# 2019

# Community Health Needs Assessment

Warren County, Tennessee

Saint Thomas River Park Hospital

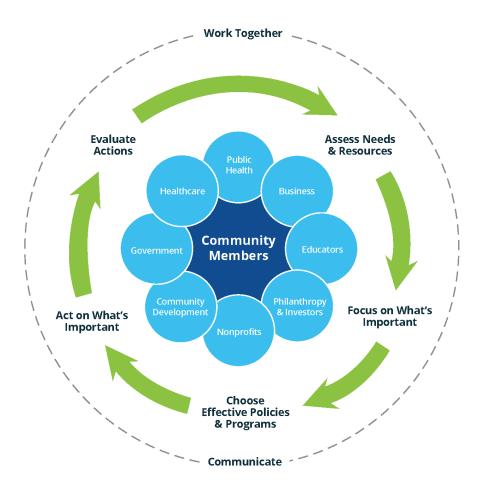


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# Perspective/Overview

#### Creating a culture of health in the community



Action Cycle Source: the Robert Wood Johnson Foundation's County Health Rankings website: <a href="http://www.Countyhealthrankings.org/roadmaps/action-center">http://www.Countyhealthrankings.org/roadmaps/action-center</a>

The Community Health Needs Assessment (CHNA) uses a systematic, comprehensive data collection and analysis to define priorities for health improvement, creates a collaborative community environment to engage stakeholders, and an open and transparent process to listen and truly understand the health needs of Warren County, Tennessee.



#### **About Saint Thomas River Park Hospital**

#### **About Saint Thomas Health**

Saint Thomas Health (STH) is Middle Tennessee's faith-based, not-for-profit health care system united as one healing community. Saint Thomas Health is focused on transforming the healthcare experience and helping people live healthier lives, with special attention to the poor and vulnerable. The regional health system includes nine hospitals: Saint Thomas Midtown Hospital, Saint Thomas West Hospital and Saint Thomas Hospital for Specialty Surgery in Nashville, Saint Thomas Rutherford Hospital in Murfreesboro, Saint Thomas Hickman Hospital in Centerville, Saint Thomas DeKalb Hospital in Smithville, Saint Thomas Highlands Hospital in Sparta, Saint Thomas Stones River Hospital in Woodbury, and Saint Thomas River Park Hospital in McMinnville. A comprehensive network of affiliated joint ventures, medical practices, clinics and rehabilitation facilities complements the hospital services. Saint Thomas Health is part of Ascension, a Catholic organization that is the largest not-for-profit health system in the United States.

#### **About Saint Thomas River Park Hospital**

Saint Thomas River Park Hospital is a 125-bed full-service hospital located in McMinnville, Tennessee. It provides a comprehensive range of medical services and high quality care serving the people of Middle Tennessee.

#### **About Ascension**

Ascension is a faith-based healthcare organization dedicated to transformation through innovation across the continuum of care. As the largest non-profit health system in the U.S. and the world's largest Catholic health system, Ascension is committed to delivering compassionate, personalized care to all, with special attention to persons living in poverty and those most vulnerable. In FY2018, Ascension provided nearly \$2 billion in care of persons living in poverty and other community benefit programs. Ascension includes approximately 156,000 associates and 34,000 aligned providers. Ascension's Healthcare Division operates more than 2,600 sites of care – including 151 hospitals and more than 50 senior living facilities – in 21 states and the District of Columbia, while its Solutions Division provides a variety of services and solutions including physician practice management, venture capital investing, investment management, biomedical engineering, facilities management, clinical care management, information services, risk management, and contracting through Ascension's own group purchasing organization.



#### **2019 Community Health Needs Assessment**

Saint Thomas River Park Hospital as the sponsor of the assessment, engaged national leaders in community health needs assessments to assist in the project. Stratasan, a healthcare analytics and facilitation company based out of Nashville, Tennessee, provided the analysis of community health data, facilitated the focus group, conducted some interviews and facilitated a community health summit to receive community input into the priorities and brainstorm community assets and how they might assist with the top priorities.

This CHNA assesses health in Warren County, the primary service area of Saint Thomas River Park Hospital.



Starting on July 1, 2019 this report is made widely available to the community via Saint Thomas River Park Hospital's website and paper copies are available free of charge at Saint Thomas River Park Hospital, 1559 Sparta Street, McMinnville, TN 37110 or by phone (931) 815-4000.

#### **PROJECT GOALS**

- To continue a formal and comprehensive community health assessment process which allows for the identification and prioritization of significant health needs of the community to assist with resource allocation, informed decision-making and collective action that will improve health.
- To continue a collaborative partnership between all stakeholders in the community by seeking input from persons who represent the broad interests of the community.
- To support the existing infrastructure and utilize resources available in the community to instigate health improvement in the community.



"

We initiated the Community Health Needs Assessment with the goal to assess the health and needs of the community and create a coalition to address those needs. This process is an affirmation of what we've been doing and has increased awareness of available resources," said Tracey Biles, Director, Mission Integration, Saint Thomas Health.

"The information gathered both from public health data and from community stakeholders provided the insight the community needed to set priorities for significant health issues and will be used by the community to inform and support our implementation plans," added Dale Humphrey, CEO Saint Thomas River Park Hospital.





Photo Credit Retire Tennessee Website

# **Community**

#### **Input and Collaboration**

#### **Data Collection and Timeline**

- In January 2019, Saint Thomas River Park Hospital began a Community Health Needs
  Assessment for Warren County. Saint Thomas River Park Hospital sought input from persons
  who represent the broad interests of the community using several methods:
- Twenty-two community members, not-for-profit organizations (representing medically underserved, low-income, minority populations, and the elderly), health providers, local government, businesses and clergy, participated in a focus group and individual interviews for their perspectives on community health needs and issues on December 19<sup>th</sup>, 2018, January 22<sup>nd</sup> and 31<sup>st</sup>, 2019.
- Information gathering, using secondary public health sources, occurred in January, 2019.
- A Community Health Summit was conducted on March 12<sup>th</sup>, 2019 with 14 community stakeholders. The audience consisted of healthcare providers, business leaders, government representatives, schools, not-for-profit organizations, employers and other community members.



Photo Credit Senior Center Website







Photo Credit Warren County Schools Website

# **Participants**

Twenty-nine individuals from thirteen community and healthcare organizations collaborated to implement a comprehensive CHNA process focused on identifying and defining significant health needs, issues, and concerns of Warren County. In order to create a plan to improve the health of the community, Saint Thomas spent three months engaging stakeholders who represented broad interests, provided direction, and gave context to the needs of the community.

# Participation by those Representing the Broad Interests of the Community

Participation in the focus groups and at the Community Health Summit creating the Warren County Community Health Needs Assessment and Improvement Plan included:

Organization	Population Represented (kids, low income, minorities, those w/o access)	Participation
Business Round Table	Local Businesses	Summit, Interview
Chaplain at McMinnville Church of God	Entire Community	Summit
Children's Advocacy Center	Youth	Summit, Focus group
Church of God of Prophecy	Entire Community	Summit, Focus group
Industrial Development Board	Entire Community	Summit, Focus group
Saint Thomas	Entire Community	Summit
State of Tennessee		Focus group
Upper Cumberland Human Resource Agency		Summit
Upper Cumberland Regional Health Office	Entire Community	Summit
UT- TSU Extension	Entire Community	Summit
Warren County Executive	Entire Community	Interview
Warren County Health Department	Entire Community	Summit, Focus group
Warren County High School	Youth	Interview

In many cases, several representatives from each organization participated.



# Input of the Medically Underserved, Low-income, and Minority Populations

Input of medically underserved, low-income and minority populations was received during the focus groups, interviews, and the Community Health Summit. Agencies representing these population groups were intentionally invited to the focus group, interviews and Summit.

#### **Community Engagement and Transparency**

Many members of the community participated in the focus group, individual interviews, and the Summit. We are pleased to share the results of the Community Health Needs Assessment with the rest of the community in hopes of attracting more advocates and volunteers to improve the health of Warren County. The following pages highlight key findings of the assessment. The comprehensive data analysis may be obtained via a PDF on the website or by contacting Saint Thomas River Park Hospital.

Public comments were available in the previous 2016 CHNA report but no comments or suggestions were made.

#### **Community Selected for Assessment**

Warren County was the primary focus of the CHNA due to the service area of Saint Thomas River Park Hospital. 74% of inpatients come from Warren County. The community includes medically underserved, low-income and minority populations who live in the geographic areas from which Saint Thomas River Park Hospital draws its patients. All patients were used to determine the service area without regard to insurance coverage or eligibility for financial assistance under Saint Thomas River Park Hospital's Financial Assistance Policy.

# Saint Thomas River Park Hospital - 2017



Source: Stratasan (2018)





# **Key Findings**

#### **Community Health Assessment**

Based on the primary and secondary data collected, the following needs were prioritized by attendees at the Community Health Summit. The remainder of the document outlines the process and data.

- 1. Substance use disorders including smoking/ nicotine
- 2. Obesity
- 3. Access to care
- 4. Socioeconomics

#### **Process and Methods**

Both primary and secondary data sources were used in the CHNA.

#### Primary methods included:

- Community focus group
- Individual interviews with community members
- Community Health Summit

#### **Secondary methods included:**

- Public health data death statistics, County Health Rankings
- Demographics population, poverty, uninsured
- Psychographics behavior measured by spending and media preferences



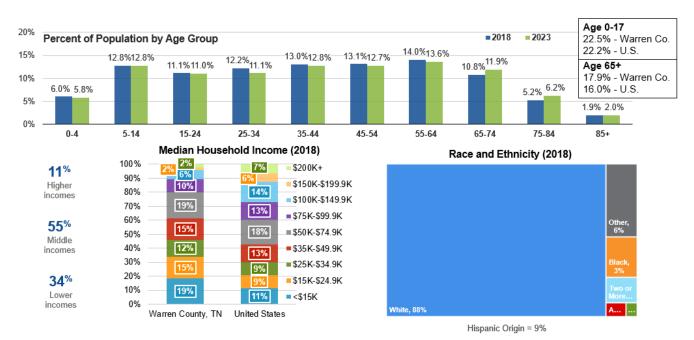
Photo Credit Stratasan

# **Demographics of the Community 2018-2023**

The table below shows the demographic summary of Warren County compared to Tennessee and the U.S.

	Warran County	Tannasasa	LICA
	Warren County	Tennessee	USA
Population	40,797	6,818,402	330,088,686
Median Age	41.0	39.4	38.3
Median Household Income	\$38,064	\$49,776	\$58,100
Annual Pop. Growth (2018-2023)	0.38%	0.89%	0.83%
Household Population	16,233	2,671,026	124,110,001
Dominant Tapestry	Southern Satellites (10A)	Rooted Rural (10B)	Green Acres (6A)
Businesses	1,629	227,771	11,539,737
Employees	14,489	3,172,301	151,173,763
Medical Care Index*	75	89	100
Average Medical Expenditures	\$1,460	\$1,733	\$1,950
Total Medical Expenditures	\$23.7 M	\$4.6 B	\$242.0 B
Racial and Ethnic Make-up			
White	88%	76%	70%
Black	3%	17%	13%
American Indian	0%	0%	1%
Asian/Pacific Islander	1%	2%	6%
Other	6%	3%	7%
Mixed Race	2%	2%	3%
Hispanic Origin	9%	6%	18%

<sup>\*</sup>The Medical Care Index is household-based, and represents the amount spent out of pocket for medical services relative to a national index of 100.



Source: ESRI

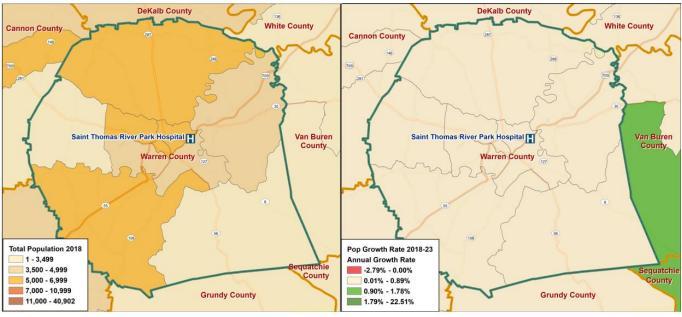
<sup>&</sup>lt;sup>1</sup>The median is the value at the midpoint of a frequency. There is an equal probability of falling above or below the median.





