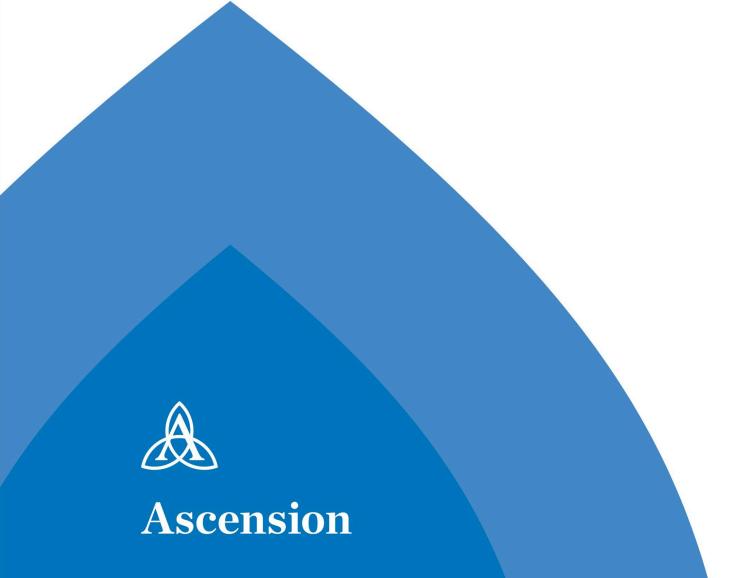
Ascension Saint Thomas DeKalb Hospital

Implementation Strategy for the 2024 CHNA DeKalb County, Tennessee





The purpose of this Implementation Strategy (IS) is to describe how the hospital plans to address prioritized health needs from its current Community Health Needs Assessment (CHNA). The significant health needs the hospital does not intend to address are identified, and a rationale is provided. Special attention has been given to the needs of individuals and communities at increased risk for poor health outcomes or experiencing social factors that place them at risk.

Hospital legal name: Saint Thomas Dekalb Hospital, LLC (Ascension Saint Thomas DeKalb Hospital)

Hospital Address: 520 West Main Street, Smithville, TN 37166 Hospital website: Ascension Saint Thomas DeKalb Hospital

Hospital phone: 615-215-5000 Hospital EIN/Tax ID: 47-4063046

The 2024 Implementation Strategy (IS) was adopted by the Ascension Saint Thomas East Regional Hospitals Board of Directors on September 22, 2025 (2024 tax year) and by the Ascension Saint Thomas Board of Directors on October 24, 2025 (2024 tax year) and applies to the following three-year cycle: July 1, 2025 to June 30, 2028. This report, as well as the previous report, can be found on Ascension's public website.

We value the community's voice and welcome feedback on this report. Please visit our public website (https://healthcare.ascension.org/chna) to submit your comments.



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Introduction

As one of the leading non-profit and Catholic health systems in the United States, Ascension is committed to delivering compassionate, personalized care to all, with special attention to impoverished and vulnerable persons.

About Ascension

Ascension is one of the nation's leading non-profit and Catholic health systems, with a Mission of delivering compassionate, personalized care to all with special attention to those most vulnerable. In FY2024, Ascension provided \$2.1 billion in care of persons living in poverty and other community benefit programs. Across 16 states and the District of Columbia, Ascension's network encompasses approximately 106,000 associates, 26,000 aligned providers, 105 wholly owned or consolidated hospitals, and 34 senior living facilities. Additionally, through strategic partnerships, Ascension holds an ownership interest in 26 other hospitals.

Ascension's Mission provides a strong framework and guidance for the work done to meet the needs of communities across the US. It is foundational to transform healthcare and express priorities when providing care and services, particularly to those most in need.

Mission: Rooted in the loving ministry of Jesus as healer, we commit ourselves to serving all persons with special attention to those who are poor and vulnerable. Our Catholic health ministry is dedicated to spiritually-centered, holistic care which sustains and improves the health of individuals and communities. We are advocates for a compassionate and just society through our actions and our words.

