AMITA Health Alexian Brothers Medical Center
Elk Grove Village

Community Health Needs Assessment
Service Area Overview

2019
Executive Summary

ABMC and members of the Alliance for Health Equity, a collaborative of over 30 hospitals, 7 health departments, and 100 community partners, have worked together over the last 12 months to build this comprehensive Community Health Needs Assessment (CHNA) in Chicago and Cook County. Using the Mobilizing for Action through Planning and Partnerships (MAPP) model for the CHNA, the Alliance engaged diverse groups of community residents and stakeholders and gathered robust data from various perspectives about health status and health behaviors.

Together with our community stakeholders, we have identified the following prioritized health needs in our community:

**Social and Structural Determinants of Health**, including policies that advance equity and promote physical and mental well-being, and conditions that support healthy eating and active living.

**Access to Care, Community Resources, and Systems Improvements**, consisting of timely linkage to appropriate care, and resources, referrals, coordination, and connection to community-based services.

**Mental Health and Substance Use Disorders**, especially reducing stigma, increasing the reach and coordination of behavioral health services, and addressing the opioid epidemic.

**Chronic Condition Prevention and Management**, focusing especially on metabolic diseases such as diabetes, heart disease, and hypertension, and on asthma, cancer, and complex chronic conditions.

To be successful, ABMC will continue to partner with local public health departments across Chicago and suburban Cook County to adopt shared and complimentary strategies and leverage resources to improve efficiencies and increase effectiveness for overall improvement. Data sharing across the local public health departments was instrumental in developing this CHNA and will continue to be an important tool for establishing, measuring, and monitoring outcome objectives. The shared leadership model driving the CHNA will be essential to continue to balance the voice of all partners in the process including the hospitals, health departments, stakeholders, and community members.

ABMC will develop a Community Health Implementation Plan for the next three years that describes the programs we are undertaking to address these prioritized health needs in our community.

The full collaborative CHNA as well as assessment reports can be found here: [https://allhealthequity.org/projects/2019-chna-reports/](https://allhealthequity.org/projects/2019-chna-reports/)
Our Hospital and Community

AMITA Health

AMITA Health is an award-winning health system committed to delivering compassionate care to nearly 6.6 million residents in Chicago and its surrounding suburbs.

As a faith-based health system in the respective Catholic and Adventist traditions, AMITA Health is committed to delivering inclusive and compassionate care, communicating clearly with patients and their families, respecting the faith traditions of all people, and honoring the dignity of everyone we serve. When people come to AMITA Health, they can expect to receive the very best care — and to be treated like family.

In keeping with the faith-based traditions of its legacy health systems, AMITA Health treats the whole person, including the physical, emotional, mental and spiritual needs of the people it serves. The system continually works to identify and to address community health needs, with a special focus on serving the needs of the poor, vulnerable and marginalized. AMITA Health annually provides more than $82 million in community health and transformation programs and $48 million in financial assistance.

AMITA Health Alexian Brothers Medical Center Elk Grove Village

AMITA Health Medical Center Elk Grove Village is a 329-bed, full service medical facility that provides high-quality, compassionate and family-centered medical care to residents of Elk Grove Village and the surrounding communities. AHMCEGV is a Level II Trauma Center and EDAP-Certified as well as The Joint Commission National Quality Approval and Primary Stroke Center Certified and Level II+ perinatal Center. AHABMCEGV received the American Association of Critical Care Nurses Beacon Award of Excellence and the Gold-Plus Performance Achievement Award from the American Health Association. AHMCEGV provides state-of-the-art da Vinci™ Robotic Assisted Surgery and is ranked among the 10 best Chicago area hospitals. AMITA Health Elk Grove Village has also received a five-star rating from the Centers for Medicare & Medicaid Services (CMS).

Alliance for Health Equity

In 2018 and 2019, AMITA Health Alexian Brothers Medical Center Elk Grove Village participated in the Alliance for Health Equity (AHE), facilitated by the Illinois Public Health Institute. Together, the Alliance developed a collaborative Community Health Needs Assessment (CHNA) for Cook County. The link to our Collaborative Community Health Needs Assessment for Chicago and Suburban Cook County can be found at allhealthequity.org/2019-chna-reports/. This cover document for that CHNA provides more information about the service area of ABMC, its existing programs, and its specific needs within the context of the needs identified and prioritized in its service area.
ABMC Community
The ABMC community consists primarily of the Village of Elk Grove and its surrounding area. We define the ABMC primary service area as the collection of ZIP codes where approximately 75% of hospital patients reside, and we focus our community health improvement on this service area.