- The population of Warren County was projected to increase from 2018 to 2023 (.38% per year). Tennessee was projected to increase .89% per year. The U.S. was projected to increase .83% per year.
- Warren County had a higher median age (41 median age) than TN, (39.4) and the U.S. (38.3).
- Warren County percentage of the population 65 and over was 17.9%, higher than the U.S. population 65 and over at 16%.
- Warren County had a lower median household income at \$38,064 than TN (\$49,776) and the U.S. (\$58,100).
- The rate of poverty in Warren County was 19.4%, which was higher than the U.S (14%), and higher than TN (15.8%).
- The household income distribution of Warren County was 11% higher income (over \$100,000), 55% middle income, and 34% lower income (under \$24,999).
- The medical care index measures how much the population spent out-of-pocket on medical care services. The U.S. index was 100. Warren County was 75, indicating 25% less spent out of pocket than the average U.S. household on medical care (doctor's office visits, prescriptions, hospital visits).
- The racial and ethnic make-up of Warren County was 88% White, 9% Hispanic Origin, 6% other, 3% Black, 2% mixed race, and 1% Asian/ Pacific Islander. (These percentages total to over 100% because Hispanic is an ethnicity, not a race.)
- 13.6% of the Warren County's population were uninsured between 2013-2017.

# 2018 Population by Census Tract and Change (2018-2023)



Source: ESRI

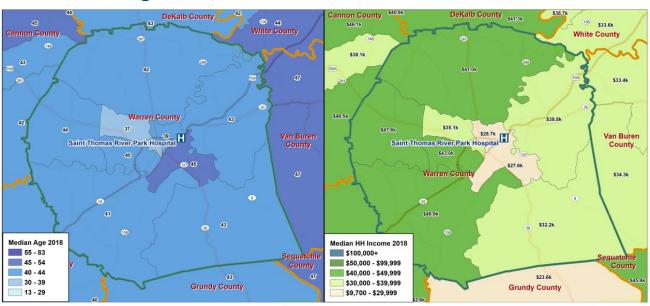
Yellow is positive up to the TN growth rate Green is greater than the TN growth rate Dark Green is twice the TN growth rate





Census tracts generally have a population size between 1,200 and 8,000 people, with an optimum size of 4,000 people. The census tracts north and southwest of the hospital had the largest populations ranging form 5,000-6,999. The census tracts directly south and east of the hospital had total populations ranging from 3,500-4,999. The census tracts in the southeast and west region of the county had the lowest total populations ranging from 1-3,499. Warren County was projected to grow uniformly through the county.

# 2018 Median Age & Income



Source: ESRI

These maps depict median age and median income by census tract. Looking at age and income by census tract is helpful to demonstrate all areas of a county are not the same. The tract directly south of the hospital had the highest median age of 45. The tract northwest of the hospital had the youngest median age of 37. The other tracts in Warren County had median ages ranging from 39-44.

Looking at median household income by census tract can help determine different community needs within the county. The tract surrounding the hospital had the lowest median household incomes of \$27,600 and \$28,700. The tracts in the southeast region of the county had median household incomes of \$32,200 and \$38,800. The tract northwest of the hospital had a median household income of \$35,100. The tracts in the west region of the county had the highest median household incomes raging from \$40,000-\$49,999.

Additionally, Warren County's September 2018 preliminary unemployment was 4.1%, compared to 3.7% for Tennessee and the U.S. These figures do not include those who have ceased looking for work and dropped out of the workforce. However, indications are these people have begun to reenter the workforce.

The cost of living was lower in Warren County (82 index) than the U.S. and TN (96 index). The median home cost was much lower at \$93,700 than TN at \$156,800 and the U.S. at \$216,200.





#### **Business Profile**

59.5% of employees in Warren County were employed in:

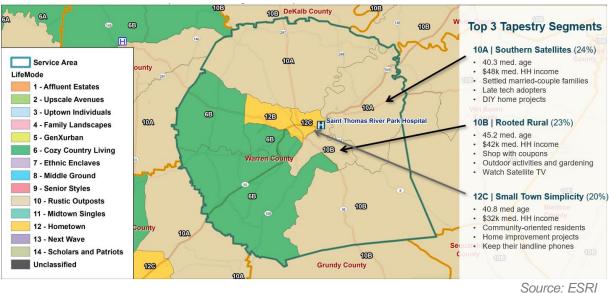
- Retail trade (18.3%)
- Manufacturing (12.7%)
- Health care & social assistance (11.4%)
- Public administration (8.9%)
- Wholesale trade (8.2%)

Retail trade offers health insurance at a lower rate than healthcare, public administration and educational services. Many residents leave the county for retail shopping, thus harming the county's ability to build retail/dining, which could make leaving for healthcare easier. Warren County lost 793 net commuters per day commuting outside the county for work, with 3,739 commuting out of the county and 2,946 commuting into the county.

# **Tapestry Segmentation**

The dominant Tapestry Segments in Warren County were Southern Satellites (24%), Rooted Rural (23%), and Small Town Simplicity (20%). There is a very brief description of the segments on the right of the map and on the next two pages. There is much more information on Tapestry Segments, at http://doc.arcgis.com/en/esri-demographics/data/tapestry-segmentation.htm. Studying the Tapestry Segments in the study area help determine health habits and communication preferences of residents enabling more effective communication and implementation of solutions.

Demographics are population, age, sex, race. Psychographics are adding behavior data in the form of spending habits and survey data on top of demographics. 67% of households in Warren County are included in these three Tapestry Segments. The map is color coded by LifeMode, which are groupings of Tapestry Segments that behave similarly.











LifeMode Group: Rustic Outposts

# Southern Satellites



Households: 3,856,800

Average Household Size: 2.67

Median Age: 40.3

Median Household Income: \$47,800

#### WHO ARE WE?

Southern Satellites is the second largest market found in rural settlements but within metropolitan areas located primarily in the South. This market is typically nondiverse, slightly older, settled married-couple families, who own their homes. Two-thirds of the homes are single-family structures; almost a third are mobile homes. Median household income and home value are below average. Workers are employed in a variety of industries, such as manufacturing, health care, retail trade, and construction, with higher proportions in mining and agriculture than the US. Residents enjoy country living, preferring outdoor activities and DIY home projects.

#### **OUR NEIGHBORHOOD**

- · About 78% of households are owned.
- Married couples with no children are the dominant household type, with a number of multigenerational households (Index 112).
- Most are single-family homes (67%), with a number of mobile homes (Index 509).
- Most housing units were built in 1970 or later.
- Most households own 1 or 2 vehicles, but owning 3+ vehicles is common (Index 144).

#### SOCIOECONOMIC TRAITS

- Education: almost 40% have a high school diploma only (Index 140); 45% have college education (Index 73).
- Unemployment rate is 6%, slightly higher than the US rate.
- Labor force participation rate is 59.1%, slightly lower than the US.
- These consumers are more concerned about cost rather than quality or brand loyalty.
- They tend to be somewhat late in adapting to technology.
- They obtain a disproportionate amount of their information from TV, compared to other media.



LifeMode Group: Rustic Outposts

# **Rooted Rural**

Households: 2,430,900

Average Household Size: 2.48

Median Age: 45.2

Median Household Income: \$42,300



#### WHO ARE WE?

Rooted Rural is heavily concentrated in the Appalachian mountain range as well as in Texas and Arkansas. Employment in the forestry industry is common, and Rooted Rural residents live in many of the heavily forested regions of the country. Nearly 9 of 10 residents are non-Hispanic whites. This group enjoys time spent outdoors, hunting, fishing, or working in their gardens. Indoors, they enjoy watching television with a spouse and spending time with their pets. When shopping, they look for American-made and generic products. These communities are heavily influenced by religious faith, traditional gender roles, and family history.

#### **OUR NEIGHBORHOOD**

- This market is dominated by married couples, few with children at home.
- 80% of homes are owner occupied: primarily single family (73%) or mobile homes (24%).
- Nearly one in five housing units are vacant, with a high proportion for seasonal use.
- Home values are very low—almost half of owned homes are valued under \$100,000.

#### SOCIOECONOMIC TRAITS

- Thrifty shoppers that use coupons frequently and buy generic goods.
- Far-right political values on religion and marriage.
- Do-it-yourself mentality; grow their own produce and work on their cars and ATVs.
- Pay bills in person and avoid using the Internet for financial transactions.
- Often find computers and cell phones too complicated and confusing.
- Clothes a necessity, not a fashion statement; only buy new clothes when old clothes wear out.







LifeMode Group: Hometown

# **Small Town Simplicity**



Households: 2,305,700

Average Household Size: 2.26

Median Age: 40.8

Median Household Income: \$31,500

#### WHO ARE WE?

Small Town Simplicity includes young families and senior householders that are bound by community ties. The lifestyle is down-to-earth and semirural, with television for entertainment and news, and emphasis on convenience for both young parents and senior citizens. Residents embark on pursuits including online computer games, renting movies, indoor gardening, and rural activities like hunting and fishing. Since 1 in 4 households is below poverty level, residents also keep their finances simple—paying bills in person and avoiding debt.

#### **OUR NEIGHBORHOOD**

- They reside in small towns or semirural neighborhoods, mostly outside metropolitan areas.
- Homes are a mix of older single-family houses (61%), apartments, and mobile homes.
- Half of all homes are owner-occupied (Index 79).
- Median home value of \$92,300 is about half the US median.
- Average rent is \$639 (Index 62).
- This is an older market, with half of the householders aged 55 years or older, and predominantly single-person households (Index 139).

#### SOCIOECONOMIC TRAITS

- Education: 67% with high school diploma or some college.
- Unemployment higher at 7.7% (Index 141).
- Labor force participation lower at 52% (Index 83), which could result from lack of jobs or retirement.
- Income from wages and salaries (Index 83), Social Security (Index 133) or retirement (Index 106), increased by Supplemental Security Income (Index 183).
- Price-conscious consumers that shop accordingly, with coupons at discount centers.
- Connected, but not to the latest or greatest gadgets; keep their landlines.
- Community-orientated residents; more conservative than middle-of-the-road.
- · Rely on television or newspapers to stay informed.







#### **Community Input: Focus Group, Interviews**

### **Focus Group and Interview Results**

Twenty-two community stakeholders representing the broad interests of the community participated in a focus group and individual interviews on December 19<sup>th</sup>, 2018, January 22<sup>nd</sup> and 31<sup>st</sup>, 2019.

Community participation in the focus group and interviews represented a broad range of interests and backgrounds. Below is a summary of the 90-minute focus group discussion and individual interviews.

#### 1. How do you define health?

- · Total wellbeing of an individual
- · Physical, mental, economic, emotional, and social wellbeing

#### 2. Generally, how would you describe the community's health?

- 4 out of 10 could be better or worse. The schools and individuals are trying to change health. The schools are working on self-care for teachers, as they deal with lots of stressors.
- · Poor, report cards from state are not good.

#### 3. Based on your experience, what are the biggest community issues for Warren County today?

- Physical inactivity
- Uninsured
- Adult obesity
- Childhood obesity lack of nutrition or healthy food
- · Residential housing for millennials
- · Need healthier restaurants
- Recidivism
- Poised for growth in the county
- Motivate people to change and adopt new/better behaviors
- · Increase in low-income families
- · The number of patients on Medicaid are increasing
- · Lack of specialty services
- Lack of housing
- · Unmotivated people
- · Need mental health services
- Lack of cooperation between city and county
- · Not planning finances for the future



#### 4. What are the most important health issues facing Warren County?

- **Substance abuse** Drug problems are prevalent (you see it in the jail). Opioids and meth. Many crimes are drug related.
- **Mental health** Stress from finances, life and work, need for mental health and coping skills in school, lack a quality mental health treatment.
- Parenting, domestic abuse, neglect, teen pregnancy Small children 'taking care' of the household, kids are hungry, poor parenting, domestic violence has become more severe due to drug abuse, child neglect, early pregnancies. The high school has 70% of students on free or reduced-price lunches. They also provide food for students for the weekends. The food at school may be the only meals students get.
- Access to care and insurance Access to health and dental care, high percentage of uninsured, need for medications, shortage of PCP's and burgeoning urgent cares.
- **Chronic Diseases** High cancer incidence (brain cancer). Some believe the pesticides from the nurseries are to blame. Diabetes, heart diseases, obesity, lung disease, leukemia, in Warren County.
- Wellness
- Generational Poverty
- Obesity
- Vaping
- · Need more doctors
- · Cost of care

#### 5. What are the biggest health issues for low income, medically underserved or minority populations?

- Nutrition
- Seniors need social/ emotional support and interactions with others to maintain dignity
- Growing Hispanic population may not be educated about healthcare services and options. They may not know their legal rights.
- · Lack of insurance medical care and dental care
- Dental plans don't include local providers and most people don't have dental insurance

# 6. The community performed a CHNA in 2016 and identified priorities for health improvement: Substance abuse (including tobacco) & mental health

Wellness and disease management (healthy eating, nutrition, and active living)

Access to care

Social determinants

#### How do these priorities compare to the issues today?

- The Medical Mission opened my eyes to the needs in the community
- · Still the same
- · May have gotten worse
- Still have mental health issues, especially in the jail population. There's no treatment in jail, leads to drug abuse to self-medication.
- They're still valid made progress with wellness and city employees. They earn points and get time off and other benefits.





