respondents who reported*:

Not currently covered by health insurance: from **5%** to **6%**
 High blood pressure: from **21%** to **31%**
 Binge drinking: from **15%** to **37%**
 Overweight: from **64%** to **68%**

From 2005–2015 there was a statistical decrease in the overall percentage of respondents reporting their primary place for health services was in a doctor’s or nurse practitioner’s office. Respondents were asked to rate the top community health issues out of eight listed and reported:

Chronic disease: **63%**
 Alcohol or drug use: **59%**
 Violence: **38%**
 Mental health or depression: **37%**
 Infectious diseases: **23%**
 Teen pregnancy: **22%**
 Infant mortality: **4%**
 Lead poisoning: **4%**

City of Racine:

Chronic disease: **60%**
 Alcohol or drug use: **58%**
 Violence: **36%**
 Mental health or depression: **33%**
 Teen pregnancy: **31%**
 Infectious diseases: **22%**
 Infant mortality: **6%**
 Lead poisoning: **2%**

** In 2015, Central Racine County and Western Racine County Health Departments merged. The data above includes the combined data from both county areas. With that noted, the 2012 data has been updated to reflect the combined results to provide a more accurate comparative analysis.*

Our value of Stewardship calls us to focus our efforts and resources on health needs where we are most able to have a significant impact. Wheaton Franciscan Healthcare – All Saints Spring Street Campus has chosen to address access to care; reducing infant mortality; promoting a healthy lifestyle with a focus on obesity, diabetes, high blood pressure, and smoking; and mental health. Wheaton Franciscan Healthcare is committed to supporting other health care components in a secondary capacity when necessary.

Identified top health needs

Wheaton Franciscan Healthcare market presidents appointed key leaders in the organization to analyze data that was gathered, determined resource availability of the facility, and identified the needs that would be addressed at this time. Several meaningful meetings were held with sub-committees in each of the top areas identified before setting the priority needs to address in our initial plan.

Through our assessment and review of all of the reasearch findings, our summary of the top community needs is:

- Access to care
- Coverage
- Alcohol use
- Violence
- High blood pressure
- Infant mortality
- Nutrition and obesity
- Mental and behavioral health
- Cancer

Wheaton Franciscan Healthcare has assessed the resources available at the All Saints Campus when choosing the following priorities to address at this time. Please see the full Implementation Plan for ways we are addressing the following needs:

- Access to care
- Infant mortality
- Promoting a healthy lifestyle with a focus on:
 - Obesity
 - Diabetes
 - High blood pressure
 - Smoking
- Mental health

Top health needs not addressed

While our organization understands the importance of meeting all of the needs of the community, an in-depth assessment was completed in which the key leaders within Wheaton Franciscan Healthcare – All Saints were able to identify needs that would be most impacted by the site. The top health needs identified by the All Saints leadership team through the community health needs assessment that were not a part of the current implementation plan were as follows:

- **Coverage:** Wheaton Franciscan Healthcare – All Saints feels that this significant need is outside of our scope of services. We are committed to focusing efforts on providing access to care to those within our community regardless of their coverage. We will continue to support other initiatives regarding this need in a secondary capacity when necessary.
- **Alcohol and drug use:** While Wheaton Franciscan Healthcare – All Saints Spring Street Campus understands this growing concern, at the time of assessment, the resources and expertise were not available to address and make a meaningful impact on alcohol and drug use. During the community health needs assessment

process, the Milwaukee Health Care Partnership was made aware of several existing strategies through our key informants. Key informants indicated a number of organizations across sectors are already addressing these issues by providing services, and education is in place within the schools. Specific strategies named include needle exchange and Sharps collection programs, public campaigns and media coverage of the issues, prescription drug drop off locations, the Wisconsin Prescription Drug Monitoring Program (PDMP), medication lock boxes sold at cost, the Community Health Improvement Plan, and community capacity-building. We are committed to supporting these efforts in a secondary capacity as necessary.

