

AMITA Health Holy Family Medical Center
Des Plaines

Community Health Needs Assessment
Service Area Overview

2019

Executive Summary

AHHFMC and members of the Alliance for Health Equity, a collaborative of over 30 hospitals, 7 health departments, and 100 community partners, have worked together over the last 12 months to build this comprehensive Community Health Needs Assessment (CHNA) in Chicago and Cook County. Using the Mobilizing for Action through Planning and Partnerships (MAPP) model for the CHNA, the Alliance engaged diverse groups of community residents and stakeholders and gathered robust data from various perspectives about health status and health behaviors.

Together with our community stakeholders, we have identified the following prioritized health needs in our community:

Social and Structural Determinants of Health, including policies that advance equity and promote physical and mental well-being, and conditions that support healthy eating and active living.

Access to Care, Community Resources, and Systems Improvements, consisting of timely linkage to appropriate care, and resources, referrals, coordination, and connection to community-based services.

Mental Health and Substance Use Disorders, especially reducing stigma, increasing the reach and coordination of behavioral health services, and addressing the opioid epidemic.

Chronic Condition Prevention and Management, focusing especially on metabolic diseases such as diabetes, heart disease, and hypertension, and on asthma, cancer, and complex chronic conditions.

To be successful, AHHFMC will continue to partner with local public health departments across Chicago and suburban Cook County to adopt shared and complimentary strategies and leverage resources to improve efficiencies and increase effectiveness for overall improvement. Data sharing across the local public health departments was instrumental in developing this CHNA and will continue to be an important tool for establishing, measuring, and monitoring outcome objectives. The shared leadership model driving the CHNA will be essential to continue to balance the voice of all partners in the process including the hospitals, health departments, stakeholders, and community members.

AHHFMC will develop a Community Health Implementation Plan for the next three years that describes the programs we are undertaking to address these prioritized health needs in our community.

The full collaborative CHNA as well as assessment reports can be found here:

<https://allhealthequity.org/projects/2019-chna-reports/>

Our Hospital and Community

AMITA Health

AMITA Health is an award-winning health system committed to delivering compassionate care to nearly 6.6 million residents in Chicago and its surrounding suburbs.

As a faith-based health system in the respective Catholic and Adventist traditions, AMITA Health is committed to delivering inclusive and compassionate care, communicating clearly with patients and their families, respecting the faith traditions of all people, and honoring the dignity of everyone we serve. When people come to AMITA Health, they can expect to receive the very best care — and to be treated like family.

In keeping with the faith-based traditions of its legacy health systems, AMITA Health treats the whole person, including the physical, emotional, mental and spiritual needs of the people it serves. The system continually works to identify and to address community health needs, with a special focus on serving the needs of the poor, vulnerable and marginalized. AMITA Health annually provides more than \$82 million in community health and transformation programs and \$48 million in financial assistance.

AMITA Health Holy Family Medical Center Des Plaines

AMITA Health Holy Family Medical Center in Des Plaines, Illinois is a long-term acute care hospital (LTACH) caring for medically complex patients, the only such hospital in Northwest Chicagoland and the only faith-based LTACH in Illinois. It is the first long-term acute care hospital in Illinois to be certified in Disease Specific Care for Respiratory Failure by The Joint Commission.

