

# Community Health Needs Assessment

## North Region: Williamson County

Ascension Seton Medical Center Williamson  
Cedar Park Regional Medical Center

May 2019



Ascension  
Seton

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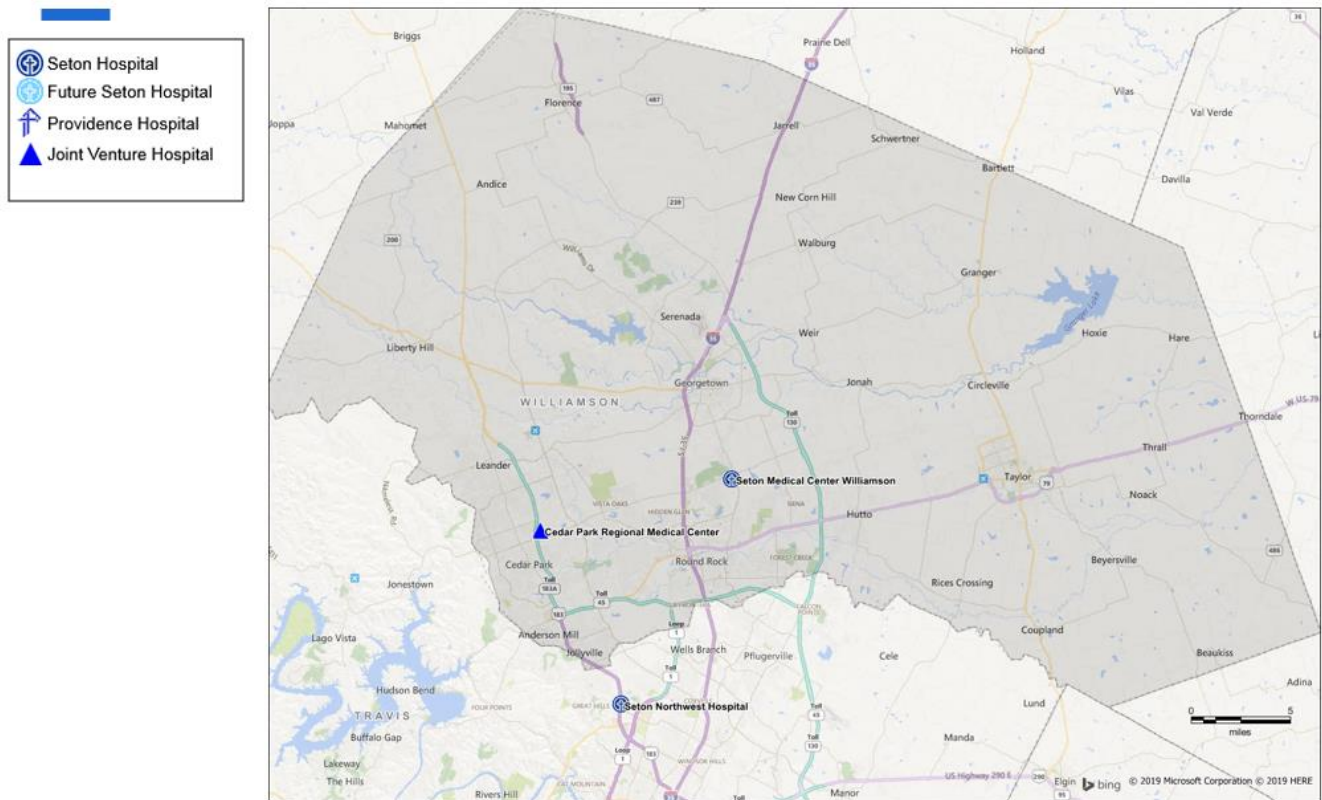
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## Overview

Ascension Seton is a 501(c)(3) nonprofit organization with a long-standing history of serving Central Texas, not only as a health care provider, but as a leader and advocate for improving the health of the population as a whole. This community health needs assessment (CHNA) provides a snapshot of local health care needs in Williamson County and helps inform Ascension Seton’s decisions about how to best serve the community.

This CHNA addresses the health care needs of Williamson County, Ascension Seton’s North Region. Williamson County is the focus of this CHNA because it is part of Ascension Seton’s primary service area. Ascension Seton Medical Center Williamson and Cedar Park Regional Medical Center are both located in Williamson County.

## CHNA – North Region





Because Ascension Seton associates actively participated in the creation of the Williamson County CHA, the Internal Revenue Service (IRS) prefers that health care entities work collaboratively, and the CHA meets the federal legal requirements set forth for the Community Health Needs Assessments, Ascension Seton opted to adopt the Williamson County report as the official Ascension Seton Community Health Needs Assessment for its North Region (Williamson County).

## **Approval**

Prepared by Ascension Seton. Formally adopted by the Ascension Seton Board on May 21, 2019.

## Appendix 1: Summary of Community Health Resources

The chart below provides a high-level overview of the health care resources available in Williamson County, including acute care facilities (hospitals), primary and specialty care clinics and practices, mental health providers and other nonprofit services that address the social determinants of health such as transportation, affordable housing and poverty. Many of the facilities and organizations listed below are potential resources to address the health needs identified in this CHNA. In addition to the resources listed below, the following government resources are available in each Texas county: Women, Infant and Children (WIC) nutrition program, Texas Health and Human Services Commission programs, Texas Workforce Commission, Texas Mental Health and Mental Retardation (MHMR) offices.

As part of the CHNA process, Ascension Seton along with community partners identified resources that currently support health. This list is not meant to be exhaustive.

