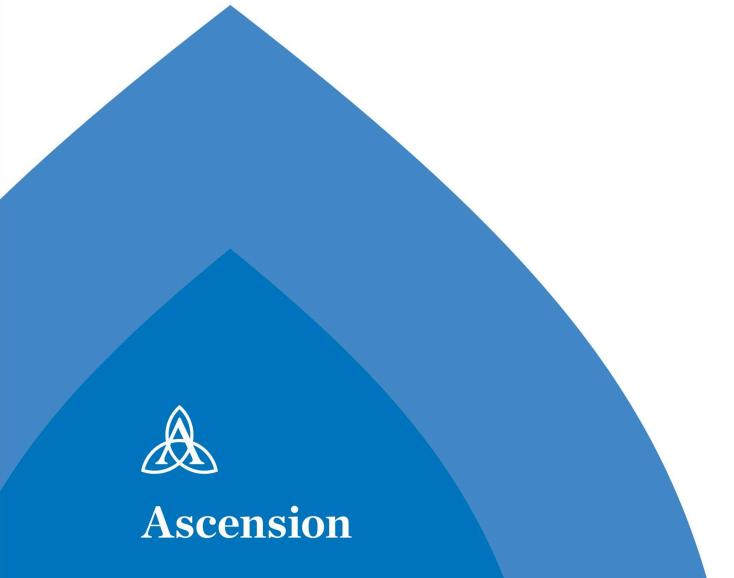
Ascension Saint Thomas Stones River Hospital

Implementation Strategy for the 2024 CHNA Cannon County, Tennessee





The purpose of this Implementation Strategy (IS) is to describe how the hospital plans to address prioritized health needs from its current Community Health Needs Assessment (CHNA). The significant health needs the hospital does not intend to address are identified, and a rationale is provided. Special attention has been given to the needs of individuals and communities at increased risk for poor health outcomes or experiencing social factors that place them at risk.

Hospital legal name: Saint Thomas Stones River Hospital, LLC (Ascension Saint Thomas Stones River

Hospital)

Hospital Address: 342 Doolittle Road, Woodbury, TN 37190

Hospital website: Ascension Saint Thomas Stones River Hospital

Hospital phone: 615-563-4001 Hospital EIN/Tax ID: 47-4063046

The 2024 Implementation Strategy report was adopted by the Ascension Saint Thomas East Regional Hospitals Board of Directors on September 22, 2025 (2024 tax year) and by the Ascension Saint Thomas Board of Directors on October 24, 2025 (2024 tax year) and applies to the following three-year cycle: July 1, 2025 to June 30, 2028. This report, as well as the previous report, can be found on Ascension's public website.

We value the community's voice and welcome feedback on this report. Please visit our public website (https://healthcare.ascension.org/chna) to submit your comments.



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Introduction

As one of the leading non-profit and Catholic health systems in the United States, Ascension is committed to delivering compassionate, personalized care to all, with special attention to impoverished and vulnerable persons.

About Ascension

Ascension is one of the nation's leading non-profit and Catholic health systems, with a Mission of delivering compassionate, personalized care to all with special attention to those most vulnerable. In FY2024, Ascension provided \$2.1 billion in care of persons living in poverty and other community benefit programs. Across 16 states and the District of Columbia, Ascension's network encompasses approximately 106,000 associates, 26,000 aligned providers, 105 wholly owned or consolidated hospitals, and 34 senior living facilities. Additionally, through strategic partnerships, Ascension holds an ownership interest in 26 other hospitals.

Ascension's Mission provides a strong framework and guidance for the work done to meet the needs of communities across the US. It is foundational to transform healthcare and express priorities when providing care and services, particularly to those most in need.

Mission: Rooted in the loving ministry of Jesus as healer, we commit ourselves to serving all persons with special attention to those who are poor and vulnerable. Our Catholic health ministry is dedicated to spiritually-centered, holistic care which sustains and improves the health of individuals and communities. We are advocates for a compassionate and just society through our actions and our words.

For more information about Ascension, visit https://www.ascension.org/.

