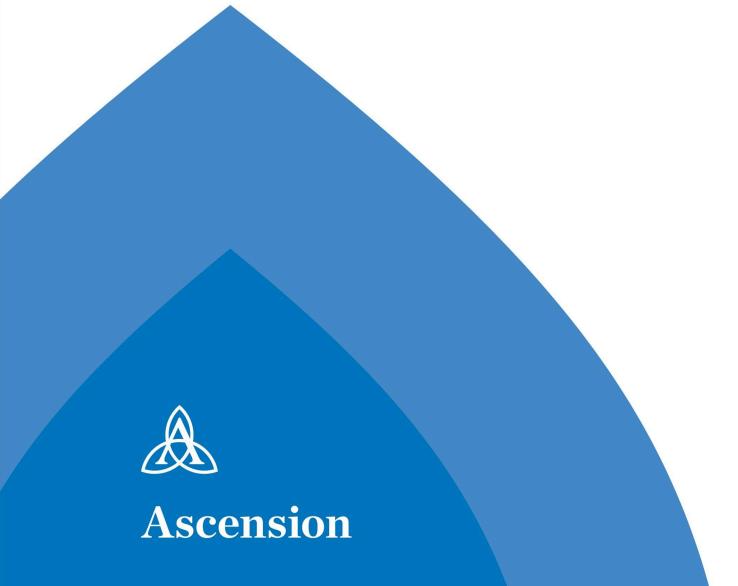
Ascension Saint Thomas Hickman Hospital

Implementation Strategy for the 2024 CHNA Hickman County, Tennessee





The purpose of this Implementation Strategy (IS) is to describe how the hospital plans to address prioritized health needs from its current Community Health Needs Assessment (CHNA). The significant health needs the hospital does not intend to address are identified, and a rationale is provided. Special attention has been given to the needs of individuals and communities at increased risk for poor health outcomes or experiencing social factors that place them at risk.

Hospital legal name: Saint Thomas Hickman Hospital (Ascension Saint Thomas Hickman Hospital)

Hospital Address: 135 East Swan Street, Centerville, TN 37033 Hospital website: Ascension Saint Thomas Hickman Hospital

Hospital phone: 931-729-4271 Hospital EIN/Tax ID: 58-1737573

The 2024 Implementation Strategy was adopted by the Ascension Saint Thomas West Regional Hospitals Board of Directors on August 28, 2025 (2024 tax year) and by the Ascension Saint Thomas Board of Directors on October 24, 2025 (2024 tax year) and applies to the following three-year cycle: July 1, 2025 to June 30, 2028. This report, as well as the previous report, can be found on Ascension's public website.

We value the community's voice and welcome feedback on this report. Please visit our public website (https://healthcare.ascension.org/chna) to submit your comments.



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Introduction

As one of the leading non-profit and Catholic health systems in the United States, Ascension is committed to delivering compassionate, personalized care to all, with special attention to impoverished and vulnerable persons.

About Ascension

Ascension is one of the nation's leading non-profit and Catholic health systems, with a Mission of delivering compassionate, personalized care to all, with special attention to those most vulnerable. In FY2024, Ascension provided \$2.1 billion in care of persons living in poverty and other community benefit programs. Across 16 states and the District of Columbia, Ascension's network encompasses approximately 99,000 associates, 23,000 aligned providers, 94 wholly owned or consolidated hospitals, and ownership interests in 27 additional hospitals through partnerships. Ascension also operates 30 senior living facilities and a variety of other care sites offering a range of healthcare services.

Ascension's Mission provides a strong framework and guidance for the work done to meet the needs of communities across the US. It is foundational to transform healthcare and express priorities when providing care and services, particularly to those most in need.

Mission: Rooted in the loving ministry of Jesus as healer, we commit ourselves to serving all persons with special attention to those who are poor and vulnerable. Our Catholic health ministry is dedicated to spiritually-centered, holistic care which sustains and improves the health of individuals and communities. We are advocates for a compassionate and just society through our actions and our words.

For more information about Ascension, visit https://www.ascension.org/.

Ascension Saint Thomas

Ascension Saint Thomas is a leading health care system with a 125-year history of providing care to the community, and is the only faith-based, non profit health system in Middle Tennessee. Today, the health system offers a highly comprehensive system of care, with more than 320 sites of care that cover a 45-county area in Tennessee consisting of 18 hospitals and a network of affiliated joint ventures, medical practices, clinics and specialty facilities. Across the state, Ascension Saint Thomas and its partner organizations employ more than 13,000 dedicated associates who care for millions of patients each year.

