



Presence Saint Joseph Medical Center
Community Health Needs Assessment
2017

Ministry Overview

Presence Health, sponsored by Presence Health Ministries, is a comprehensive family of not-for-profit health care services and the single largest Catholic health system based in Illinois. Presence Health embodies the act of being present in every moment we share with those we serve and is the cornerstone of a patient, resident and family-centered care environment. “Presence” Health embodies the way we choose to be present in our communities, as well as with one another and those we serve.

Our Mission guides all of our work: Inspired by the healing ministry of Jesus Christ, we, Presence Health, a Catholic health system, provide compassionate, holistic care with a spirit of healing and hope in the communities we serve.

Building on the faith and heritage of our founding religious congregations, we commit ourselves to these values that flow from our mission and our identity as a Catholic health care ministry:

- **Honesty:** The value of Honesty instills in us the courage to always speak the truth, to act in ways consistent with our Mission and Values and to choose to do the right thing.
- **Oneness:** The value of Oneness inspires us to recognize that we are interdependent, interrelated and interconnected with each other and all those we are called to serve.
- **People:** The value of People encourages us to honor the diversity and dignity of each individual as a person created and loved by God, bestowed with unique and personal gifts and blessings, and an inherently sacred and valuable member of the community.
- **Excellence:** The value of Excellence empowers us to always strive for exceptional performance as we work individually and collectively to best serve those in need.

Presence Saint Joseph Medical Center (PSJMC) has been meeting the health needs of Joliet and the Will County area for over 130 years. Founded by the Franciscan Sisters of the Sacred Heart, Presence Saint Joseph Medical Center continues to carry out its mission of providing “compassionate, holistic care with a spirit of healing and hope in the communities it serves.”

In 2016 and 2017, Presence Saint Joseph Medical Center participated in the Will County MAPP Collaborative along with 3 other hospitals, the Will County Health Department and more than 70 community organizations with partial facilitation by the Illinois Public Health Institute. Together, the Will County MAPP Collaborative developed a collaborative Community Health Needs Assessment (CHNA).

This Ministry Overview provides more information about the service area of Presence Saint Joseph Medical Center, its existing programs, and its specific needs within the context of the needs identified and prioritized for the county.