For more information about Ascension, visit https://www.ascension.org/.

Ascension Saint Thomas

Ascension Saint Thomas is a leading health care system with a 125-year history of providing care to the community, and is the only faith-based, non profit health system in Middle Tennessee. Today, the health system offers a highly comprehensive system of care, with more than 320 sites of care that cover a 45-county area in Tennessee consisting of 18 hospitals and a network of affiliated joint ventures, medical practices, clinics and specialty facilities. Across the state, Ascension Saint Thomas and its partner organizations employ more than 13,000 dedicated associates who care for millions of patients each year.



Ascension Saint Thomas DeKalb Hospital

Ascension Saint Thomas DeKalb Hospital delivers emergency care and a wide range of hospital care in Smithville, Tennessee. Ascension Saint Thomas DeKalb Hospital operates one hospital campus and employs more than 80 associates. Serving Tennessee since 1969, Ascension Saint Thomas DeKalb Hospital is continuing the long and valued tradition of responding to the health needs of the people in our community. Located at 520 West Main Street, the hospital and emergency care teams deliver primary and specialty care when you need it most. The emergency and surgical care services include heart care, and general surgery. The hospital also offers physical and occupational therapy for acute adults, cardiopulmonary rehabilitation, and orthopedic and sports injury therapy. The highly trained respiratory therapists specialize in pulmonary function testing, asthma education, sleep study diagnostics, cardiology, and smoking cessation.

For more information about Ascension Saint Thomas DeKalb Hospital, visit <u>Ascension Saint Thomas DeKalb Hospital.</u>

Overview of the Implementation Strategy

Needs Prioritization

Protection and Affordable Care Act of 2010, more commonly known as the Affordable Care Act (ACA, requires all not-for-profit hospitals to conduct a Community Health Needs Assessment (CHNA) and adopt an implementation strategy every three years. Included in Code Section 501(r)(3) is the requirement that hospitals must provide a description of the process and criteria used to determine the most significant health needs of the community identified through the CHNA, along with a description of the process and criteria used to determine the prioritized needs to be addressed by the hospital. Accordingly, Ascension Saint Thomas DeKalb Hospital used a phased prioritization approach to identify the needs of DeKalb County. The first step was to determine the broader set of community identified needs. The CHNA assessment narrowed community identified needs to a group of needs determined most crucial for community stakeholders to address.

Ascension Saint Thomas DeKalb Hospital identified additional criteria to prioritize the needs including:

- Magnitude: How many individuals does the problem affect?
- Seriousness of consequences: What would happen if the issue were not made a priority? What level of burden on the community (economic, social or other)?
- Feasibility: Is the problem preventable, and what is the community's capacity to address?
- Equity: Is one group of people being affected more than other groups? Are health outcomes different for different groups?

After completing the CHNA, community significant needs were further narrowed down to community prioritized needs that the hospital will address within the Implementation Strategy (IS). To arrive at the community prioritized needs, Ascension Saint Thomas DeKalb Hospital collaborated with the DeKalb



County Health Department and the DeKalb County Health Council to facilitate a discussion during a DeKalb Health Council meeting on October 29, 2024 to prioritize the top needs in the community.

The needs listed below were voted as top community prioritized needs by Community Key Stakeholders in DeKalb County.

- Access to Care
- Mental Health
- Substance Misuse

Needs That Will Be Addressed

During the Implementation Strategy (IS) brainstorming phase, Ascension Saint Thomas Hospitals, Community Benefit and leaders agreed to a collective impact model toward addressing needs that appeared in multiple counties. This model is an effort to allocate resources in ways that can more meaningfully impact priority areas. Ascension Saint Thomas DeKalb Hospital has selected the prioritized needs outlined below for its 2024 Implementation Strategy (IS). Ascension has defined "prioritized needs" as the significant needs which have been prioritized by the hospital to address through the three-year CHNA cycle:

- Access to Care This need was selected because Access to Care is in alignment with the
 organizational strengths and priorities, and was identified as a top priority by most Ascension
 Saint Thomas Hospitals and voted as a top priority need by the DeKalb County Health Council.
- Mental Health This need was selected because Mental Health is in alignment with the
 organizational strengths and priorities, and was identified as a top priority by most Ascension
 Saint Thomas Hospitals and voted as a top priority need by the DeKalb County Health Council.
- Substance Misuse This need was selected because Substance Misuse is in alignment with the organizational strengths and priorities, and was identified as a top priority by most Ascension Saint Thomas Hospitals and voted as a top priority need by the DeKalb County Health Council.

