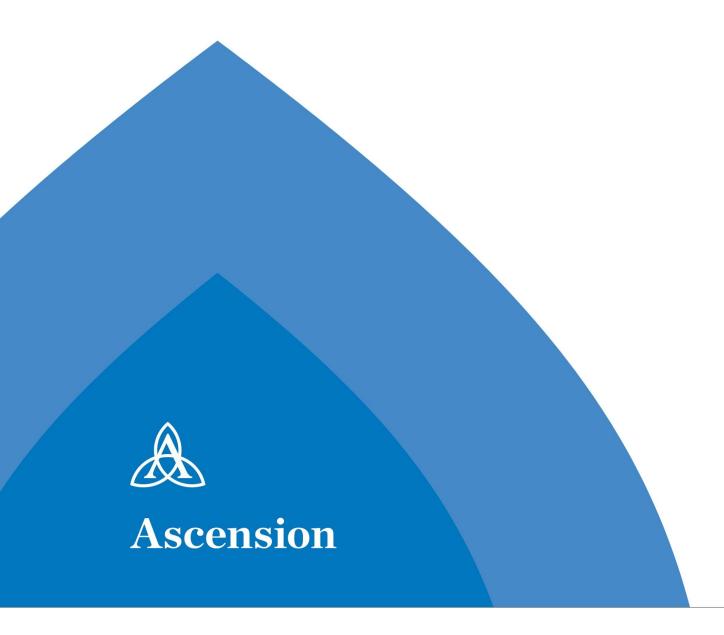
Implementation Strategy for the TY2021 CHNA Cook County, Illinois



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The purpose of this implementation strategy is to describe how the hospital plans to address prioritized health needs from its current Community Health Needs Assessment. The significant health needs that the hospital does not intend to address are identified and a rationale is provided. Special attention has been given to the needs of individuals and communities who are more vulnerable, unmet health needs or gaps in services, and input gathered from the community.

Ascension Alexian Brothers Behavioral Health Hospital 1650 Moon Lake Blvd, Hoffman Estates, IL 60169 healthcare.ascension.org 800-432-5005 36-4251848

The TY21 Implementation Strategy was approved by the Alexian Brothers Board of Directors on October 19, 2022 (2021 tax year), and applies to the following three-year cycle: July 2022 to June 2025 (FY 2023 - FY 2025). This report, as well as the previous report, can be found at our public website.

We value the community's voice and welcome feedback on this report. Please visit our public website (https://healthcare.ascension.org/chna) to submit your comments.



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Introduction

As one of the leading non-profit and Catholic health systems in the United States, Ascension is committed to delivering compassionate, personalized care to all, with special attention to persons living in poverty and those most vulnerable.

Ascension Alexian Brothers Behavioral Health Hospital

As a Ministry of the Catholic Church, Ascension Alexian Brothers Behavioral Health Hospital is a non-profit hospital that provides medical care to the Village of Hoffman Estates and the surrounding communities. Ascension Alexian Brothers Behavioral Health Hospital is part of Ascension Illinois which operates 15 hospital campuses and 230 sites of care. The organization includes more than 600 providers as part of Ascension Medical Group, as well as 17,000 associates.

Serving Illinois since 1999, Ascension Alexian Brothers Behavioral Health Hospital is continuing the long and valued tradition of addressing the health of the people in our community, following in the footsteps of legacy Alexian Brothers, a Roman Catholic Order.

Ascension Alexian Brothers Behavioral Health Hospital is the 10th largest behavioral health hospital in the United States and has 141 licensed beds. It is nationally recognized for its breadth of programs and highly sub-specialized staff expertise. Offering a full continuum of care for individuals with mental health issues, substance abuse and other addictions, Ascension Alexian Brothers Behavioral Health Hospital Hoffman Estates provides inpatient, residential, partial hospitalization, intensive outpatient and traditional outpatient services for children, adolescents, adults and older adults. Specialty programs include chemical dependency, eating disorders, self-injury, neuropsychiatry, obsessive-compulsive disorder, clinical research, anxiety, school refusal, autism spectrum disorders, and women's issues. Community services are also provided through the Alexian Brothers Center for Mental Health, offering counseling for students in schools, training and education, shelter for the homeless, and support for adults with serious mental illness who have nowhere else to turn. Our behavioral health programs are critical to improve the health of patients and families, as well as improving the health of our community.