<b>Acute Care</b>	<b>Primary &amp; Specialty Care</b>	<b>Mental Health</b>	<b>Other Resources</b>
Ascension Seton Medical Center Williamson	Seton Family of Doctors at Chisholm Trail	Bluebonnet Trails Community Services	Healthy Williamson County
Cedar Park Regional Medical Center	Seton Family of Doctors at Round Rock	Georgetown Behavioral Health Institute	Williamson County Healthcare Helpline
Baylor Scott & White Round Rock	Seton Family of Doctors at Williamson	Ascension Seton Shoal Creek	Catholic Charities of Central Texas
Baylor Scott & White Taylor	RediClinic	Integral Care	Capital Area Rural Transportation System (CARTS)
St. David's Round Rock Medical Center	Lone Star Circle of Care		
St. David's Georgetown Hospital	Austin Regional Clinic		
Cornerstone Hospital of Austin			

## Appendix 2: Evaluation of Impact of Actions Taken Since the 2016 CHNA

Ascension Seton conducted its last CHNA for Williamson County in 2016. The CHNA identified the following prioritized needs for FY 2016-FY 2018.

1. Mental health
2. Access to health care
3. Awareness of health care resources
4. Active living
5. Chronic diseases

Ascension Seton and Ascension Seton Williamson and Cedar Park Regional Medical Center have worked to address these needs. The summary below includes a summary of the impact Ascension Seton has made on these community needs over the past three years.

Ascension Seton operates the primary teaching hospital where Dell Medical School undergraduate and graduate medical students train. Ascension Seton and DMSUT have collaborated on medical resident training as medical students and residents have completed rotations in different specialties at many of the Ascension Seton facilities, including Dell Seton Medical Center at The University of Texas, Ascension Seton Medical Center Austin, Dell Children’s Medical Center, and Ascension Seton Shoal Creek.

**GoodHealth Solutions update pending.** In addition to the impact made to the community by Ascension Seton listed below, Ascension Seton has opened the GoodHealth Solutions Center to serve as a hub for telemedicine and remote patient monitoring throughout the 11 counties Ascension Seton serves. This program improves access to primary and specialty care and reduces wait times for medical appointments. To improve access to mental health services, GoodHealth facilitates on-demand psych and behavioral health consults using telemedicine. Many diagnoses, including diabetes and congestive heart failure, are monitored remotely at GoodHealth by clinical experts who connect with patients on a regular basis to provide support and education.

Ascension Seton made the previous Williamson County CHNA report available online. The public was invited to submit comments via email. No comments were received on the 2016 CHNA.

## Ascension Seton Medical Center Williamson

Prioritized Need	Action	Actual Impact
<b>Access to Care</b>	Design, develop and deliver an Ascension Medical Mission at Home in Williamson County	Successfully Realized: <ul style="list-style-type: none"> <li>• 997 patients served</li> <li>• 983 encounters</li> <li>• 170 prescriptions filled</li> <li>• 90 referrals documents for patient to establish a medical home</li> <li>• 34 pairs of eye glasses dispensed</li> </ul>
<b>Active Living</b>	Health and wellness programs targeting women in Williamson County	Hosted annual Ignite Program supporting women’s health services-served 1,050 Eating for Wellness cooking class-served 200 Ignite fitness training-served 100 BP screening-1000+ served Balance classes/screenings-50 served
<b>Chronic Disease</b>	Support for Williamson County residents newly diagnosed with diabetes, including education and nutritional support	Engaged with Williamson County Alliance and Cities Health District to identify opportunities and actions to improve the health of Williamson County residents, no specific data is available at this time but an action plan was completed and work began in 2019 <ul style="list-style-type: none"> <li>• Cardiac Yoga; served 150</li> <li>• Stroke support group; served 204</li> <li>• Cardiac Support Group; 100 served</li> </ul>
<b>Systems of Care</b>	Enrollment, navigation and health care services for Williamson County residents at or below 21% of the federal poverty limit	On June 29, 2017, Ascension Seton Medical Center Williamson hosted a Medical Mission at Home that served 1200 community residents. The mission offered medical, dental and vision care free of charge and provided referrals to community resources.

## Cedar Park Regional Medical Center (CPRMC)

Prioritized Need	Action	Actual Impact- February, 2019
<b>Access to Healthcare</b>	Provide financial investment in United Way’s efforts to expand access to care and services in Williamson County including the annual Agency Fair	Increased participation in United Way Agency Fair at CPRMC in 2018. In 2019, Healthcare Info Exchange program in place for Wilco hospitals. CPRMC ER navigation program for follow-up.  Lonestar and Samaritan provides primary care resources for the uninsured.
<b>Chronic Disease</b>	Provide educational seminars to seniors on disease management, prevention,	Monthly seminars on range of health promotion and chronic disease topics. Monthly blood pressure and glucose screenings beginning in 2019. Emergency Room navigation to primary care to manage chronic diseases.

	health screenings, nutrition, exercise and mental health	
<b>Awareness of Healthcare Resources</b>	Provide specialized wellness program for women on a health mind, body and spirit (Healthy Woman Program)	Monthly Healthy Woman newsletters and increased memberships to 9,000 in 2019. Regular wellness events in community and at CPRMC. ER navigator increases awareness of resources.
<b>Active Living</b>	Offer seniors discounted YMCA memberships and provide health education	Newsletters provide information on healthy lifestyle. Reduced YMCA membership fee are available. Service Excellence Council promotes wellness activities for associates.