

•Ascension Holy Family•

**Implementation Strategy for the TY2021 CHNA
Cook County, Illinois**



Ascension

The purpose of this implementation strategy is to describe how the hospital plans to address prioritized health needs from its current Community Health Needs Assessment. The significant health needs that the hospital does not intend to address are identified and a rationale is provided. Special attention has been given to the needs of individuals and communities who are more vulnerable, unmet health needs or gaps in services, and input gathered from the community.

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The TY21 Implementation Strategy was approved by the Ascension Chicago Metro Hospitals Board of Directors on October 26, 2022 (2021 tax year), and applies to the following three-year cycle: July 2022 to June 2025 (FY 2023 - FY 2025). This report, as well as the previous report, can be found at our public website.

We value the community's voice and welcome feedback on this report. Please visit our public website (<https://healthcare.ascension.org/chna>) to submit your comments.

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Introduction

As one of the leading non-profit and Catholic health systems in the United States, Ascension is committed to delivering compassionate, personalized care to all, with special attention to persons living in poverty and those most vulnerable.

Ascension Holy Family

As a Ministry of the Catholic Church, Ascension Holy Family is a non-profit hospital that provides medical care to Des Plaines and the surrounding communities. Ascension Holy Family is part of Ascension Illinois which operates 15 hospital campuses and 230 sites of care. The organization includes more than 600 providers as part of Ascension Medical Group, as well as 17,000 associates.

Serving Illinois since 1961 Ascension Holy Family is continuing the long and valued tradition of addressing the health of the people in our community, following in the footsteps of legacy Presence Health. Ascension Holy Family in Des Plaines, Illinois is a long-term acute care hospital (LTACH) caring for medically complex patients, the only such hospital in Northwest Chicagoland and the only faith-based LTACH in Illinois. It is the first long-term acute care hospital in Illinois to be certified in Disease Specific Care for Respiratory Failure by The Joint Commission.

Licensed for 178 beds, AMITA Health Holy Family Medical Center specializes in caring for patients who are critically ill with complex conditions and must be hospitalized for an extended period. Most patients here are transferred from critical care units at other hospitals. Ascension Holy Family was the recipient of the 2017 Goldberg Innovation Award from the National Association of Long-Term Hospitals for the Dedicated Education Unit in training the next generation of nurse professionals as well as the 2018 National Guardian of Excellence for Patient Safety by Press Ganey. It has been recognized by the Illinois Hospital Association Award for Patient Safety.

For more information about Ascension Holy Family, visit healthcare.ascension.org.

Overview of the Implementation Strategy

Purpose

This implementation strategy (IS) is the hospital's response to the health needs prioritized from its current Community Health Needs Assessment (CHNA). It describes the actions the hospital will take to address prioritized needs, allocate resources, and mobilize hospital programs and community partners to work together. This approach aligns with Ascension Holy Family's commitment to offer programs designed to address the health needs of a community, with special attention to persons who are underserved and vulnerable.






IRS 501(r)(3) and Form 990, Schedule H Compliance

The CHNA and IS satisfy certain requirements of tax reporting, pursuant to provisions of the Patient Protection and Affordable Care Act of 2010, more commonly known as the Affordable Care Act (ACA). As part of the ACA, all not-for-profit hospitals are required to conduct a CHNA and adopt an implementation strategy every three years. Requirements for 501(c)(3) Hospitals Under the Affordable Care Act are described in Code Section 501(r)(3), and include making the CHNA report (current and previous) widely available to the public. In accordance with this requirement, electronic reports of both the CHNA and the current implementation strategy can be found at <https://healthcare.ascension.org/CHNA> and paper versions can be requested at Ascension Holy Family Office of the President or Community Health.

Process to Prioritize Needs

Included in Code Section 501(r)(3) is the requirement that hospitals must provide a description of the process and criteria used to determine the most significant health needs of the community identified through the CHNA, along with a description of the process and criteria used to determine the prioritized needs to be addressed by the hospital. Accordingly, Ascension Holy Family used a phased prioritization approach to identify the needs with the hospital community. The first step was to determine the broader set of identified needs. Through the CHNA assessment, identified needs were then narrowed to a set of significant needs which were determined most crucial for community stakeholders to address.