For more information about Ascension Alexian Brothers Behavioral Health Hospital, visit healthcare.ascension.org.



Overview of the Implementation Strategy

Purpose

This implementation strategy (IS) is the hospital's response to the health needs prioritized from its current Community Health Needs Assessment (CHNA). It describes the actions the hospital will take to address prioritized needs, allocate resources, and mobilize hospital programs and community partners to work together. This approach aligns with Ascension Alexian Brothers Behavioral Health Hospital's commitment to offer programs designed to address the health needs of a community, with special attention to persons who are underserved and vulnerable.

IRS 501(r)(3) and Form 990, Schedule H Compliance

The CHNA and IS satisfy certain requirements of tax reporting, pursuant to provisions of the Patient Protection and Affordable Care Act of 2010, more commonly known as the Affordable Care Act (ACA). As part of the ACA, all not-for-profit hospitals are required to conduct a CHNA and adopt an implementation strategy every three years. Requirements for 501(c)(3) Hospitals Under the Affordable Care Act are described in Code Section 501(r)(3), and include making the CHNA report (current and previous) widely available to the public. In accordance with this requirement, electronic reports of both the CHNA and the current implementation strategy can be found at https://healthcare.ascension.org/CHNA and paper versions can be requested at Ascension Alexian Brothers Behavioral Health Hospital Administration Office.

Process to Prioritize Needs

Included in Code Section 501(r)(3) is the requirement that hospitals must provide a description of the process and criteria used to determine the most significant health needs of the community identified through the CHNA, along with a description of the process and criteria used to determine the prioritized needs to be addressed by the hospital. Accordingly, Ascension Alexian Brothers Behavioral Health Hospital used a phased prioritization approach to identify the needs with the hospital community. The first step was to determine the broader set of identified needs. Through the CHNA assessment, identified needs were then narrowed to a set of significant needs which were determined most crucial for community stakeholders to address.

Following the completion of the CHNA assessment, significant needs were further narrowed down to a set of prioritized needs that the hospital will address within the implementation strategy. To arrive at the prioritized needs, Ascension Alexian Brothers Behavioral Health Hospital used the following process and criteria: review of additional primary and secondary data collected during the CHNA



assessments for the hospital's primary service area, followed by the use of the five criteria below to prioritize the significant needs:

<u>lılı.</u>	Scope of Problem: How severe or prevalent is this issue in the community? How many are impacted?
ŢŢ	Disparities & Equity:
0	Feasibility: What is our capacity to make progress (staffing resources, financial resources, other support, etc.)? Are there known interventions that exist?
	Momentum: • Is there community readiness and/or political will to address this issue?
8-8	 Alignment: Do we have community partners that we can align with on this issue? Do we need to build new relationships?

Preliminary community need priorizations recommendations were presented to a group of internal and external stakeholders for their review at meetings held in June 2022-August 2022. Recommendations were discussed and voted upon to determine the prioritized needs for the hospital community.

Needs That Will Be Addressed

Following the completion of the current CHNA, Ascension Alexian Brothers Behavioral Health Hospital has selected the prioritized needs outlined below for its TT2021 Implementation Strategy. Ascension

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has defined "prioritized needs" as the significant needs which have been prioritized by the hospital to address through the three-year CHNA cycle:

- Social and Structural Determinants of Health-
 - Workforce Development (SDoH Education): This need was selected as education is an important determinant of health because poverty, unemployment, and underemployment are highest among those with lower levels of educational attainment. Higher levels of poverty are primarily concentrated in the far Northwest, West, and South sides of the city and county. Additionally, workforce needs and challenges, specifically for healthcare including behavioral health, were listed as high priority in the CHNA stakeholder listening sessions.
- Access to Care and Community Resources -
 - Resources, Referrals, Coordination, and Connection to Community -Based Services
 (Access to Care): This need was selected because in the CHNAs focus groups, access to
 needed healthcare and community resources are named as critical components to
 achieving the best health outcomes. This need was voted the number two need in this
 category in the prioritization process.
- Prevention and Treatment of Priority Health Conditions: Mental Health, Substance Use
 Disorders -
 - Mental Health (Mental & Behavioral Health): This need was selected because 39% of community survey respondents identified mental health as one of the most important health needs in their communities. Forty percent of community survey respondents identified access to mental health services as being needed to support improvements in community health. The self-reported adult depression rates in Cook County are higher (17.3%) than national averages (10%). Similarly, youth depression has been on the rise. This need was voted in the top two of this category for the Ascension Alexian Brothers Behavioral Health Hospital prioritization process.
 - Substance Use Disorders (Mental & Behavioral Health): This need was selected because mental health and substance use (behavioral health) were two of the most discussed topics within the CHNAs focus groups and community input surveys. There were 4,467 drug induced overdose deaths in Cook County between 2018-2020.

