

Ascension Sacred Heart Pensacola Implementation Strategy

Overview

Ascension Sacred Heart Pensacola (ASHP) participated in a collaborative 2019 Community Health Needs Assessment (CHNA) facilitated by the Partnership for a Healthy Community, including representation from the Florida Department of Health in Escambia County, Florida Department of Health in Santa Rosa County, Community Health Northwest Florida, Baptist Hospital, Gulf Breeze Hospital, and Jay Hospital.

The CHNA was conducted to identify priority needs within Escambia and Santa Rosa counties, and to inform development of implementation strategies to address the identified needs selected by each hospital based on their ability to impact the need. The CHNA was conducted to respond to federal regulatory requirements and seek to identify significant health needs for particular geographic areas and populations.

Needs That Will Be Addressed

- Diabetes
- Child Health
- Infant Health
- Mental Health

Needs That Will Not Be Addressed

- Drug Abuse – will not be addressed in implementation plans, but we will continue to advocate for the poor and vulnerable within our community.

Summary of Implementation Strategy

An action plan follows for each prioritized need, including the resources, proposed actions, and anticipated impact for each strategy.

Prioritized Need #1: Diabetes

GOAL: Increase diabetes awareness in vulnerable populations with focus on prevention and education

Action Plan

STRATEGY 1: Provide evidence-based screenings for pre-diabetes to communities that are at high risk for type 2 diabetes

BACKGROUND INFORMATION:

- Target vulnerable populations and reduce barriers to access of diabetes prevention screenings.
- The purpose of screening is to identify individuals who are likely to have pre-diabetes.
- In 2016, 13.7% of Santa Rosa County adults and 16.4% of Escambia County adults had been told they have diabetes compared to 11.8% of Florida adults.
- Between 2015 and 2017, 404 residents died in Escambia and Santa Rosa counties due to diabetes.
 - In Escambia County, black deaths from diabetes are twice as high than white deaths.
- In 2017, there were over 1700 emergency room visits due to diabetes.
- There are many behaviors, such as physical inactivity and obesity, which are contributing to the onset of diabetes later in life.

RESOURCES:

- Ascension Sacred Heart - Population Health (PH)
- Ascension Sacred Heart - Marketing Department (MKT)
- Ascension Medical Group Sacred Heart (AMGSH)
- Centers for Disease Control and Prevention (CDC)

ACTIONS:

1. Increase diabetes risk assessment screenings for vulnerable populations with increased risk of diabetes using CDC risk assessment
2. Outreach to engage community about classes and opportunities for patients with pre-diabetes
3. Promote and market diabetes awareness in AMGSH offices utilizing Outcome Health boards and brochures

ANTICIPATED IMPACT:

- I. By June 30, 2022, Population Health associates will have provided a total of 600 diabetes risk assessment screenings for high risk populations in Escambia County and Santa Rosa County.
- II. By June 30, 2022, Population Health associates will have participated in 12 community outreach activities to share information on classes and other opportunities for community residents with pre-diabetes and diabetes.
- III. By June 30, 2022, Population Health will have successfully publicized 12 diabetes awareness messages that aim to increase community awareness of type 2 diabetes.

Prioritized Need #2: Child Health

GOAL: Reduce injuries for children in Escambia County and Santa Rosa County

Action Plan

STRATEGY 1: Reduce injuries, intentional and unintentional, to children with awareness, education, and prevention programs

BACKGROUND INFORMATION:

- The target population is children in Escambia County and Santa Rosa County.
- Between 2015 and 2017, 21 children died in Escambia County.
- Between 2014 and 2016, there was 53,918 emergency department visits for children age 0-5.
- Between 2015 and 2017, Escambia County reported a death rate of 37.8 per 100,000 children.
- Between 2015 and 2017, 48% of child deaths in Escambia County were from unintentional injuries.
 - Black child mortality from unintentional injury is 3X greater than for white children.
- Water and Youth Safety Pensacola (WAYS) is a non-profit organization with a mission to educate children in our area to make them safer in and around water.
- Child abuse, in the form of physical, emotional, and sexual abuse and neglect, is rampant with over 5,000 cases reported in 2018 in Escambia County.
- The Safe Kid Zone Program is an initiative to help end child abuse with training designed to educate adults on how to recognize the signs associated with many types of child abuse, how to report it if it is just suspected, and ways to reduce the opportunity for child abuse to occur in the future.
- Certification as a Safe Kid Zone reflects our commitment to help eradicate child abuse of all forms.
- The Florida Pedestrian/Bicycling Safety Resource Center promotes safe pedestrian and bicycling activities for citizens and visitors, young and old, by providing educational materials and information to advocate groups in the state.

RESOURCES:

- Ascension Sacred Heart Pensacola (ASHP)
- Studer Family Children’s Hospital at Ascension Sacred Heart (SFCH)
- Ascension Sacred Heart - Population Health (PH)
- Ascension Sacred Heart Pensacola – Trauma Services (TS)
- Community Partners

ACTIONS:

1. Market the Safe Sitter class to youth programs to increase enrollment
2. Conduct helmet fittings at community events throughout the community
3. Increase the number of associates who are a certified bike helmet fitter
4. Participate in WAYS annual water safety day
5. Obtain Safe Kid Zone certification

ANTICIPATED IMPACT:

- I. By June 2022, Population Health will report a 20% increase in the number of youth who complete the Safe Sitter class and become a certified Safe Sitter.