Following the completion of the CHNA assessment, significant needs were further narrowed down to a set of prioritized needs that the hospital will address within the implementation strategy. To arrive at the prioritized needs, Ascension Holy Family used the following process and criteria: review of additional primary and secondary data collected during the CHNA assessments for the hospital's primary service area, followed by the use of the five criteria below to prioritize the significant needs:

	<p>Scope of Problem:</p> <ul style="list-style-type: none"> • How severe or prevalent is this issue in the community? • How many are impacted?
	<p>Disparities & Equity:</p> <ul style="list-style-type: none"> • Are there health disparities that exist? • Can we address those in an impactful way?
	<p>Feasibility:</p> <ul style="list-style-type: none"> • What is our capacity to make progress (staffing resources, financial resources, other support, etc.)? • Are there known interventions that exist?
	<p>Momentum:</p> <ul style="list-style-type: none"> • Is there community readiness and/or political will to address this issue?
	<p>Alignment:</p> <ul style="list-style-type: none"> • Do we have community partners that we can align with on this issue? • Do we need to build new relationships?

Preliminary community need prioritization recommendations were presented to a group of internal and external stakeholders for their review at meetings held in June 2022-August 2022. Recommendations were discussed and voted upon to determine the prioritized needs for the hospital community.

Needs That Will Be Addressed

Following the completion of the current CHNA, Ascension Holy Family has selected the prioritized needs outlined below for its TY202 implementation strategy. Ascension has defined “prioritized needs” as the significant needs which have been prioritized by the hospital to address through the three-year CHNA cycle:

- **Social and Structural Determinants of Health -**
 - **Food Access and Food Security (SDoH- Food Security):** This strategy addresses that

- there are barriers to, and disparities in the availability and access to food. Nearly 60% of local School District 62 students qualify for free or reduced lunches. All students attending three of the schools within District 62 qualify for free or reduced breakfast and lunch by living in food-insecure homes. This need was selected because access to healthy food was identified within the top six most important needed improvements on the community survey recognizing a lack of consistent access to nourishing, affordable, and adequate food for families. The top five most common searches in the Community Resource Directory included food pantries, food assistance, and food delivery.
- **Violence and Community Safety (SDoH - Community Safety):** This need was selected recognizing the consequences of growing forms of violence (child maltreatment, bullying, intimate partner violence) within the Ascension Holy family PSA contributing to negative health outcomes and social development. Community violence is unpredictable and traumatic and exposure to it can produce long-term negative outcomes for youth and adults. It can increase fear, distrust, and feelings of being unsafe, weakening existing familial and community-level informal social control. Exposure may include directly experiencing, witnessing, or hearing about violent victimization. Exposure to community violence is associated with increased internalizing behaviors (e.g., anxiety disorder, Major Depressive Disorder, post-traumatic stress disorder [PTSD]), externalizing behaviors (conduct disorder, oppositional defiant disorder), and family stress and conflict.
 - **Access to Care and Community Resources -**
 - **Resources, Referrals, Coordination, and Connection to Community -Based Services (Access to Care):** This need was selected because in the CHNAs focus groups, access to needed healthcare and community resources are named as critical components to achieving the best health outcomes with the Ascension Holy Family PSA.
 - **Timely Linkage to Quality Care, including Behavioral Health and Social Services (Access to Care):** This need was selected because Health insurance is the primary way that individuals access the healthcare system in the United States with 56% of Cook County residents receiving coverage through employer-based plans. Eleven percent of the population under age 65 are without health insurance in Cook County compared to 9% in Illinois. Eighteen percent (18%) of respondents to the community survey reported a loss of employment because of the pandemic, 6% reported a loss or reduction in insurance coverage, and 7% reported a lack of access to basic medical care.
 - **Prevention and Treatment of Priority Health Conditions: Maternal and Child Health, Mental Health, Substance Use Disorders, Chronic Conditions -**
 - **Maternal and Child Health (Maternal, Infant, Child Health):** This need was selected because maternal mortality rates in the United States have been increasing even though the global trend has been the opposite. In addition, vast maternal health inequities exist between racial and ethnic groups. Racial and ethnic disparities exist for preterm births, postpartum depression, violence, obesity and preventable complications. Nine percent

(9%) of babies born in Cook County have a low birth rate compared to 8% for Illinois. There are 20 teen births per 1,000 female population ages 15-19 in Cook County compared to 18 for Illinois.

