

Ascension St. Vincent Heart Center

**Implementation Strategy for the 2024 CHNA
Hamilton County, Indiana**



Ascension

The purpose of this Implementation Strategy (IS) is to describe how the hospital plans to address prioritized health needs from its current Community Health Needs Assessment (CHNA). The significant health needs the hospital does not intend to address are identified, and a rationale is provided. Special attention has been given to the needs of individuals and communities at increased risk for poor health outcomes or experiencing social factors that place them at risk.

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The Ascension St. Vincent Heart Center Board of Directors approved the 2024 Implementation Strategy on [MO, DAY, YEAR] (2024 tax year) and applies to the following three-year cycle: July 2025 to June 2028 (FY 2026 - FY 2028). This report, as well as the previous report, can be found on our public website.

We value the community's voice and welcome feedback on this report. Please visit our public website (<https://healthcare.ascension.org/chna>) to submit your comments.

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Introduction

As one of the leading non-profit and Catholic health systems in the United States, Ascension is committed to delivering compassionate, personalized care to all, with special attention to impoverished and vulnerable persons.

About Ascension

Ascension is one of the nation's leading non-profit and Catholic health systems, with a Mission of delivering compassionate, personalized care to all, with special attention to those most vulnerable. In FY2024, Ascension provided \$2.1 billion in care of persons living in poverty and other community benefit programs. Across 16 states and the District of Columbia, Ascension's network encompasses approximately 99,000 associates, 23,000 aligned providers, 94 wholly owned or consolidated hospitals, and ownership interests in 27 additional hospitals through partnerships. Ascension also operates 30 senior living facilities and a variety of other care sites offering a range of healthcare services.

Ascension's Mission provides a strong framework and guidance for the work done to meet the needs of communities across the US. It is foundational to transform healthcare and express priorities when providing care and services, particularly to those most in need.

Mission: Rooted in the loving ministry of Jesus as healer, we commit ourselves to serving all persons with special attention to those who are poor and vulnerable. Our Catholic health ministry is dedicated to spiritually-centered, holistic care which sustains and improves the health of individuals and communities. We are advocates for a compassionate and just society through our actions and our words.

For more information about Ascension, visit <https://www.ascension.org/>.

Ascension St. Vincent Indiana

Ascension St. Vincent operates 19 hospitals in addition to a comprehensive network of affiliated joint ventures, medical practices and clinics serving Indiana and employs more than 13,000 associates. In Fiscal Year 2024, Ascension St. Vincent provided more than \$357 million in community benefit and care of persons living in poverty throughout the state.

Ascension St. Vincent Heart Center

As a Ministry of the Catholic Church, Ascension St. Vincent Heart Center is a non-profit hospital governed by a local board of trustees represented by community members, medical staff, and sister sponsorships. For many years, the hospital has provided medical care for the residents of Hamilton County, Indiana and neighboring areas.

In 2006, St. Vincent and the Heart Center of Indiana formed a joint venture, renaming the facility the St. Vincent Heart Center of Indiana. The 80-bed, specialized licensed hospital focuses on cardiovascular care, providing a wide range of related services, including emergency medicine, interventional radiology, laboratory services, medical imaging, nutrition support, rehabilitation services, respiratory care, sleep disorder treatment, spiritual care, cardiac surgery, and women's health. Located in Hamilton County, central Indiana, the ASV Heart Center serves patients from across the state.

For more information about the Ascension St. Vincent Heart Center, visit

<https://healthcare.ascension.org/locations/indiana/inasc/carmel-ascension-st-vincent-heart-center>

Overview of the Implementation Strategy

Needs Prioritization

Included in Code Section 501(r)(3) is the requirement that hospitals must provide a description of the process and criteria used to determine the most significant health needs of the community identified through the CHNA, along with a description of the process and criteria used to determine the prioritized needs to be addressed by the hospital. Accordingly, Ascension St. Vincent Heart Center used a phased prioritization approach to identify the needs of Hamilton County. The first step was to determine the broader set of identified needs. The CHNA assessment narrowed identified needs to a group of significant needs determined most crucial for community stakeholders to address.