Ascension Alexian Brothers Behavioral Health Hospital understands the importance of all the health needs of the community and is committed to playing an active role in improving the health of the people in the communities it serves. For the purposes of this implementation strategy, Ascension Alexian Brothers Behavioral Health Hospital, as a specialty hospital focused on behavioral health, has chosen to focus its efforts on the priorities listed above.





Needs That Will Not Be Addressed

Based on the prioritization criteria, the health needs identified through the CHNA that Alexian Brothers Behavioral Health Hospital does not plan to address at this time include:

- COVID-19-This need will not be addressed in the Implementation Strategy, but we will continue
 to support through advocacy, community partnerships and public health collaboration as
 needed.
- Injury including Violence-related Injury-This need will not be addressed in the Implementation Strategy, but we will continue to support through advocacy, community partnerships and continued associate education.
- **Chronic Conditions-**This need will not be addressed in the Implementation Strategy, but we will continue to support through advocacy and community partnerships.
- Maternal & Child Health-This need will not be addressed in the Implementation Strategy, but we
 will continue to support through advocacy, education and community collaboration as
 requested.

While these needs are not the focus of this implementation strategy, Ascension Alexian Brothers Behavioral Health Hospital may consider investing resources in these areas as appropriate, depending on opportunities to leverage organizational assets in partnership with local communities and organizations. Also, this report does not encompass a complete inventory of everything Ascension Alexian Brothers Behavioral Health Hospital does to support health within the community.

To find a list of resources for each need not being addressed, please refer to the Alexian Brothers Behavioral Health Hospital's TY2021 CHNA: https://healthcare.ascension.org/CHNA.

Acute Community Concern Acknowledgement

A CHNA and Implementation Strategies (IS) offer a construct for identifying and addressing needs within the community(s) it serves. However, unforeseen events or situations, which may be severe and sudden, may affect a community. At Ascension, this is referred to as an acute community concern. This could describe anything from a health crisis (e.g., COVID-19), water poisoning, environmental events (e.g., hurricane, flood) or other event that suddenly impacts a community. In which case, if adjustments to an IS are necessary, the hospital will develop documentation, in the form of a SBAR (Situation-Background-Assessment-Response) evaluation summary, to notify key internal and external stakeholders of those possible adjustments.





Written Comments

This IS has been made available to the public and is open for public comment. Questions or comments about this implementation strategy can be submitted via the website: https://healthcare.ascension.org/chna.

Approval and Adoption

To ensure the Ascension Alexian Brothers Behavioral Health Hospitals efforts meet the needs of the community and have a lasting and meaningful impact, the TY21 implementation strategy was presented and adopted by the Alexian Brothers Board of Directors on October 19, 2022. Although an authorized body of the hospital must adopt the IS to be compliant with the provisions in the Affordable Care Act, adoption of the IS also demonstrates that the board is aware of the IS, endorses the priorities identified, and supports the action plans that have been developed to address prioritized needs.

Action Plans

The IS below is based on prioritized needs from the hospital's most recent CHNA. These strategies and action plans represent where the hospital will focus its community efforts over the next three years. While these remain a priority, the hospital will continue to offer additional programs and services to meet the needs of the community, with special attention to those who are poor and vulnerable.

STRATEGY #1: Workforce Development

Hospital Name

Ascension Alexian Brothers Behavioral Health Hospital (AABBHH)

Prioritized Health Need

Social and Structural Determinants of Health (SDoH - Education)

Strategy

Provide opportunities for students to engage with health care professionals.

Strategy Source

• College Student Practicums/Internships/Clinical Rotations

Objective

By June 30, 2025, increase the number of students who participate in workforce development programs.

Target Population

• Target Population: AABBHH community residents, teens and college students.