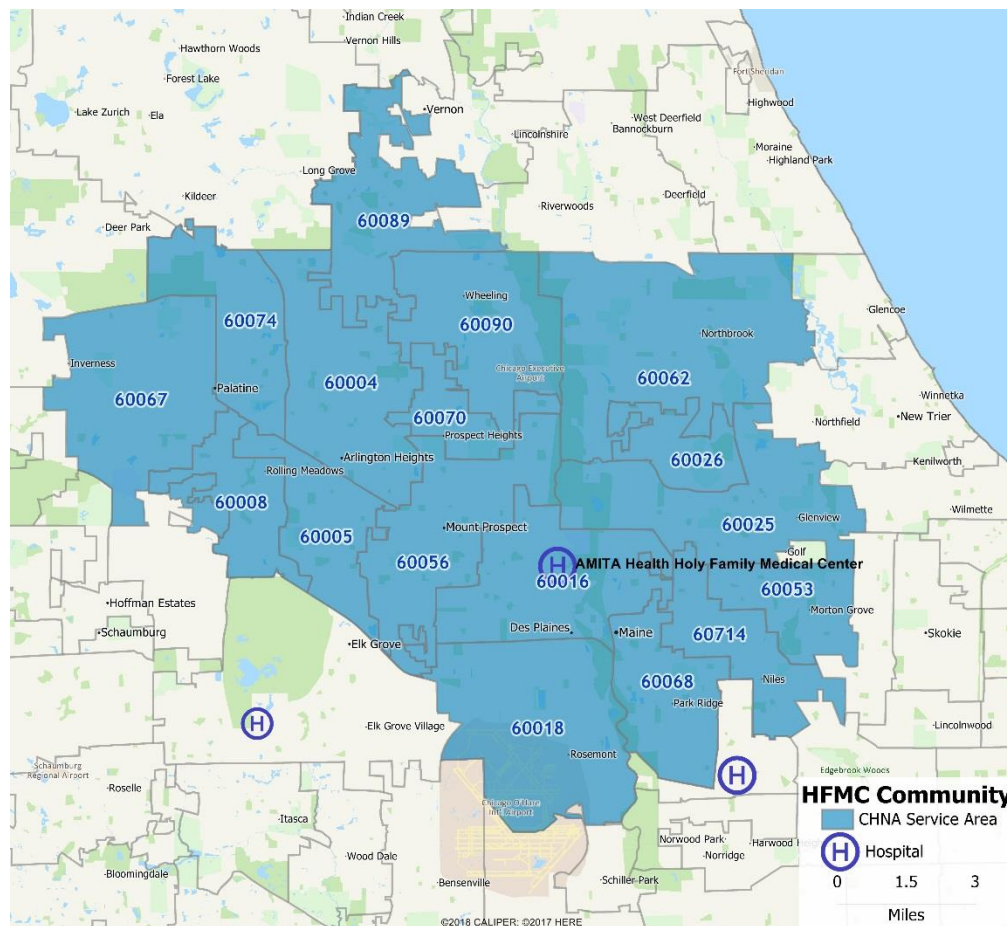
Licensed for 178 beds, AMITA Health Holy Family Medical Center specializes in caring for patients who are critically ill with complex conditions and must be hospitalized for an extended period. Most patients here are transferred from critical care units at other hospitals. AHHFMC was the recipient of the 2017 Goldberg Innovation Award from the National Association of Long-Term Hospitals for the Dedicated Education Unit in training the next generation of nurse professionals as well as the 2018 National Guardian of Excellence for Patient Safety by Press Ganey. It has been recognized by the Illinois Hospital Association Award for Patient Safety.

Alliance for Health Equity

In 2018 and 2019, AMITA Health Holy Family Medical Center Des Plaines participated in the Alliance for Health Equity (AHE), facilitated by the Illinois Public Health Institute. Together, the Alliance developed a collaborative Community Health Needs Assessment (CHNA) for Cook County. The link to our Collaborative Community Health Needs Assessment for Chicago and Suburban Cook County can be found at alltheequity.org/2019-chna-reports/. This cover document for that CHNA provides more information about the service area of AHHFMC, its existing programs, and its specific needs within the context of the needs identified and prioritized in its service area.