- **Mental Health (*Mental & Behavioral Health*):** Mental Health is an important indicator of health outcomes and a serious concern in Chicago and Suburban Cook County. This need was selected because 39% of community survey respondents identified mental health as one of the most important health needs in their communities. Forty percent of community survey respondents identified access to mental health services as being needed to support improvements in community health. The self-reported adult depression rates in Cook County are higher (17.3%) than national averages (10%). Similarly, youth depression has been on the rise. This need was voted in the top two of this category for the Ascension Resurrection prioritization process.
- **Substance Use Disorders (*Mental & Behavioral Health*):** This need was selected because mental health and substance use (behavioral health) were two of the most discussed topics within the CHNAs focus groups. There were 4,467 drug induced overdose deaths in Cook County between 2018-2020.
- **Chronic Conditions (*Chronic Disease - Cancer, Heart Disease, Obesity, Diabetes*):** This need was selected because Community input respondents identified a number of chronic health conditions as important health needs in their communities including cancers (19%), heart disease and stroke (14%), diabetes (12%), obesity (10%), and lung disease (2%).

Ascension Holy Family understands the importance of all the health needs of the community and is committed to playing an active role in improving the health of the people in the communities it serves. For the purposes of this implementation strategy, Ascension Holy Family has chosen to focus its efforts on the priorities listed above.

Needs That Will Not Be Addressed

Based on the prioritization criteria, the health needs identified through the CHNA that Holy Family does not plan to address at this time include:

- **COVID-19-**This need will not be addressed in the Implementation Strategy , but we will continue to support through advocacy, community partnerships and public health collaboration as needed.
- **Injury including Violence-related Injury-**This need will not be addressed in the Implementation Strategy, but we will continue to support through advocacy and community partnerships.

While these needs are not the focus of this implementation strategy, Ascension Holy Family may consider investing resources in these areas as appropriate, depending on opportunities to leverage organizational assets in partnership with local communities and organizations. Also, this report does

not encompass a complete inventory of everything Ascension Holy Family does to support health within the community.

To find a list of resources for each need not being addressed, please refer to the Holy Family's TY2021 CHNA: <https://healthcare.ascension.org/CHNA>.

Acute Community Concern Acknowledgement

A CHNA and Implementation Strategies (IS) offer a construct for identifying and addressing needs within the community(s) it serves. However, unforeseen events or situations, which may be severe and sudden, may affect a community. At Ascension, this is referred to as an acute community concern. This could describe anything from a health crisis (e.g., COVID-19), water poisoning, environmental events (e.g., hurricane, flood) or other event that suddenly impacts a community. In which case, if adjustments to an IS are necessary, the hospital will develop documentation, in the form of a SBAR (Situation-Background-Assessment-Response) evaluation summary, to notify key internal and external stakeholders of those possible adjustments.

Written Comments

This IS has been made available to the public and is open for public comment. Questions or comments about this implementation strategy can be submitted via the website: <https://healthcare.ascension.org/chna>.

Approval and Adoption

To ensure the Ascension Holy Family's efforts meet the needs of the community and have a lasting and meaningful impact, the TY21 implementation strategy was presented and adopted by the Ascension Chicago Metro Hospitals Board of Directors on October 26, 2022. Although an authorized body of the hospital must adopt the IS to be compliant with the provisions in the Affordable Care Act, adoption of the IS also demonstrates that the board is aware of the IS, endorses the priorities identified, and supports the action plans that have been developed to address prioritized needs.

Action Plans

The IS below is based on prioritized needs from the hospital’s most recent CHNA. These strategies and action plans represent where the hospital will focus its community efforts over the next three years. While these remain a priority, the hospital will continue to offer additional programs and services to meet the needs of the community, with special attention to those who are poor and vulnerable.