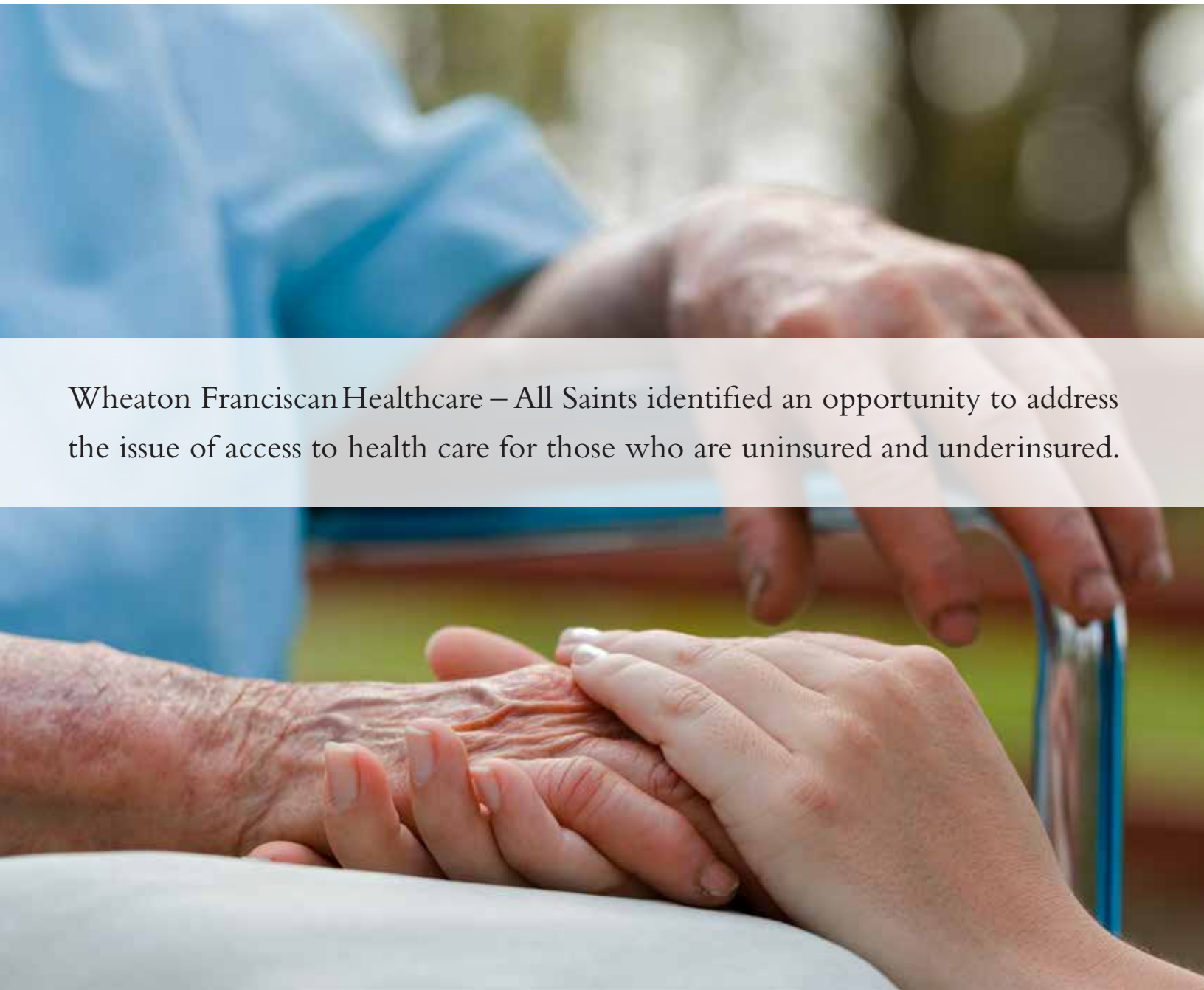
- **Injury and violence:** All Saints, Spring Street Campus feels that this significant need is outside of our scope of services. During the community health needs assessment process, All Saints, Spring Street Campus was made aware of several existing strategies through our local law enforcement initiatives. Due to the lack of resources and expertise within Wheaton Franciscan Healthcare – All Saints Spring Street Campus in this area, we have committed to supporting this need in a secondary capacity as necessary.

As noted above, the team leading the implementation process found that not only were some of these needs being addressed through other aspects of the plan, but that they were also being addressed by other programs within the community with more of an expertise on the issues as well as a capacity of resources available to focus on those efforts. All Saints Spring Street Campus is committed to continue to support those other health care components in a secondary capacity when necessary.

PRIORITY:

Access to care.

Finding appropriate access to comprehensive health care is a growing community need.



Wheaton Franciscan Healthcare – All Saints identified an opportunity to address the issue of access to health care for those who are uninsured and underinsured.

Barriers to accessing health care could lead to unmet health needs, delays in getting appropriate care, hospitalizations that could have been avoided, and lack of knowledge about preventive care.