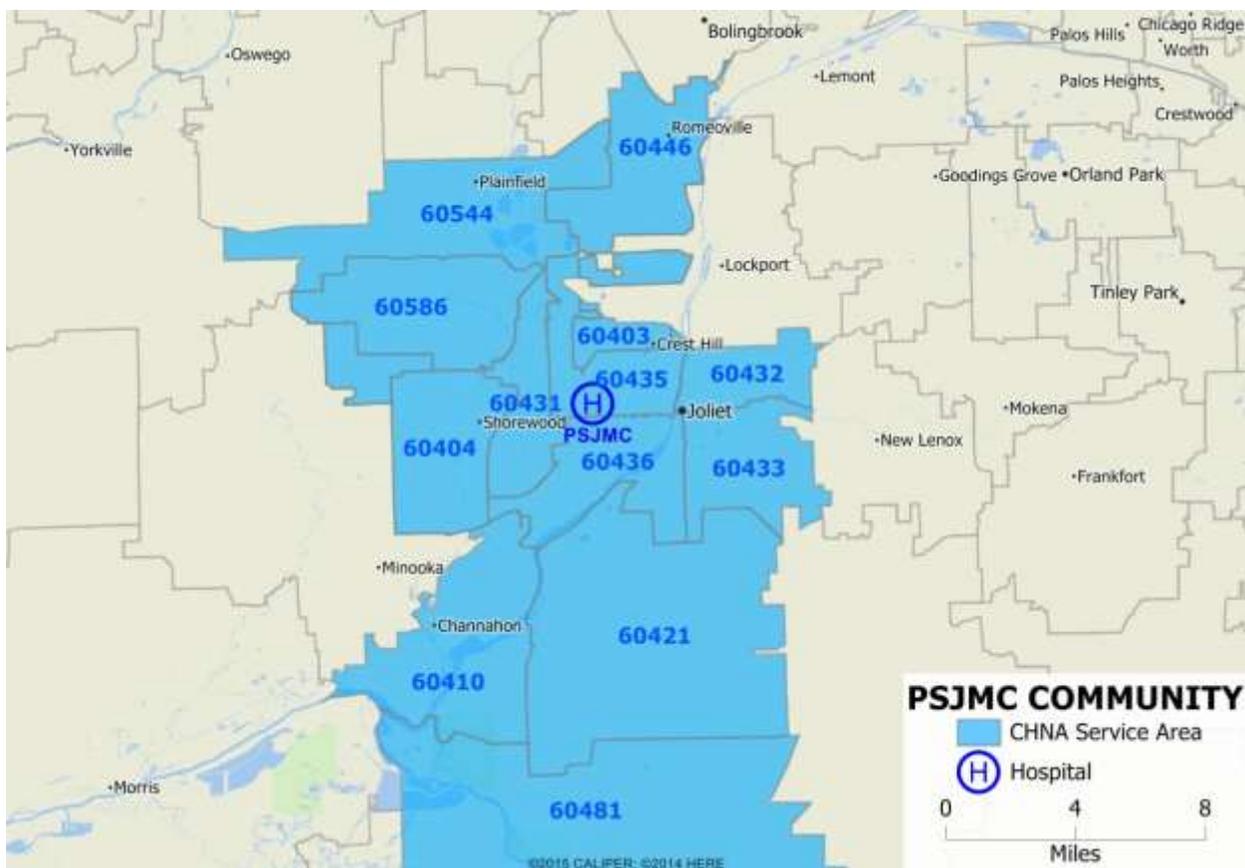
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Located in the heart of the southern suburbs, 480-bed Presence Saint Joseph Medical Center provides many advanced health care services. Presence Saint Joseph Medical Center is the only provider of neurosurgical services in the Will-Grundy region. The Saint Joseph Heart Center is an entire floor solely dedicated to the treatment of the heart and centered on the area's only open-heart surgery program.

In addition, Presence Saint Joseph Medical Center serves the community's wide-range of health care needs including Cancer Care, Level II Emergency/Trauma Center, Family Birthing Suites, Level II Special Care Nursery, Pediatric Intensive Care Unit, Rehabilitation Services, Behavioral Health Services and Sleep Disorder Center.

PSJMC has a medical staff of more than 500 physicians representing over 50 medical specialties and employs 2,600 professional, technical and support personnel, making it one of the largest employers in Will County.

We define PSJMC primary service area as the collection of ZIP codes where approximately 75% of hospital patients reside, as seen in the map below:



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Prioritized Focus Areas

Presence Saint Joseph Medical Center has identified the following three focus areas as significant health needs. These are the focus areas identified by the Will County MAPP Collaborative through a collective prioritization process.

- Access to Dental and Primary Care
- Improving Behavioral Health
- Preventing and Reducing Chronic Disease

The prioritized focus areas were agreed upon based on the needs throughout Will County. The PSJMC service area has specific needs within these focus areas, which are described in more detail below. These specific needs were also guided by informal feedback from community and hospital stakeholders. No written feedback was received on PSJMC's previous CHNA or Implementation Strategy.

Presence Saint Joseph Medical Center has several existing programs that are already addressing these needs, and our 2018 Implementation Strategy will further refine these programs and identify new ones to ensure that all prioritized health needs are addressed.

Key assessment findings

1. Access to Dental and Primary Care

Access to comprehensive, quality healthcare services is important for promoting and maintaining health, preventing and managing disease, reducing unnecessary disability and premature death, and achieving equity. Access is a complex issue with multiple components including availability, affordability and timeliness. Findings from the assessments detail access issues to healthcare services and resources.