STRATEGY #1: Backpack Project	
Hospital(s) Name(s)	Ascension Holy Family (AHF)
Prioritized Health Need	Social and Structural Determinants of Health (<i>SDoH-Food Security</i>)
Strategy	Increase food access assistance for food insecure children and their families.
Strategy Source	<ul style="list-style-type: none"> ● Greater Chicago Food Depository ● Feeding America ● No Kids Hungry
Objective	<p>By June 30, 2025, the Backpack Project will increase the number of individuals served annually by 10%</p> <p>By June 30, 2025, the Backpack Project will increase the number of meals provided annually by 10%.</p>
Target Population	<ul style="list-style-type: none"> ● Target Population: Low-income students and their families who qualify for free or reduced breakfast and lunch attending School District 62 within 60016 and 60018. ● Medically Underserved Population: Individuals experiencing food insecurity in PSA;s of Ascension Holy Family.
Collaborators	<ul style="list-style-type: none"> ● Other Ascension hospitals: N/A ● Joint Venture: N/A ● Collaborators: Ascension Illinois Food Access & Nutrition Workgroup; School District 62: Cumberland Elementary School; First Congregational Church of Des Plaines; Touchpoint ● Consultants: Touchpoint ● Other non-profit hospital - N/A
Resources	<p>Resources the collaborators plan to commit:</p> <ul style="list-style-type: none"> ● Other Ascension hospital(s): staff time donated, funding/cash donations, nutritional education collateral, marketing resources, and others ● Joint Venture: N/A ● Collaborators: Ascension Holy Family staff/volunteer time donated ● Consultants: N/A ● Other non-profit hospital: N/A

ACTION STEPS: Backpack Project	ROLE/OWNER
Appoint an Associate Lead for this strategy	Ascension Holy Family Community Health, Community Benefit
Participate in Ascension Illinois Food Access & Nutrition Workgroup	Ascension Holy Family Community Health, Community Benefit
Identify internal resources for supporting food donations, food distribution, and food access program delivery	Ascension Holy Family Community Health, Community Benefit
Facilitate packing events to engage hospital associate volunteers.	Ascension Holy Family Community Health, Community Benefit
Partner with the local food pantry, schools, and churches for additional support/donations	Ascension Holy Family Community Health, Community Benefit
Provide funding support for local community food access programs and initiatives	Ascension Holy Family Community Support Review Committee; Ascension Illinois Community Benefit
Monitor work, evaluate progress, and report outcomes	Ascension Holy Family Implementation Strategy Workgroup and Community Health
ACTION STEPS: Community Garden	ROLE/OWNER
Output(s) and/or Outcome(s)	
<ul style="list-style-type: none"> ● Baseline: FY22 data ● Target: Increase from baseline: Total number of meals/persons served; Total Cash Donations provided for Food Access to Community Partners ● Data Source; Data Owner: Greater Chicago Food Depository; Feeding American; No Kids Hungry 	
ANTICIPATED IMPACT	
The anticipated impact of these actions is increased access to healthy food and reduced food insecurity.	

STRATEGY #2 Violence and Community Safety
Hospital(s) Name(s) Ascension Holy Family
Prioritized Health Need #1: Social and Structural Determinants of Health (<i>SDoH- Community Safety</i>)
Strategy To reduce the impact of violence on health outcomes in the PSA's of Ascension Holy Family.
Strategy Source <ul style="list-style-type: none"> ● Local law enforcement ● U.S. Department of Justice; Office of Community Oriented Policing Services ● Illinois Criminal Justice Information Authority
Objective

By June 30, 2025, there will be increased access to programs, interventions, education, and resources to promote healthy behavior.	
Target Population <ul style="list-style-type: none"> Target Population: residents of PSA's for Ascension Holy Family. Medically Underserved Population: Youth, adults, targeted individuals at risks 	
Collaborators <ul style="list-style-type: none"> Other Ascension hospital: N/A Joint Venture: N/A Collaborators: Des Plaines Health Department; Des Plaines Police Department; Ascension Illinois Spiritual Care; Alliance for Health Equity Consultants: N/A Other non-profit hospital - N/A 	
Resources <ul style="list-style-type: none"> Other Ascension hospital(s): N/A Joint Venture: N/A Collaborators: Des Plaines Health Department; Des Plaines Police Department Consultants: N/A Other non-profit hospital: N/A 	
ACTION STEPS	ROLE/OWNER
Engaged to align and collaborate with residents and law enforcement partners in order to reduce violence and build community.	Ascension Holy Family Community Health, Community Benefit
Establish relationships between individuals and community assets to deliver services that save lives, address trauma, provide opportunity, and improve the physical, social, and economic conditions that drive violence.	Ascension Holy Family Community Health, Community Benefit
Identify, engage, and hire trusted, credible messengers and practitioners from the community. Provide training and professional development.	Ascension Holy Family Community Health, Community Benefit
Identify potentially overlapping strategies/policies/ community efforts among partner organizations and assign roles accordingly to maximize the resources available	Ascension Holy Family Community Health, Community Benefit
Convene stakeholders and elected officials to discuss ongoing work to improve public safety.	Ascension Holy Family Community Health, Community Benefit
Output(s) and/or Outcome(s) <ul style="list-style-type: none"> Baseline: FY22 Target: Increase from baseline the total number of violence intervention programs Data Source; Data Owner: Local law enforcement 	
ANTICIPATED IMPACT	
The anticipated impact of these actions is to strengthen community ties providing resources as a means of addressing and reducing crime and increasing health outcomes.	