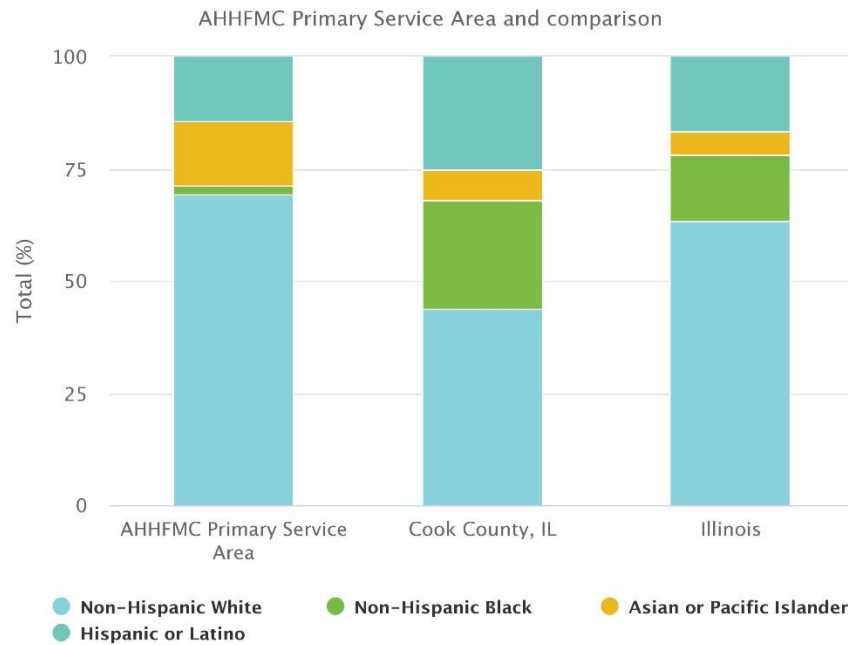
AHHFMC Community

As an integrated health system, AMITA Health provides high-quality primary and specialty care, as well as community benefit support throughout the region. AHHFMC has identified its community served in terms of a primary and secondary geography to assess need for both our hospital service area and other communities where we also have an impact on health. AHHFMC provides services, has membership, and supports community health throughout the defined regions. We define the AHHFMC primary service area as the collection of ZIP codes where approximately 75% of hospital patients reside, and we focus our community health improvement on this service area.



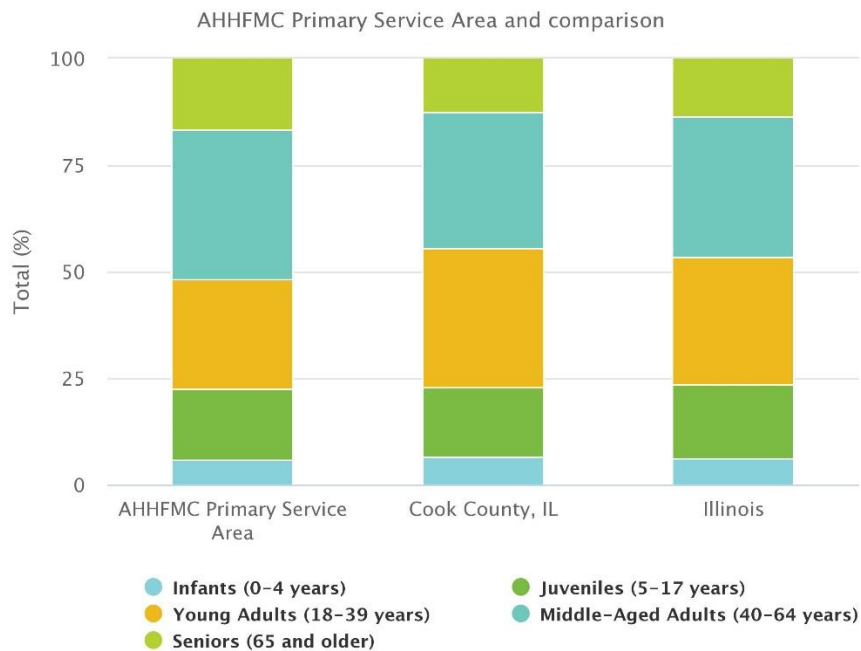
Below are charts showing the diversity of the AHHFMC community in terms of age, race, and ethnicity.