Needs That Will Not Be Addressed

Ascension Saint Thomas DeKalb Hospital will be addressing all community prioritized health needs listed above.

Written Comments

This Implementation Strategy (IS) has been made available to the public and is open for public comment. Questions or comments about this Implementation Strategy can be submitted via the website: https://healthcare.ascension.org/chna.



Approval and Adoption of the IS by Ascension Saint Thomas East Regional **Board of Directors**

To ensure the Ascension Saint Thomas DeKalb Hospital's efforts meet the needs of the community and have a lasting and meaningful impact, the 2024 Implementation Strategy was presented and adopted by Ascension Saint Thomas East Regional Hospitals Board of Directors on September 22, 2025 (2024) tax year) and by the Ascension Saint Thomas Board of Directors on October 24, 2025 (2024 tax year). Although an authorized body of the hospital must adopt the IS to be compliant with the provisions of the Affordable Care Act, adoption of the IS also demonstrates that the board is aware of the IS, endorses the priorities identified, and supports the action plans that have been developed to address prioritized needs.



Action Plans

The Implementation Strategy (IS) below is based on prioritized needs from the hospital's most recent Community Health Needs Assessment (CHNA). These strategies and action plans represent where the hospital will focus its community efforts over the next three years.

Strategy: Build a Bridge Between Communities and Healthcare		
Prioritized Health Need:		
Access to Care		
Collaborators		
 Ascension Saint Thomas Hospitals 		
Community Partners		
Government Agencies		
 Providers 		
Resources		
Time		
 Talent 		
 Dollars 		
ACTION STEPS	ROLE/OWNER	
Collect and analyze data on social factors	Hospital Leadership, Case Management	
Identify, recommend and/or implement actions/interventions to address social factors	Hospital Leadership, Case Management	
Collaborate with community based organizations and nonprofits through data sharing on social factors	Hospital Leadership, Case Management	
Invest in community based organizations that are addressing social factors	Hospital Leadership, Case Management	
5. Continue to strengthen and expand navigation workforce	Hospital Leadership, Case Management	
ANTICIPATED IMPACT	•	

Significant and positive impact on various aspects of individual and community well-being



Strategy: Enhance Sexual Assault Infrastructure for the Community **Prioritized Health Need:** Access to Care **Collaborators** Ascension Saint Thomas Hospitals Community Partners **Government Agencies** Providers Resources Time Talent **Dollars ACTION STEPS** ROLE/OWNER Hospital Leadership, Nursing 1. Implement a Sexual Assault Nurse Examiner float pool 2. Develop and implement comprehensive training, Hospital Leadership, Nursing educational materials and resources on sexual assault and human trafficking 3. Collaborate and engage with stakeholders and community Hospital Leadership, Nursing partners 4. Invest in community based organizations and nonprofits Hospital Leadership, Nursing who focus on addressing sexual assault, challenge harmful norms and promote a culture of consent and respect

ANTICIPATED IMPACT

Improved health outcomes and reductions in health disparities



Strategy: Strengthen the Healthcare Workforce		
Prioritized Health Need:		
Access to Care		
Collaborators		
Ascension Saint Thomas Hospitals		
Community Partners		
Government Agencies		
 Providers 		
Resources		
• Time		
• Talent		
Dollars	DOLE/OWNER	
ACTION STEPS	ROLE/OWNER	
Participate in community activities and forums that	Hospital Leadership, Workforce	
promote reduction in healthcare workforce shortages.	Development Human Resources	
2. Expand access to healthcare career pathways for	Hospital Leadership, Workforce	
students, community members, and internal associates	Development Human Resources	
•	·	
3. Explore scaling school-based Certified Clinical Medical	Hospital Leadership, Workforce	
Assistance (CCMA) programs to incorporate a total of 8	Development Human Resources	
counties for training		
4. Invest in community based organizations and nonprofits	Hospital Leadership, Workforce	
that focus on education, job skills training, and address	Development Human Resources	
social factors that influence workforce development		

