

Presence Saint Joseph Hospital
Community Health Needs Assessment
2018

Ministry Overview

Presence Health, sponsored by Presence Health Ministries, is a comprehensive family of not-for-profit health care services and the single largest Catholic health system based in Illinois. Presence Health embodies the act of being present in every moment we share with those we serve and is the cornerstone of a patient, resident and family-centered care environment. "Presence" Health embodies the way we choose to be present in our communities, as well as with one another and those we serve.

Our Mission guides all of our work: Inspired by the healing ministry of Jesus Christ, we, Presence Health, a Catholic health system, provide compassionate, holistic care with a spirit of healing and hope in the communities we serve.

Building on the faith and heritage of our founding religious congregations, we commit ourselves to these values that flow from our mission and our identity as a Catholic health care ministry:

- **Honesty:** The value of Honesty instills in us the courage to always speak the truth, to act in ways consistent with our Mission and Values and to choose to do the right thing.
- **Oneness:** The value of Oneness inspires us to recognize that we are interdependent, interrelated and interconnected with each other and all those we are called to serve.
- **People:** The value of People encourages us to honor the diversity and dignity of each individual as a person created and loved by God, bestowed with unique and personal gifts and blessings, and an inherently sacred and valuable member of the community.
- **Excellence:** The value of Excellence empowers us to always strive for exceptional performance as we work individually and collectively to best serve those in need.

Presence Saint Joseph Hospital-Elgin (PSJH-E) is a 184-bed hospital that has been meeting the health needs of Kane County residents for over 110 years. Founded by the Franciscan Sisters, PSJH-E offers the full continuum of care - from a Level II Emergency Department to treatment for cancer and heart disease. With over 1,200 associates, including a medical staff of over 600 physicians across multiple specialties, PSJH-E offers a full range of inpatient and outpatient medical services for the Greater Elgin area and is known for providing leading-edge technologies and holistic care with compassion for the individual.

Beginning in 2017 through early 2018 the 2018 Community Health Needs Assessment (CHNA) conducted by PSJH-E, together with other Kane County Public Health System Stakeholders, including four other hospitals and over 200 individuals, through the Kane County Community Health Needs Assessment (CHNA) Collaborative.

This report summarizes the health profile and community input findings of the CHNA conducted for the population served by PSJH-E and identifies the top priority health issues for the community to focus on in developing its implementation strategies. The top identified health needs are as follows:

- Mental Health
- Chronic Disease
- Income and Education

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Progress Addressing Needs Identified in the 2015 CHNA

Presence Saint Joseph Hospital-Elgin is committed to creating awareness and utilization of available resources in the community to facilitate collaboration between PSJH-E and the broader community. The following programs are existing community benefit programs PSJH-E sponsored in the community to address community needs identified in the 2015 CHNA. In 2019-2021, PSJH-E will address the prioritized needs by enhancing these existing programs and, where necessary, replacing or supplementing them with new programs to better address community health needs with a particular focus on social determinants of health.

Presence Saint Joseph Hospital-Elgin will work with the Elgin Community Leadership Board to enhance the existing programs by developing metrics to measure improvements in the overall health of program participants and tie in goals with organizational priorities.

I'M REDUCING OBESITY IN CHILDREN (IROC) NUTRITIONAL PROGRAM

I'm Reducing Obesity in Children (IROC) Nutrition program is designed to provide a series of eight 1.0 hour workshops that will emphasize proper nutrition education for parents and children including goal setting and motivation related to healthy behavior issues. The workshops will also provide families with information and resources relevant to the topics covered. Each 8-week session involves parents attending an education workshop presented by a registered dietitian as children concurrently participate in a cooking demonstration activity led by a registered nurse. Children will create and eat some healthy snacks in this hands-on class that introduces little cooks to the kitchen with easy recipes, simple measurements and kitchen safety. Seventy-nine families participated in this program in 2016 and 2017.