Ascension Saint Thomas

Ascension Saint Thomas is a leading health care system with a 125-year history of providing care to the community, and is the only faith-based, non profit health system in Middle Tennessee. Today, the health system offers a highly comprehensive system of care, with more than 320 sites of care that cover a 45-county area in Tennessee consisting of 18 hospitals and a network of affiliated joint ventures, medical practices, clinics and specialty facilities. Across the state, Ascension Saint Thomas and its partner organizations employ more than 13,000 dedicated associates who care for millions of patients each year.

Ascension Saint Thomas operates 16 hospitals in Tennessee and a comprehensive network of affiliated joint ventures, medical practices, clinics and rehabilitation facilities that cover a 45-county area and provided more than \$136 million in community benefit and care of persons living in poverty in fiscal year 2024. Across the state, Ascension Saint Thomas and its affiliates employ more than 13,165 associates. The health system has a 125-year history in Tennessee.



Ascension Saint Thomas Stones River Hospital

Serving Tennessee since 1980, Ascension Saint Thomas Stones River Hospital is continuing the long and valued tradition of responding to the health needs of the people in our community, replacing the previous Good Samaritan Hospital. Ascension Saint Thomas Stones River Hospital provides a comprehensive range of medical services and high-quality care including emergency services, physical therapy, basic x-ray and imaging services, lab services as well as adult and geriatric behavioral health services. We are a forward thinking, innovative hospital where trust, teamwork and technology come together to make a positive difference in the health of our community and region. Our Joint Commission accreditation demonstrates our commitment to meeting the highest standards for quality and safety. Ascension Saint Thomas Stones River Hospital operates one hospital campus and employs more than 100 associates.

For more information about Ascension Saint Thomas Stones River Hospital, visit <u>Ascension Saint</u> Thomas Stones River Hospital

Overview of the Implementation Strategy

Needs Prioritization

Protection and Affordable Care Act of 2010, more commonly known as the Affordable Care Act (ACA, requires all not-for-profit hospitals to conduct a Community Health Needs Assessment (CHNA) and adopt an implementation strategy every three years. Included in Code Section 501(r)(3) is the requirement that hospitals must provide a description of the process and criteria used to determine the most significant health needs of the community identified through the CHNA, along with a description of the process and criteria used to determine the prioritized needs to be addressed by the hospital. Accordingly, Ascension Saint Thomas Stones River Hospital used a phased prioritization approach to identify the needs of Cannon County. The first step was to determine the broader set of community identified needs. The CHNA assessment narrowed identified needs to a group of needs determined most crucial for community stakeholders to address.

Ascension Saint Thomas Stones River Hospital identified additional criteria to criteria to prioritize the needs including:

- Magnitude: How many individuals does the problem affect?
- Seriousness of consequences: What would happen if the issue were not made a priority? What level of burden on the community (economic, social or other)?
- Feasibility: Is the problem preventable, and what is the community's capacity to address?
- Equity: Is one group of people being affected more than other groups? Are health outcomes different for different groups?

After completing the CHNA, community significant needs were further narrowed down to community prioritized needs, that the Ascension Saint Thomas Stones River Hospital will address within the



Implementation Strategy (IS). To arrive at the prioritized needs, Ascension Saint Thomas Stones River Hospital collaborated with the Cannon County Health Department and the Cannon County Health Council to facilitate a discussion during a Stones River Health Council meeting on November 14, 2024 to prioritize the top needs in the community.

The needs listed below were voted as top community prioritized needs by Community Key Stakeholders in Cannon County.

- Access to Care
- Mental Health
- Substance Misuse
- Healthy Eating/Active Living and Resulting Chronic Conditions

Needs That Will Be Addressed

Ascension Saint Thomas Hospitals, Community Benefit and leaders agreed to a collective impact model toward addressing needs that appeared in multiple counties. This model is an effort to allocate resources in ways that can more meaningfully impact priority areas. Ascension Saint Thomas Stones River Hospital has selected the prioritized needs outlined below for its 2024 Implementation Strategy. Ascension has defined "community prioritized needs" as the needs which have been prioritized by the hospital to address through the three-year CHNA cycle.