Collaborators

- Other Ascension hospital: Ascension Saint Joseph-Elgin, Ascension Alexian Brothers
- Joint Venture: N/A
- Collaborators: Harper College, Chamberlain College; other area colleges and universities
- Consultants: N/A
- Other non-profit hospital: N/A

Resources

Resources the collaborators plan to commit:

- Other Ascension hospital(s):
- Joint Venture: N/A
- Collaborators: Local area colleges and universities: Program Coordinators
- Consultants: N/A

ACTION STEPS	ROLE/OWNER
Appoint Associate Lead for this strategy	Ascension Alexian Brothers Behavioral Health Hospital
Identify community partners for workforce development opportunities	Ascension Alexian Brothers Behavioral Health Hospital
Mentor students interested in healthcare careers	Ascension Alexian Brothers Behavioral Health Hospital



Support student clinical rotations and internships for those who are entering healthcare careers	Ascension Alexian Brothers Behavioral Health Hospital
Partner with a local college or university to offer a career accelerated program	Ascension Alexian Brothers Behavioral Health Hospital
Monitor work, evaluate progress, report outcomes	Ascension Alexian Brothers Behavioral Health Hospital

Output(s) and/or Outcome(s)

• Baseline: FY22 Data

Target:

 Increase number of students participating in workforce development programs or partnerships

Data Source; Data Owner: CBISA, Nursing

ANTICIPATED IMPACT

The anticipated impact of these actions is increased workforce opportunities hosted by AABBHH.

STRATEGY #2: Access to Community Resources

Hospital Name

Ascension Alexian Brothers Behavioral Health Hospital (AABBHH)

Prioritized Health Need

Access to Care and Community Resources (Access to Care)

Strategy

Increase access to community resources and community-based services for AABBHH community.

Strategy Source

Ascension Neighborhood Resources Directory/FindHelp

Objective

By June 30, 2025, the number of searches in the directory will increase.

Target Population

- Target Population: AABBHH community residents and patients.
- Medically Underserved Population: AABBHH community residents who are underinsured/uninsured.

Collaborators

- Other Ascension hospital: Ascension Holy Family, Ascension Mercy, Ascension Resurrection, Ascension, Ascension Saint Francis, Ascension Saint Joseph Chicago, Ascension Saint Joseph-Elgin, Ascension Saint Joseph-Joliet, Ascension Saint Mary-Kankakee, Ascension Saints Mary and Elizabeth-Chicago, Ascension Alexian Brothers
- Joint Venture: N/A
- Collaborators: Community Based Organizations, Faith Based Institutions
- Consultants: FindHelp
- Other non-profit hospital: N/A

Resources

Resources the collaborators plan to commit:

- Other Ascension hospital(s): Strategy Sources and Funding
- Joint Venture: N/A
- Collaborators: Community Based Organization, Faith Based Institutions
- Consultants: Neighborhood Resources, Findhelp.org-directory source
- Other non-profit hospital: N/A

ACTION STEPS: Community Resource Directory	ROLE/OWNER
Appoint Associate Lead for this strategy	Ascension Illinois Community Health
Promote awareness of the Neighborhood Resource	Ascension Alexian Brothers Behavioral
Directory via flyers, social media, e-newsletters	Health Hospital
Provide Neighborhood Resource Directory training for	Ascension Illinois: Population Health ,
internal and external partners.	Community Benefit, Community Health
Monitor work, evaluate progress, report outcomes.	Ascension Saint Alexius
	Implementation Strategy Workgroup

Output(s) and/or Outcome(s)

• Baseline: FY22 Baseline Data

- Target:
 - o Increase the number of searches within the directory from baseline.
 - Increase the number of persons trained on directory from baseline.
- Data Source/Data Owner: Neighborhood Resource Directory/FindHelp.org

ANTICIPATED IMPACT

The anticipated impact of these actions is increased access to community resources, services and referrals for individuals in need.

STRATEGY #3: Access to Mental Health Resources and Services

Hospital Name

Ascension Alexian Brothers Behavioral Health Hospital (AABBHH)

Prioritized Health Need

Prevention and Treatment of Priority Health Conditions: Mental Health (Mental & Behavioral Health)

Strategy

Provide Emergency Department (ED) Annex Clinical Support initiative.

Strategy Source

• Emergency Department (ED) Annex Clinical Support

Objective

By June 30, 2025, increase access to mental health assessments, services, education and resources through the ED Annex Clinical Support initiative.