STRATEGY #3: Access to Community Resources	
Hospital Name Ascension Holy Family	
Prioritized Health Need #2 Access to Care and Community Resources (<i>Access to Care</i>)	
Strategy Increase access to community resources and community-based services for AHF community.	
Strategy Source Neighborhood Resource Directory; FindHelp; Alliance for Health Equity; Illinois Public Health Institute.	
Objective By June 30, 2025, the number of searches in the directory will increase.	
Target Population <ul style="list-style-type: none"> ● Target Population: AHFpatients, low-income persons uninsured, or underinsured in need of social support and resources, and organizations providing social services PSA's of Ascension Holy Family and surrounding areas. ● Medically Underserved Population: PSA's community residents who are underinsured/uninsured. 	
Collaborators <ul style="list-style-type: none"> ● Other Ascension hospital: Ascension Mercy, Ascension Resurrection, Ascension, Ascension Saint Francis, Ascension Saint Joseph Chicago, Ascension Saint Joseph- Elgin, Ascension Saint Joseph-Joliet, Ascension Saint Mary-Kankakee, Ascension Saints Mary and Elizabeth-Chicago, Ascension Alexian Brothers ● Joint Venture: N/A ● Collaborators: Community Based Organizations, Faith Based Institutions, Food Pantries ● Consultants: FindHelp ● Other non-profit hospital: N/A ● Consultants: Neighborhood Resources; Findhelp.org; United Way 2-1-1 ● Other non-profit hospital: N/A 	
Resources Resources the collaborators plan to commit: <ul style="list-style-type: none"> ● Other Ascension hospital(s): Strategy sources and funding ● Joint Venture: "N/A" ● Collaborators: Community-based organizations, Faith-based Institutions, Food Pantries - program collaborator ● Consultants: Neighborhood Resources; Findhelp.org;United Way 2-1-1 - directory source ● Other non-profit hospital: "N/A" 	
ACTION STEPS: Resource Directory	ROLE/OWNER
Appoint an Associate Lead for this strategy	Ascension Holy Family Community Benefit, Community Health

Promote awareness of the Community Resource Directory via flyers, social media, Ascension, Community Benefit and Community Partner newsletters	Ascension Holy Family Community Benefit, Community Health
Identify internal staff that need Community Resource Directory training	Ascension Illinois: Population Health, Community Benefit, Community Health
Identify external partners that need Community Resource Directory	Ascension Illinois Community Benefit, Community Health
Establish calendar of Community Resource Directory trainings for virtual and/or hybrid offerings	Ascension Illinois: Population Health
Implement screening to identify patients with social and economic needs, connect to community-based resources and develop and support community-level interventions.	Ascension Holy Family Community Benefit, Community Health
Promote availability of training within target audiences	Ascension Illinois: Community Benefit, Community Health, Population Health, Marketing/Communications
Host Community Resource Directory training for internal and external partners	Ascension Illinois: Population Health and Community Benefit, Community Health
Monitor work, evaluate progress, and report outcomes	Ascension Holy Family Implementation Strategy Workgroup
Output(s) and/or Outcome(s) <ul style="list-style-type: none"> ● Baseline: FY22 Data ● Target: <ul style="list-style-type: none"> ○ Increase the number of searches within the directory from baseline. ○ Increase the number of persons trained on directory from baseline. ● Data Source; Data Owner: Neighborhood Resource; Findhelp.org 	
ANTICIPATED IMPACT	
The anticipated impact of these actions is increased access to community resources, services and referrals for individuals in need.	