After completing the CHNA assessment, significant needs were further narrowed down to prioritized needs that the hospital will address within the IS. To arrive at the prioritized needs, Ascension St. Vincent Heart Center used the following process: hospital leaders and board members reviewed the 2024 CHNA significant health needs and the data used to define each as significant, then voted on the top three needs they determined the hospital could respond to within its IS during the next three years. The criteria used to prioritize the significant needs were:

- **Organizational capacity** – The hospital facility has the capacity to respond to the issue.
- **Existing infrastructure** – The hospital facility has programs, systems, staff and support resources in place to respond to the issue.
- **Established relationships** – There are established relationships with community partners to respond to the issue.
- **Ongoing investment** – There are existing resources committed to the issue. Staff time and financial resources for this issue are counted as part of the community benefit effort.
- **Focus area** – The hospital facility has acknowledged competencies and expertise to respond to the issue and the issue fits with the organizational mission.
- **Magnitude of the problem** – The number of and/or disparities among people
- **Severity of consequences** – The potential for mortality or morbidity
- **Feasibility of intervention** – The available resources and evidence-based solutions
- **Alignment with organizational or community goals** – The response would fit with strategic plans

Needs That Will Be Addressed

Following the completion of the current CHNA, Ascension St. Vincent Heart Center has selected the prioritized needs outlined below for its 2024 IS. Ascension has defined “prioritized needs” as the significant needs that the hospital has prioritized to address through the three-year CHNA cycle:

- **Access to Care** – This need was selected because access to care indicators such as adults reporting fair or poor health, low birthweight babies, per capita supply of healthcare providers, preventable hospital stays, and/or core preventive services compared unfavorably to peer counties or U.S. averages and because community meeting participants identified access to care (including preventive services) as a priority.
- **Behavioral Health (includes Mental Health and Access to Mental Health Services and Substance Use Disorders, including Alcohol and Nicotine)**– This need was selected because mental health indicators such as number of poor mental health days, number of mental health providers per population, depression rate and/or suicide rate compared unfavorably to peer counties or U.S. averages and because community meeting participants identified mental health as a priority. Substance use disorder is included because indicators such as drug poisoning deaths, percentage of tobacco and/or e-cigarette users, opioid-related deaths, and/or the percentage of alcohol-impaired driving deaths compared unfavorably to peer counties or U.S. averages and because community meeting participants stressed the prevalence of SUD and mental health as co-occurring health issues and identified them as priorities.

Ascension St. Vincent Heart Center understands the importance of all the community's health needs. It is committed to playing an active role in improving the health of the people in the communities it serves. For this implementation strategy, Ascension St. Vincent Heart Center has focused its efforts on the above priorities.

Needs That Will Not Be Addressed

Based on the prioritization criteria, the health needs identified through the CHNA that Ascension St. Vincent Heart Center does not plan to address within the hospital's IS at this time include:

- **Services for Older Adults** - The hospital, together with AMG, works collaboratively with the Ascension St. Vincent - Center for Healthy Aging to support older adults as they cope with complex health problems that can be associated with aging. Additionally, the hospital remains committed to partnering with community groups to address these identified health needs and will continue to seek opportunities to do so. As federal, state, and local authorities, as well as community-based organizations, are working to address needs of seniors, the hospital will not directly address this need in the current Implementation Strategy.

- **Social Drivers of Health (including Poverty, Affordable Housing, Food Insecurity, and Transportation)** - The hospital, together with AMG, screens patients for needs related to social determinants of health. Moreover, supporting services and referrals are provided by Community Health Workers in the Ascension St. Vincent Health Access Department, to meet needs, such as transportation and housing. Additionally, the hospital remains committed to partnering with community groups to address needs related social determinants of health and will continue to seek opportunities to do so. As federal, state, and local authorities, as well as community-based organizations, are working to reduce this need, the hospital will not directly address this need in the current Implementation Strategy.

While these needs are not the focus of this Implementation Strategy, Ascension St. Vincent Heart Center may consider investing resources in these areas as appropriate, depending on opportunities to leverage organizational assets in partnership with local communities and organizations. Also, this report only encompasses a partial inventory of everything Ascension St. Vincent Heart Center does to support health within the community.

To find a list of resources for needs not being addressed, please refer to the Ascension St. Vincent Heart Center's 2024 CHNA: https://healthcare.ascension.org/2024_CHNA/Heart_Center.

Written Comments

This IS has been made available to the public and is open for public comment. Questions or comments about this Implementation Strategy can be submitted via the website: <https://healthcare.ascension.org/chna>.