#### 7. What behaviors have the most negative impact on health?

- Violence because we don't talk about conflict resolution
- · Drug use- opioids and meth
- Smoking and dipping
- · Lack of time to prepare healthy foods/ eating more fast food
- Unhealthy food choices fast food, soda, chips, Sun Drop

#### 8. What environmental factors have the biggest impact on community health?

- Agriculture be more aware of pesticides. Need more healthy food options.
- Housing apartments in poor conditions, code issues, drug users/ sellers living there

#### 9. What do you think are the obstacles or barriers to addressing these issues?

- Money is not infinite need more resources for programs
- High poverty rate, generational poverty
- · Not as well educated on health issues, health insurance, or a healthy lifestyle
- Uninsured and those that don't want to be on record make it hard to treat issues
- · Lack of industry, workforce, and restaurants
- Hard to provide good food and harder when working combined with lack of nutritional knowledge.
- · Lack of support after sobriety treatment
- Insurance doesn't pay for counseling, just drugs or psychiatrists but not family counseling
- · Family and friends unsupportive of the sobriety/clean efforts of their family/friend
- Transportation is a huge barrier to drug treatment
- · No halfway houses for people getting out of jail
- · There are sidewalks in the city, but not in the rest of the county
- · Lack of public transit
- Food deserts

#### 10. Where do members of the community turn for basic healthcare needs?

- · Walk-in clinics
- Emergency Department
- · Some people don't receive care
- Tennessee Oncology sees lots of Warren County patients
- The specialists that come to River Park Hospital are good.



Photo Credit Stratasan





#### 11. What community assets support health and well-being?

- Family Resource Center
- · Rotary Club
- · Haven of Hope
- · Business community
- County Court Judge advocate for those in poverty and for education
- Business Roundtable
- Upper Cumberland Human Resources Agency Meals on Wheels, home repairs, transportation
- · Food Bank and church food pantries
- · Ministerial Association
- Southern Baptist Association
- · Schools coat drives, shoe drives, feeding children
- Availability of outdoor activities hikes, state parks, rivers, Center Hill Lake, Rock Island, golf courses, kayaking, fishing, biking, Cumberland Caverns, parks
- · Nice climate for most of the year
- · Kids of the Community Program
- · Halfway transitional house
- Tennessee Healthier Community
- Isha largest meditation center in western hemisphere
- Hamilton Street Center helps kids with homework
- Farmer's Market
- · Access to care and medications
- Civic Center
- Local agriculture department at school system started a farmer's market in the parking lot
- · Have walk-in clinics in schools and businesses
- Nursery capital of the world
- Park theater
- Saint Thomas River Park Hospital
- Tourism
- · Chamber of Commerce
- CrossFit and gyms
- · High graduation rates
- · Low crime
- · People with strong work ethic
- Strong EMS support
- · Growing infrastructure





# 12. If you had a magic wand, what priority health improvement action should Warren County focus on?

- Teach kids coping skills
- Mental health programs make available at schools and at employers
- Ensure the community knows more about what services are available locally (especially in the Hispanic community).
- · Need a drug treatment center, have to go to Cookeville or Manchester
- · Care for substance abuse
- Jobs
- Comprehensive sex education in schools, not abstinence only. Teen pregnancy is culturally acceptable.
- · Need substance abuse education in middle school and earlier
- · Better parenting
- · Local detox and drug treatment
- · Make sure everyone in the community is on the same page and communicating to one another
- · More free clinics and access to health services
- Governor Lee wants to do more to decrease the cost of care and provide more care
- · Mental health treated as criminals instead of as needing healthcare treatment
- · More community gardens
- More dementia or Alzheimer's Disease clinics
- · Social workers for families
- · More grocery stores
- · Get people back in the workforce
- More programs and participation
- Rehab for prisoners
- Improve healthcare system including dental



Photo Credit Stratasan



#### **Health Status Data**

Based on the 2018 County Health Rankings study performed by the Robert Wood Johnson Foundation and the University of Wisconsin<sup>1</sup>, Warren County ranked 64<sup>th</sup> healthiest County in Tennessee out of the 95 counties ranked (1= the healthiest; 95 = unhealthiest), 69<sup>th</sup> for health outcomes and 60<sup>th</sup> for health factors.

County Health Rankings suggest the areas to explore for improvement in Warren County were: higher adult smoking, higher obesity percentage, higher teen birth rate, higher preventable hospital stays, higher percent of uninsured, higher rate of children in poverty, lower percentage of adults with some college, high rate of violent crimes. The areas of strength were identified as better food environment index, lower percentage of excessive drinking, higher percent of high school graduation, and lower percent of severe housing problems.

Where Warren County's results were worse than TN, groups and individuals have an opportunity to act and improve these community measures. To become the healthiest community in Tennessee and eventually the Nation, Warren County must close several lifestyle gaps. For additional perspective, Tennessee was ranked the 42<sup>nd</sup> healthiest state out of the 50 states. (Source: 2018 America's Health Rankings)



Photo Credit Saint Thomas Hospital

<sup>&</sup>lt;sup>1</sup> The Rankings are based on a model of population health that emphasizes the many factors that, if improved, can help make communities healthier places to live, learn, work and play. Building on the work of America's Health Rankings, the University of Wisconsin Population Health Institute has used this model to rank the health of Tennessee's counties every year since 2003.





### **Comparisons of Health Status**

Information from County Health Rankings and America's Health Rankings was analyzed in the CHNA in addition to the previously reviewed information and other public health data. Other data analyzed is referenced in the bullets below, such as: causes of death, demographics, socioeconomics, consumer health spending, focus groups, and surveys. Data for Tennessee, the U.S. or the top 10% of counties (90th percentile) were used as comparisons when available. There were strengths and opportunities identified for measures and for the county. Where the data indicated a strength or an opportunity for improvement, it is called out below. To prevent strengths from becoming opportunities for improvement, it's important to continually focus on them. Opportunities were denoted with red symbols, and strengths were denoted with green stars for easy interpretation. The years displayed on the County Health Rankings graphs show the year the data was released. The actual years of the data are contained in the source notes below the graphs.

In most of the following graphs, Warren County will be blue, Tennessee (TN) will be red, U.S. green and the 90th percentile of counties in the U.S. gold.

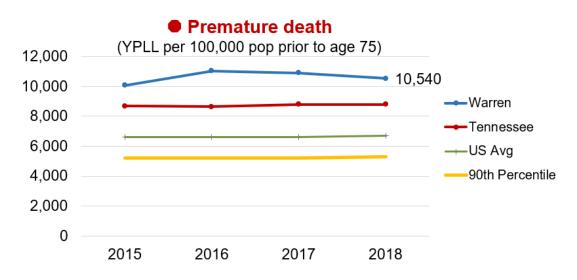
# **Health Outcomes (Length of Life and Quality of Life)**

Health Outcomes are a combination of length of life and quality of life measures. Warren County ranked 69<sup>th</sup> in health outcomes out of 95 Tennessee counties.

#### **Length of Life**

Length of life was measured by years of potential life lost per 100,000 population prior to age 75, lower is better. For example, if a 25-year-old is killed in an accident, that is 50 years of potential life lost prior to age 75. Warren County ranked 63<sup>rd</sup> in length of life out of 95 Tennessee counties.

Warren County lost 10,540 years of potential life which is higher than TN and the U.S.



Source: County Health Rankings; National Center for Health Statistics - Mortality File 2012-2014





# Leading Causes of Death: Age-Adjusted Deaths per 100,000

Cause of Death	<b>Warren County</b>	Tennessee	US
Heart diseases	288.3	198.8	196.6
Cancer	183.3	179.9	185.1
Accidents (unintentional injuries)	63.9	61.1	44.0
Respiratory diseases	75.3	54.7	47.8
Stroke	75.5	46.0	49.9
Alzheimer's disease		44.2	35.9

Source(s): CDC, wonder.cdc.gov

Red areas had death rates higher than TN. The leading causes of death in Warren County were heart disease followed by cancer, similar to TN and the U.S. Lagging as causes of death were accidents, respiratory diseases, and stroke. The death rate attributed to cancer was higher than TN, but lower than the U.S.

# **Infant Mortality Per 1,000 Births**

		2014	2015	2016	2017
Tennessee	Number	562	569	597	597
	Rate	6.9	7.0	7.4	7.4
	Number	5	1	4	1
Warren County	Rate	10.5	2.2	8.6	2.0

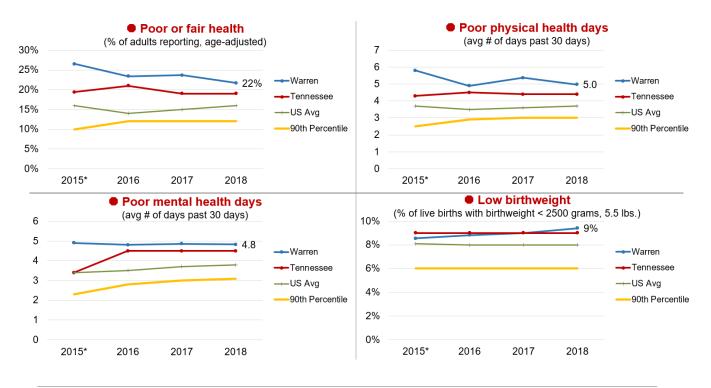
Source(s): Kids Count 2018

Warren County's infant mortality rate was 2 deaths per 1,000 births in 2017, the numbers are small.



### **Quality of Life**

Quality of life was measured by: % reporting fair or poor health, the average number of poor physical health days and poor mental health days in the past 30 days, and % of live births with birthweight less than 2500 grams, or 5.5 lbs. Warren County ranked 71<sup>st</sup> out of 95 counties in Tennessee for quality of life.



Source: County Health Rankings; Behavioral Risk Factor Surveillance System (BRFSS) 2016 Source:
County Health Rankings: National Center for Health Statistics – Natality files (2010-2016)
\*indicates a change in the Behavioral Risk Factor Surveillance System Survey calculations of results.

2016 forward cannot be compared to prior year results.

# Quality of Life STRENGTHS

• Warren County had a lower infant mortality rate at 2.0 deaths per 1,000 births than TN at 7.4.

# **Quality of Life OPPORTUNITIES**

- Years of potential life lost per 100,000 population prior to age 75 in Warren County were higher than TN and the U.S.
- Warren County had a higher number of poor physical health days in the past 30 days than TN and the U.S. with 5.0.
- Warren County also had a higher number of poor mental health days in the past 30 days than TN and the U.S. with 4.8.
- 22% of Warren County reported poor or fair health, higher than TN (19%) and the U.S. (16%).
- Warren County had higher death rates due to heart disease, cancer, accidents, respiratory diseases, and stroke than TN.



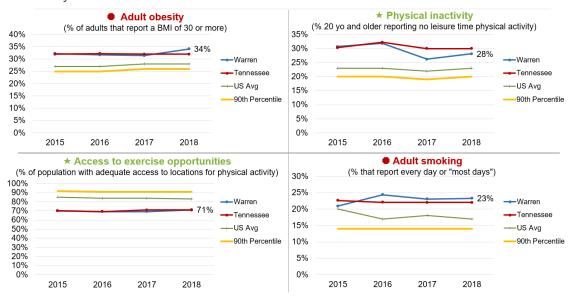


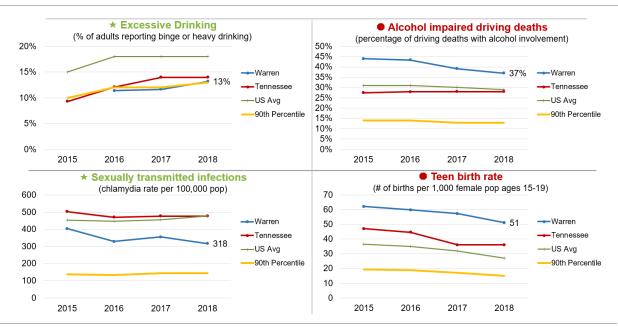
### **Health Factors or Determinants**

Health factors or determinants were comprised of measures related to health behaviors, clinical care, social & economic factors, and physical environment. Warren County ranked 60<sup>th</sup> in health factors out of 95 counties in Tennessee.

#### **Health Behaviors**

Health behaviors are made up of nine measures and account for 30% of the county ranking, and Warren County ranked 67<sup>th</sup> out of 95 counties in Tennessee.