Specific priority needs identified in the assessment process include:

- Better data to define and prioritize access issues, identify populations most affected, and monitor progress
- Navigating insurance and potential changes to the Affordable Care Act
- Transportation to healthcare services and resources
- Improving health literacy
- Equitable services throughout the county
- Health resources for seniors

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Figure 1.1. Summary of Key Assessment Findings Related to Access to Dental and Primary Care

Insurance Coverage	
Issue	Target Population
<p>9.2% of the Will County adult population under the age of 65 was uninsured in 2014. There has been an overall decrease in the percentage of uninsured population since 2010. 20.2% of the Hispanic/Latino population in Will County reported no health insurance coverage, compared to 7.1% of the non-Hispanic/Latino population.</p>	<ul style="list-style-type: none"> • Males • African American and Asian races • Hispanic ethnicity • 60432, 60433, and 60484 zip codes
Provider Availability	
Issue	Target Population
<p>Will County has a total of 372 primary care physicians, yielding a ratio of population to primary care physicians of 1,840:1 compared to 1,240:1 for Illinois. Will County has a total of 361 dentists, yielding a ratio of population to dentists of 1,950:1 compared to 1,410:1 for Illinois. 15.9% of adults in Will County report that they do not have at least one person that they consider to be their primary care provider. There is one community on the East side of Joliet designated by the Health Resources and Services Administration as an area having shortages of primary care, dental care, or mental health providers.</p>	<ul style="list-style-type: none"> • 60433 zip code • Non-white males, ages 25-44 with an income less than \$35,000
Preventable Hospital Visits	
Issue	Target Population
<p>Will County's ambulatory care sensitive condition discharge rate was 69 per 1,000 Medicare enrollees in 2014, which is higher than both Illinois (59) and the U.S. (38), but has decreased since 2010. Ambulatory care sensitive conditions include pneumonia, dehydration, asthma, diabetes, and other conditions which could have been prevented if adequate primary care resources were available and accessed by those patients.</p>	<ul style="list-style-type: none"> • Medicare beneficiaries

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2. Improving Behavioral Health

Behavioral health is a term used to include both mental health and substance abuse disorders. Mental health disorders are among the most common causes of disability. Mental disorders attributed to 7.8% (5,783) of Will County hospitalizations in 2014, and is the third leading cause of hospitalizations overall. Findings from the assessments detail access issues to behavioral health services, as well as resources.

Behavioral health issues impact population groups across income levels as well as racial and ethnic groups. Specific priority needs and populations identified in the assessment process include:

- Better data to define and prioritize behavioral health issues, identify populations most affected and monitor progress
- Adequate funding for expansion of services, resources, and providers
- Equitable services throughout the county

Figure 1.2. Summary of Key Assessment Findings Related to Behavioral Health

Provider Availability	
Issue	Target Population
<p>Will County has a total of 645 mental health providers, yielding a ratio of population to mental health providers of 1,060:1, compared to 370:1 for Illinois and 560:1 nationally. There is one community on the East side of Joliet designated by the Health Resources and Services Administration as an area having a shortage of mental health providers. According to providers, three barriers for clients to access services were identified: cost of needed services, wait for services, and distance to services. They also reported that psychiatric services are the most difficult to access.</p>	<ul style="list-style-type: none"> • 60433 zip code • Southern Will County
Emotional and Mental Health	
Issue	Target Population
<p>37% of Will County adults, aged 18 and older, self-reported that they experienced at least one and up to 30, "not good" mental health days in the past 30 days. 19.2% of adults self-reported that they receive insufficient social and emotional support all or most of the time. 28% of 12th graders experienced depression in 2014.</p>	<ul style="list-style-type: none"> • Adults • High school youth

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Substance Use	
Issue	Target Population
<p>22.4% of adults, aged 18 and older, reported binge or heavy alcohol consumption. 53% of 12th graders and 33% of 10th graders reported drinking alcohol in the past 30 days. 30% of 12th graders reported binge drinking at least once in the past two weeks. 26% of 12th graders and 16% of 10th graders reported using marijuana. In the past year, 9% of 12th graders reported using any illicit drug, excluding marijuana. 6% of 12th graders and 4% of 10th graders reported using prescription drugs to get high in the past 30 days. 35% of 12th graders experienced two or more negative consequences from drug use, indicating the potential need for substance abuse assessment.</p>	<ul style="list-style-type: none"> • Adults • High school youth
Drug Overdose	
Issue	Target Population
<p>In 2015, there were 89 total overdose deaths, 66% of which were male. Of the 89 accidental overdoses, 52 deaths were heroin related. Combined drug intoxication was the second leading cause of accidental overdose. Will County's drug induced mortality rate in 2014 was 12.75, which is a significant increase from 5.93 in 2003.</p>	<p>Males</p>
Suicide	
Issue	Target Population
<p>In 2015, there were 285 unnatural deaths in Will County, of which approximately 20% were attributed to suicide. Will County's suicide rate is 9.2. There are significant disparities within gender and race, with males more likely to commit suicide at a rate of 15.1 versus females at 3.7. 13% of 12th graders and 15% of 10th graders reported that they had considered suicide in the past year, which has decreased since 2014.</p>	<ul style="list-style-type: none"> • White males • High school youth