Ascension Saint Thomas Hickman Hospital

Ascension Saint Thomas Hickman Hospital is a member of Ascension, the nation's largest Catholic and nonprofit health system. Through our Christian healing ministry, we are committed to serving Hickman County and surrounding communities by providing the highest quality healthcare in a caring, compassionate, and faith-based environment.



Ascension Saint Thomas Hickman Hospital has been serving the Hickman County and Centerville communities since 1964. Ascension Saint Thomas Hickman Hospital operates one hospital campus, and employs more than 90 people. Ascension Saint Thomas Hickman Hospital, the first hospital in Tennessee to qualify as a Critical Access Hospital, has specialty clinics in eye care, gastroenterology. cardiology, outpatient infusions, and orthopedics. Additionally, the hospital has complete ancillary services, including physical therapy, cardiopulmonary, and radiology with CAT scan, nuclear medicine, and echocardiography capabilities. Ascension Saint Thomas Hickman Hospital strives to provide quality primary and emergency care to the community in a professional, accessible and compassionate manner.

For more information about Ascension Saint Thomas Hickman Hospital, visit Ascension Saint Thomas Hickman Hospital.

Overview of the Implementation Strategy

Needs Prioritization

Protection and Affordable Care Act of 2010, more commonly known as the Affordable Care Act (ACA, requires all not-for-profit hospitals to conduct a Community Health Needs Assessment (CHNA) and adopt an implementation strategy every three years. Included in Code Section 501(r)(3) is the requirement that hospitals must provide a description of the process and criteria used to determine the most significant health needs of the community identified through the Community Health Needs Assessment (CHNA). Accordingly, Ascension Saint Thomas Hickman Hospital used a phased prioritization approach to identify the needs of Hickman County. The first step was to determine the broader set of community identified needs. The CHNA narrowed community identified needs to a group of needs determined most crucial for community stakeholders to address.

Ascension Saint Thomas Hickman Hospital identified additional criteria to prioritize the needs includina:

- Magnitude: How many individuals does the problem affect?
- Seriousness of consequences: What would happen if the issue were not made a priority? What level of burden on the community (economic, social or other)?
- Feasibility: Is the problem preventable, and what is the community's capacity to address?
- Equity: Is one group of people being affected more than other groups? Are health outcomes different for different groups?

After completing the CHNA, community significant needs were further narrowed down to the community prioritized needs that the hospital will address within the Implementation Strategy (IS). To arrive at the community prioritized needs, Ascension Saint Thomas Hickman Hospital collaborated with the Hickman County Health Department and the Hickman County Health Council to facilitate a discussion during a Hickman Health Council meeting on December 4, 2024 to prioritize the top needs in the community.



The needs listed below were voted as top priority needs by the community key stakeholders in Hickman County.

- Access to Care
- Mental Health
- Substance Misuse

Needs That Will Be Addressed

During the Implementation Strategy (IS) brainstorming phase for Ascension Saint Thomas Hospitals, Community Benefit and leaders agreed to a collective impact model toward addressing needs that appeared in multiple counties. This model is an effort to allocate resources in ways that can more meaningfully impact priority areas. Ascension Saint Thomas Hickman Hospital has selected the community prioritized needs outlined below for its 2024 Implementation Strategy (IS). Ascension defined "community prioritized needs" as the significant needs which have been prioritized by the community to address through the three-year CHNA cycle:

- Access to Care This need was selected because Access to Care is in alignment with the
 organizational strengths and priorities, and was identified as a top priority by most Ascension
 Tennessee Hospitals and voted as a top priority need by the Hickman County Health Council.
- Mental Health This need was selected because Mental Health was one of the overall top needs
 identified by Ascension Tennessee Hospitals during the 2024 CHNA process and voted as a top
 priority by the Hickman County Health Council.
- Substance Misuse This need was selected because Substance Misuse was one of the overall
 top needs identified by Ascension Tennessee Hospitals during the 2024 CHNA process and
 voted as a top priority by the Hickman County Health Council.

Needs That Will Not Be Addressed

Ascension Saint Thomas Hickman Hospital will be addressing all community prioritized health needs listed above.