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Findings based in the 2015 Central Racine County and Racine City Community Health Survey Reports:

Racine County

- Unmet Medical Care: **13%**
- Not personally covered currently: **6%**
- Not personally covered in past 12 months: **11%**

City of Racine

- Unmet Medical Care: **20%**
- Not personally covered currently: **7%**
- Not personally covered in past 12 months: **15%**

Lack of access creates big risks

According to *Healthy People 2020*, access to care impacts:

- Overall physical, social, and mental health status
- Prevention of disease and disability
- Detection and treatment of health conditions
- Quality of life
- Preventable death
- Life expectancy

Barriers to accessing health care could lead to unmet health needs, delays in getting appropriate care, hospitalizations that could have been avoided, and lack of knowledge about preventive care.

How we'll respond to the need:

- Provide access to comprehensive primary care by establishing a medical home for uninsured populations without access to a primary care physician.
- Continue to provide health education to underinsured and uninsured patients.
- Offer guidance to patients in scheduling their care and offer assistance in their care pathways.



PRIORITY:

Reducing infant mortality.



Infant mortality remains a top priority for Wheaton Franciscan Healthcare – All Saints. Racine continues to have a high infant mortality rate and our hospital is committed to meeting the needs of the community to reduce the number of infant deaths.

The problem

The United States, in 2004, had the 29th lowest infant mortality rate in the world. In 2006, the U.S. had an infant death rate of 6.71 per 1000 live births according to the Centers for Disease Control and Prevention. Wisconsin had one of the highest infant mortality rates in the U.S. at 6.4 deaths per 1000 live births, with the highest rate among African Americans (17.2). In 2007, the infant mortality for black non-Hispanic infants was 14.5 and for white non-Hispanic infants was 5.3. In 2006, the last year data is currently available, the City of Racine had one of the highest rates in Wisconsin at 11.53 deaths per thousand and a dismal 16.79 for African American infants, 14.05 for Hispanic infants, and 8.49 among white infants.

According to the 2015 Racine County Secondary Data Report, the infant mortality rate in 2013 was at 7.2 as compared to a *Healthy People 2020* goal of 6.0.

Four percent of Racine respondents reported infant mortality as a community health issue.

A tremendous threat

Many women who are pregnant and live in a low socio-economic status are unable to access health care.

Because of that, many women are limited to the prenatal vitamins they need, education on parenting, and necessary checkups for a healthy pregnancy. Under these circumstances, risks may include:

- Risky pregnancy, causing premature delivery
- Complications of pregnancy that can affect the unborn child
- Mothers who are uneducated on how to properly care for a child
- Mothers who are unable to get items needed for proper child care

The infant mortality rate reflects the health of the entire community. When we do not have healthy babies, we do not have healthy and productive citizens. This situation strains our educational, health care, and social services resources and contributes to continuing poverty and decreased quality of life.

How we'll respond to the need:

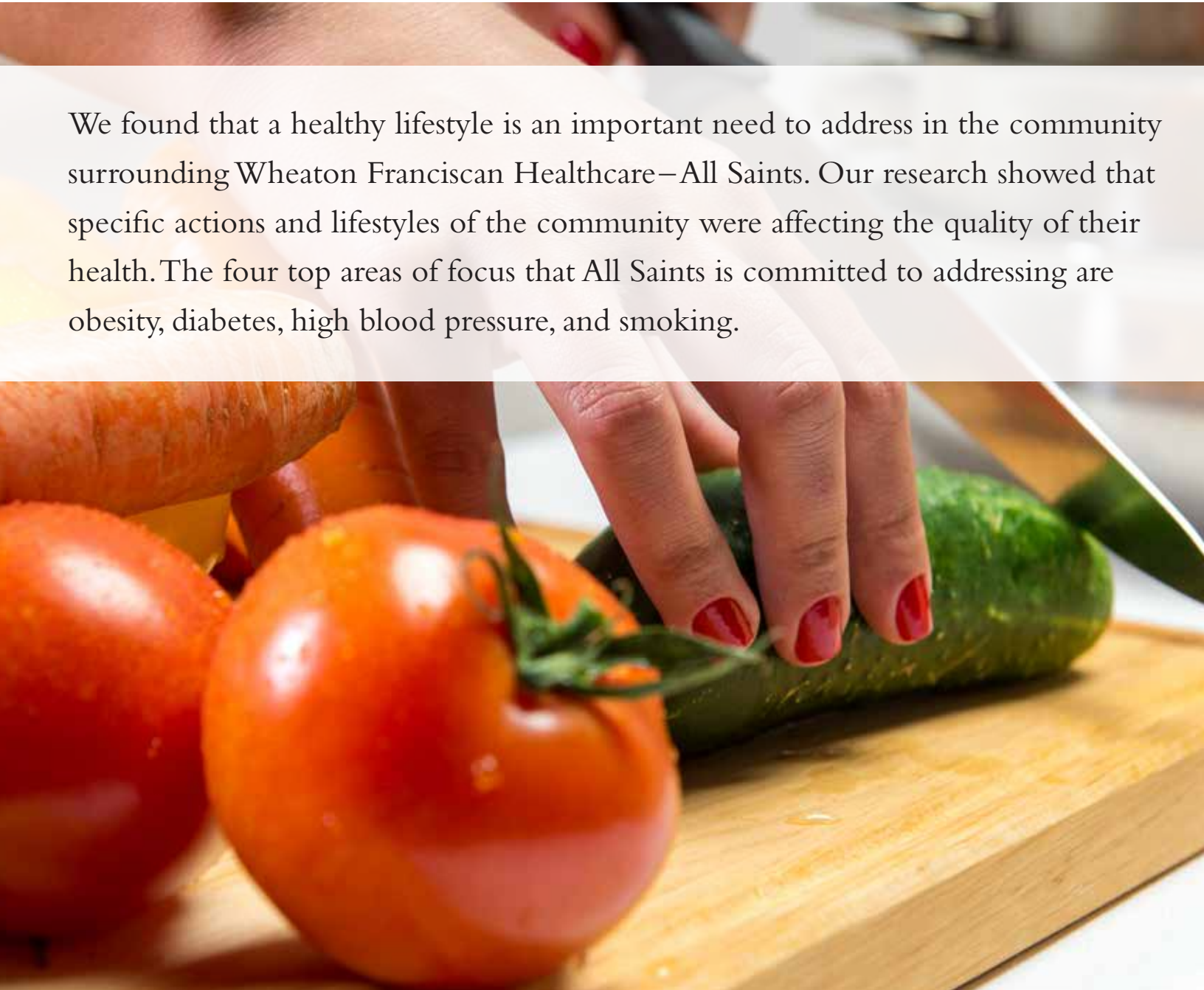
- Focus on decreasing prematurity as a cause for infant mortality.
- Expand Centering Pregnancy Model.
- Provide a comprehensive, client-centered, care coordination and home visitation system to provide pre-natal and post-natal services for all women and families with infants at risk of fetal and infant mortality through one year of life.
- Provide PNCC/Medical Home care at Wheaton Franciscan Healthcare – All Saints as part of Racine County Home Visiting Network.



PRIORITY:

Healthy Lifestyle with a focus on obesity, high blood pressure, smoking, and diabetes.

We found that a healthy lifestyle is an important need to address in the community surrounding Wheaton Franciscan Healthcare–All Saints. Our research showed that specific actions and lifestyles of the community were affecting the quality of their health. The four top areas of focus that All Saints is committed to addressing are obesity, diabetes, high blood pressure, and smoking.



Dramatic rise in obesity

According to the County Health Rankings for 2015, 29 percent of the Wisconsin population was obese. Racine County reported 32 percent of adult obesity compared to the national benchmark of 25 percent.

According to the 2015 Racine City and Central Racine County Community Health Needs Report, 75 percent and 68 percent of respondents reported to be overweight respectively. (The Health Survey Report stated that the “overweight” percentage also included “obese” respondents.)

Obesity has big risks

Obesity is a major health crisis in our country. There are several health conditions that are associated with obesity that often lead to a decreased quality of health and life of those affected. Obesity can lead to:

- Cancer
- Diabetes
- Gallbladder disease
- Heart disease
- High blood pressure
- Osteoarthritis
- Depression
- Sleep apnea
- High cholesterol
- Stroke

High blood pressure on the rise

High blood pressure has become a major health crisis in our country. This serious condition can lead to coronary heart disease, heart failure, stroke, kidney failure, and other health problems. We are committed to improving the outcomes in the community surrounding All Saints.

According to the 2015 Racine County Community Health Survey Report, from 2003–2015 there was an increase in percentage of respondents who reported high blood pressure.