Approval and Adoption of the IS by Ascension St. Vincent Heart Center

To ensure the Ascension St. Vincent Heart Center's efforts meet the needs of the community and have a lasting and meaningful impact, the 2024 Implementation Strategy was presented and adopted by Ascension St. Vincent Heart Center Board of Directors on [MO, DAY, YEAR]. Although an authorized body of the hospital must adopt the IS to be compliant with the provisions of the Affordable Care Act, adoption of the IS also demonstrates that the board is aware of the IS, endorses the priorities identified, and supports the action plans that have been developed to address prioritized needs.

Action Plans

The IS below is based on prioritized needs from the hospital's most recent CHNA. These strategies and action plans represent where the hospital will focus its community efforts over the next three years.

Access To Care	
Hospital(s) Name(s) Ascension St. Vincent Heart Center	
Prioritized Health Need Access to Care	
Objective <ol style="list-style-type: none"> By June 30, 2028, Ascension St. Vincent Heart Center will increase the 3-year total number of individuals enrolled in public programs through the completion of an Enrollment Pathway by 3% compared to the total enrolled during FY2023–FY2025. By June 30, 2028, Ascension St. Vincent Heart Center will increase the 3-year total number of individuals established with a medical home through the completion of a Medical Home Pathway by 3% compared to the total established in FY2023-FY2025. 	
Strategy Provide technical support for individuals when applying for public programs and finding primary care	
Collaborators/Resources <ul style="list-style-type: none"> Collaborators: FSSA, FQHCs, community groups focused on access to care, referring organizations ASV Department/Program: Health Access/Community Health Worker (CHW) Advocacy, Mission Integration 	Budget* <ul style="list-style-type: none"> Associate time to develop materials with updated eligibility requirements Associate time working with individual to complete a pathway Printing costs for updated materials
<ul style="list-style-type: none"> ACTION STEPS (Add additional rows for each action step) 	ROLE/OWNER
Establish, or utilize an existing, internal workgroup to identify and implement ways the hospital can support the CHW and increased access to care.	IS Priority Lead (Access)
Work with Advocacy and Communications to develop materials to inform individuals of new Medicaid eligibility requirements.	IS Priority Lead (Access)
Complete the Medical Home Pathway through the following steps: assess and address barriers to establishing a medical home, refer patients to a medical home, educate on process, assist with scheduling, confirm attendance at appointment and follow up for ongoing concerns.	Community Health Worker
Complete the Enrollment Pathway through the following steps: verify appropriate application is completed, review referrals for social drivers of health (SDOH), assess and address barriers, monitor patient progress and provide ongoing management.	Community Health Worker

*The budget for this initiative is an estimate and should be considered as such.

Behavioral Health	
Hospital(s) Name(s) Ascension St. Vincent Heart Center	
Prioritized Health Need Behavioral Health (including mental health, substance use disorder, and suicide)	
Objective By June 30, 2028, Ascension St. Vincent Heart Center, in collaboration with the Stress Center, will sponsor and support the certification of at least one community member who works with youth and young adults, ages 10 through 24, in the evidence-based online QPR Pathfinder Training.	
Strategy Support the development of a new workforce of crisis responders	
Resources <ul style="list-style-type: none"> • Collaborators: QPR, Community partners, community coalitions, local schools and youth sports/clubs • ASV Department/Program: Stress Center, Peyton Manning Children's Hospital 	Budget* <ul style="list-style-type: none"> • Fee for QPR training • Staff time working towards this initiative
ACTION STEPS	ROLE/OWNER
Develop applicable materials, including an application for individuals who are interested in being trained and post training document(s) to assess the perceived impact from the training.	Community Benefit
Promote the training opportunity, identify individual(s) to attend training, secure training placement, and complete required post-training documentation.	IS Priority Lead (Behavioral Health)
Complete required quarterly reporting to Community Benefit.	IS Priority Lead (Behavioral Health)
ANTICIPATED IMPACT	
The anticipated impact is an increase to the number of community members who work with young people that are equipped to recognize and respond effectively to the signs of a suicide crisis, enhancing early intervention and reducing the risk of suicide among youth and young adults.	

**The budget for this initiative is an estimate and should be considered as such.*

Evaluation

Ascension St. Vincent Heart Center will develop a comprehensive measurement and evaluation process for the implementation strategy. The Hospital will monitor and evaluate the action plans outlined in this plan for the purpose of reporting and documenting the impact these action plans have on the community. Ascension St. Vincent Heart Center uses a tracking system to capture community benefit activities and implementation. Data will be aggregated into an annual Community Benefit report made available to the community to ensure accountability.