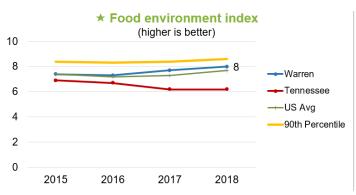


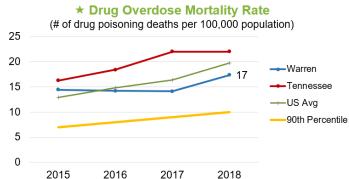


Source: Obesity, physical inactivity - County Health Rankings; CDC Diabetes Interactive Atlas based on responses to BRFSS, 2014 Source: Access to exercise opportunities - County Health Rankings; ArcGIS Business Analyst, Delorme map data, Esri and U.S. Census Tigerline Files, 2016. Measures the percentage of individuals in a County who live reasonably close to a location for physical activity, defined as parks or recreational facilities (local, state national parks, gyms, community centers, YMCAs, dance studios and pools) Source: Smoking - County Health Rankings; Behavioral Risk Factor Surveillance System (BRFSS), 2016









Source: County Health Rankings; USDA Food Environment Atlas, 2015; CDC WONDER mortality data, 2014-2016

The food environment index is a comprised of % of the population with limited access to healthy foods and % of the population with food insecurity. Limited access to foods estimates the % of the population who are low income and do not live close to a grocery store. Food insecurity is the % of the population who did not have access to a reliable source of food during the past year.

### **Children with Neonatal Abstinence Syndrome**

		2014	2015	2016	2017
Tennessee	Number	1,006	1,040	1,068	1,090
	Rate	12.3	12.8	13.2	13.5
	Number	7	20	13	17
Warren County	Rate	14.7	43.2	28	34.1

Data Source(s): Data on the number of NAS babies were collected from Neonatal Abstinence Syndrome Surveillance System, Division of Family Health and Wellness, Tennessee Department of Health.





# **Births to Mothers who Smoked During Pregnancy**

		2014	2015	2016	2017
Tennessee	Number	12,150	11,545	10,788	10,325
remessee	Percent	15%	14%	13%	13%
	Number	117	100	96	94
Warren County	Percent	25%	22%	21%	19%

Data Source(s): The Division of Population Health Assessment, Tennessee Department of Health. The KIDS COUNT division of the Tennessee Commission on Children and Youth organized the data.

#### **Health Behaviors STRENGTHS**

- Physical inactivity was 28%, lower than TN, but higher than the U.S.
- Access to exercise opportunities was the same in Warren County as TN at 71%, but lower than the U.S. at 83%.
- At 13%, excessive drinking was lower in Warren County than TN and the U.S. Warren County had the same percentage as the 90<sup>th</sup> percentile of counties in the U.S.
- Sexually transmitted infections measured by chlamydia rate per 100,000 population were lower in Warren County at 318 than TN and the U.S. at 479.
- Warren County's drug overdose mortality rate was lower than TN (22) and the U.S. (20) at 17 drug poisoning deaths per 1000,000 population.
- The food index was higher (better) in Warren County (8) than TN (6.2) and the U.S. (7.7).

### **Health Behaviors OPPORTUNITIES**

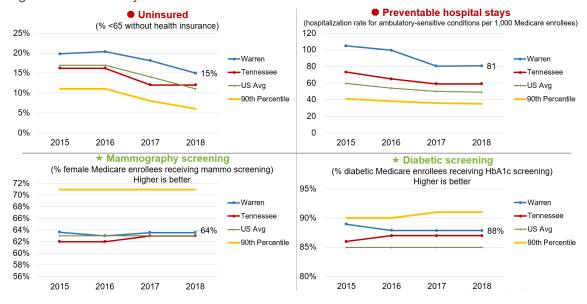
- Adult obesity in Warren County (34%) was higher than TN and the U.S. The Obesity in Tennessee
  and the U.S. continue to rise, putting people at increased risk of chronic diseases including:
  diabetes, kidney disease, joint problems, hypertension and heart disease. Obesity can cause
  complications in surgery and with anesthesia. It has been implicated in Alzheimer's and often leads
  to metabolic syndrome and type 2 diabetes.
- Adult smoking in Warren County at 23% was higher than TN at 22% and the U.S. at 17%. Each year
  approximately 443,000 premature deaths can be attributed to smoking. Cigarette smoking is
  identified as a cause of various cancers, cardiovascular disease, respiratory conditions, low
  birthweight, and other adverse health outcomes.
- The percentage of births to mothers who smoked during pregnancy was higher in Warren County (19%) than TN (13%) in 2017. However, this percentage has decreased from 25% in 2014.
- The percentage of alcohol impaired driving deaths was higher in Warren County at 37% than TN and the U.S. at 29%.
- The teen birth rate was higher in Warren County than TN and the U.S. with 51 births per 1,000 females ages 15 to 19. However, this measure decreased form 62 births in 2015.
- The rate of children with Neonatal Abstinence Syndrome was higher in Warren County (34.1) than TN (13.5) in 2017. This percentage increased 14.7 in 2014.





#### **Clinical Care**

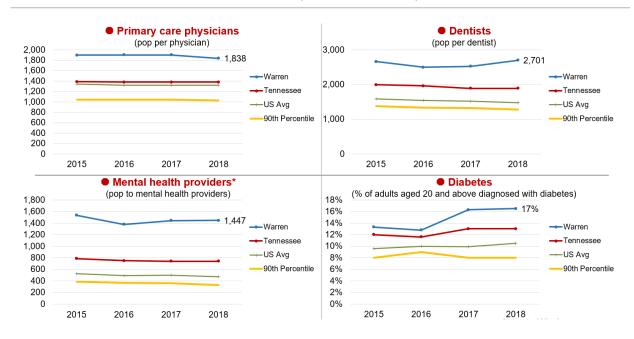
Clinical care ranking is made up of seven indicators, and they account for 20% of the county rankings. Warren County ranked 62<sup>nd</sup> out of 95 Tennessee counties in clinical care.



Source: Uninsured - County Health Rankings; Small Area Health Insurance Estimates, 2015

Source: Preventable hospital stays, mammography screening, diabetic screening - County Health Rankings; Dartmouth

Atlas of Health Care, Medicare claims data, 2014



\*Mental health providers include psychiatrists, psychologists, licensed clinical social workers, counselors, and advanced practice nurses specializing in mental health care

Source: Pop to PCP - County Health Rankings; Area Health Resource File/American Medical Association, 2015
Source: Pop to Dentists - County Health Rankings; Area Health Resource File/National Provider Identification file, 2016
Source: Pop to mental health provider (psychiatrists, psychologists, licensed clinical social workers, counselors, marriage and family therapists and advanced practice nurses specializing in mental health) County Health Rankings; CMS, National Provider Identification, 2017





# **Clinical Care, cont.**

# Population to specialists, Saint Thomas Health, 2018 in Warren County

Specialist Product Line	Ratio
Allergy and Immunology	0
Cardiology	20,399 : 1
Cardiothoracic Surgery	0
Colorectal Surgery	0
Dermatology	0
Endocrinology	0
Family Medicine	3,709 : 1
Gastroenterology	0
General Surgery	40,797 : 1
Geriatrics	0
Hematology/Oncology	27,198 : 1
Internal Medicine	3,517 : 1
Nephrology	31,382 : 1
Neurology	0
Neurosurgery	0
Obstetrics and Gynecology	14,570 : 1
Ophthalmology	40,797 : 1
Orthopedic Surgery	13,599 : 1
Otolaryngology	0
Pediatrics	13,599 : 1
Physical Medicine and	
Rehabilitation	0
Pulmonology	81,594 : 1
Rheumatology	0
Urology	40,797 : 1
Vascular Surgery	0
Warren County Total	1,028 : 1

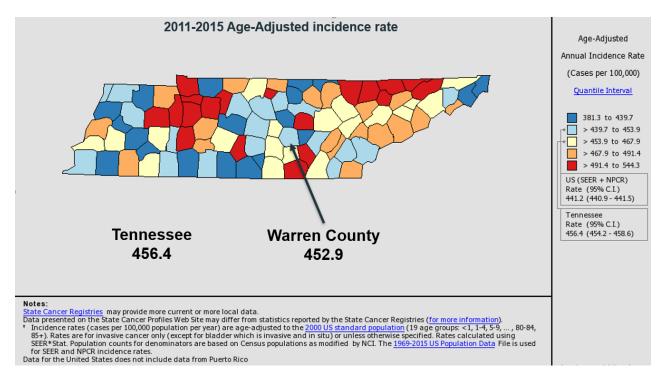
Source: Saint Thomas Health

Using more recent data than the County Health Rankings, and including more specialties, the ratio of population to physician was 1,028 per person.

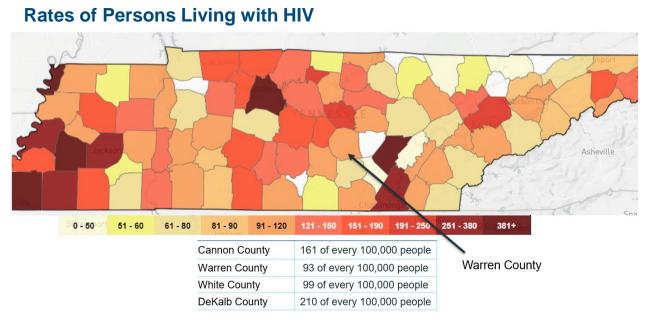


### Clinical Care, cont.

#### **Cancer Incidence Rates for Counties in Tennessee**



Source(s): Stratasan (2018); SEER, statecancerprofiles.cancer.gov (201



93 of every 100,000 people in Warren County were living with HIV.

Source(s): Stratasan (2018); Aidsvu (2016)



#### **Clinical Care STRENGTHS**

- Mammography screening in Warren County was 64%, higher than TN and the U.S. at 63%.
- Diabetic screening at 88% was higher than TN (87%) and the U.S. (85%).
- The 2011-2015 age-adjusted cancer incidence rate was lower in Warren County at 452.9 cases per 100,000 population than TN with 456.4 cases per 100,000.
- The rate of persons living with HIV was lower than surrounding counties. Warren County was placed in the 5<sup>th</sup> category out of 10 of HIV rates in the state.

#### Clinical Care OPPORTUNITIES

- The percent of population under sixty-five without health insurance was higher in Warren County at 15% than TN at 12% and the U.S. at 11%. Tennessee did not expand Medicaid, therefore their percent uninsured is higher than the U.S.
- The rate for hospitalization for ambulatory-sensitive conditions per 1,000 Medicare enrollees was higher in Warren County at 81 than TN and the U.S. This indicator measures potential shortages of outpatient/physician providers.
- The percent of adults over 20 who had been diagnosed with diabetes, 17%, was higher than TN at 13% and the U.S. at 11%. This percentage increased from 13% in 2016.
- The population per dentist was higher in Warren County than TN and the U.S. at 2,701 population per dentist.
- The population per primary care physician was higher in Warren County than TN and the U.S. at 1,838 people per primary care physician. When all providers are accounted for the ratio dropped to 1,028.
- The population per mental health provider was higher in Warren County than TN and the U.S. at 1,447 population per mental health provider.



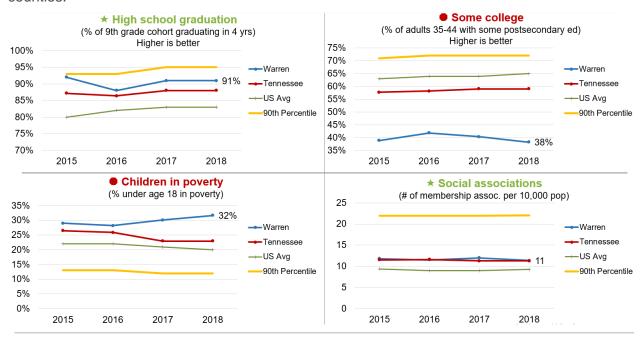
Photo Credit Saint Thomas River Park Hospital Website



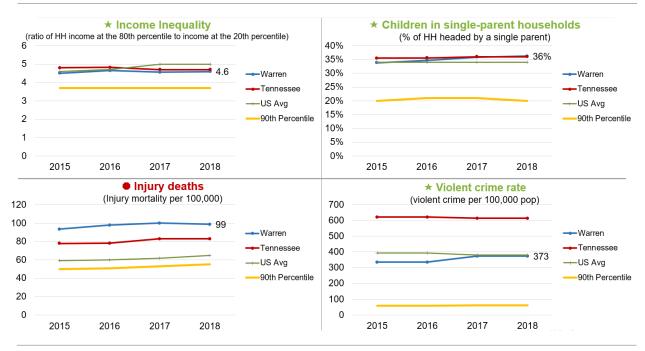


#### Social & Economic Factors

Social and economic factors account for 40% of the county rankings. There are eight measures in the social and economic factors category. Warren County ranked 58th out of 95 Tennessee counties.