STRATEGY #4: Public Health Insurance Coverage Enrollment Services (PHICES)
Hospital(s) Name(s) Ascension Holy Family
Prioritized Health Need #2 Access to Care and Community Resources (<i>Access to Care</i>)
Strategy Increase Public Health Insurance Coverage Enrollment Services (PHICES)
Strategy Source Advocatia
Objective

BY June 30, 2025, there will be an increase of enrollment services from FY22 baseline.	
Target Population <ul style="list-style-type: none"> ● Target Population: Adults, children, and immigrants ● Medically Underserved Population: Uninsured and underinsured individuals 	
Collaborators <ul style="list-style-type: none"> ● Other Ascension hospital: Ascension Mercy, Ascension Resurrection, Ascension Alexian Brothers, Ascension Saint Alexius, Ascension Saint Francis, Ascension Saint Joseph-Elgin, Ascension Saint Joseph-Joliet, Ascension Saints Mary-Kankakee, and Ascension Saints Mary and Elizabeth-Chicago ● Joint Venture: N/A ● Collaborators: Community-based organizations, Faith-based Institutions, Food Pantries ● Consultants: Advocatia ● Other non-profit hospital: N/A 	
Resources Resources the collaborators plan to commit: <ul style="list-style-type: none"> ● Other Ascension hospital(s): staff time donated, funding/cash donations to community organizations, education collateral, marketing resources, and others ● Joint Venture: NA ● Collaborators: Community-based organizations, Faith-based Institutions, Food Pantries - program collaborators ● Consultants: Advocatia - resources and services ● Other non-profit hospital: N/A 	
ACTION STEPS: PHICES	ROLE/OWNER
Appoint Associate Lead for this strategy	Ascension Holy Family Community Benefit, Community Health
Promote awareness of public health insurance coverage enrollment services (PHICES) via flyers, social media, Ascension, Community Benefit and Community partner newsletters	Ascension Holy Family Ascension Illinois Community Benefit and Community Health
Implement screening to identify patients with social and economic needs, connect to community-based resources and develop and support community-level interventions	Ascension Illinois Community Benefit and Community Health
Identify external partners that need PHICES information	Ascension Illinois Community Benefit and Community Health
Establish calendar of potential PHICES events in the community	Ascension Illinois Community Benefit and Community Health
Promote availability of PHICES services within target audiences	Ascension Illinois Community Benefit and Community Health; Marketing/Communications
Monitor work, evaluate progress, report outcomes	Ascension Holy Family Implementation Strategy Workgroup
Output(s) and/or Outcome(s) <ul style="list-style-type: none"> ● Baseline: FY22 Data 	

<ul style="list-style-type: none"> ● Target: <ul style="list-style-type: none"> ○ Increase persons enrolled in health care coverage from baseline ○ Increase persons educated on enrollment coverage from baseline ● Data Source; Data Owner: ADVOCATIA
ANTICIPATED IMPACT
The anticipated impact of these actions is to increase access to healthcare services for individuals who are underinsured or uninsured.

STRATEGY #5: Maternal and Child Health Resources and Services
Hospital Name Ascension Holy Family (AHF)
Prioritized Health Need #3 Priority Health Conditions: Maternal and Child Health (<i>Maternal, Infant, Child Health</i>)
Strategy Implement strategies to address maternal health disparities and promote birth equity (BE).
Strategy Source <ul style="list-style-type: none"> ● New Beginnings Prenatal program ● Social Determinants of Health (SDoH) Screening ● PREM Tool
Objective By June 30, 2025, there will be increased birth equity (BE) initiatives that support improved health outcomes for mothers and babies.
Target Population <ul style="list-style-type: none"> ● Target Population: Pregnant women PSA's of Ascension Holy Family ● Medically Underserved Population: Uninsured and/or under-insured pregnant women
Collaborators <ul style="list-style-type: none"> ● Other Ascension hospital: Ascension Holy Family ● Joint Venture: N/A ● Collaborators: IL Perinatal Quality Collaborative, Ascension Illinois Medical Group; Obstetrical Healthcare Providers, FQHCs, Ascension Women's Health Service Line ● Consultants: N/A ● Other non-profit hospital - Ascension Resurrection
Resources Resources the collaborators plan to commit: <ul style="list-style-type: none"> ● Other Ascension hospital(s): Strategy Sources and Funding ● Joint Venture: N/A ● Collaborators: IL Perinatal Quality Collaborative, Ascension Illinois Medical Group; Community-Based Organization Obstetrical Healthcare Providers, FQHCs, Ascension Women's Health Service Line