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3. Preventing and Reducing Chronic Disease

Chronic diseases are the most common, costly, and preventable of all health problems. Heart disease is the second leading cause of hospitalizations in Will County and cancer is the fifth. Heart disease, cancer and diabetes account for approximately 58% of all deaths in Will County. Many chronic diseases are linked to lifestyle choices, or health risk behaviors, which can be changed. Four of these health risk behaviors—lack of physical activity, poor nutrition, tobacco use, and excess alcohol consumption—cause much of the illness, suffering, and early death related to chronic diseases and conditions. Findings from the assessments detail access issues to chronic disease resources.

Specific priority needs and populations identified in the assessment process include:

- Better data to define and prioritize chronic disease problems, identify populations most affected, and monitor progress
- Healthcare services to prevent or enable early detection of disease, reduce risk factors, and manage conditions
- Strategies that link community and clinical services to ensure that people with or at high risk of chronic diseases have access to the resources they need to prevent or manage these diseases
- Access to affordable, healthy foods

Figure 1.3. Summary of Key Assessment Findings Related to Chronic Disease

Cancer Incidence and Mortality	
Issue	Target Population
In 2014, there were a total of 4,223 deaths in Will County. Cancer is the second leading cause of death. Of the total cancer deaths, lung cancer is the top cause in Will County. From 2009-2013, there were 15,268 newly-diagnosed cases of cancer in Will County, with an age-adjusted cancer incidence rate of 492.5 per 100,000 population. Men were slightly more likely to develop cancer than women. Women mostly developed breast cancer and men mostly developed prostate cancer. 69.9% of men have reported ever having a Colonoscopy/Sigmoidoscopy. Only 58.4% of women met breast cancer screening guidelines, which is approximately a 15% decrease from 2009. 78% of adult women met cervical cancer screening guidelines.	<ul style="list-style-type: none"> • Males • Adults aged 50 to 75 years • Females aged 21 to 65 years • Females aged 50 to 74 years

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Chronic Disease Mortality	
Issue	Target Population
<p>Will County's coronary heart disease mortality rate of 107.7 per 100,000 population is slightly higher than the state rate. The White population has the highest rates of reported heart disease; however, heart disease mortality is highest among African Americans. Over the past decade, mortality due to diabetes has slowly decreased in Will County. In 2014, the age-adjusted mortality rate of diabetes was 14.9 deaths per 100,000 population, well below the Healthy People 2020 target of 66.6 deaths. The concern with diabetes is the high percentage of Medicare beneficiaries with diabetes.</p>	<ul style="list-style-type: none"> • African Americans • Medicare beneficiaries
Obesity	
Issue	Target Population
<p>26.8% of adults in Will County are obese. Males were more likely to be obese than women. Additionally, 34.3% of adults, aged 18 and older, self-reported that they were overweight, with the highest percentage being Non-Hispanic White. 21% of adults are physically inactive. Only 30% of 6th graders and 22% of 12th graders met the recommended physical activity guidelines. 80.7% of Will County adults are consuming less than five servings of fruits and vegetables each day, compared to 76.3% in Illinois. 53% of Will County 6th graders ate fruit and 71% ate vegetables less than two times a day.</p>	<ul style="list-style-type: none"> • White males • Middle and high school youth
Food Access	
Issue	Target Population
<p>436,934 people live in a food desert census tract in Will County. This indicator reports the number of neighborhoods in the report area that are within food deserts.</p>	<p>60417, 60432, 60433, 60436, 60440, 60441, and 60484 zip codes</p>
Tobacco Use	
Issue	Target Population
<p>During 2010-2014, 13.4% of Will County adults were smokers. For the state of Illinois and the U.S., this figure was higher, with 16.7% and 16.8% of adults reporting they were current smokers. The percentage of smokers in Will County has declined since 2001 but is still higher than the Healthy People 2020 target of 12%. 12% of 12th graders reported using cigarettes, while another 10% reported using smokeless tobacco.</p>	<ul style="list-style-type: none"> • Adults • High school youth