- Access to Care This need was selected because Access to Care is in alignment with the organizational strengths and priorities, and was identified as a top priority by most Ascension Tennessee Hospitals and voted as a top priority need by the Cannon County Health Council.
- Mental Health This need was selected because Mental Health is in alignment with the organizational strengths and priorities, and was identified as a top priority by most Ascension Tennessee Hospitals and voted as a top priority need by the Cannon County Health Council.
- Substance Misuse This need was selected because Substance Misuse is in alignment with the organizational strengths and priorities, and was identified as a top priority by most Ascension Tennessee Hospitals and voted as a top priority need by the Cannon County Health Council

Needs That Will Not Be Addressed

Ascension Saint Thomas Stones River Hospital will be addressing all community prioritized health needs listed above.



Written Comments

This IS has been made available to the public and is open for public comment. Questions or comments about this Implementation Strategy can be submitted via the website: https://healthcare.ascension.org/chna.



Approval and Adoption of the IS by Ascension Saint Thomas East Regional **Board of Directors**

To ensure the Ascension Saint Thomas Stones River Hospital's efforts meet the needs of the community and have a lasting and meaningful impact, the 2024 Implementation Strategy was presented and adopted by Ascension Saint Thomas East Regional Hospitals Board of Directors on September 22, 2025 (2024 tax year) and by the Ascension Saint Thomas Board of Directors on October 24, 2025 (2024 tax year). Although an authorized body of the hospital must adopt the IS to be compliant with the provisions of the Affordable Care Act, adoption of the IS also demonstrates that the board is aware of the IS, endorses the priorities identified, and supports the action plans that have been developed to address prioritized needs.



Action Plans

The Implementation Strategy (IS) below is based on prioritized needs from the hospital's most recent Community Health Needs Assessment (CHNA). These strategies and action plans represent where the hospital will focus its community efforts over the next three years.

Strategy: Build a Bridge Between Communities and Healthcare		
Prioritized Health Need:		
Access to Care		
Collaborators		
 Ascension Saint Thomas Hospitals 		
Community Partners		
Government Agencies		
Providers		
Resources		
Time		
Talent		
Dollars		
ACTION STEPS	ROLE/OWNER	
Collect and analyze data on social factors	Hospital Leadership, Case Management	
Identify, recommend and/or implement actions/interventions to address social factors	Hospital Leadership, Case Management	
Collaborate with community based organizations and nonprofits through data sharing on social factors	Hospital Leadership, Case Management	
 Invest in community based organizations that are addressing social factors. 	Hospital Leadership, Case Management	
5. Continue to strengthen and expand navigation workforce	Hospital Leadership, Case Management	
ANTICIPATED IMPACT	<u> </u>	

Significant and positive impact on various aspects of individual and community well-being



Strategy: Enhance Sexual Assault Infrastructure for the Community				
Prioritized Health Need:				
Access to Care				
Collaborators				
Ascension Saint Thomas Hospitals				
Community Partners				
Government Agencies				
Providers				
Resources				
Time				
Talent				
Dollars				
ACTION STEPS	ROLE/OWNER			
Implement a Sexual Assault Nurse Examiner float pool	Hospital Leadership, Nursing			
Develop and implement comprehensive training,	Hospital Leadership, Nursing			
educational materials and resources on sexual assault				
and human trafficking				
3. Collaborate and engage with stakeholders and community	Hospital Leadership, Nursing			
partners				
4. Invest in to community based organizations and	Hospital Leadership, Nursing			
nonprofits who focus on addressing sexual assault,				
challenge harmful norms and promote a culture of				
consent and respect				
ANTICIPATED IMPACT				
ANTIOIFALD IIVIFACT				