<ul style="list-style-type: none"> ● Consultants: Illinois Perinatal Quality Collaborative, Illinois Department of Public Health, Perinatal Advisory Committee ● Other non-profit hospital: Ascension Resurrection 	
ACTION STEPS	ROLE/OWNER
Appoint Associate Lead for this strategy	Ascension Holy Family Community Benefit, Community Health
Participate in the Ascension Illinois Women’s Health committee and Illinois Perinatal Quality Collaborative	Ascension Holy Family Community Benefit, Community Health
Identify community partners and healthcare providers to work together on prenatal care and engage in prenatal and postpartum service coordination	Ascension Holy Family Community Benefit, Community Health
Identify internal resources for supporting prenatal and postpartum care coordination	Ascension Holy Family Community Benefit, Community Health
Provide education and resources on topics related to maternal and child health at 8 events.	Ascension Holy Family Community Benefit, Community Health
Train internal staff on the workflow and service coordination process of SDoH screening and PREM tool	Ascension Holy Family Community Benefit, Community Health
Monitor work, evaluate progress, and report outcomes	Ascension Holy Family Community Benefit, Community Health
Output(s) and/or Outcome(s) <ul style="list-style-type: none"> ● Baseline: FY22 data; TBD based on preliminary PREM results ● Target: <ul style="list-style-type: none"> ○ Increase birth equity (BE) education opportunities from baseline. ○ Decrease disparity by race and/or ethnicity in maternal health outcomes from baseline. ● Data Source; Data Owner: Ascension Illinois, IL Perinatal Quality Collaborative, New Beginnings 	
ANTICIPATED IMPACT	
The anticipated impact of these actions is improved health outcomes for mothers and babies.	

STRATEGY #6: Mental Health Education and Awareness; Substance Use Disorders
Hospital(s) Name(s) Ascension Holy Family (ASF)
Prioritized Health Need #3 Priority Health Conditions: Maternal and Child Health (<i>Mental & Behavioral Health</i>)
Strategy Provide Mental Health Education and Awareness
Strategy Source Mental Health First Aid USA (MHFA); National Council for Behavioral Health
Objective By June 30, 2025, there will be an increase in the MHFA training participants of FY22 baseline.
Target Population

<ul style="list-style-type: none"> ● Target Population: PSA's of Ascension Holy Family, including AHF associates, persons, organizations, and those in public facing jobs within 60016 and 60018 and surrounding areas. ● Medically Underserved Population: Teen and adult individuals experiencing mental health conditions. 	
Collaborators <ul style="list-style-type: none"> ● Other Ascension hospital: Ascension Mercy, Ascension Resurrection, Ascension Alexian Brothers, Ascension Saint Alexius, Ascension Saint Francis, Ascension Saint Joseph-Chicago, Ascension Saint Joseph-Elgin, Ascension Saint Joseph-Joliet, Ascension Saints Mary-Kankakee, and Ascension Saints Mary and Elizabeth-Chicago ● Joint Venture: "N/A" ● Collaborators: Community-based organizations, Faith-based Institutions, Schools, Food Pantries ● Consultants: Americorps ● Other non-profit hospital: "N/A" 	
Resources Resources the collaborators plan to commit: <ul style="list-style-type: none"> ● Other Ascension hospital(s): Trainings and mental health education; funding for consultants ● Joint Venture: "N/A" ● Collaborators: Community-based organizations, Faith-based Institutions, Schools, Food Pantries - program collaborators; National Alliance on Mental Illness (NAMI) ● Consultants: Americorps - staff to provide the trainings ● Other non-profit hospital: "N/A" 	
ACTION STEPS: Mental Health First Aid (MHFA) Trainings	ROLE/OWNER
Appoint Associate Lead for this strategy	Ascension Holy Family Community Benefit, Community Health
Promote awareness of the MHFA trainings via flyers, social media, Ascension and Community Partner newsletters	Ascension Holy Family Community Benefit, Community Health
Provide free community based seminars on issues impacting mental health and substance abuse	Ascension Holy Family Community Benefit, Community Health
Identify internal staff that need MHFA training and promote availability of MHFA training within target audiences	Ascension Illinois: Community Benefit, Community Health
Identify external partners that need MHFA training and promote availability of MHFA training within target audiences	Ascension Illinois: Community Benefit, Community Health
Establish calendar of MHFA trainings for virtual and/or hybrid offerings including dates, times, and locations	Ascension Illinois: Community Benefit, Community Health
Host MHFA training for internal and external partners	Ascension Illinois: Community Benefit, Community Health
Monitor work, evaluate progress, and report outcomes	Ascension Holy Family Implementation Strategy Workgroup
Output(s) and/or Outcome(s) <ul style="list-style-type: none"> ● Baseline: FY22 Data ● Target: Increase the total number of individuals that received MHFA training from baseline. 	