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Progress Addressing Needs Identified in the 2014 CHNA

Presence Saint Joseph Medical Center is committed to creating awareness and utilization of available resources in the community to facilitate collaboration between the PSJMC and the broader community. The following programs are existing community benefit programs PSJMC sponsored in the community to address community needs identified in the 2014 CHNA. In 2018-2020, PSJMC will address the prioritized needs by enhancing these existing programs and, where necessary, replacing or supplementing them with new programs to better address community health needs with a particular focus on social determinants of health.

The Presence Saint Joseph Medical Center Senior Leadership Team and the Governing Board have a strong commitment to community health initiatives. Community initiatives and activities have ongoing monitoring and evaluation for program effectiveness. The following programs are existing community benefit programs PSJMC sponsors in the community. Presence Saint Joseph Medical Center will work with the Will County Community Leadership Board to enhance the existing programs by developing metrics to measure improvements in the overall health of program participants. Presence Saint Joseph Medical Center will also see how these existing programs can tie into the overall goals of the Will County Community Leadership Board.

Partnerships with Will-Grundy Medical Clinic (WGMC) & Aunt Martha's

The WGMC is a not-for-profit 501(c)3 organization that provides free medical and dental care to adults who have no health insurance or medical care entitlements and meet prescribed income guidelines. Care is provided by physicians, dentists and other professionals who volunteer their time and expertise to WGMC. Aunt Martha's is a non-for-profit 501(c)3 organization that provides an array of social services that offer a safe haven for youth in crisis and empower them to succeed and high quality and accessible healthcare for the whole family regardless of the ability to pay.

PSJMC has budgeted \$35,000 annually to donate to the Will-Grundy Medical Clinic. In addition to this donation, PSJMC will continue to provide clinical staff volunteers, and will contribute free services and leadership through service on WGMC's board of directors. PSJMC will also continue to accept patients from Will-Grundy Medical Clinic for surgical procedures and related services to provide better access to care, particularly specialty care. In December 2012, an Aunt Martha's Federally Qualified Healthcare Center (FQHC) was opened adjacent to our Emergency Department. Since its opening, PSJMC has provided rental space to the FQHC for \$1 per year.

In 2016, PSJMC provided annual \$35,000 donation to the WGMC as well as treated 23 surgical cases & 1,905 diagnostics cases for the clinic. These in-kind donations provided \$1,823,051 in free treatment. PSJMC maintained the \$1 rent per year for the Aunt Martha's Clinic adjunct to our Emergency Department as a benefit to the community.

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Know Where to Go Campaign

The Know Where to Go Campaign is an educational media campaign aimed at providing residents with benefits associated with having a medical home as well as provide resources of what setting to visit based on type of health care need. It will also re-educate the community on the availability of FQHCs within our county as well as the Will-Grundy Medical Clinic.

The Will County MAPP Collaborative Primary Health Care action team developed and promoted the educational media campaign. In 2016, the Know Where to Go (www.willknowwheretogo.org) website was launched. Additional campaign materials were spread throughout the community via health fairs and other modes of distribution. An eight week PACE bus ad was ran on the Heritage Corridor line that included advertisements inside bus shelters and inside buses. A press release was distributed to the community as well as on-air interview on WJOL discussing the benefits of a medical home.

