CORONAVIRUS: WHAT WE KNOW

ABOUT THE VIRUS

Coronavirus disease 2019 (COVID-19)

The virus causes a mild to severe respiratory illness. How the virus spreads isn’t yet fully known. It’s likely spread through:

- Droplets of fluid that a person coughs or sneezes into the air
- Touching a surface with virus on it and then touching your mouth, nose, or eyes

SYMPTOMS

- Incubation time period: 2 days to 14 days
- None to mild
- Fever
- Cough
- Trouble breathing
- Severe respiratory illness and in some cases, death

PREVENTION

- Wash your hands or use an alcohol-based hand sanitizer often.
- Avoid touching your eyes, nose, and mouth.
- DON’T have contact with people who are sick.
- Clean surfaces often with disinfectant.

WHO IS AT RISK?

- If you’ve been to a place where people have been sick with this novel coronavirus, you are at risk for infection.
- You’ve been in close contact with a person known to have novel coronavirus and you have a fever, cough, or difficulty breathing.
- You have these symptoms and you live in or have recently traveled from an area with ongoing spread of novel coronavirus.

Call your health care provider if:

>> TO LEARN THE LATEST about COVID-19, visit the CDC website at www.cdc.gov/coronavirus/2019-ncov. To get care, visit ascension.org/onlinecare.