Target Population

• Target Population: AABBHH patients and community residents

• Medically Underserved Population: Un- &/or under-insured individuals

Collaborators

• Other Ascension Hospitals: Ascension Alexian Brothers Behavioral Health Hospital

• Joint Venture: N/A

• Collaborator: Ascension Alexian Brothers Behavioral Health Hospital,

• Consultants: N/A

• Other Non-Profit Hospitals: N/A

Resources

Resources the collaborators plan to commit:

• Other Ascension hospital(s): Ascension Saint Alexius

• Joint Venture: N/A

• Collaborators: Ascension Saint Alexius

Consultants: N/A

• Other non-profit hospital: N/A

ACTION STEPS: Emergency Department (ED) Annex Clinical Support	ROLE/OWNER
Appoint Associate Lead for this Strategy	Ascension Alexian Brothers Behavioral Health Hospital & Ascension Saint Alexius
Establish timeline for implementation of ED Annex services at Ascension Saint Alexius	Ascension Alexian Brothers Behavioral Health Hospital & Ascension Saint Alexius
Identify internal resources for supporting ED Annex services at Ascension Saint Alexius	Ascension Illinois: Community Benefit, Community Health
Assist with designing implementation workflows that allow for more access, safety and privacy	Ascension Illinois: Community Benefit, Community Health
Orient and train internal team members on services and workflow	Ascension Illinois: Community Benefit, Community Health
Monitor work, evaluate progress, and report outcomes	Ascension Illinois: Community Benefit, Community Health, Marketing/ Communications

Output(s) and/or Outcome(s)

• Baseline: FY22 Data

Target:

Increase number of patients served by ED Annex Clinical Support initiative from baseline

Data Source; Data Owner: Emergency Department; BHS Service Line

ANTICIPATED IMPACT

The anticipated impact of these actions is increased access to mental health services and resources for individuals that present to the ED experiencing mental health symptoms or crisis.



STRATEGY #4: Access to Substance Use Disorder (SUD) Resources & Services

Hospital(s) Name(s)

Alexian Brothers Behavioral Health Hospital

Prioritized Health Need

Prevention and Treatment of Priority Health Conditions: Substance Use Disorders (*Mental & Behavioral Health*)

Strategy

Expand warm hand-off programs for patients in need of access to SUD treatment in Ascension Illinois.

Strategy Source

- Warm Handoff Program Expansion
- SBIRT Model (Screening, Brief Intervention, Refer to Treatment)

Objective

By June 30, 2025, expand the number of Ascension Illinois hospitals that provide warm hand-off services for SUD patients that present in the ED and medical floors.

Target Population

- **Target Population:** Patients that present to emergency department or medical floors with a substance use disorder in need of substance use disorder services and resources.
- Medically Underserved Population: Individuals experiencing mental health issues.

Collaborators

- Other Ascension Hospitals: Ascension Saint Joseph Elgin, Ascension Saint Joseph Joliet, Ascension Alexian Brothers Behavioral Health Hospital, Ascension Saint Francis, Ascension Saint Mary and Elizabeth
- Joint Venture: N/A
- Collaborator: Gateway FoundationConsultants: Gateway Foundation
- Other Non-Profit Hospitals: N/A

Resources

Resources the collaborators plan to commit:

- Other Ascension hospital(s): Ascension Alexian Brothers Behavioral Health Hospital, Ascension Saint Joseph Elgin
- Joint Venture: N/A
- Collaborators: Gateway: Recovery Coach and Recovery Support Specialists (assessments, evaluations, referrals to treatment and data dashboards on outcomes of referrals and completion of treatment
- Consultants: Gateway Foundation: Recovery Coach and Recovery Support Specialists
- Other non-profit hospital: N/A

ACTION STEPS: Warm Hand-Off Expansion	ROLE/OWNER
Appoint Associate Lead for this strategy	Ascension Alexian Brothers Behavioral
	Health Hospital