Source: High School graduation – County Health Rankings; States to the Federal Government via EDFacts, 2014-2015 Source: Some college - County Health Rankings; American Community Survey, 5-year estimates, 2012-2016. Source: Children in poverty - County Health Rankings; U.S. Census, Small Area Income and Poverty Estimates, 2016 Source: Social associations - County Health Rankings; County Business Patterns, 2015



Source: Income inequality - County Health Rankings; American Community Survey, 5-year estimates 2012-2016. Source: Children in single parent households - County Health Rankings; American Community Survey, 5-year estimates, 2012-2016. Source: Injury deaths - County Health Rankings; CDC WONDER mortality data, 2012-2016. Source: Violent crime - County Health Rankings; Uniform Crime Reporting - FBI, 2012 - 2014





### Social & Economic Factors STRENGTHS

- The high school graduation rate in Warren County (91%) was higher than TN (88%) and the U.S. (83%).
- Social associations in Warren County were the same as TN and higher than the U.S. at 11
  memberships per 10,000 population. Associations include membership organizations such as
  civic organizations, bowling centers, golf clubs, fitness centers, sports organizations, religious
  organizations, political organizations, labor organizations, business organizations, and
  professional organizations. Poor family support, minimal contact with others, and limited
  involvement in community life are associated with increased morbidity and early mortality.
- The percentage of children in single-parent households in Warren County (36%) was the same as TN, but higher than the U.S. (34%).
- The ratio of household income at the 80<sup>th</sup> percentile to income at the 20<sup>th</sup> percentile measures income inequality. At 4.6, income inequality was the lower in Warren County than in TN and the U.S. at 5.
- Violent crime per 100,000 population were 373 in Warren County, the same as the U.S. and lower than TN at 614.

#### **Social & Economic Factors OPPORTUNITIES**

- The percentage of children in poverty in Warren County (32%) was higher than TN (23%) and the U.S. (20%).
- The percentage of adults 35-44 with some postsecondary education was lower in Warren County at 38% than TN (59%) and the U.S. (65%).
- Injury deaths were higher in Warren County (99 per 100,000) than TN and the U.S.
- The median household income was lower at \$38,064 than TN and the U.S.



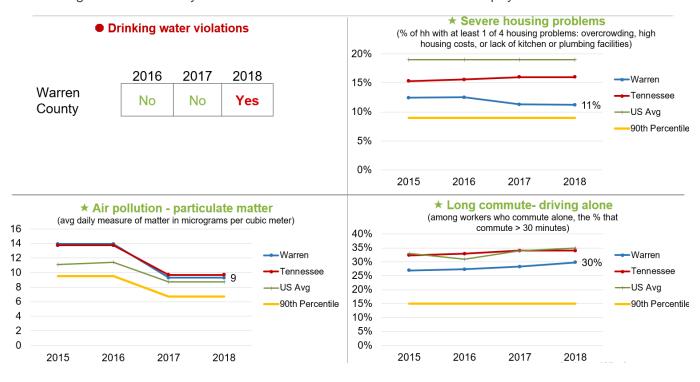
Photo Credit Warren County Schools Website





# **Physical Environment**

Physical environment contains four measures in the category and accounts for 10% of the County rankings. Warren County ranked 30<sup>th</sup> out of 95 Tennessee counties in physical environment.



Source: Drinking water violations – County Health Rankings; EPA, Safe Drinking Water Information System, 016. Source: Severe housing problems – County Health Rankings; HUD Comprehensive Housing Affordability Strategy data, 2010-2014. Source: Driving alone to work and long commute – County Health Rankings: American Community Survey, 5-year estimates, 2012-2016. Source: Air pollution – County Health Rankings: CDC National Environmental Health Tracking Network, 2012

# **Physical Environment STRENGTHS**

- Warren County had a lower percentage of severe housing problems at 11% than TN at 16% and the U.S. at 19%.
- The average daily measure of matter in micrograms per cubic meter at 9 was the same as the U.S. and lower than TN at 10.
- 30% of workers who commuted alone commuted over 30 minutes which was lower than TN and the U.S.

# **Physical Environment OPPORTUNITIES**

Warren County had a drinking water violation in 2018.





#### **There were Four Broad Themes that Emerged in this Process:**

- Warren County needs to create a "Culture of Health" which permeates throughout the towns, employers, churches, schools, and community organizations to engender commitment to health improvement.
- There is a direct relationship between health outcomes and affluence (income and education). Those with the lowest income and education generally had the poorest health outcomes.
- While any given measure may show an overall good picture of community health, subgroups such as the census tract of McMinnville, may experience lower health status measures.
- It will take a partnership with a wide range of organizations and citizens pooling resources to meaningfully impact the health of the community. However, the county has many assets to improve health.



Photo Credit Flickr





# Results of the CHNA: Community Health Summit Prioritized Health Needs, Goals and Actions

### **Prioritization of Health Needs**





Photo Credit Stratasan

### **Prioritization Criteria**

At the Community Health Summit, the attendees reviewed the community health information and used the criteria below to prioritize the health needs in the community.

Magnitude / scale of the problem	How big is the problem? How many people does the problem affect, either actually or potentially? In terms of human impact, how does it compare to other health issues?
Seriousness of Consequences	What degree of disability or premature death occurs because of this problem? What would happen if the issue were not made a priority? What is the level of burden on the community (economic, social or other)?
Feasibility	Is the problem preventable? How much change can be made? What is the community's capacity to address it? Are there available resources to address it sustainably? What's already being done, and is it working? What are the community's intrinsic barriers and how big are they to overcome?

## **Most Significant Community Health Needs**

The following needs were prioritized by fourteen attendees at the Community Health Summit. Using a nominal group technique, each attendee received three sticky notes and selected their top three health needs and posted their ideas on paper at the front of the room. The results of the activity are below with higher numbers indicating the number of "votes" or priority by topic. The bullets below the health need are many of the comments received on the sticky notes.

- 1. Substance use disorders including smoking/ nicotine
- 2. Obesity
- 3. Access to care
- 4. Socioeconomics

## 1. Substance use disorders including smoking/ nicotine- (13 sticky notes)

- Substance abuse (6 sticky notes)
- · Alcohol abuse
- Drug use and abuse— opioids/ prescription addiction (3 sticky notes)
- Smoking/ nicotine use (3 sticky notes)
- 2. Obesity- (9 sticky notes)
- Obesity (6 sticky notes)
- Physical inactivity (3 sticky notes)
- 3. Access to care- (7 sticky notes)
- Uninsured (3 sticky notes)
- · Affordable insurance
- Preventable hospital stays
- Health care cost containment! Huge problem affects everyone. Problem is preventable monorail train into major medical centers. This is feasible to reduce costs for more rural communities, DR's must agree.
- Alzheimer's facilities stand alone campuses. Every community needs one. Research continues for a cure.

#### 4. Socioeconomics- (5 sticky notes)

- · Families with little to no food
- · Lack of education
- Single parent homes
- Mental health for minor criminal offense. Major impact on our society. Grants available.
- Poverty and lack of knowledge of available resources.





## **Community Health Summit Brainstorming**

#### **Community Health Goals and Actions**

The most significant health needs coalesced into four categories. The groups then brainstormed goals and actions for each health need along with resources and collaborators needed for the top three categories. The brainstorm results are below.

## Significant Health Need 1: Substance use disorders including smoking/ nicotine



#### Goal 1 - Reduce smoking.

**Action 1 –** Create an open tobacco class for adult education. Teach lessons on the ways smoking affects health and lifestyle. Teach coping and cessation techniques.

Action 2 - Advocate to make all parks smoke free.

Resources/ Collaborators needed: parks and recreation, health department, hospital, dentists, other community participants, churches, city officials, businesses, legislature, encourage TN Strong to write letters



#### Goal 2 – Reduce substance abuse and increase recovery opportunities.

Action 1 - Establish an anti-drug coalition.

**Action 2 –** Create formal and informal support groups so people don't have to go outside the community to receive help.

**Action 3 –** Research long-term inpatient treatment with transitional housing.

**Action 4 –** Most TN manufacturing employers are part of a TN drug-free workplace. Expand this to include other types of businesses.

Resources/ Collaborators needed: Other anti-drug coalitions, health department, hospital, businesses, TN drug-free workplace program, churches, health department, Upper Cumberland Human Resource Agency's opioid coordination, hospital



## Goal 3 – Offer a drug and alcohol stabilization services for detox and follow up with outpatient services in the community.

**Action 1 –** Work with crisis intervention and law enforcement.

**Action 2 –** Find funding and support for creating these services.

Resources/ Collaborators needed: hospital, Upper Cumberland Human Resource Agency's opioid coordinator, crisis intervention, law enforcement, specialists





### **Significant Health Need 2: Obesity**



## Goal 1 – Increase education opportunities. Teach nutrition training and classes in Warren County schools.

**Action 1 –** Integrate University of Tennessee and other colleges/universities into Warren County schools and the senior center to teach nutrition.

Action 2 - Add nutrition training to health fairs across communities and neighborhoods in the county.

**Action 3 –** Utilize the snack packs churches already make for kids to take home. Make these healthy and include nutrition information.

Resources/ Collaborators needed: University of Tennessee, Warren County schools, nutrition curriculum, volunteers, fairs, churches, businesses



#### Goal 2 – Increase exercise through walking trails, water sports, caves, and the state parks.

**Action 1 –** Increase access and involvement to walking trails, local rivers, biking, Cumberland Caverns, malls, and church programs.

**Action 2 –** Spread awareness of exercise opportunities and resources that already exist in the community through churches, media, community calendar, health department website, etc.

**Action 3 –** Build more biking, walking, and running paths.

Resources/ Collaborators needed: Existing transportation, churches, media, chamber of commerce, health department, walking trails, parks, school system, malls, funding, local government

## Significant Health Need 3: Access to care



#### Goal 1 - Increase access to primary care physicians.

**Action 1 –** Find physicians to replace the ones that are retiring or leaving. Part of recruitment includes excellent school systems and job opportunities for spouses.

**Action 2 –** Be open to exploring collaboration with other partners. For example, "moonlighting" provider at Good Samaritan Family Health Center. Have Saint Thomas collaborate with other healthcare organizations to increase access.

**Action 3 –** Utilize Ucarts. Spread awareness that they run 24 hrs. and need 48 hrs. notification. Make providers aware for when they are scheduling follow-up appointments. Also utilize Mobile Mammo bus. Resources/ Collaborators Needed: Saint Thomas River Park Hospital, health department, Ucart program, Mobile Mammo bus, Good Samaritan Family Health Center, media, providers



#### Goal 2 – Have a health navigator available in the community.

**Action 1 –** Have the health navigator physically go out in the community and help people signup for TennCare, understands forms, paperwork, literacy rates, etc.

Action 2 - Partner with other community agencies for needed services throughout the year.

Resources/ Collaborators Needed: Community agencies, health department, hospital, funding, health navigator





## Impact of 2016 CHNA and Implementation Plan

### **Impact**

In 2016, the Warren County community prioritized the following priority health needs:

- 1. Substance abuse (including tobacco) & mental health
- 2. Wellness and disease management (healthy eating, nutrition, and active living)
- 3. Access to care
- 4. Social determinants

Saint Thomas River Park Hospital addressed each of the health needs identified in the CHNA. Below is the implementation strategy as well as the results from the last three years.

SIGNIFICANT HEALTH NEED Identified in Prior CHNA and Addressed in Implementation Strategy	MENTAL HEALTH & SUBSTANCE ABUSE	
ACTIONS PROPOSED to Address Significant Health Need	STATUS OF ACTIONS	RESULTS
<b>Strategy 1:</b> Integrate behavioral health services with primary medical care to care for the behavioral as well as physical needs of community members.	Not Completed.	Due to lack of providers, this initiative has proved difficult to implement and remains in progress.
<b>Strategy 2:</b> Offer inpatient geriatric psychiatric services to care for the mental and emotional needs of elderly community members.	Completed.	Saint Thomas River Park continues to offer geriatric psychiatric services to the community including 10 inpatient beds. The utilization of these services has grown each year.
Strategy 3: Provide community-based organizations with financial support toward their work addressing needs of Mental Health & Substance Abuse.	Completed.	Multiple Organizations Funded: FY17: The Hope Center of Warren County: funded to support group therapies including parenting, anger management, and drug/alcohol recovery to citizens of Warren County. FY19: Haven of Hope: funding to provide mental health services to those who may not otherwise be able to afford services due to lack of insurance coverage or high deductibles.
Additional Strategies: Support the community with partnerships and programs that provide education on mental health and substance abuse.	Completed.	Programs and screening geared towards mental health during this CHNA cycle including:  Mental Health Awareness Month – guest speakers at multiple locations



SIGNIFICANT HEALTH NEED Identified in Prior CHNA and	WELLNESS & DISEASE MANAGEMENT		
Addressed in Implementation Strategy ACTIONS PROPOSED to Address Significant Health Need	STATUS OF ACTIONS	RESULTS	
Strategy 1: Improve the health of community students and impact obesity rates through expanding wellness screenings and other programming.	Completed.	Multiple programs and screenings geared towards community members during this CHNA cycle including:  Dining with Diabetes – DeKalb Senior Center Healthy Heart Choices Booth – multiple locations/fairs Walk Across America partner Partnership with Coordinated School Health-Try It Day (healthy food samples) Leadership Warren- guest speaker, pedometers	
Strategy 2: Provide community-based organizations with financial support toward their work addressing needs of Wellness & Disease Management. Additional Strategies:	Completed.	Multiple Organizations Funded:  FY18:  Helping Hands Ministry: funded to support mobile food distribution and increased meat and vegetables to food bank distribution in partnership with Second Harvest Food Bank.  One Generation Away: funding to provide support of their work in increasing access to healthy foods to those experiencing food insecurity.	
SIGNIFICANT HEALTH NEED Identified in Prior CHNA and	ACCESS TO CARE		
ACTIONS PROPOSED to Address Significant Health Need	STATUS OF ACTIONS	RESULTS	
Strategy 1: Engage state legislators and other key stakeholders to advocate for expanded access to care in Tennessee.	Completed.	January-May 2017 January-May 2019 All Tennessee legislators from all counties and neighboring counties/districts we serve were engaged weekly via in person visits, calls, or e-mails by Chief Advocacy Officer or senior leaders during the months of the legislative sessions listed above. In addition, meetings with TennCare Director and Deputy Director as well as Commissioner of Health and Commissioner of Mental Health and Disabilities. During the Summer and Fall, legislators are engaged as well during hospital ministry tours or Summer study meetings, but less frequently.  Chief Advocacy Officer conducted follow-up: Federal legislators and staff visits made in person and engaged regularly in Washington and in local district regarding health policy.  FY17: 36 Legislative visits and follow up in-person visits.  FY18: 30 Legislative visits at time of report — additional planned — including visit with Governor Lee. Chief Advocacy Officer appointed to Tennessee Access to Care Board.	