Mental Health First Aid

In response to a demonstrated system and state-wide need of addressing barriers to accessing and utilizing mental health services, Presence Saint Joseph Medical Center and its community partners implemented an evidence-based program, Mental Health First Aid (MHFA), to reduce the stigma associated with mental illness and improve the coordination of mental health care. PSJMC provided promotion, funding, coordination & in-kind donation of space for these trainings. PSJMC also introduced a law enforcement MFHA to the Joliet Police Department in 2016. Over 659 community members have been trained in the Will County community.

Program participants increased recognition of mental health disorders, increased understanding of appropriate treatments, improved confidence in providing help to others during crisis situations, and decreased stigmatizing attitudes. Having demonstrated its effectiveness, the program continues to expand and add both participants and partners.

Will County Partners for Healthy Families Community Grants

The Will County Partners for Healthy Families has been innovative in its collaboration and approaches to childhood obesity by creating two community based grants for CATCH Kids Club of Will County and Junior Master Gardener Community Gardens of Will County.

These three-year grants focus on educating students and families about the importance of balanced nutrition and regular physical activity while incorporating programs and policies to help sustain greater health for future youth. PSJMC provides primary funding (up to \$10,000 per year total) for these community grants to schools, after school or summer sites. PSJMC

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also provides coordinator and technical assistance for the Partners.

Three CATCH Kids Club grants were awarded to the following sites: St. Dominic School & St. Andrew School w/Lewis University; Lift Him Up Ministries/Evergreen Terrace; Governors State University Early Childhood Center. Four Junior Master Gardener grants were awarded to the following sites: CW Avery Family YMCA; Warren Sharpe Community Center; Harvey Brooks Foundation; Three Rivers School/Channahon Park District.

WeWill WorkHealthy Worksite Wellness Award

Will County's first and only worksite wellness awards program offered bi-annually through the Will County MAPP Chronic Care Action team. Healthy worksites lead to a healthier community. The awards participants involve over 10,000 Will County workers. PSJMC actively participates as well as co-chair the MAPP Chronic Care Action Team overseeing this award program and process.

Re-Think Your Drink Campaign

The MAPP Collaborative Chronic Care action team partnered with the Illinois Alliance to Prevent Obesity (IAPO) to bring the Rethink Your Drink education and communication campaign to Will County to educate stakeholder organizations and community residents about the harms of sugar sweetened beverage (SSB) Consumption. PSJMC actively participates as well as co-chair the MAPP Chronic Care Action Team overseeing this media campaign.

In 2016, the Will County Rethink Your Drink website (www.willrethinkyourdrink.org) was launched. Additional campaign materials were spread throughout the community via health fairs and other modes of distribution. An eight week PACE bus ad was run on the Heritage Corridor line that included advertisements inside bus shelters and inside buses. A press release was distributed to the community as well as on-air interview on WJOL discussing the benefits of a sugar sweetened reduction.

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Community Assets

The following organizations and agencies participated in the CHNA process and play a crucial role in the civic life of the local community and are integral to the health and wellness of its residents. We intend to engage with these community stakeholders and resources as we develop and refine programs to address our prioritized community needs.

Agape Missions, NFP	Greater Joliet Area YMCA	Stepping Stones, Inc.
Agency on Aging Northeastern IL	Guardian Angel Community Services	TEC Services Consulting Inc.
AMITA Health Adventist Medical Center Bolingbrook	Harvey Brooks Foundation	The Community Foundation of Will County
Aunt Martha's Youth Services	Heritage Woods of Plainfield	Trinity Services, Inc.
Bluestem Earth Festival	Illinois Department of Children & Family Services	United Way of Will County
Bolingbrook Fire Department	Illinois Department of Employment Security	University of Illinois Extension
Braidwood Area Healthy Community Coalition	Illinois Department of Public Health	University of St. Francis
Breast Intentions of Illinois	J.F. Holder Foundation	Valley View School District
C.W. Avery Family YMCA	Joliet Fire Department	VNA Health Care
Catholic Charities Diocese of Joliet	Joliet Junior College	Warren-Sharpe Community Center
Channahon Park District	Joliet Police Department	Will County Adult Detention Facility
Chestnut Health Systems	Joliet Public School District 86	Will County Board
Child and Family Connections #15	Joliet Township High School District 204	Will County Board of Health
Child Care Resource & Referral	Lakewood Nursing Center	Will County Center for Community Concerns
CITGO Petroleum Corp	Lewis University	Will County Circuit Clerk
Coldwell Banker Residential	Mari Gallagher Research & Consulting Group	Will County Community Health Center
Community Alliance & Action Network	Mokena Police Department	Will County Emergency Management Agency
Community Lifeline Ministries, Inc.	Mt. Zion Baptist Church	Will County Executive's Office
Cornerstone Services Inc.	New Life Church	Will County Forest Preserve District