Population by Race/Ethnicity, 2011–2015



Data source: American Community Survey (ACS: Table B01001; Decennial Census: Table P012) | Created by Metopio | <https://metop.io>

Population by Age, 2011–2015



Data source: American Community Survey (ACS: Table B01001; Decennial Census: Table P012) | Created by Metopio | <https://metop.io>

Prioritized Health Needs

These prioritized health needs were selected in coordination with community residents and stakeholders through dedicated workgroups, focus groups, and 5,934 survey responses. They represent where AHHFMC will focus its community health efforts over the next three years, although it also offers programs serving health needs beyond these four prioritized issues. For more information on the process of selecting these community needs, please refer to the full CHNA (“Primary Data”).

Social and Structural Determinants of Health

Goal: Improving social, economic, and structural determinants of health while reducing social, racial, and economic inequities.

The social and structural determinants of health such as poverty, unequal access to community resources, unequal education funding and quality, structural racism, and environmental conditions are underlying root causes of health inequities. Additionally, social determinants of health often vary by geography, gender, sexual orientation, age, race, disability, and ethnicity. The strong connections between social, economic, and environmental factors and health are apparent in Chicago and suburban Cook County, with health inequities being even more pronounced than many national trends.

Access to Care, Community Resources, and Systems Improvements

Goal: Increasing access to care and community resources.

Healthy People 2020 states that access to comprehensive healthcare services is important for achieving health equity and improving quality of life for everyone. Disparities in access to care and community resources were identified as underlying root causes of many of the health inequities experienced by residents in Cook County.

Mental Health and Substance Use Disorders

Goal: Improving mental health and decreasing substance abuse.

Community mental health issues are exacerbated by long-standing inadequate funding as well as recent cuts to social services, healthcare, and public health. The World Health Organization (WHO) emphasizes the need for a network of community-based mental health service, and has found that the closure of mental health facilities is often not accompanied by the development of community-based services, leading to a service vacuum. In addition, research indicates that better integration of behavioral health services, including substance use treatment, into the healthcare continuum has a positive impact on overall health outcomes.

Chronic Condition Prevention and Management

Goal: Preventing and reducing chronic conditions, with a focus on risk factors.

The number of individuals in the U.S. who are living with a chronic disease is projected to continue increasing well into the future. In addition, chronic diseases account for approximately 64% of deaths in Chicago. As a result, it will be increasingly important for the healthcare system to focus on prevention of chronic disease and the provision of ongoing care management.

Evaluation of Impact: Previous CHNA Implementation Strategy

An important piece of the three-year CHNA cycle is revisiting the progress made on priority needs set forth in the preceding CHNA. By reviewing the actions taken to address the prioritized needs and evaluating the impact those actions have made in the community, it is possible to better target resources and efforts during the next CHNA cycle.

The table below describes actions taken from the AMITA Health Holy Family Medical Center Des Plaines' previous Implementation Strategy to address each priority need including any indicators for improvement. Included is any community input received from the previous 2016 CHNA and corresponding Implementation Strategy.

Social Determinants of Health		
Action Taken	Status of Action(s)	Results
Collaboration on work-based internship with Main Township High School	Complete	<ul style="list-style-type: none"> • Provided hands on-the-job experiences to enhance high school curriculum for students interested in healthcare or pharmacy related careers. • In 2018, we provided 85 students internships. They completed over 600 hours of training within various departments.
Improve Mental Health & Decrease Substance Abuse		
Action Taken	Status of Action(s)	Results
Provision of free Mental Health First Aid Trainings	In-Progress/On-going	<ul style="list-style-type: none"> • Hosted nine community trainings that provided certification for 273 community members.
Key to Recovery Program	In-Progress/On-going	<ul style="list-style-type: none"> • Inpatient & outpatient rehabilitation for substance abuse offered to those in need in the community. • Program expenses total over \$1M per fiscal year.
Prevent & Reduce Chronic Disease		
Action Taken	Status of Action(s)	Results

Provision of free mammograms through Silver Lining Foundation partnership	Complete	<ul style="list-style-type: none"> Partners to provide “Buy A Mom A Mammogram” breast cancer initiative. To date, 194 free mammograms have been provided.
Increase Access to Care & Community Resources		
Action Taken	Status of Action	Results
Provision of New Beginnings Prenatal Program	In-Progress/On-going	<ul style="list-style-type: none"> Provide prenatal programming and education for young, uninsured women. To date, the program has provided assistance to 1,500 individuals.