		Health Policies:
		100% Access and 100% Coverage for All
		Medicaid Expansion
		Insure Tennessee
		3-Star Healthy Plan
		Hospital Assessment
		Expansion of Ascension PACE
		Opioid Epidemic Policy
		Balanced Billing
		Compact Medicine Policy
		Nurse Practice Act
		Certificate of Need
		340B
		Corporate Practice of Medicine
		Sexual Assault Transports
		Psych Patient Transports
		Rural Hospitals
		Rural Health Access
		Behavioral Health/Substance Abuse
	1	Future of Medicaid
Strategy 2: Increase access to healthcare by removing	Completed.	Policy change enacted July 1, 2016 (FY17) to provide
traditional financial and insurance hurdles through financial		community members with income levels at or below
assistance and emergency care policies.		400% of the Federal Poverty Level with financial
		assistance as outlined in the Saint Thomas Health
		Financial Assistance Policy.
Strategy 3: Implement community-wide Medical Missions at	Completed.	<b>FY17:</b> Saint Thomas Health conducted three medical
Home that integrate medical, dental, vision and behavioral		mission events in FY17, one in Davidson County, one
health, along with broader community resources.		in Warren County, and one in Rutherford County,
		each held within a low-income community.
		Volunteers from all Saint Thomas Health entities
		participated, and community volunteer providers
		offered health screenings, referrals, consultations,
		dental care, eye exams, glasses, health education,
		lab/pharmacy services, behavioral health, and other
		services to persons who otherwise have limited
		access to health care. Saint Thomas River Park
		sponsored the medical mission in Warren County on
		June 10, 2017. 356 patients were served at that
		event with over 1,076 encounters resulting in 42
		follow-up appointments scheduled.
		<b>FY18:</b> Saint Thomas Health conducted three medical
		mission events in FY18, one in Davidson County, one
		in Hickman County, and one in Rutherford County,
		each held within a low-income community.
		Volunteers from all Saint Thomas Health entities
		participated, and community volunteer providers
		offered health screenings, referrals, consultations,
		dental care, eye exams, glasses, health education,
		lab/pharmacy services, behavioral health, and other
		services to persons who otherwise have limited
		access to health care. In FY18, these events served
		1,211 community members in a total of 3,519
		encounters resulting in 205 scheduled follow-up
		appointments.





		FY19: At time of written report, Saint Thomas Health conducted two events in FY19, one in Warren County and one in Davidson County with two additional medical missions planned (one in Rutherford County and one in Warren County) each held within a lowincome community. YTD for FY19, these events served 1,024 community members in over 3,536 encounters resulting in 178 scheduled follow-up appointments. Saint Thomas River Park sponsored the medical mission in Warren County on July 28, 2018. 357 patients were served at that event with over 1,216 encounters resulting in 23 scheduled follow-up appointments. The additional on sponsored by Saint Thomas River Park Hospital for Warren County is scheduled for June 22, 2019.
Strategy 4: Increase breast cancer screening compliance through Our Mission in Motion Mobile Mammography.	Completed.	FY17: One event serving 22 patients, with 10 qualifying for free care. 5 patients had never had a mammogram and for 10, it had been greater than two years.  FY18: One event serving 15 patients, with all patients qualifying for free care. 4 patients had never had a mammogram and for 6, it had been greater than two years.  FY19: Two events serving 51 patients, with 40 qualifying for free care. 13 patients had never had a mammogram and for 24, it had been greater than two years.
Strategy 5: Expand access to primary care through expanded presence and availability of providers, allowing more community members to access preventive and other services through a medical home.	Completed.	In addition to strengthening relationships with local providers, two additional primary care providers were added to the region in FY18 and one additional OB/GYN is anticipated to start in FY19.
<b>Strategy 6</b> : Strengthen and expand the specialty care services available within the community to increase access to needed care.	Completed.	During the 2016 CHNA cycle, Saint Thomas River Park has recruited: a general surgeon with the capability to perform ERCPs, an OB/GYN, and an orthopedic surgeon – increasing these services within the county. Additionally, STMP McMinnville Heart Clinic offers cardiology appointments five days/week allowing residents of Warren County to receive this specialty care locally.
Strategy 7: Improve access to care via telemedicine consultations when acute stroke symptoms are present.	Completed.	Telemedicine stroke services implemented at Saint Thomas River Park Hospital in FY17 with management of services through Saint Thomas Health transfer center. Twenty-four consults were completed in FY17. This service remains in place.
Additional Strategies: Provide screenings within the community to impact health knowledge and access.	Completed.	Multiple programs and screenings geared towards community members during this CHNA cycle including:  Breakfast with a Healthcare Professional — McMinnville Senior Center  Guest Speaker, Cancer Care — Senior Center, Rotary Club, Professional Business Women's Club  Women's Health Fair



Additional Strategies:	Completed.	Multiple Organizations Funded:
Provide community-based organizations with financial support	Completed.	FY17/FY18/FY19: <i>Hope Smiles</i> : funded work to
toward their work addressing need of Access to Care.		provide outreach dental care to areas with
toward their work addressing need of Access to Care.		,
		increased need and lack of dental resources.
		FY18/FY19: Tennessee Justice Center: funded work
		to increase access to care in target communities
		through individual advocacy, education, and policy
		improvement.
		FY17:
		• Enroll America: funded to support Get
		Covered America campaign, connecting
		uninsured individuals with resources to
		enroll in health insurance.
		• Tennessee Charitable Care Network (TCCN):
		Saint Thomas Health funded work to support
		coordination of statewide network of
		charitable healthcare clinics with specific
		facilitation of partnerships in
		Cannon/DeKalb/Warren/White Counties.
		FY19: Family and Children Services: funding for
		Healthcare Access Program for in-person and
		phone-based individual case management to
		connect people with affordable health care options.
SIGNIFICANT HEALTH NEED Identified in Prior CHNA and	SOCIAL DETERMI	
Addressed in Implementation Strategy	SOCIAL DETERIVIT	NAN 13
ACTIONS PROPOSED to Address Significant Health Need	STATUS OF	RESULTS
Actions (Not obed to Address significant recall) Need	ACTIONS	NESOE13
Strategy 1: Implement an anti-human trafficking initiative	In-Progress.	Anti-human trafficking initiative started with
throughout Saint Thomas Health so that victims of human		charter in place. Four training modules and
trafficking who seek medical care will be identified and		localized protocols have been developed for roll-out
connected with the assistance they need.		to all Saint Thomas Health employees. The training
•		modules are available for all employees currently.
		Training has begun in Davidson County. One clinic,
		UT Internal Med, has had all staff including
		physicians trained. Saint Thomas Midtown ED has
		trained the majority of staff/physicians. Roll-out
		and training will continue to occur throughout all
		Saint Thomas Health facilities.
Strategy 2: Provide resource navigation support to	Not Completed.	This is part of a more complex comprehensive care
	i vot compicted.	This is part of a more complex comprehensive care
Icommunity members in need recognizing how critical		coordination center being built Progress has
community members in need, recognizing how critical		coordination center being built. Progress has
economic stability and social environments that promote good		coordination center being built. Progress has slowed on this initiative.
	·	



Strategy 3: Implement community-wide Medical Missions at Home	Completed.	FY17: Saint Thomas Health conducted three medical
that integrate medical, dental, vision and behavioral health, along	Completed.	mission events in FY17, one in Davidson County, one in
with broader community resources.		Warren County, and one in Rutherford County, each
With broader community resources.		held within a low-income community. Volunteers from
		all Saint Thomas Health entities participated, and
		community volunteer providers offered health
		screenings, referrals, consultations, dental care, eye
		exams, glasses, health education, lab/pharmacy services,
		behavioral health, and other services to persons who
		otherwise have limited access to health care. <i>Saint</i>
		Thomas River Park sponsored the medical mission in
		Warren County on June 10, 2017. 356 patients were
		served at that event with over 1,076 encounters
		resulting in 42 follow-up appointments scheduled.
		<b>FY18:</b> Saint Thomas Health conducted three medical
		mission events in FY18, one in Davidson County, one in
		Hickman County, and one in Rutherford County, each
		held within a low-income community. Volunteers from
		all Saint Thomas Health entities participated, and
		community volunteer providers offered health
		screenings, referrals, consultations, dental care, eye
		exams, glasses, health education, lab/pharmacy services,
		behavioral health, and other services to persons who
		otherwise have limited access to health care. In FY18,
		these events served 1,211 community members in a
		total of 3,519 encounters resulting in 205 scheduled
		follow-up appointments.
		<b>FY19:</b> At time of written report, Saint Thomas Health
		conducted two events in FY19, one in Warren County
		and one in Davidson County with two additional medical
		missions planned (one in Rutherford County and one in
		Warren County) each held within a low-income
		community. YTD for FY19, these events served 1,024
		community members in over 3,536 encounters resulting
		in 178 scheduled follow-up appointments. <b>Saint</b>
		Thomas River Park sponsored the medical mission in
		Warren County on July 28, 2018. 357 patients were
		served at that event with over 1,216 encounters
		resulting in 23 scheduled follow-up appointments. The
		additional on sponsored by Saint Thomas River Park
		Hospital for Warren County is scheduled for June 22,
		2019.
Strategy 4: Create a comprehensive resource guide to equip both	Not Completed.	This action was to be in conjunction with Upper
community members and service providers to best connect those in		Cumberland Human Resource Agency and the Chamber
need with available resources.		of Commerce. This work was more intense than
The standard resources.		anticipated. The development of the website
		https://www.auntbertha.com/ has helped to meet this
		need within the community.
Additional Strategies:	Completed.	Multiple Organizations Funded:
Provide community-based organizations with financial support	Sompleteu.	FY17/FY18: Foundation for Educational Progress for
toward their work addressing need of Social Determinants.		the Citizens of Warren County: funded to support the
to mand their work addressing need of social beterminants.		development of an advanced robotic lab for middle
		school students aimed at increasing employment skills
		and opportunities in the economically depressed area.
		FY17/19: Children's Advocacy Center: funded to
		support Victim Advocacy Program which provides
		comprehensive support and education while serving as
	<u> </u>	liaison to protect the best interested of the child.



## **Appendix**

## **Community Asset Inventory**

A document attached below contains a list of community assets and resources that can help improve the health of the community and assist with implementation process.