Below are charts showing the diversity of the ABMC community in terms of age, race, and ethnicity.
Prioritized Health Needs

These prioritized health needs were selected in coordination with community residents and stakeholders through dedicated workgroups, focus groups, and 5,934 survey responses. They represent where ABMC will focus its community health efforts over the next three years, although it also offers programs serving health needs beyond these four prioritized issues. For more information on the process of selecting these community needs, please refer to the full CHNA (“Primary Data”).

<table>
<thead>
<tr>
<th>Social and Structural Determinants of Health</th>
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<tr>
<td><strong>Goal:</strong> Improving social, economic, and structural determinants of health while reducing social, racial, and economic inequities.</td>
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<tr>
<td>The social and structural determinants of health such as poverty, unequal access to community resources, unequal education funding and quality, structural racism, and environmental conditions are underlying root causes of health inequities. Additionally, social determinants of health often vary by geography, gender, sexual orientation, age, race, disability, and ethnicity. The strong connections between social, economic, and environmental factors and health are apparent in Chicago and suburban Cook County, with health inequities being even more pronounced than many national trends.</td>
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<thead>
<tr>
<th>Access to Care, Community Resources, and Systems Improvements</th>
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<td><strong>Goal:</strong> Increasing access to care and community resources.</td>
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<td>Healthy People 2020 states that access to comprehensive healthcare services is important for achieving health equity and improving quality of life for everyone. Disparities in access to care and community resources were identified as underlying root causes of many of the health inequities experienced by residents in Cook County.</td>
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<tr>
<th>Mental Health and Substance Use Disorders</th>
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<tbody>
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<td><strong>Goal:</strong> Improving mental health and decreasing substance abuse.</td>
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<tr>
<td>Community mental health issues are exacerbated by long-standing inadequate funding as well as recent cuts to social services, healthcare, and public health. The World Health Organization (WHO) emphasizes the need for a network of community-based mental health service, and has found that the closure of mental health facilities is often not accompanied by the development of community-based services, leading to a service vacuum. In addition, research indicates that better integration of behavioral health services, including substance use treatment, into the healthcare continuum has a positive impact on overall health outcomes.</td>
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<tr>
<th>Chronic Condition Prevention and Management</th>
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<td><strong>Goal:</strong> Preventing and reducing chronic conditions, with a focus on risk factors.</td>
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<tr>
<td>The number of individuals in the U.S. who are living with a chronic disease is projected to continue increasing well into the future. In addition, chronic diseases account for approximately 64% of deaths in Chicago. As a result, it will be increasingly important for the healthcare system to focus on prevention of chronic disease and the provision of ongoing care management.</td>
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Health Needs in the ABMC Community
Notwithstanding the above prioritized health needs throughout Chicago and Cook County, the ABMC community has its own particular needs because of the healthcare resources, gaps, and socio-economic conditions that it contains.

Social and Structural Determinants of Health
In the ABMC service area, the population is slightly older with 15.4% of residents over age 65 as compared to 13.9% in Illinois. 19.2% of the population is Hispanic, a higher percentage as compared to 16.7% in Illinois and 1.4% in the US. The community’s social determinants are fairly average, except that there are 7.6% of residents that is considered “linguistically isolated” i.e. do not speak English. Nearly 15% of the population lives at or below 100% of the poverty level and 32.3% are at or below the 200% of the poverty level, representing 2,174,865 individuals. The service area for the hospital is comprised of 84 residential zip codes based on patient origin.

Access to Care, Community Resources, and Systems Improvements
Issues impacting access to care and support services include lack of insurance, lack of providers accepting Medicaid and funding cuts in social services. Inequities in access to care and community resources include individuals who are from low income households, diverse racial and ethnic groups, immigrants and refugees.

Mental Health and Substance Use Disorders
Issues related to mental health and substance use, referred to jointly as “behavioral health” have become a significant public health issue due to inadequate funding and the lack of systems to support the needs in Chicago and Cook County. Stigma and the reluctance to discuss behavioral health problems openly are also factors that contribute to community mental health and substance use issues.