Written Comments

This Implementation Strategy (IS) has been made available to the public and is open for public comment. Questions or comments about this Implementation Strategy can be submitted via the website: https://healthcare.ascension.org/chna.



Approval and Adoption of the Implementation Strategy (IS) by Ascension Saint **Thomas West Regional Board of Directors**

To ensure the Ascension Saint Thomas Hickman Hospital's efforts meet the needs of the community and have a lasting and meaningful impact, the 2024 Implementation Strategy (IS) was presented and adopted by Ascension Saint Thomas West Regional Hospitals Board of Directors on August 28, 2025 (2024 tax year) and by the Ascension Saint Thomas Board of Directors on October 24, 2025 (2024 tax year). Although an authorized body of the hospital must adopt the IS to be compliant with the provisions of the Affordable Care Act, adoption of the IS also demonstrates that the board is aware of the IS, endorses the priorities identified, and supports the action plans that have been developed to address the prioritized needs.



Action Plans

The Implementation Strategy (IS) below is based on community prioritized needs from the hospital's most recent Community Health Needs Assessment (CHNA). These strategies and action plans represent where the hospital will focus its community efforts over the next three years.

Strategy: Build a Bridge Between Communities and Healthcare		
Prioritized Health Need:		
Access to Care		
Collaborators		
 Ascension Saint Thomas Hospitals 		
 Community Partners 		
Government Agencies		
Providers		
Resources		
• Time		
TalentDollars		
	DOLE/OWNED	
ACTION STEPS	ROLE/OWNER	
Collect and analyze data on social factors	Hospital Leadership, Population Health, Case Management, Providers, Quality	
2. Identify, recommend and/or implement	Hospital Leadership, Population Health,	
actions/interventions to address social factors	Case Management, Providers, Quality	
3. Collaborate with community based organizations and	Hospital Leadership, Population Health,	
nonprofits through data sharing on social factors	Case Management, Providers, Quality	
4. Invest in community based organizations that are	Hospital Leadership, Population Health,	
addressing social factors.	Case Management, Providers, Quality	
5. Continue to strengthen and expand navigation workforce	Hospital Leadership, Population Health,	
	Case Management, Providers, Quality	
ANTICIPATED IMPACT		
Significant and positive impact on various aspects of individual and community well-being		



Strategy: Improving the Health of Postpartum Mothers			
Prioritized Health Need:			
Access to Care			
Collaborators			
Ascension Saint Thomas Hospitals			
1	Community Partners		
Government Agencies			
Providers			
Resources			
Time Talent			
Dollars			
ACTION STEPS	ROLE/OWNER		
Explore collecting and analyzing data on postpartum moms social factors/needs	Hospital Leadership, Population Health, Community Health Workers, Case Management, Nursing Leadership		
Identify and recommend actions to address postpartum moms social factors/needs	Hospital Leadership, Population Health, Community Health Workers, Case Management, Nursing Leadership		
Explore providing educational materials and resources to women and their families about pre-pregnancy care, during pregnancy care and after pregnancy care	Hospital Leadership, Population Health, Community Health Workers, Case Management, Nursing Leadership		
Collaborate, invest and provide support to community organizations and efforts that will improve maternal health outcomes during postpartum	Hospital Leadership, Population Health, Community Health Workers, Case Management, Nursing Leadership		
Address Maternal Mental Health Needs by providing connections to support groups and community connections	Hospital Leadership, Population Health, Community Health Workers, Case Management, Nursing Leadership		

ANTICIPATED IMPACT

Healthier mothers, babies, and families



Caustomy, Causanthon the Healthouse Woulders			
Strategy: Strengthen the Healthcare Workforce Prioritized Health Need:			
Access to Care			
Collaborators			
Ascension Saint Thomas Hospitals			
Community Partners			
Government Agencies			
 Providers 			
Resources			
• Time			
Talent			
Dollars	1		
ACTION STEPS	ROLE/OWNER		
Participate in community activities and forums that	Hospital Leadership, Population Health,		
promote reduction in healthcare workforce shortages	Workforce Development, Human		
O Formand a constant bands benefit and a constant bands from	Resources, Providers		
Expand access to healthcare career pathways for	Hospital Leadership, Population Health,		
students, community members, and internal associates	Workforce Development, Human		
	Resources, Providers		
3. Explore scaling school-based Certified Clinical Medical	Hospital Leadership, Population Health,		
Assistance (CCMA) programs to incorporate a total of 8	Workforce Development, Human		
counties for training	Resources, Providers		
	,		
4. Invest in community based organizations and nonprofits	Hospital Leadership, Population Health,		
that focus on education, job skills training, and address	Workforce Development, Human		
social factors that influence workforce development	Resources, Providers		
ANTICIPATED IMPACT			