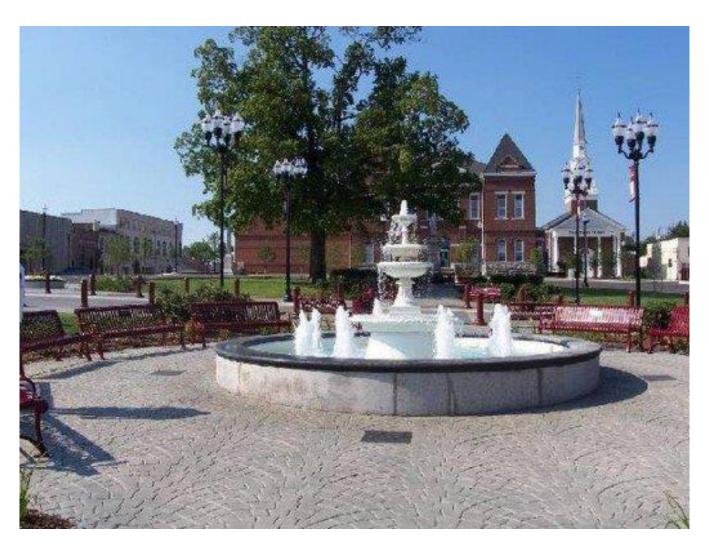


Photo Credit Wander Wisdom Website





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### **Geography**

#### Cities

McMinnville (county seat)

#### **Towns**

Centertown Morrison Viola

### **Unincorporated Communities**

Bethany

Campaign

Daylight

Dibrell

Eastside

Fairview

Harrison Ferry

Hiawassee

Irving College

Jacksboro

Lucky

Newtown

**Rock Island** 

Smartt

Vervilla

Wayside

**Rock Island** 

Smartt

Vervilla

Wayside

## **Transportation**

#### **Airport**

Warren County Memorial Airport (RNC)

#### **Major Highways**

US 70S.svg U.S. Route 70S
Tennessee 8.svg State Route 8
Tennessee 30.svg State Route 30
Tennessee 55.svg State Route 55
Tennessee 56.svg State Route 56
Secondary Tennessee 108.svg State
Route 108
Secondary Tennessee 136.svg State
Route 136

#### Media

#### **AM Radio**

WBMC (960 AM; McMinnville, TN) WAKI (1230 AM; McMinnville, TN)

#### **FM Radio**

W299 (107.7 FM; McMinnville, TN) WOWC (105.3 FM; Morrison TN) WCPI (91.3 FM; McMinnville, TN) WSOJ (102.5 FM; McMinnville, TN)

#### **Television**

Clear Channel Broadcasting 230 W Colville St McMinnville, TN 37110 (931) 473-2105

Warren Communications 2148 Smart Station Rd Morrison, TN 37357 (931) 939-2800





#### Government

### **County Department Phone Numbers**

**County Executive:** 

(931) 473.2505

**County Commission:** 

(931) 473.2505

**County Clerk:** 

(931) 473.2623

**County Trustee:** 

(931) 473.2935

**Adult Recovery Court:** 

(931) 474.1071

**Chancery Court:** 

(931) 473.2364

**Circuit Court:** 

(931) 473.2373

**General Sessions Court:** 

(931) 473.2373

**Youth Services:** 

(931) 473.6043

**Animal Control:** 

(931) 507.3647

**Property Assessor:** 

(931) 473.3450

**Register of Deeds:** 

(931) 473.2926

**Sheriff's Department:** 

(931) 473.7863

**Warren County Airport:** 

(931) 668.7050

**Public Defenders Office:** 

(931) 473.6356

**Planning & Zoning Department:** 

(931) 473.1204

**Public Works Department:** 

(931) 473.2553

**Building & Environmental Codes Dept:** 

(931) 474.2633

**Finance Dept:** 

(931) 473.2381

**Highway Dept:** 

(931) 473.2007

Sanitation Dept:

(931) 473.6874

**Election Commission:** 

(931) 473.5834

#### **Warren County Commissioners**

**Chairman of Commission** 

County Executive Jimmy Haley

**Chairman Pro Tem** 

Carlene Brown

District 1:

Ron Lee

David Rhea

District 2:

Carl Edward Bouldin

Diane Starkey

District 3:

Ken Martin

Shane Wilcher

District 4:

Teddy Boyd

Blaine Wilcher

**District 5:** 

Michael Martin

Tyrone Sparkman

District 6:

Linda F. Jones

Charles Morgan

District 7:

Gary Martin

Tommy Savage

**District 8:** 

Randy England

Scott Rubley

District 9:

Carlene Brown

Wayne Copeland

District 10:

Carolyn Mille

**Gary Prater** 

District 11:

Terry Bell

Morris Bond

District 12:

Carl D. Bouldin

**Kenny Roberts** 





### **Elected County Officials**

Jimmy Haley, Warren County Executive Matthew Hibdon, Executive Assistant Darlene Bryant, County Trustee Lisa Scott, County Clerk Wes Williams, Register of deeds Tommy Myers, Sheriff

#### **Government Offices**

201 Locust St Ste 1 McMinnville, TN 37110 (931) 473-2381

Upper Cumberland Human Resource Agency 201 Locust St Ste 15 McMinnville, TN 37110 (931) 473-6652

County Clerk Lisa Scott 201 Locust St Ste 2P McMinnville, TN 37110

## **Major Employers**

Saint Thomas River Park Hospital Bridgestone Firestone Yorozu Jarden Consumer Solutions Federal Mogul Friction Morrison Industries Cumberland Lumber and Mfg. McMinnville Manufacturing Metal Products Company Warren county school district

## **Public Safety**

#### **Police**

Warren County Sheriff's Office 108 Security Cir McMinnville, TN 37110 (931) 473-7863

McMinnville Police Department 211 W Colville St McMinnville, TN 37110 (931) 473-1211

#### **Fire**

Centertown Fire Department 309 Line St McMinnville, TN 37110 (931) 939-2894

North Warren Fire Department Inc. 9086 Smithville Hwy McMinnville, TN 37110 (931) 934-2592

Campaign & Rock Island Fire Department 7160 Francis Ferry Rd Rock Island, TN 38581 (931) 686-2776

Collins River Volunteer Fire Department 2239 Beersheba Hwy McMinnville, TN 37110 (931) 474-3544

McMinnville City Fire Department 313 E Main St McMinnville, TN 37110 (931) 473-3435

Harrison Ferry Volunteer Fire Department 175 Tin House Rd McMinnville, TN 37110 (931) 668-3717





## Health Care Hospitals

Saint Thomas River Park Hospital 1559 Sparta St McMinnville, TN 37110 (931) 815-4000

#### **Dentist**

Aspen Dental 1331 Smithville Hwy McMinnville, TN 37110 (615) 502-0567

Dynamic Dentistry, LLC 24 Liberty Ln McMinnville, TN 37110 (931) 474-1329

Jones Orthodontics 1200 S Chancery St McMinnville, TN 37110 (931) 473-6200

Noblin Dental Center 205 Donnell St McMinnville, TN 37110 (931) 473-7888

Netherton Family Dentistry 304 N Chancery St McMinnville, TN 37110 (931) 473-6644

Amburgey John, DDS 24 Liberty Ln McMinnville, TN 37110 (931) 474-1329

Dr. Brian E. Himelwright, DDS 485 N Chancery St #2 McMinnville, TN 37110 (931) 473-6644 Dr. Megan E. Hamblen, DDS 2681 S Chancery St McMinnville, TN 37110 (931) 668-4184

#### **Clinics**

Doctor's Medical Clinic 1514 Sparta St McMinnville, TN 37110 (931) 473-8400

Outpatient Clinic 1014 S Chancery St McMinnville, TN 37110 (931) 474-7700

AmeriCares Urgent Care Walk In Clinic 1012 S Chancery St McMinnville, TN 37110 (931) 507-2273

McMinnville Pain Clinic 306 N Chancery St Ste B McMinnville, TN 37110 (931) 474-1440

McMinnville Orthopedic Clinic 207 Oak Park McMinnville, TN 37110 (931) 473-9624

Family Care Clinic 2211 Northcutt Cove Rd McMinnville, TN 37110 (931) 212-4824

STD Clinic 1401 Sparta St McMinnville, TN 37110 (931) 473-8468





#### **Health Department**

Tennessee Department of Public Health <a href="https://www.tn.gov/health">https://www.tn.gov/health</a>

**Warren County Health Department** 

1401 Sparta St McMinnville, TN 37110 (931) 473-8468

#### **Major Programs:**

Child health care services

Children's Special Services (CSS)

Family planning training

Health Education: provide educational services to patients, schools, and community groups upon request.

Immunization (shots and vaccines)

Nutrition, nutritional information and training

Paternity Acknowledgment

Prenatal care: testing and presumptive eligibility screening for TennCare and referral for prenatal care

Primary care

Vital records: birth and death information is collected and sent to the State's Office of Vital Records.

Women, infants and children (WIC): vouchers to buy nutritious foods are issued to women who are pregnant or breastfeeding and children under five years of age who are at nutritional risk and meet income guidelines. Training and educational services to WIC participants.





#### **Home Health Services**

SunCrest Home Health 417 N Chancery St McMinnville, TN 37110 (931) 473-6100

Careall Home Care 165 Vo Tech Dr McMinnville, TN 37110 (931) 473-9556

Intrepid USA Healthcare Services 810 Sparta St Ste. 5 McMinnville, TN 37110 (931) 473-9561

Care Plus Home Health Services 461 N Chancery St McMinnville, TN 37110 (931) 473-3519

Home Care Solutions Lebanon 243 Todd Rd McMinnville, TN 37110 (615) 444-4418

Healthfield Home Health 159 Omni Dr # 2 McMinnville, TN 37110 (931) 507-1860

### **Hospice**

Avalon Hospice 904 N Chancery St Ste 4 McMinnville, TN 37110 (931) 474-8015

## **Durable Medical Equipment**

Buckeye Home Medical Equipment 632 N Chancery St McMinnville, TN 37110 (931) 474-2825 Mid-South RespiCare 1100 Smithville Hwy Ste 138 McMinnville, TN 37110 (931) 473-5477

Vilex Inc 111 Moffitt St McMinnville, TN 37110 (931) 474-7550

#### **Hotlines**

**Emergency** 

911

**National Suicide Prevention Lifeline** 

800-273-TALK or 800-237-8255

**National Runaway Safeline** 

1-800-RUNAWAY

**National Centers for Disease Control** 

1-800-232-4636

Gay, Lesbian, Bisexual and Transgender

**National Hotline** 

1-888-843-4564

**HIPS Hotline** 

1-800-676-HIPS

**National Sexually Transmitted Disease Hotline** 

1-800-227-8922

**Women Alive** 

1-800-554-4876

**AIDS Info** 

1-800-HIV-0440

**Project Inform** 

1-800-822-7422

**DMRS Investigations** 

1-888-633-1313

**Mobile Crisis** 

1-800-681-7444

**Domestic Violence** 

1-800-356-6767

**Spanish Domestic Violence Hotline Number** 

1-800-942-6908

**Poison Control Center** 

1-800-222-1222





#### **Hotlines Cont.**

**Veterans Crisis Line** 

800-273-8255

**National Youth Crisis Hotline** 

800-442-HOPE (4673)

**National Missing Children Hotline** 

1-800-235-3535

**National Sexual Assault Hotline** 

1-800-656-4673

**Alcohol Hotline** 

1-800-331-2900

**Alcohol Treatment Referral Hotline** 

1-800-252-6465

**National Drug Abuse Hotline** 

1-800-662-4357

**Poison Control** 

1-800-942-5969

**National Homeless Hotline** 

1-800-231-6946

**National Elder Abuse Hotline** 

1-800-252-8966

# Community, Civic, Non-profit Organizations

#### **Basic Needs Assistance**

Warren County Food Bank 314 W Morford St McMinnville, TN 37110 (931) 473-1212

UCHRA Office Warren County 201 Locust St Ste 16 McMinnville, TN 37110 (931) 473-6652

McMinnville Housing Authority 301 Hardaway St McMinnville, TN 37110 (931) 473-3372

### Life Skills/Job Training

Tennessee Opportunity Programs, Inc. 203 W Main St #103 McMinnville, TN 37110 (931) 473-2721

#### **Women's Services**

Healing Hearts 107 E Morford St McMinnville, TN 37110 (931) 474-4673

Hope Center of Warren County 203 W Main St #12 McMinnville, TN 37110 (931) 507-7800

Women's Wellness of Warren County 1589 Sparta St #104 McMinnville, TN 37110 (931) 815-5050

#### **Foundations**

Warren Arts Foundation, Inc. 5482 Manchester Hwy Morrison, TN 37357 (931) 668-2787

Warren County Educational Foundation P.O. Box 728 McMinnville, TN 37111

Foundation for Educational Progress 110 S Court Square McMinnville, TN 37110

#### **Senior Services**

UCHRA Southside Elderly Nutrition Program 809 Morrison St McMinnville, TN 37110 (931) 473-7312

National Council on Aging 809 Morrison St McMinnville, TN 37110 (931) 474-5566

Senior Retired Volunteer Program 100 Center St Ste. C McMinnville, TN 37110 (931) 473-5367





#### **Senior Services Cont.**

Pacesetters Inc-Hutchins House 164 Hutchins Rd McMinnville, TN 37110 (931) 815-2756

Independent Opportunities Inc 2069 Smithville Hwy Ste. 3 McMinnville, TN 37110 (931) 474-4110

Raintree Manor 415 Pace St McMinnville, TN 37110 (931) 668-2011

McMinnville-Warren County Senior Center 809 Morrison St McMinnville, TN 37110 (931) 473-6559