Chronic Condition Prevention and Management
Chronic disease conditions—including type 2 diabetes, obesity, heart disease, stroke, cancer, arthritis and HIV/AIDS—are among the most common and preventable of all health issues. Chronic disease is extremely costly to individuals and to society. The findings indicate that chronic disease is an issue that affects populations across income levels, race and ethnic groups. The leading causes of death in Chicago are heart disease, cancer and stroke.
Evaluation of Impact: Previous CHNA Implementation Strategy

An important piece of the three-year CHNA cycle is revisiting the progress made on priority needs set forth in the preceding CHNA. By reviewing the actions taken to address the prioritized needs and evaluating the impact those actions have made in the community, it is possible to better target resources and efforts during the next CHNA cycle.

The table below describes actions taken from the AMITA Health Alexian Brothers Medical Center Elk Grove Village’s previous Implementation Strategy to address each priority need including any indicators for improvement. Included is any community input received from the previous 2016 CHNA and corresponding Implementation Strategy.

<table>
<thead>
<tr>
<th>Mental Health</th>
<th>Status of Action(s)</th>
<th>Results</th>
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</thead>
<tbody>
<tr>
<td>Action Taken</td>
<td></td>
<td></td>
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<tr>
<td>Partnership with Kenneth Young Center</td>
<td>Complete</td>
<td>☐ Provided funding for a part-time therapist, located at the Schaumburg Township Office, to work with children and their families as part of a three-year community grant commitment.</td>
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<thead>
<tr>
<th>Diabetes</th>
<th>Status of Action(s)</th>
<th>Results</th>
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</thead>
<tbody>
<tr>
<td>Action Taken</td>
<td></td>
<td></td>
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<tr>
<td>Invest in diabetes programs offered to the community at risk for Type II diabetes.</td>
<td>Complete</td>
<td>☐ Invested in Campanelli YMCA to provide the Diabetes Prevention Program for population who are uninsured.</td>
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<tr>
<th>Nutrition, Physical Activity and Weight</th>
<th>Status of Action(s)</th>
<th>Results</th>
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<tbody>
<tr>
<td>Action Taken</td>
<td></td>
<td></td>
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<tr>
<td>Provision of Go Noodle, an online interactive suite of videos which combine learning and physical activities to school districts with low-income and minority families.</td>
<td>Complete</td>
<td>☐ Provided the license fee for several school districts to incorporate this physical activity tool into their classroom routines.</td>
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Upon review of the actions taken since the previous CHNA, greater need for outcome-based reporting was noted. As such, further refinement of the next Implementation Strategy and the reporting of outcomes will be a focus.
Implementation

Community Assets
AMITA Health Alexian Brothers Medical Center Elk Grove Village will continue working with organizations and stakeholders in its community to address its prioritized health needs, including:

- Kenneth Young Center
- Elk Grove Township
- Elk Grove Baptist Church
- Keeneyville School District 20
- School District 54
- Schaumburg Public Library
- Feed My Starving Children
- Northwest CASA
- Journey’s
- Buehler YMCA
- Stone Community Housing Shelter Foundation
- Golden Corridor Family YMCA
- Clare Oaks Senior Living
- Elk Grove Public Library
- Springwood Middle School
- Elk Grove High School
- Elk Grove Park District
- Community Alternatives Unlimited
- Harper College Education Foundation
- Wings Program, Inc.
- The Bridge Youth & Family Services
- Countryside Association for People with Disabilities
- Little City
- School District 46

Implementation Plan and Collaborative Action
Driven by a shared mission and a set of collective values that have guided the CHNA process and decision making, ABMC and its community partners will work together to develop implementation plans and collaborative action targeted to achieving the shared vision of improved health equity, wellness, and quality of life across our community. Engaging in this collaborative CHNA process has developed a solid foundation and opened the door for many opportunities moving forward. The Regional Leadership Teams and Stakeholder Advisory Teams look forward to building on the momentum, working in partnership with diverse community stakeholders at regional and local levels to address health inequities and improve community health in our communities.
Publication
AMITA Health Alexian Brothers Medical Center Elk Grove Village will share this document and related Implementation Strategies to address the needs identified in this document with all internal stakeholders including employees, volunteers and physicians. This Community Health Needs Assessment is available at amitahealth.org/about-us/community-benefit and is also broadly distributed within our community to stakeholders including community leaders, government officials, and service organizations.

We welcome feedback on this Community Health Needs Assessment and its related Implementation Strategy. Kindly send any feedback you have to the following address:

AMITA Health
Attn: Community Health
200 S Wacker Dr. FL 11
Chicago, IL 60606

The Board of Directors of AMITA Health has reviewed and approved this plan in 2019.