Improved health outcomes and reductions in health disparities



Prioritized Health Need: Access to Care Collaborators			
Collaborators			
 Ascension Saint Thomas Hospitals Community Partners Government Agencies 			
 Community Partners Government Agencies 			
Government Agencies			
Providers			
Resources			
Time			
Talent			
Dollars			
ACTION STEPS ROLE/OWNER			
Participate in community activities and forums that Hospital Leadership, Workforce			
promote reduction in healthcare workforce shortages. Development Human Resources			
Expand access to healthcare career pathways for Hospital Leadership, Workforce			
students, community members, and internal associates Development Human Resources			
3. Explore scaling school-based Certified Clinical Medical Hospital Leadership, Workforce			
Assistance (CCMA) programs to incorporate a total of 8 Development Human Resources			
counties for training			
4 Investing community based experientions and nannyafite. He mital Local explications			
4. Invest in community based organizations and nonprofits Hospital Leadership, Workforce			
that focus on education, job skills training, and address Development Human Resources			
social factors that influence workforce development			
ANTICIPATED IMPACT			

Increased health outcomes, increased productivity and economic growth



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Strategy: Improve Overall Well-being Of Older Adults				
Prioritized Health Need:				
Access to Care				
Collaborators				
Ascension Saint Thomas Hospitals				
Community Partners				
Government Agencies				
 Providers 				
Resources				
Time				
Talent				
Dollars				
ACTION STEPS	ROLE/OWNER			
 Collect and analyze data on social factors impacting older adults 	Hospital Leadership, Nursing, Quality			
Identify and make recommendations to address the needs of older adults	Hospital Leadership, Nursing, Quality			
 Invest in community based organizations and nonprofits that are addressing the needs of older adults and their caregivers 	Hospital Leadership, Nursing, Quality			
 Actively partner, engage and serve on community based organizations and nonprofits whose mission is to support older adults and their caregivers 	Hospital Leadership, Nursing, Quality			
ANTICIPATED IMPACT				

Improved health and well-being of older adults



Improved well-being and resilience

Strategy: Strengthen Social Infrastructure to Increase Community Connections **Prioritized Health Need:** Mental Health **Collaborators** Ascension Saint Thomas Hospitals Community Partners Government Agencies Providers Resources • Time Talent Dollars **ACTION STEPS** ROLE/OWNER 1. Assess and build knowledge about social infrastructures Hospital Leadership, Spiritual Care, Mental **Health Practitioners** that build community connections 2. Identify and create a communication plan that will Hospital Leadership, Marketing and Communication, Spiritual Care, Mental increase community connections Health Practitioners Hospital Leadership, Spiritual Care, Mental Engage with local community based organizations and nonprofits partners who are strengthening social **Health Practitioners** infrastructures that increase community connections Invest in organizations that are creating social Hospital Leadership, Spiritual Care, Mental infrastructures that are increasing community **Health Practitioners** connections

ANTICIPATED IMPACT



Strategy: Support Substance Misuse Prevention and Education Efforts Prioritized Health Need:			
Collab	orators		
•	Ascension Saint Thomas Hospitals		
•			
•	Government Agencies		
•	Providers		
Resou	rces		
•	Time		
•	Talent		
•	Dollars		
ACTION	ISTEPS	ROLE/OWNER	
1.	Explore launching the infrastructure to support Harm	Hospital Leadership, Pharmacy, Nursing,	
	Reduction Services	Spiritual Care	
2.		Hospital Leadership, Pharmacy, Nursing,	
	based organizations and nonprofits on harm reduction	Spiritual Care	
	training and services		
3.	Promote harm reduction resources both locally and	Hospital Leadership, Pharmacy, Nursing,	
	regionally	Spiritual Care	
4.	Invest in community based organizations and nonprofits	Hospital Leadership, Pharmacy, Nursing,	
	efforts addressing harm reduction programs and negative	Spiritual Care	
	consequences of drug use		
5.	Engage with community based organizations and	Hospital Leadership, Pharmacy, Nursing,	
	nonprofits by serving on councils, boards and forums	Spiritual Care	

ANTICIPATED IMPACT

Reducing the harms related to drug use for individuals and the community



Evaluation

Ascension Saint Thomas Stones River Hospital will develop a comprehensive measurement and evaluation process for the Implementation Strategy (IS). The Hospital will monitor and evaluate the action plans outlined in this plan for the purpose of reporting and documenting the impact these action plans have on the community. Ascension Saint Thomas Stones River Hospital uses a tracking system to capture community benefit activities and implementation.