Racine County:

Respondents reporting high blood pressure in 2015: **21%**

Respondents reporting high blood pressure in 2003: **20%**

Trend is a big risk

Left untreated, high blood pressure can cause disabilities, poor quality of life, a heart attack, or even death. It is typically a chronic condition that causes damage

gradually over many years. In some cases, though, blood pressure rises so quickly that it turns into a medical emergency requiring hospitalization.

In extreme cases, high blood pressure can cause:

- Problems with your brain, marked by memory loss, personality changes, trouble concentrating, irritability, or progressive loss of consciousness
- Stroke
- Severe damage to your body’s main artery
- Seizures in pregnant women
- Unstable chest pain
- Heart attack
- Sudden impaired pumping of the heart, leading to fluid backup in the lungs and shortness of breath.
- Sudden loss of kidney function
- Aneurysms
- Heart failure

Smoking

According to the 2015 Racine City Community Health Survey Report, 21% of those who responded were current smokers. Racine County Health Rankings indicated that 18% of Wisconsin residents were current smokers as compared to the national benchmark of 14%.

The effects of smoking can be deadly:

- Cardiovascular disease
- Respiratory disease
- Acute myeloid leukemia
- Bladder cancer
- Cervical cancer
- Cancer of the esophagus
- Kidney cancer
- Cancer of the larynx
- Lung cancer
- Cancer of the oral cavity (mouth)
- Throat cancer
- Stomach cancer
- Cancer of the uterus
- Infertility
- Pregnancy complications
- Death

How we’ll respond to the need:

- Provide education on the effects of tobacco use.
- Offer support groups for those in the community who are trying to quit smoking and use of other tobacco products.
- Offer education to local schools to prevent the younger generation from beginning to smoke or use tobacco products.
- Continue to offer classes such as “Breathe Better, Live Better”.

DID YOU KNOW?

Left untreated, diabetes can lead to heart disease, kidney failure, and nerve damage.

Diabetes remains a major concern

According to the 2015 Racine City Community Health Survey Report, the rate of diabetes remained the same. Nine percent of those surveyed in 2015 reported having diabetes compared to 8% in the preceding years. Some factors include age, ethnicity, obesity, and weight.

How we'll promote a healthy lifestyle:

- Promote and educate the community on healthy eating habits and prevention of chronic diseases.
- Provide education on the effects of diabetes.
- Offer professional, personal support and guidance to individuals desiring to achieve health lifestyle behaviors.
- Offer support groups for those in the community with diabetes.
- The Clinical Dietetics will offer nutritional counseling and education throughout the lifespan.
- Offer education to local schools to prevent diabetes in the younger generation.
- The Diabetes Management Department will continue to offer several counseling and education programs for the community such as Diabetes Basics and The Diabetes Prevention Program.



A healthy lifestyle is an important need to address in the community surrounding Wheaton Franciscan Healthcare—All Saints. We are committed to improving the outcomes in the community surrounding our facility.

PRIORITY:

Mental Health.

Mental health issues cross over all age groups, social-economic, and ethnic groups.

More than 20% of those who responded to the 2015 Racine City Community Health Survey Report said their health was fair or poor. In 2015, 17% of household members reported not having health care coverage in the past 12 months and 33% who answered rated mental health issues as a concern. In other available data, Racine Unified School District reported in 2015 that 60% of their students are living in poverty.

The combination of living in poverty and lack of health care coverage can escalate the issues of unmet mental health needs in our community.

Mental health issues a critical threat

The risks of untreated mental health issues in children are:

- Suicide
- Increased incidents of bullying
- Aggressive or violent behavior
- Low academic achievement
- Increased school suspensions, expulsions, and dropping out
- Increased crime rate and time spent in juvenile detention
- Physical health issues
- Higher health care utilization

How we'll respond to the need:

- Improve access and services to children in need of mental health services in Racine County.
- Educate and promote understanding and awareness with community local law enforcement and community stakeholders on mental health issues that impact our community.
- Offer Crisis in Intervention Training.
- Offer Crisis in Partnership Training.
- Partner with National Alliance on Mental Illness to provide community education programs that increase awareness of mental health issues.
- Create a trauma-informed community utilizing the Adverse Childhood Experiences (ACEs) Survey as a framework to convey how personal adversity affects one's social-emotional well being.





Making Our Community Stronger. Healthier. Better.

The health of our community has always been important to those of us at Wheaton Franciscan Healthcare. We would like to thank the many people who contributed to this important research, and we are committed to doing our part to address the needs identified. Together, we will make our community stronger, healthier, and better.