Participate in Ascension Illinois Warm-Handoff Workgroup	Ascension Illinois
Identify Ascension Illinois hospitals for Warm-Handoff Pilot	Ascension Alexian Brothers Behavioral Health Hospital Ascension Illinois Behavioral Health Service Line
Identify internal resources for supporting substance use disorder services and care coordination at each hospital	Ascension Alexian Brothers Behavioral Health Hospital Emergency Department Care Management Ascension Illinois Behavioral Health Service Line
Design implementation workflows that allow for warm handoffs at each hospital	Ascension Alexian Brothers Behavioral Health Hospital Emergency Department Care Management Ascension Illinois Behavioral Health Service Line
Orient and train internal team members in warm-handoff program and workflows	Ascension Alexian Brothers Behavioral Health Hospital Emergency Department Care Management Ascension Illinois Behavioral Health Service Line
Educate patients, families and the community of warm handoffs	Emergency Department Care Management Ascension Illinois Behavioral Health Service Line Ascension Illinois Community Health
Monitor work, evaluate progress, and report outcomes	Ascension Alexian Brothers Behavioral Health Hospital Implementation Strategy Workgroup

Output(s) and/or Outcome(s)

• Baseline: FY22 Data

Target:

- Increase the number of Ascension Illinois hospitals offering warm handoff programs from baseline.
- Data Source; Data Owner: Emergency Department, BHS Service Line

ANTICIPATED IMPACT

The anticipated impact of these actions is increased access to substance use disorder services and community resources for individuals in need.

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STRATEGY #5: Mental Health & Behavioral Health Education and Awareness

Hospital(s) Name(s)

Alexian Brothers Behavioral Health Hospital

Prioritized Health Need

Prevention and Treatment of Priority Health Conditions: Mental Health (Mental & Behavioral Health)

Strategy

Provide Mental Health First Aid (MHFA) Training and other MH/BH education to the community.

Strategy Source

- Mental Health and Behavioral Health professional and community education
- Mental Health First Aid Training

Objective

By June 30, 2025, there will be an increase in the number of individuals that receive mental health and behavioral health education and training.

Target Population

- Target Population: local community residents, including associates and patients, teen students in junior high and high school.
- **Medically Underserved Population:** Teen and Adult individuals experiencing mental health issues.

Collaborators

- Other Ascension Hospitals: Ascension Holy Family, Ascension Mercy, Ascension Resurrection, Ascension Alexian Brothers, Ascension Saint Alexius, Ascension Saint Francis, Ascension Saint Joseph-Chicago, Ascension Saint Joseph-Elgin, Ascension Saint Joseph-Joliet, Ascension Saints Mary-Kankakee, and Ascension Saints Mary and Elizabeth-Chicago
- Joint Venture: N/A
- Collaborator: Community-based organizations, Faith-based Institutions, Schools, Colleges and Universities
- Consultants: Americorps
- Other Non-Profit Hospitals: N/A

Resources

Resources the collaborators plan to commit:

- Other Ascension hospital(s): Trainings and mental health education; funding for the consultants
- Joint Venture: N/A
- Collaborators: Community-based organizations, Faith-based Institutions, Schools, Food Pantries - program collaborators
- Consultants: Americorps Staff to provide trainings
- Other non-profit hospital: N/A

ACTION STEPS ROLE/OWNER



Appoint Associate Lead for this strategy	Ascension Illinois Community Benefit; Community Health
Promote awareness of Mental Health and Behavioral Health education and trainings and via flyers, social media, e-newsletters	Ascension Alexian Brothers Community Health
Identify internal staff and external partners that may benefit from education and training	Ascension Illinois: Community Benefit; Community Health
Establish calendar of mental health/behavioral health trainings for virtual and/or hybrid offerings including dates, times, and locations	Ascension Illinois: Community Benefit; Community Health
Promote availability of mental health/behavioral health trainings within target audiences	Ascension Illinois: Community Benefit; Community Health, Marketing/ Communications
Monitor work, evaluate progress, and report outcomes	Ascension Resurrection Implementation Strategy Workgroup

Output(s) and/or Outcome(s)

• Baseline: FY22 Data

Target:

- o Increase the total number of individuals that received MHFA training from baseline.
- Increase the total number of individuals that receive mental health/behavioral health training and education from baseline.
- Data Source; Data Owner: Mental Health First Aid; Americorps

ANTICIPATED IMPACT

The anticipated impact of these actions is increased access to Mental Health and Behavioral Health resources, education and services.



Evaluation

Alexian Brothers Behavioral Health Hospital will develop a comprehensive measurement and evaluation process for the implementation strategy. The Ministry will monitor and evaluate the action plans outlined in this plan for the purpose of reporting and documenting the impact these action plans have on the community. Alexian Brothers Behavioral Health Hospital uses a tracking system to capture community benefit activities and implementation. To ensure accountability, data will be aggregated into an annual Community Benefit report that will be made available to the community.