Increased health outcomes, increased productivity and economic growth



Otrota ma lassansa Ossansii Wali ba'i	Of Old A dealth	
Strategy: Improve Overall Well-bei	ng Of Older Adults	
Prioritized Health Need:		
Access to Care		
Collaborators		
Ascension Saint Thomas Hospitals		
Community Partners		
Government Agencies		
Providers		
Resources		
• Time		
• Talent		
Dollars	DOLE/OWNER	
ACTION STEPS	ROLE/OWNER	
Collect and analyze data on social factors impacting older	Hospital Leadership, Nursing, Quality	
adults		
Identify and make recommendations to address the needs	B Hospital Leadership, Nursing, Quality	
of older adults	5 Hospital Leadership, Nursing, Quality	
of older addits		
3. Invest in community based organizations and nonprofits	Hospital Leadership, Nursing, Quality	
that are addressing the needs of older adults and their	Troopital Zoddoromp, Italomy, quanty	
caregivers		
4. Actively partner, engage and serve on community based	Hospital Leadership, Nursing, Quality	
organizations and nonprofits whose mission is to support	1 .	
older adults and their caregivers		
G		
ANTICIPATED IMPACT		

Improved health and well-being of older adults



Improved well-being and resilience

Strategy: Strengthen Social Infrastructure to Increase Community Connections **Prioritized Health Need:** Mental Health **Collaborators** Ascension Saint Thomas Hospitals Community Partners Government Agencies Providers Resources Time Talent Dollars **ACTION STEPS** ROLE/OWNER 1. Assess and build knowledge about social infrastructures Hospital Leadership, Spiritual Care, Mental that build community connections **Health Practitioners** 2. Identify and create a communication plan that will Hospital Leadership, Marketing and Communications, Spiritual Care, Mental increase community connections Health Practitioners 3. Engage with local community based organizations and Hospital Leadership, Spiritual Care, Mental nonprofits partners who are strengthening social **Health Practitioners** infrastructures that increase community connections 4. Invest in organizations that are creating social Hospital Leadership, Spiritual Care, Mental infrastructures that are increasing community Health Practitioners connections

ANTICIPATED IMPACT



Strategy: Support Substance Misuse Prevention and Education Efforts Prioritized Health Need: Substance Misuse **Collaborators** Ascension Saint Thomas Hospitals **Community Partners** Government Agencies Providers Resources Time Talent Dollars **ACTION STEPS** ROLE/OWNER 1. Explore launching the infrastructure to support Harm Hospital Leadership, Pharmacy, Nursing **Reduction Services** Explore opportunities for collaborations with community Hospital Leadership, Pharmacy, Nursing based organizations and nonprofits on harm reduction training and services 3. Promote harm reduction resources both locally and Hospital Leadership, Pharmacy, Nursing regionally 4. Invest in community based organizations and nonprofits Hospital Leadership, Pharmacy, Nursing efforts addressing harm reduction programs and negative consequences of drug use. Engage with community based organizations and Hospital Leadership, Pharmacy, Nursing nonprofits by serving on councils, boards and forums.

ANTICIPATED IMPACT

Reducing the harms related to drug use for individuals and the community



Evaluation

Ascension Saint Thomas DeKalb Hospital will develop a comprehensive measurement and evaluation process for the Implementation Strategy (IS). The Hospital will monitor and evaluate the action plans outlined in this plan for the purpose of reporting and documenting the impact these action plans have on the community. Ascension Saint Thomas DeKalb Hospital uses a tracking system to capture community benefit activities and implementation.