<ul style="list-style-type: none"> ● Data Source; Data Owner: Mental Health First Aid; Americorps
ANTICIPATED IMPACT
The anticipated impact of these actions is increased access to Mental Health education and resources.

STRATEGY #7: Chronic Condition Screening, Education and Awareness	
Hospital Name Ascension Holy Family (AHF)	
Prioritized Health Need #3 Prevention and Treatment of Priority Health Conditions: Chronic Conditions (<i>Chronic Disease - Cancer, Heart Disease, Obesity, Diabetes</i>)	
Strategy Provide access to age-related health screenings and health education for AHF community residents.	
Strategy Source <ul style="list-style-type: none"> ● Community Wellness Programs and free health screenings 	
Objective By June 30, 2025, there will be increased access to health screenings and education for community residents.	
Target Population <ul style="list-style-type: none"> ● Target Population: Ascension Holy Family PSA community residents ● Medically Underserved Population: 	
Collaborators <ul style="list-style-type: none"> ● Other Ascension Hospitals: N/A ● Joint Venture: N/A ● Collaborator: American Cancer Society; American Lung Association; Des Plaines Public Library; Park Districts, Community-based organizations, Faith-based Institutions, Schools, Food Pantries, Townships; Am ● Consultants: N/A ● Other Non-Profit Hospitals: N/A 	
Resources Resources the collaborators plan to commit: <ul style="list-style-type: none"> ● Other Ascension hospital(s): N/A ● Joint Venture: N/A ● Collaborators: American Cancer Society; American Lung Association; Community-based organizations, Faith-based Institutions, Schools, Food Pantries - program collaborators ● Consultants: N/A ● Other non-profit hospital: N/A 	
ACTION STEPS:	ROLE/OWNER
Appoint Associate Lead for this Strategy	Ascension Holy Family Community Benefit, Community Health

Promote awareness of health education and screenings via flyers, social media, Ascension and Community Partner newsletters	Ascension Holy Family Community Benefit, Community Health
Identify internal resources	Ascension Illinois: Community Benefit, Community Health
Identify external community-based partners to support community-based chronic disease prevention related to nutrition and diet, diabetes, obesity, cancer, and lung health and provide health screening and health education services.	Ascension Illinois: Community Benefit, Community Health
Increase community access to wellness resources, knowledge of chronic disease risk factors, and chronic disease prevention through health education and prevention services in the community.	Ascension Holy Family Community Benefit, Community Health
Secure clinical experts from the hospital and Business Development team to provide health education and answering community questions via community seminars and radio talk shows	Ascension Holy Family Community Benefit, Community Health
Hospital outreach staff visit surrounding neighborhoods, participating in events and health fairs, providing information and services not only to people who are sick but also to teach community residents how to stay healthy.	Ascension Holy Family Community Benefit, Community Health
Output(s) and/or Outcome(s) <ul style="list-style-type: none"> ● Baseline: FY22 Data ● Target: <ul style="list-style-type: none"> ○ Increase number of community health education occurrences from baseline ○ Increase number of community screening opportunities from baseline ● Data Source; Data Owner: CBISA, Community Health 	
ANTICIPATED IMPACT	
The anticipated impact of these actions is increased access to health screening services and increased knowledge of chronic condition risk factors among high risk populations.	

Evaluation

Ascension Holy Family will develop a comprehensive measurement and evaluation process for the implementation strategy. The Ministry will monitor and evaluate the action plans outlined in this plan for the purpose of reporting and documenting the impact these action plans have on the community. Ascension Holy Family uses a tracking system to capture community benefit activities and implementation. To ensure accountability, data will be aggregated into an annual Community Benefit report that will be made available to the community.