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Easterseals Joliet Region, Inc.	PACE Suburban Bus	Will County GIS
Edward-Elmhurst Health	Plainfield Counseling Center LLC	Will County Health Department
Evergreen Terrace Apartments	Presence Home Care	Will County Land Use Department
Food Allergy Research & Education	Presence Saint Joseph Medical Center	Will County Medical Reserve Corps
Forest Park Center	PT Solutions Physical Therapy	Will County Residents
Franciscan Communities, Inc.- Marian Village	Rasmussen College	Will County Veterans Assistance Commission
Glenwood Rehab Center	Senior Services Center of Will County	Will Grundy Center for Independent Living
Governors State University	Silver Cross Healthy Community Commission	Will-Grundy Medical Clinic
	Silver Cross Hospital	

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Conclusion

PSJMC and members of the Will County MAPP Collaborative have worked together to accomplish many things over the past 22 months. Using the MAPP model for the CHNA proved to yield robust data from various perspectives including health status and health behaviors, forces of change, public health system strengths and weaknesses, and perceptions and experiences from diverse stakeholder engagement, and collaborative leadership and decision making have been some of the hallmarks of this process thus far. The CHNA process presented an exciting opportunity to engage diverse groups of community residents and stakeholders. All of the issues prioritized are issues that cannot be addressed by any one organization alone.

Leveraging the continued participation of community stakeholders invested in health equity and wellness, including actively identifying and engaging new partners, will continue to be essential for developing and deploying aligned strategic plans for community health improvement in any of the following priority areas:

- Access to Dental and Primary Care
- Improving Behavioral Health
- Preventing and Reducing Chronic Disease

To be successful, PSJMC will continue to partner with the health department and other Will County organizations to adopt shared and complimentary strategies and leverage resources to improve efficiencies and increase effectiveness for overall improvement. Data sharing across organizations was instrumental in developing this CHNA and will continue to be an important tool for establishing, measuring and monitoring outcome objectives. Further, the shared leadership model driving the CHNA will be essential to continue to balance the voice of all partners in the process including the hospitals, health department, stakeholders, and community members.

Driven by a shared mission and a set of collective values that have guided the CHNA process and decision making, PSJMC will work together to develop implementation plans and collaborative action targeted to achieving the shared vision of improved health equity, wellness, and quality of life across our community. Engaging in this collaborative CHNA process has developed a solid foundation and opened the door for many opportunities moving forward.

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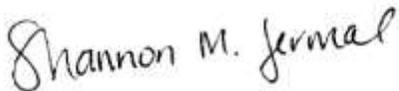
The Board of Directors of Presence Health has formally delegated authority to approve this Presence Saint Joseph Medical Center Community Health Needs Assessment to the Will County Community Leadership Board, comprised of community and hospital stakeholders and business leaders. The below signatures indicate that this plan has been reviewed and approved in 2017.

Approved by the Will County Community Leadership Board

September 12, 2017

Date Approved

Plan Prepared By:



Shannon M. Jermal, MA
Regional Director, Community Health Integration
Presence Saint Joseph Medical Center

Presence Saint Joseph Medical Center will share this document and annual Implementation Strategies to address the needs identified in this document with all internal stakeholders including employees, volunteers and physicians. This Community Health Needs Assessment is available at www.presencehealth.org/community and is also broadly distributed within our community to stakeholders including community leaders, government officials, service organizations and community collaborators.

We welcome feedback on this Community Health Needs Assessment and its related Implementation Strategy. Kindly send any feedback you have to shannon.jermal@presencehealth.org or to the following address:

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