STRATEGY 1: Reduce injuries, intentional and unintentional, to children with awareness, education, and prevention programs

- II. By June 2020, Studer Family Children’s Hospital at Ascension Sacred Heart will be certified as a Safe Kid Zone.

Prioritized Need #3: Infant Health

GOAL: Create a safe sleep environment for all newborns and provide new parents with education on safe sleep training

Action Plan

STRATEGY 1: Implement a hospital wide campaign which will educate maternity patients and their families about the recommendations for a safe sleep environment for infants

BACKGROUND INFORMATION:

- The target population is maternity patients at Sacred Heart Hospital Pensacola.
- Improve infant mortality through education and supporting materials, with special emphasis on the underserved.
- The National Safe Sleep Hospital Certification Program was created by Cribs for Kids and is endorsed by leading health and safety organizations. Its goal is to award recognition to hospitals that demonstrate a commitment to community leadership for best practices and education in infant sleep safety. By becoming certified, a hospital is demonstrating that it is committed to the mission of making babies as safe as possible in their sleep environments and eliminating as many sleep related deaths as possible.
- Thirty-eight infants died due to unsafe sleep practices in Escambia and Santa Rosa counties in 2017.
- Between 2015 and 2017, 119 infants died in Escambia and Santa Rosa counties.
- Between 2015 and 2017, there was 1,700 low birthweight (under 5 lbs, 8 oz) births.
- Between 2015 and 2017, there was 2,143 preterm births (before 37 weeks).
- Between 2015 and 2017, Escambia County had 7.9 infant deaths per 1,000 births and Santa Rosa County had 4.5.
- Between 2015 and 2017, in Escambia and Santa Rosa counties, black and Hispanic infant deaths are greater than white infants.

RESOURCES:

- Ascension Sacred Heart Pensacola (ASHP)
- Studer Family Children’s Hospital at Ascension Sacred Heart (SFCH)
- Cribs for Kids (CFK)

ACTIONS:

1. Train associates at department meetings on safe sleep guidelines, safe sleep policy, and the importance of modeling safe sleep for parents
2. Gain National Safe Sleep Hospital certification
3. Educate maternity patients on the importance of safe sleep practices and distribute safe sleep materials and sleep sacks

ANTICIPATED IMPACT:

- I. By March 2020, 100% of associates in Mother/Baby, Newborn Nursery, PICU, Pediatric Medical/Surgical, Pediatric Observation, and NICU will have received safe sleep training in compliance with Cribs for Kids Program.
- II. By June 2020, Studer Family Children’s Hospital at Ascension Sacred Heart will gain National Safe Sleep

STRATEGY 1: Implement a hospital wide campaign which will educate maternity patients and their families about the recommendations for a safe sleep environment for infants

Hospital Certification.

Prioritized Need #4: Mental Health

GOAL: Increase community access to behavioral health services for children

Action Plan

STRATEGY 1: Increase behavioral health services to children by partnering with Children’s Home Society in Ascension Medical Group Sacred Heart clinics and through a telehealth platform

BACKGROUND INFORMATION:

- Children’s Home Society is in the process of continuing to grow a statewide telehealth network that will increase the accessibility of behavioral health and mental health care to families.
- Florida ranks 41st in access to mental health care for youth.
- In Escambia County, between 2014 and 2016, 24.3 per 1000 children age 1-5 received mental health services.
- An important component of this program is to integrate care allowing counselors and physicians to be able to communicate and coordinate the patient’s care.
- Integrating physical and behavioral health care services has been shown to reduce unnecessary emergency room visits.
- Telehealth overcomes barriers to in-office care such as lack of transportation, stigma, provider shortages, and scheduling conflicts.
- This program will also allow Ascension Sacred Heart Pensacola to provide care in alignment with Ascension’s advanced strategic direction; providing behavioral health that is evidence based, safe, and leaves no one behind.
- Somatic Complaints scores on the Child Behavior Checklist (CBCL) assessment will be utilized to assess outcomes. The CBCL is an evidence-based tool used to evaluate mental health.
- The Ascension Partnership in Ministry Award recognizes and promotes integration and collaboration in providing health, education, social and parish ministries.

RESOURCES:

- Ascension Medical Group Sacred Heart (AMGSH)
- Children’s Home Society (CHS)
- Ascension Partnership in Ministry Award

ACTIONS:

1. Tele-counseling, tele-psychiatry or in-person counseling will be provided beginning July 1, 2019
2. Educate patients referred to CHS by AMGSH Pediatrics regarding telehealth and how they can utilize it to obtain counseling services
3. Appointments for counseling via telehealth will be scheduled within two business days

ANTICIPATED IMPACT:

- I. Somatic Complaints scores on the Child Behavior Checklist (CBCL) assessment will confirm reduced somatic symptoms from pre-test to post-test for 50% of clients ages 6-18 who complete treatment.
- II. 50% of clients who complete treatment will demonstrate improved emotional and behavioral functioning.
- III. Overall scores will improve on the Parent Stress Index from pre-test to post-test for 85% of parents.