Increased health outcomes, increased productivity and economic growth



Strategy: Improve Overall Well-being Of Older Adults		
Prioritized Health Need:		
Access to Care		
Collaborators		
 Ascension Saint Thomas Hospitals 		
Community Partners		
Government Agencies		
 Providers 		
Resources		
• Time		
Talent		
Dollars		
ACTION STEPS	ROLE/OWNER	
 Collect and analyze data on social factors impacting older adults 	Hospital Leadership, Community Health Workers, Case Management, Providers, Quality, Behavioral Health	
Identify and make recommendations to address the needs of older adults	Hospital Leadership, Community Health Workers, Case Management, Providers, Quality, Behavioral Health	
 Invest in community based organizations and nonprofits that are addressing the needs of older adults and their caregivers 	Hospital Leadership, Community Health Workers, Case Management, Providers, Quality, Behavioral Health	
 Actively partner, engage and serve on community based organizations and nonprofits whose mission is to support older adults and their caregivers 	Hospital Leadership, Community Health Workers, Case Management, Providers, Quality, Behavioral Health	
ANTICIPATED IMPACT		

Improved health and well-being of older adults



Strategy: Strengthen Social Infrastructure to Increase Community Connections **Prioritized Health Need:** Mental Health **Collaborators** Ascension Saint Thomas Hospitals Community Partners **Government Agencies** Providers Resources Time Talent Dollars **ACTION STEPS** ROLE/OWNER 1. Assess and build knowledge about social infrastructures Hospital Leadership, Providers, Quality, Behavioral Health, Spiritual Care, that build community connections Providers, Mental Health Practitioners 2. Identify and create a communication plan that will Hospital Leadership, Marketing and Communication, Providers, Quality, increase community connections Behavioral Health, Spiritual Care, Providers, Mental Health Practitioners Engage with local community based organizations and Hospital Leadership, Providers, Quality, nonprofits partners who are strengthening social Behavioral Health, Spiritual Care, infrastructures that increase community connections Providers, Mental Health Practitioners Invest in organizations that are creating social Hospital Leadership, Providers, Quality, infrastructures that are increasing community Behavioral Health, Spiritual Care, connections Providers, Mental Health Practitioners

ANTICIPATED IMPACT

Improved well-being and resilience



Strategy: Support Substance Misuse Prevention and Education Efforts **Prioritized Health Need:** Substance Misuse Collaborators Ascension Saint Thomas Hospitals **Community Partners Government Agencies** Providers Resources Time Talent Dollars **ACTION STEPS ROLE/OWNER** 1. Explore launching the infrastructure to support Harm Hospital Leadership, Population Health, **Reduction Services** Community Health Workers, Case Management, Spiritual Care, Providers Explore opportunities for collaborations with community Hospital Leadership, Population Health, based organizations and nonprofits on harm reduction Community Health Workers, Case training and services Management, Spiritual Care, Providers Promote harm reduction resources both locally and Hospital Leadership, Population Health, regionally Community Health Workers, Case Management, Spiritual Care, Providers Invest in community based organizations and nonprofits Hospital Leadership, Population Health, efforts addressing harm reduction programs and negative Community Health Workers, Case consequences of drug use Management, Spiritual Care, Providers Engage with community based organizations and Hospital Leadership, Population Health, nonprofits by serving on councils, boards and forums Community Health Workers, Case Management, Spiritual Care, Providers

ANTICIPATED IMPACT

Reducing the harms related to drug use for individuals and the community



Evaluation

Ascension Saint Thomas Hickman Hospital will develop a comprehensive measurement and evaluation process for the Implementation Strategy (IS). The Hospital will monitor and evaluate the action plans outlined in this plan for the purpose of reporting and documenting the impact these action plans have on the community. Ascension Saint Thomas Hickman Hospital uses a tracking system to capture community benefit activities and implementation.