TAKE CHARGE OF YOUR HEALTH CHRONIC DISEASE SELF-MANAGEMENT PROGRAM

Take Charge of Your Health Chronic Disease Self-Management Program is a 6-week program with participants education workshop that is evidence based Chronic Disease Self-Management Program developed by Stanford School of Medicine Patient Education Research Center. The program provides information and teaches practical skills on managing chronic health problems. Live Well, Be Well program gives people the confidence and motivation they need to manage the challenges of living with chronic disease including communication with physicians, symptom management, action planning & strategies for disease prevention. Caregivers are encouraged to attend. Eleven persons participated in 2016. Over 100% of participants reported increase knowledge of self-management skills upon program completion.

MENTAL HEALTH FIRST AID

In response to a demonstrated system and state-wide need of addressing barriers to accessing and utilizing mental health services, Presence Mercy Medical Center and its community partners implemented an evidence-based program, Mental Health First Aid (MHFA), to reduce the stigma associated with mental illness and improve the coordination of mental health care. PMMC

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provided promotion, funding, coordination & in-kind donation of space for these trainings. Over 133 community members have been trained between 2016-2018.

Conclusion

Presence Saint Joseph Hospital-Elgin and members of the Kane County CHNA Collaborative have worked together using the Mobilizing Action for Planning and Partnership (MAPP) model for the CHNA proved to yield robust data from various perspectives including health status and health behaviors, forces of change, public health system strengths and weaknesses, and perceptions and experiences from diverse stakeholder engagement, and collaborative leadership and decision making have been some of the hallmarks of this process thus far. The CHNA process presented an exciting opportunity to engage diverse groups of community residents and stakeholders. All of the issues prioritized are issues that cannot be addressed by any one organization alone.

Leveraging the continued participation of community stakeholders invested in health equity and wellness, including actively identifying and engaging new partners, will continue to be essential for developing and deploying aligned strategic plans for community health improvement in any of the following priority areas:

- Mental Health
- Chronic Disease
- Income and Education

To be successful, PSJH-E will continue to partner with the health department and other Kane organizations to adopt shared and complimentary strategies and leverage resources to improve efficiencies and increase effectiveness for overall improvement. Data sharing across organizations was instrumental in developing this CHNA and will continue to be an important tool for establishing, measuring and monitoring outcome objectives. Further, the shared leadership model driving the CHNA will be essential to continue to balance the voice of all partners in the process including the hospitals, health department, stakeholders, and community members.

Driven by a shared mission and a set of collective values that have guided the CHNA process and decision making, PSJH-E will work together to develop implementation plans and collaborative action targeted to achieving the shared vision of improved health equity, wellness, and quality of life across our community. Engaging in this collaborative CHNA process has developed a solid foundation and opened the door for many opportunities moving forward.

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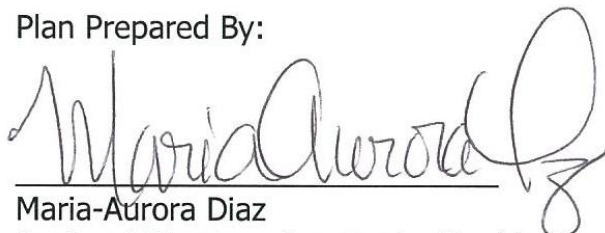
The Board of Directors of Presence Health has formally delegated authority to approve this Presence St. Joseph Hospital-Elgin 2018 Community Health Needs Assessment to the Elgin Community Leadership Board, comprised of community and hospital stakeholders and business leaders. The below signatures indicate that this plan has been reviewed and approved in 2018.

Approved by the Aurora Community Leadership Board

6/14/2018

Date Approved

Plan Prepared By:



Maria-Aurora Diaz

Regional Director, Community Health Integration

Presence Saint Joseph Hospital-Elgin will share this document and annual Implementation Strategies to address the needs identified in this document with all internal stakeholders including associates, volunteers and physicians. The full Community Health Needs Assessment and this overview is available at www.presencehealth.org/community and is also broadly distributed within our community to stakeholders including community leaders, government officials, service organizations and community collaborators.

We welcome feedback on this Community Health Needs Assessment and its related Implementation Strategy. Kindly send any feedback you have to mariaaurora.diaz@presencehealth.org or to the following address:

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