## **Economic Development Organizations**

Warren County Chamber Commerce 110 S Court Square Ste. A100 McMinnville, TN 37110 (931) 473-6611

Industrial Development Board 110 S Court Square McMinnville, TN 37110 (931) 474-4769

#### **Church Outreach Ministries**

Westwood Church of Christ 511 Morrison St McMinnville, TN 37110 (931) 473-8434

Central Church of Christ 101 E Morford St McMinnville, TN 27110 (931) 473-6537

### **Community Service Organizations**

Families in Crisis Inc. 706 S Chancery St McMinnville, TN 37110 (931) 473-6543

McMinnville Civic Center Complex 500 Garfield St McMinnville TN 37110 (931) 473-1212

Alliance for Community Outreach Inc. 477 N Chancery St Ste. C McMinnville, TN 37110

Fairview Community Improvement Center 4450 Beersheba Hwy McMinnville, TN 37110 (931) 668-9620

Midway Community Center 5966 Great Falls Rd Rock Island, TN 38581 (931) 686-2999

Warren County Lions Club 5145 Shelbyville Rd McMinnville, TN 37110 (931) 815-9889

Rock Island Lions Club 2886 Pine Bluff Rd Rock Island, TN 38581 (931) 686-3388

## **Children & Youth Organizations**

Kids of the Community 111 S Court Square McMinnville, TN 37110 (931) 474-5437

Young Men United 222 E End Dr McMinnville, TN 37110 (931) 815-9770





Boy Scout Troop 499 2061 Old Rock Island Rd Rock Island, TN 38581 (931) 686-2996

Children's Advocacy Center 1350 Sparta St McMinnville, TN 37110 (931) 507-2386

#### **Behavioral & Addiction Services**

Cumberland Psychiatric Services 201 W Main St Ste 1 McMinnville, TN 37110 (931) 473-7856

CHEER Mental Health 120 Omni Dr McMinnville, TN 37110 (931) 473-9649

At The Robert Coy House 6671 Nashville Hwy McMinnville, TN 37110 (931) 939-4762

Campbell Lodge 3100 Crisp Springs Rd McMinnville, TN 37110 (931) 939-5046

Generations Health Association, Inc. 406 N S Spring St McMinnville, TN 37110 (931) 507-1212

Adult Drug Court Program 111 S Court Square McMinnville, TN 37111 (931) 474-1071

Dr. Murphy Martin's Office 203 W Main St McMinnville, TN 37110 (931) 473-8279

#### Other

McMinnville Heritage Preservation, Inc. 126 Lakeland Dr McMinnville, TN 37110

Human Society of Warren County, Inc. 936 Old Smithville Rd McMinnville, TN 37110 (931) 743-8086

## **Transportation Services**

R & N Transportation LLC 2888 Old Nashville Hwy McMinnville, TN 37110 (931) 474-4285

West's Transport Services of Tn 306 Meadowbrook Dr McMinnville, TN 37110 (931) 815-3622

Greer Transportation Services 3907 Old Nashville Hwy McMinnville, TN 37110 (931) 668-3391

Hi-C Transportation 2356 Smithville Hwy McMinnville, TN 37110 (931) 668-8300

Tolaris Transport 501 West End Ave McMinnville, TN 37110 (931) 474-6653

Womack Transportation 835 Bridge Builders Rd McMinnville, TN 37110 (931) 474-8844





#### **Parks and Outdoor activities**

Rock Island State Park
McMinnville Civic Center (with Greenway
walking trails & Gilley Pool)
Pistole Park
Ramsey Park
Riverfront Park
Pepper Branch Park
Rocket Park

McMinnville Parks and Recreation Department 500 Garfield St McMinnville TN, 37110 (931) 473-1212

## **Education Resources Libraries**

Morrison Library 100 W Maple St Morrison, TN 37357 (931) 635-3014

William H. & Edgar Magness Library 118 West Main St McMinnville, TN 37110 (931) 473-2428

McMinnville Library 225 Cadillac Ln McMinnville, TN 37110 (931) 815-2113

#### **Public Schools**

Bobby Ray Mem Elementary School 504 N Chancery St McMinnville, TN 37110 (931) 473-9006

Centertown Elementary School 376 Warrior Blvd McMinnville, TN 37110 (931) 939-2261 Dibill Elementary 1759 Mike Muncey Rd McMinnville, TN 37110 (931) 934-2301

East Side Elementary 2121 Old Rock Island Rd Rock Island, TN 38581 (931) 686-2392

Hickory Creek Elementary School 270 Pioneer Ln McMinnville, TN 37110 (931) 668-5103

Irving College Elementary 115 Dry Creek Rd McMinnville, TN 37110 (931) 668-8693

Morrison Elementary School 500 S Fair St Morrison, TN 37357 (931) 635-2512

Warren County High School 199 Pioneer Ln McMinnville, TN 37110 (931) 668-5885

Warren County Middle School 200 Caldwell St McMinnville, TN 37110 (931) 473-6557

West Elementary School 400 Clark Blvd McMinnville, TN 37110 (931) 473-3801

Warren Academy 421 N Spring St McMinnville, TN 37110 (931) 473-8723





#### **Private Schools**

Covenant Academy 5386 Beersheba Hwy McMinnville, TN 37110 (931) 668-6185

F.C. Boyd Christian School 806 Morrison St McMinnville, TN 37110 (931) 473-9631

Christian Calvary School 525 W End Ave McMinnville, TN 37110 (931) 473-3919

Faulkner Springs Christian School 201 Bluff Springs Rd McMinnville, TN 37110 (931) 668-4092

Cedars of Lebanon Academy 366 Cove Creek Rd McMinnville, TN 37110 (931) 692-3635

#### **Childcare**

Boyd Christian School Pre-kindergarten 806 Morrison Rd McMinnville TN 37110 (931) 473-9631

Covenant Academy 7225 Manchester Hwy Morrison Tn 37357 (931) 668-6180

Centertown Elementary Day Care 376 Warrior Blvd McMinnville Tn 37110 (931) 939-2261

Dibrell Elementary Preschool 1759 Mike Muncey Rd McMinnville Tn 37110 (931) 934-2301 Eastside Elementary Day Care 2121 Old Rock Island Rd Rock Island Tn 38581 (931) 686-2392

Gammie's House Too 322 Needmore Rd McMinnville TN 37110 (931) 474-1396

Hickory Creek Elementary Day Care 270 Pioneer Ln McMinnville Tn 37110 (931) 668-5100

Smarty Pants Learning Center 369 Garfield St McMinnville TN 37110 (931) 473-9402

Tutor Bug Tots 215 Mullican St McMinnville TN 37110 (931) 474-1235

Eastside Early Learning Center 2121 Old Rock Island Rd Rock Island Tn 38581 (931) 686-2392

Irving College Elementary 115 Dry Creek Rd McMinnville Tn 37110 (931) 668-8693

Mustard Seed Nursery School 210 Locust St McMinnville Tn 37110 (931) 235-0796

Bobby Ray Elementary Preschool 504 North Chancery St McMinnville Tn 37110 (931) 473-9006





#### Childcare Cont.

Bobby Ray Memorial Elementary Day Care 504 North Chancery St McMinnville Tn 37110 (931) 474-1009

#### **Post-Secondary Education**

University of Tennessee Extension 201 Locust St Ste 10 McMinnville, TN 37110 (931) 473-8484

### Museums, Attractions, Festivals, and Events

#### **Cumberland Caverns: Tennessee's Largest Show Cave**

With more than 32 known miles and many more estimated miles of virgin cave, Cumberland Caverns is one of the most extensive caves in Tennessee.

#### The Black House

The oldest remaining residence in McMinnville was built in 1825 by Jesse Coffee and was distinct in its time due to its exterior brick construction.

#### Falcon Rest: Tennessee's Premier Victorian Mansion

The history provided by Falcon Rest states: "In the 1940s, Clay Faulkner's mansion was converted into a hospital and nursing home.

#### **Rock Island State Park**

A particular favorite of kayakers worldwide, Rock Island State Park is most famously known for it's Blue Hole.

#### **Trail of Tears**

See and read about the Trail of Tears, while taking a five-mile hike on Caldwell Mountain at Shellsford.

#### **Historic Downtown McMinnville**

The Mainstreet McMinnville project has revitalized downtown with the opening of such attractions as the Brady-Hughes-Beasley Photographic Archives and Museum, and the Warren County Heritage Center and Museum

#### **Back to the Strip Night (first Saturday in May)**

Fourth of July Celebration Downtown
Warren County A & L Fair (beginning second Monday in September)
Autumn Street Fair
Christmas in the Park





## **Churches and Religious Organizations**

Faith Trinity Assemblies of Spencer

**Browns Chapel Missionary Baptist Church** 

Bascom UMC

**Bratchers Cross Roads Free Methodist** 

Morrison United Methodist Church

Hiawassee Church of Christ

Morrison Church of Christ

Centertown United Methodist Church

Sunny Hill Baptist Church

Shepherd of The Hills

Earleville Church of Christ

Fathers Desire Ministries Inc

Morrison First Baptist Church

Grace & Mercy Missions, Inc.

Bethel Hill Baptist Church

Church of Christ of Centertown

**Smartt Church of Christ** 

Covenant Fellowship Church

First Baptist Church of Smart

Temple Baptist Church (Inc)

**Rockliff Church of Christ** 

Cornerstone Baptist Church

Forest Park Baptist Church

Bethany Church of Christ

Bates Hill Cumberland Presbyterian

Eastside Baptist Church

**Mount Zion Ministries** 

Way of Cross Missionary Baptist Church Inc

Light of The Nations C P Church

First Assembly of God

**Christs Family Church** 

Barren Fork Baptist Church

Liberty Cumberland Presbyterian

Dibrell Church of Christ

Pioneer Community Baptist Church

Community Church of The Assemblies of God

North Hills Church of God of Prophecy

Church of God Prophecy

**Emerge Ministries** 

Jesus Name Pentecostal Church

Faith Missionary Baptist Church

Christ Community Church at Sunset Hills

Rolling Acres Church

St. Catherine's Catholic Church

Mount Leo Church of Christ

Madison St Baptist Church

**Arlington Church Christ** 

**Hughes Global Ministries Inc** 

East End Drive Church of Christ

**Shellsford Baptist Church** 

East End Church of Christ

Christian Fellowship Church

McMinnville 1st Free Will Church

Smyrna Church of Christ

Cumberland Chapel Free Will Baptist Church

Pleasant Cove Church of Christ

Solid Rock Church of God

Friendship Baptist Church

Jericho Church of Christ

Church of Christ

**Helping Hands Ministry** 

Newtown Baptist Church

Freedom Life Worship Center

New Hope Full Gospel

Oakland Church of Christ

Handmaiden Ministries

Church of Jesus Christ-LDS

First Church of Jesus Christ

Bridges of Hope Fellowship

Monteagle Assembly

First Church of God

Westwood Church of Christ

**Gath Baptist Church** 

St Matthews Episcopal Church

Christ United Methodist Church

Bonner Church of Christ

Bybee Branch Church of Christ

First United Methodist Church

Northside Baptist Church

Westside Baptist Church

Grace Temple Full Gospel

First Baptist Church

Iglesia De Cristo

**Central Baptist Association** 

Pearls of Christ Church





## **Churches and Religious Organizations Cont.**

Irving College Baptist Mission
Victory Free Will Baptist Church
Kingdom Hall of Jehovah's Witness Inc
McMinnville Locust Street Church of God
First Hispanic Baptist Church
Heabron Church of Christ
The Potters House
Christian Fellowship Church
New Union United Methodist Church
St Mary's Church of Christ
McMinnville Church of God
McMinnville Seventh Day Adventist Church
Hebron Church of Christ
Smartt Assembly



#### **Sources**

Google

City-data.com

Warren County Wikipedia

https://en.wikipedia.org/wiki/Warren County, Tennessee

Warren County Website

http://www.warrencountytn.gov/

Childcare Center – Warren County

https://childcarecenter.us/county/warren tn

Warren County School District

https://www.warrenschools.com/

McMinnville Website

http://cms2.revize.com/revize/mcminnvilletn/

Churches

https://tennessee.hometownlocator.com/features/cultural,class,church,scfips,47177.cfm



To update or add information, complete the form below	
Name of Organization:	
Contact Name:	
Phone #:	Fax #:
Email:	
Web page:	
Mailing Address:	
List services:	
Is there a cost for servicesYesNo	
Are there special requirements to receive your services:Yes	No
If yes, please explain	
What are your business hours:	
Any additional information needed to understand your resource?	
Submit updated information to: Shan.Williams@ascension.org	





## **Community Health Needs Assessment** for Warren County

Completed by Saint Thomas River Park Hospital in partnership with: Stratasan