Upon review of the actions taken since the previous CHNA, greater need for outcome-based reporting was noted. As such, further refinement of the next Implementation Strategy and the reporting of outcomes will be a focus.

Implementation

Community Assets

AMITA Health Holy Family Medical Center Des Plaines will continue working with organizations and stakeholders in its community to address its prioritized health needs, including:

Abbott Molecular Diagnostics	Journal & Topics Newspaper
Access Community Health Genesis Center	Justrite Manufacturing Company
Access to Care	Keys to Recovery Treatment Center
Advocate Lutheran General Hospital	Lattof YMCA
Bessie's Table/First United Methodist Church	LSG Sky Chefs
Bethesda Worship Center	Maine Community Youth Assistance Foundation (MCYAF)
Catholic Charities	Maine Township City Offices
City of Des Plaines City Hall and City Services	MaineStay Youth and Family Services
Congressman Bob Dold	Maryville Academy
Congresswoman Jan Schakowsky	Maryville Family Behavioral Health Clinic
Daily Herald	Mayor Matthew J. Bogusz
Des Plaines Community Foundation	McDonalds #1 Store Museum
Des Plaine Health and Human Services	Metra Train
Des Plaines American Legion Post 36	Northshore University Medical Group
Des Plaines Chamber of Commerce	Oakton Community College
Des Plaines Elks Lodge #5126	PACE Bus
Des Plaines Fire Department	Rainbow Hospice
Des Plaines History Center	Rivers Casino
Des Plaines Park District	Salvation Army
Des Plaines Police Department	School District 207
Des Plaines Public Library	School District 62
Des Plaines Rotary Club	Science & Arts Academy
DUI Services/Counseling Center	Self-Help Closet and Food Pantry
Feldco Windows, Siding & Doors	Senator Laura Murphy
Frisbie Senior Center	St. Zachary Catholic Church
Kiwanis Club of Des Plaines	State Representative Martin Moylan
Generations Health Care Network	The Center of Concern
Goodwill Store & Donation Center	U.S. Post Office - Lee Street
Hart Schaffner & Marx	U.S. Post Office - Oakton Street

Implementation Plan and Collaborative Action

Driven by a shared mission and a set of collective values that have guided the CHNA process and decision making, AHHFMC and its community partners will work together to develop implementation plans and collaborative action targeted to achieving the shared vision of improved health equity, wellness, and quality of life across our community. Engaging in this collaborative CHNA process has developed a solid foundation and opened the door for many opportunities moving forward. The Regional Leadership Teams and Stakeholder Advisory Teams look forward to building on the momentum, working in partnership with diverse community stakeholders at regional and local levels to address health inequities and improve community health in our communities.

Publication

AMITA Health Holy Family Medical Center Des Plaines will share this document and related Implementation Strategies to address the needs identified in this document with all internal stakeholders including employees, volunteers and physicians. This Community Health Needs Assessment is available at amitahealth.org/about-us/community-benefit and is also broadly distributed within our community to stakeholders including community leaders, government officials, and service organizations.

We welcome feedback on this Community Health Needs Assessment and its related Implementation Strategy. Kindly send any feedback you have to the following address:

AMITA Health
Attn: Community Health
200 S Wacker Dr. FL 11
Chicago, IL 60606

The Board of Directors of AMITA Health has formally delegated authority to approve this CHNA to the Des Plaines Community Leadership Board, comprised of community and hospital stakeholders and business leaders. This plan has been reviewed and approved in 2019.